

**“HOW COULD YOU, TODD?”**

**Arrested! As his evil deeds are finally revealed...**

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7-DAY  
TV  
GUIDE!**

# Inside Soap

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at the  
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**KILLERS EXPOSED!**

**Shock evidence sees Meena and Gray behind bars?**

**Plus!  
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# Welcome!

**K**iller plots are always great fun in soaps. The way they twist and turn, and those moments where you think the game is up, only for the agile assassin to slither their way out of it, it's all fantastic entertainment. Our

current two soap killers – *Emmerdale*'s Meena and *EastEnders*' Gray – both find themselves exposed

*"Meena and Gray find themselves exposed..."*

this week, as pieces of incriminating evidence are ready and waiting to throw their evil deeds out into the open. Can the murderous pair get themselves out

of these tricky situations? As always in soaps, you'll have to wait and see...

Elsewhere this week, one of Gray's victims comes back from the dead! Well, not really, but he is reborn as Davood Ghadami lifts himself off those tube train tracks, pops on some theatre scrubs and blasts back

on to our screens in *Holby City*. Davood talks Kush's death and his new life on the wards over on p52.

**Steven Murphy, Editor**  
[editor@insidesoap.co.uk](mailto:editor@insidesoap.co.uk)

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*"Marlon promised to protect April – and feels as if he's let her down..."*

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*"Please don't kill Chelsea!"*

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**Davood Ghadami**

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## 7-DAY TV GUIDE

The duo return to offer dream holidays to lucky winners. Turn to p59 for more...





# *The* **INSIDE SCOOP**

/ First with the week's **HOTTEST** headlines... /

## Todd's treachery **REVEALED!**

**HE'S ARRESTED  
AS BILLY FINALLY  
LEARNS THE  
AWFUL TRUTH...**







The locals expect to see Key and co with their kits off – though it's the truth about Todd that's laid bare

## CORONATION STREET | ITV WEDNESDAY

**T**odd finally comes unstuck this week, after Paul gets evidence to prove that Billy's fiancé is a snake in the grass – and reveals it in the most public way!

Just as Todd and Billy set a date for their wedding, Paul finally acquires the evidence he needs, a recording of Todd gleefully confessing to orchestrating his break-up from Billy. It's young Will – who has been blackmailing Todd over his sins – who gifts Paul the footage. And soon Paul hijacks the big screen that has been erected in Victoria Gardens to launch the Street's charity calendar, where Todd's treachery plays out for all to see...

***“Will reels off a list of Todd's various crimes...”***

“Poor Billy is forced to accept that his relationship with Todd is built on lies,” sighs our *Corrie* insider. “And it's not just Todd's meddling to get rid of Paul that Billy has to deal with. He also finds out that Todd conned him out of money, while advising Billy on his church refurbishment, which is an equally hideous betrayal.”

### **The penny drops**

Prior to the big reveal, Todd is in full wedding planner mode after he and Billy book their ceremony. But when Summer happens to drop into conversation to Will about the money that Todd gave Billy towards his halfway house project, Will realises that he was ripped off.

“Will takes the chance to set Summer straight there and then – and reels off a list of Todd's various crimes,” shares our spy. “Summer is horrified and confronts Todd, but will he wriggle off the hook?”

**CONTINUED OVER** ➤

Billy is left with no choice but to turn Todd in to the police



# INSIDE SCOOP

➤ FROM PREVIOUS PAGE

## Lies and videotape!

Meanwhile, Will activates his insurance plan to prove Todd's guilt. As the locals gather for the big reveal of the Street's naked calendar, Paul gets an eyeful of a different kind when his phone pings and he opens a message from Will, with Todd's video confession!

"Paul's blood boils as he decides it's time Billy knew the truth about the man he is marrying," explains our informant. "So, he swaps the laptop that is ready to project the calendar for a different computer. And then, when Emma presses play for the baying crowd who have gathered to see the likes of Steve and Dev with their kit off, it's Todd's incriminating confession that plays instead!"

## Arrested development!

To Todd's horror, the footage rolls and there's no escaping judgement from a sea of disgusted faces. Billy is revolted, and with his world turned upside down, he heads home and agrees with Summer that they should report Todd to the police for theft.

"Officers descend on the cobbles and arrest guilty Todd on suspicion of defrauding the church," shares our mole. "Billy, Paul and Summer watch



Wicked Todd's scheming finally catches up with him

as he is led away, while still in shock from the day's events."

## The road to redemption?

However, there is an even bigger shock to come for poor Summer. As she continues to navigate her diabetes, the teenager misjudges how just one bottle

of fruit cider will impact her blood sugar levels, and accepts the drink from Aadi while they are hanging out together.

"It's a decision that could prove fatal," warns our spy. "After Summer heads home, she collapses! Meanwhile, Todd returns from the police station and hears from Aadi that Summer went home feeling poorly. That's all he needs to hear to conclude that she could be in serious trouble, so Todd races up to Billy's flat and kicks in the door, before finding Summer unconscious."

Will Todd's intervention come just in the nick of time for Summer? And will Billy ever forgive his betrayal?

**Laura-Jayne Tyler**

## Corrie on camping!

The stars behind Todd and Billy take a break from their on-screen dramas...

While Todd seals his fate as public enemy No 1 this week, his real-life alter ego Gareth Pierce is getting on so famously with his co-stars that a troupe of them recently went camping together.

The actor was joined by Daniel Brocklebank (Billy), Sue Cleaver (Eileen), Tony Maudsley (George) and Julia Goulding (Shona) as they pitched up their tents in the



countryside and soaked up the sun with a few cheeky liveners.

"Living my best life," posted Daniel on social media. "I love our gang!"

Meanwhile, we're not ruling out the possibility of Todd worming his way back into the affections of those he has hurt, judging by a cryptic teaser that Weatherfield head honcho Iain MacLeod let slip to us earlier in the year.

"Todd will lose everything, but he's Teflon," points out *Coronation Street's* producer. "He will get back up and acquire what he has lost – or something of equal value..."



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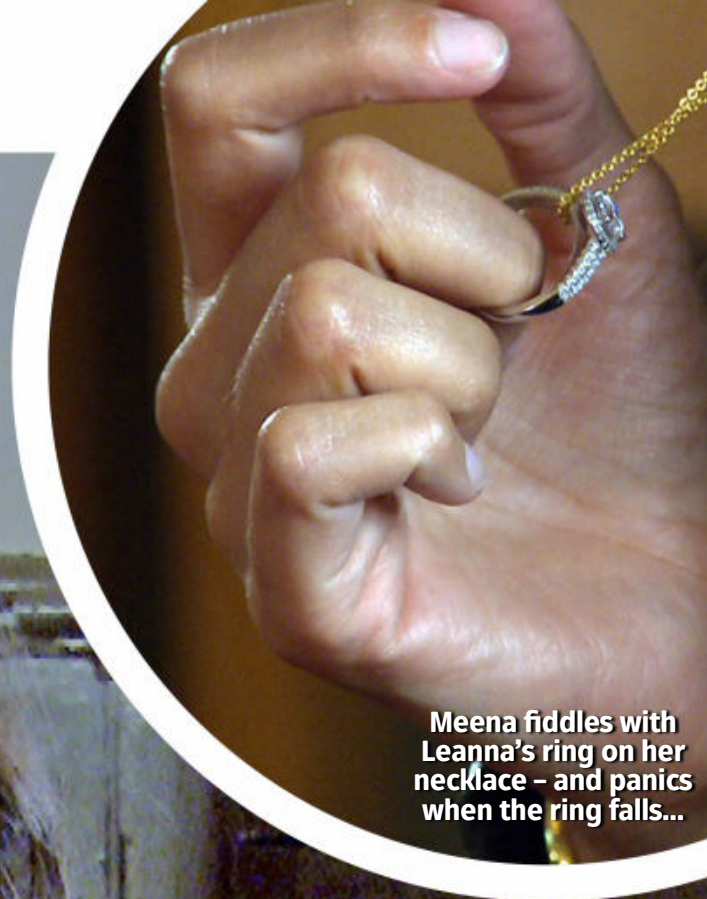
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Grief-stricken Liam refuses to engage with Leyla and Jacob over Leanna's funeral arrangements



Meena fiddles with Leanna's ring on her necklace – and panics when the ring falls...

EMMERDALE | ITV WEDNESDAY

# Meena's horror! Exposed at the funeral?

AS LIAM AND JACOB GO TO WAR, LEEANA'S KILLER MAKES A MISTAKE...

**L**eanna's devastated loved ones turn on each other this week, as the plans for her funeral descend into fighting.

But while Leyla worries when Liam and Jacob have a major falling out, a bigger drama is on the cards. To Meena's horror, she could be revealed as the killer, just as Leanna is laid to rest...

At the beginning of the week, grief-stricken Liam is locked in his own personal hell and doesn't want any

other input into the funeral plans. Meanwhile, Jacob and Leyla believe that the occasion needs to reflect who Leanna really was and honour her memory. So, when Liam tells his wife and stepson to stay out of it and leave him to do this alone, Jacob kicks off...

"Things are getting really nasty!" warns our *Emmerdale* insider. "Liam is in such deep pain that all he wants to do is lash out at the world. Everyone close to him is in the firing line, particularly Leyla. But while

she's doing everything she can to appease Liam, Jacob has nothing to lose. He's determined not to let Liam airbrush the true Leanna out of the ceremony."

Having told Leyla and Jacob that he intends to take control of the planning from here on in, Liam goes to meet Charles to discuss things. And as he's

explaining to the vicar that he wants Leanna to have a traditional, dignified funeral, the conversation is interrupted by Jacob. He can't believe what he's hearing, and lashes out at Liam. It's very awkward for Charles, as Jacob argues against every decision, adamant that it's not what

**“Meena is convinced at that moment that the game is up...”**





Liam berates Leyla and Jacob's ideas for the funeral and vows to arrange it by himself

gave to Leanna, and she's wearing it around her neck," gasps our snitch. "During Leanna's funeral, she pulls the ring out and begins to fiddle with it in church. The trouble is, the necklace breaks, and the ring rolls away. It settles just next to Liam's feet, and

Meena is convinced at that moment that the game is up."

Leanna's killer desperately needs to retrieve the ring without Liam or the rest of the mourners noticing. But is this one situation that even wiley Meena can't wriggle out of?

**Kate White**



...and ends up landing right beside Liam's foot

Leena would have wanted. Soon, the situation reaches boiling point, and Leyla is worried she'll never be able to bring things to a truce before Leanna is laid to rest.

However, while Liam and Jacob are busy fighting each other, neither has noticed that Leanna's killer is right under their noses. Not only does

Meena work alongside Liam, but she's also dating Jacob's stepdad – and, so far, nobody has noticed the sick trophy of her kill that she's keeping in plain sight. However, as the day of the funeral arrives, it seems as though Meena's luck may have run out...

"Meena stole the expensive engagement ring that Jacob



Dear Jacob,

It's an awful time for anyone who ever loved Leanna, isn't it? There's her dad, who's worshipped her since the day she was born. Then there's you, the boy who ghosted her for months, came back from out of nowhere to propose, then dumped her on her birthday. So, while we agree Liam's funeral plans sound a bit rubbish, we're unsure as to why you're even in the room! The last decision you made regarding Leanna was, "Shall I discover the world with a beautiful girl, or spend the summer pricing up baked beans in my dad's shop?" And you made a mess of it. So why would Leanna's grieving father allow you to decide *anything* about her funeral? The best thing you can do is keep your trap shut and hope no one remembers how awful you were to her.

Lots of love, *Inside Soap* xxx



**EASTENDERS** | BBC1 FRIDAY

# Tiff's desperate for perfection

**WILL SHE BLOW ALL HER MONEY ON MORE FACIAL**

Keegan doesn't understand why his wife wants to waste money on beauty treatments

**T**iffany takes drastic measures in her quest to look 'Insta-ready' this week, as she desperately tries to make cash for more fillers!

Tiff's hubby Keegan was recently horrified to discover that his missus had spent an extortionate amount of money on facial injections, designed to add volume to her lips and define her cheeks. But is Tiffany's splurge on cosmetic enhancements just a one-off?

"What Keegan fails to realise is that his wife's self-esteem is at an all-time low," sighs our Walford spy. "She's comparing herself to other women – many of whom have tweaked and filtered their photos to look

nothing like reality – and poor Tiff doesn't feel she measures up. She wants to look perfect – but the fact is that perfection is impossible to achieve."

It's clear that Tiffany has been struggling with her confidence, and it doesn't help that Keegan is riding high on the success of his sandwich business – having recently won an award and appeared in the local paper.

But while Tiff should be basking in her hubby's success, she feels a failure in comparison. Her only way of feeling good about herself is to

work harder on her appearance – and with Keegan still furious at her for splashing their cash, Tiff feels even more dejected.

Keen to earn back the cash she spent, Tiff decides to sell some of her jewellery.

So when Whit spots her sister trying to flog a necklace, she offers to lend her some funds – but guilty Tiff

insists that this is a problem she needs to sort out herself.

However, with her college graduation looming, Tiff feels more pressured than ever to look perfect at the event. Seeing how stressed his wife

***"Tiff wants to look perfect, but perfection is impossible..."***







on!

FILLERS?



Can Tiff's loved ones get through to her?



Whitney raises her concerns about Tiffany with Keegan

is, Keegan offers her some money to buy a new dress. But after reading some comments on her social media pages, Tiffany is left feeling ugly and unworthy once again...

"Whit tries to comfort her, but Tiffany takes what she says the wrong way," reveals our mole. "The poor girl ends up thinking she needs even more work done to her face if she's to meet these impossible beauty standards! It's really sad, especially as Keegan believes his wife is stunning."

Will Tiff once again succumb to the lure of facial injections? Or can those close to her convince her that she's already beautiful, both inside and out?

**Sarah Ellis**

## ON YER BIKE, BERNIE!

But is the surrogate pushing herself too far?

Tiff's not the only one struggling with her appearance this week – Bernie remains determined to shed weight in a bid to carry her pregnancy to full term.

Now she's Rainie and Stuart's surrogate, Bernie feels the pressure to deliver them a healthy baby, and she knows her weight could cause complications. But as she continues to push herself at the gym while popping diet pills, is Bernie putting both herself and the baby in danger?

"Bernie is so worried about her weight – however, what she doesn't realise is that the diet tablets are far more harmful than a few extra pounds," notes our insider. "She's so desperate for the money to help out her family, but she's risking her own health in the process. And when Rainie hands over another payment to show how grateful she and Stuart are for everything Bernie's done, little does she realise that Bernie's going to use the money to buy more diet pills..."





**INSIDE SCOOP**



Timmy provides the technical know-how for the criminal duo

**HOLLYOAKS** | Channel 4 **FRIDAY**

# Fergus & Warren rob Price Slice!

**BUT CAN THEY SCARE  
THE DEVERAUXS  
INTO SELLING?**





Warren masks up ahead of his and Fergus' daring raid

**P**roperty mogul Fergus takes his quest to rule Hollyoaks one step further this week, when he robs local shop Price Slice!

He hopes that he can scare current owner Walter Deveraux into selling up, and key to his plot are his business partner Warren and his tech man, Timmy. So can the trio really pull off their heist and claim their prize?

We caught up with *Hollyoaks* newcomer Sam Tutty, aka Timmy, for more details on the daring robbery...

**Hi, Sam! Tell us about the role Timmy plays in the heist...**

It's all his idea – and Warren and Fergus actually listen to him! They go, "Okay, let's trust Timmy and his plan", which

he's very proud about. There's kind of this childlike excitement from Timmy and a sense of achievement, which there really shouldn't be!

**How does the robbery go?**

There are times when it becomes very tense, and they're all like, "Oh, my god, are we going to get away with this?" The police turn up, and we'll see how Timmy deals with that...

***"Timmy's not a nice guy – he's very troubled"***

**What do you make of Timmy?**

At the beginning I thought he was a nerdy, timid guy who was getting walked all over, and didn't know his own self-worth. But now he's coming into his own, and he's not a nice guy – he's very troubled.

**What do you think is Timmy's motivation?**

Being involved with Fergus gives him power. He feels useful, as he knows that without him, Fergus' whole operation wouldn't be happening. It gives him a sense of purpose that he's never had before.

**Is Timmy on board with all that Fergus is doing?**

There have been times where it's clear he's fighting with the morality of it. For Fergus it's all about the money, but Timmy knows it's wrong. He's either too scared to get out of it, or he's enjoying that sense of purpose more than he's battling with his inner demons.

**What feedback have you had from *Hollyoaks* viewers about Timmy?**

They're not happy with him, which I was expecting. But they don't say anything horrible to me. They just say, "This guy sucks, but great performance!" That's actually what I wanted.

**Will we be seeing more of Timmy in the village?**

Absolutely. I'm getting involved with a lot of people I'd not met before. And there's definitely an element of obsession to come – but with who or what, I'm not allowed to say...

**Sarah Ellis**

## TECHNICAL WHIZZ!

**Sam's not as savvy as Timmy...**

As Fergus' head of IT, Timmy's on hand to run all of the computer and tech systems that keep his sleazy operation going. But Sam tells us that he's not as clued-up as his character when it comes to computers...

"I have friends who are computer wizards, and they are really laughing at how ridiculously ironic it is," chuckles the star. "Don't get me wrong, I'm a bit of a gamer, but only because I have friends who tell me what to do.

"There's an element of Fergus not really understanding it either, and going, 'Oh, just deal with it!'" adds Sam. "So I'm excited to see if Timmy can abuse that in any sort of way. That could be very interesting to watch!"



Will Timmy's actions force Walter to sell up?



Timmy revels in being an important part of Fergus' big plan





# INSIDE *Gossip*

**Laura-Jayne** snoops behind the big soap headlines...

## CORONATION STREET

# NINA'S BACK TO BLACK!

**She returns to full strength to take on Seb's killers in court...**

**N**ina prepares to show Seb's killers that hate never wins in the coming weeks – as she reembraces her gothic clothes and make-up in order to testify against Corey and Kelly in court!

Our sneaky snaps of *Corrie's* Mollie Gallagher, who plays Nina, filming on location with co-stars David Neilson (Roy), Charlie De Melo (Imran) and Georgia Taylor (Toyah) show Seb's girlfriend putting on a defiant display as she fights to secure justice...

"You will have heard the phrase, 'putting on your war paint', but Nina's transformation is about so much more than that," points out our cobbles spy. "She scrubbed off her make-up in the aftermath of Seb's death, knowing that her look was the reason why they

were attacked in the first place. But Roy's niece will remember who she really is at a time when staying true to herself – and the woman that Seb fell in love with – means more than ever."

*Corrie's* location shoot comes after sightings of former cobbles star Harry Visinoni (aka Seb) in action, who is rumoured to have returned recently to film scenes that will flashback to the night his alter ego was murdered – with

viewers set to learn whether it was Corey or Kelly who struck the fatal blow that killed him.

Meanwhile, Mollie looked thrilled to be reunited with Nina's signature style as she posed on the steps of the courthouse in Manchester. And not even a smattering of rain was able to put a dampener on the cast and crew as they soaked up yet another shoot on location, following months of restrictions on set.

But will the likes of Nina and Roy be leaving court with the same satisfied expressions after the jury delivers its verdict?

Roy will be by his niece's side...

...while Imran and Toyah fear for Kelly

Star Mollie touches up Nina's goth look between scenes

What will be the outcome for Corey and Kelly?



## EASTENDERS

**Kate Robbins** joins *EastEnders* to make sweet music...

# WHITNEY'S GOT TALENT!



It may turn out that Whitney's wasted on Walford, after Rocky puts the wannabe popstar in touch with his friend in the record industry!

*EastEnders* has signed actress and singer Kate

Robbins – who is also the real-life mum of telly star Emily Atack – to play music agent Jen Glover...

"Jen is an old mate of Rocky's who is called to the Vic to meet an upcoming musical talent Rocky has

discovered – Whitney!" explains our *EastEnders* insider. "An old-school rocker, no-nonsense Jen is determined to make Whitney a star – but does she have what it takes?" Find out next month.

# STOP PRESS!

## Role reversal!

**Amanda Mealing** – who is taking a break from playing Connie in *Casualty* – has swapped the ED for a directing job on *Corrie*. And what fab timing, seeing as her arrival coincided with **Her Majesty The Queen's** recent visit!



## Playing catch-up!

*Neighbours* is to be cut down to four episodes a week in Australia, meaning the UK will soon be up to speed with the drama airing *Down Under*. We're currently a month behind, so in 20 weeks, the two broadcasts should draw level...



## CASUALTY

# GRAVE EXPECTATIONS!

*Casualty's* big birthday will raise the dead...

The ED is to resuscitate two former characters as part of *Casualty's* celebrations for its 35th anniversary.

Viewers were inconsolable when fan favourite Caleb 'Cal' Knight (Richard Windsor) was killed off after being stabbed in 2017, and when receptionist Noel Garcia (Tony Marshall) sadly passed away earlier this year from Covid-19.

But both will be back as bosses rewind time for a special episode that flashes back to a day in the ED which kicks off a chain of events, altering the course of the characters' futures.

The episode will also feature the ever-popular Big Mac (Charles Dale), not to mention Tony's real-life son – who'll play the part of a young boy named Rudi – when the episode airs later this summer.



# Soap SPY...

*All things bright and beautiful!*

There's a rarely a dull moment in Chester – especially when Yazz is around! *Hollyoaks* star **Haiesha Mistry**, who plays her, took to social media to showcase what a fabulous job the show's costume department does for her character's wardrobe. We couldn't agree more!

## A cut above!

Prior to returning to Walford three years ago, star **Louisa Lytton** (who plays Ruby) retrained as a barber. "I don't think I've cut anyone's hair since my dad's in 2014 when I qualified," confesses the actress.





CASUALTY | BBC1 SATURDAY

# Decision time for Jacob!

**AS TINA BECOMES MORE DEMANDING, WILL JACOB END THEIR ROMANCE?**

**P**repare for a very different episode of *Casualty* this week, as the medical drama kicks off a storyline about coercive behaviour between Jacob and Tina.

Jacob finds himself faced with some tricky situations as his relationship with Tina intensifies – but will he take the assertive route and start an argument, or the passive route to keep the peace? Charles Venn, who plays Jacob, tells us more about the special episode which takes two very different paths...

**Hi, Charles! What was your initial reaction when you read the script for this?**

Well firstly I thought, 'Okay, this is different!' The film *Sliding Doors* came to mind. I knew the team was planning a slightly left-field episode centring on Jacob and Tina, with alternate outcomes of each situation. So I thought it was cool, I've never seen anything like that in *Casualty*.

**Can you explain the premise of the episode?**

Jacob and Tina are very much an item at this point, but he's

finding Tina somewhat intense. What we see in the episode is relatable in many ways – sometimes in relationships we have arguments, or our partner does something that we don't agree with, and we have to make a decision. Do we approach it in a way that we know will lead to an argument? Or remain passive to avoid any kind of confrontation? This shows those split-second decisions, and it's up to the audience to decide whether it was just Jacob imagining it playing out, or if it was reality.



The special episode focuses on Tina and Jacob's relationship





# STUNT-MAN!

Charles swings into action this week...

As well as being able to get closer to his co-stars during this episode, Charles tells us that he was also over the moon to be involved in a proper stunt for the first time since Covid restrictions were put in place...

"I love anything physical and challenging like that," he grins. "The lady that Jacob rescues from the car was also in our bubble, so I was able to physically lift her and throw her over my shoulder, which was fun. It was all filmed in real time, and there were no special effects – so when the car explodes, that's real. It was basically my perfect audition for James Bond!"



*"Jacob's being ruled by his heart, not his head..."*

**You and co-star Adele James (Tina) formed a bubble for this episode. Was it nice to finally be able to do some more intimate scenes?**

Absolutely, it was so freeing for us. We've had to be very inventive recently with the way we do scenes, and reasons why a character is not coming into another person's space. So to be able to really tell the story without having to do all of that was very liberating. We loved it!

**Do you think Jacob is beginning to have second thoughts about his relationship with Tina at this point?**

He has very strong feelings for Tina, and in many ways that is overriding common sense. She's very demanding, and some would say that the relationship is more trouble than it's worth! So I think there is an element of Jacob having second thoughts, but at the same time, his feelings for Tina are very intense. He's being ruled by his heart, not his head.

Stars Charles and Adele formed a Covid-secure bubble to film the scenes



**What do the Casualty viewers make of Jacob's relationship with Tina?**

There's been a mixed reaction from the audience. The 'Jonie' [Jacob and Connie] flame will never die, and a lot of people still want them to get back together. But then others are saying that Tina is a lovely lady, she's just a confident woman who knows what she wants. I'm very keen to see what people's opinions are following this episode.

**Can you give us any hints about what's to come for Jacob?**

This episode is the start of a long-running storyline, and I have to say, it definitely gets increasingly intense after this! There's something that happens at the end of this episode that will raise eyebrows among the Casualty viewers, and that will indicate to them where this storyline is going...

*Sarah Ellis*





**SCOOP**

James is horrified when an innocent car ride ends in him getting arrested

# James targeted by police!

**HE GETS INJURED IN THE INCIDENT – WHICH MICHAEL FEELS IS RACIALLY MOTIVATED...**

**CORONATION STREET | ITV MONDAY**

**J**ames' football career is left in tatters this week, after he's injured during a brutal police stop-and-search procedure!

It's while James and his brother Michael are out test-driving a fancy new motor that PC Brody stops them for no apparent reason. And as events take a dramatic turn, Michael becomes convinced that the only reason they were pulled over was because of the colour of their skin...

"This has happened to Michael in the past, so he feels aggravated," points out Ryan Russell, who plays him. "He reckons that he and James have been stopped as they

are two black guys in a car, and when the police officer doesn't give Michael a valid reason why he stopped them, it solidifies what he is thinking."

James is also taken aback by the cop's apparent prejudice, yet when he argues with the bobby, he ends up getting arrested! And as he struggles against the handcuffs, James trips, seriously injuring his leg.

At that moment, Craig rounds the corner and catches

the tail end of the ruckus – but can he help his neighbours?

"Craig is initially the peace-keeper, because he sees that James is under stress and he wants him to go to hospital," explains Ryan. "He naturally believes James and Michael because he knows that they're good guys. But Michael feels

that Craig is taking the side of the other police officer..."

Later at the hospital, James is forced to face the fact that his footballing career may be over thanks to the injury he's sustained. The whole incident leaves Michael furious, and he begs his brother to report the officer responsible.

"Michael strongly believes that this is the right thing to do – he feels enough is enough," sighs Ryan. "He knows that this has happened to many black men in the past, and he

***Michael feels Craig is taking the side of the other police officer..."***





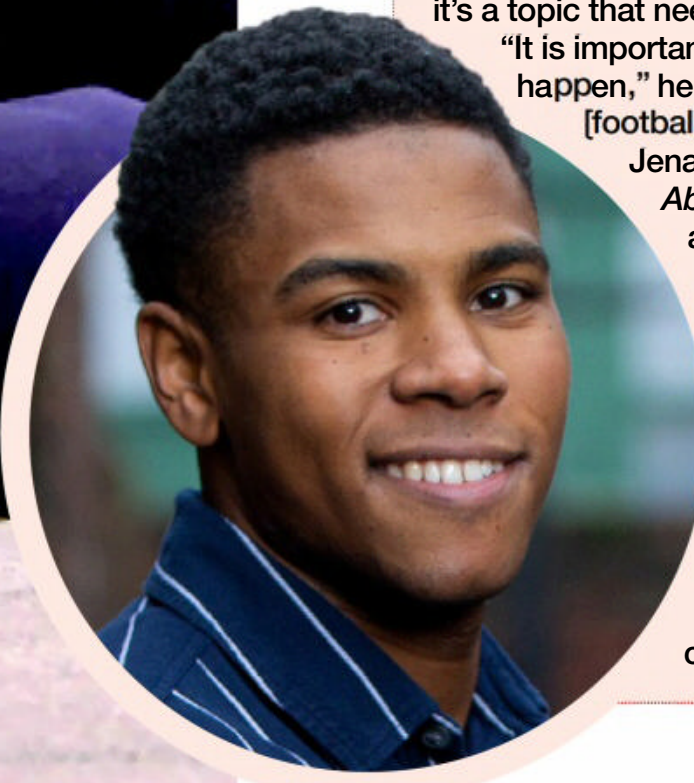
## FIGHTING FOR CHANGE

**Ryan reckons soaps shining a light on racial bias is the right thing to do...**

This isn't the first time that *Coronation Street* has tackled the subject of racial discrimination towards the Bailey family – but Ryan insists that it's a topic that needs to be highlighted constantly.

"It is important because these things do happen," he reminds us. "I watched [footballer-turned-presenter] Jermaine Jenas' documentary, *The Truth About Police Stop & Search*, and it was shocking to find out that some people have been stopped 20 times during a regular day.

"It affects people's mental health," adds Ryan. "Statistics show the police tactic of stop and search is biased towards black people, so it is something to discuss and see how it can be changed and improved."



believes that James should use his platform and who he is in the public eye as a voice to really push for change.

"Michael realises that this is a big ask of James," continues the actor.

"However, he wants the world to change, so that his daughter doesn't have to fear that she may be discriminated against due to the colour of her skin."

Although James is initially reluctant, he later has a change of heart when he

watches video footage of his arrest online and realises that he has some very compelling evidence.

So, James heads to the station to make a statement. Meanwhile, Craig finds himself in a difficult situation when PC Brody asks him not to mention the fact that he didn't think James should have been pulled over...

Will an under-pressure Craig go along with what his colleague is asking?

**Sarah Ellis**



Craig is caught in the middle of his police colleague and neighbours



**INSIDE SCOOP**

# Mick breaks Nancy's heart!

**EASTENDERS** | BBC1 MONDAY

**BUT SHE HAS NO IDEA  
THAT HE'S BEHIND ZACK  
DUMPING HER...**

**It's game over for Nancy and Zack this week, when Mick demands the lying lad dumps his daughter!**

The fuming dad is outraged over Zack's part in Nancy's accident, and he's even more furious when he realises that Zack has continued to see Nancy on the sly, despite his

earlier warnings. However, Nancy still has no idea that Zack and Frankie were responsible for her near-fatal hit-and-run. So, when it becomes clear that Zack is still romancing Nancy, Mick storms over to put him straight.

"That little mug needs to watch his back – Mick's

gunning for him!" warns our Walford insider. "To think he's been busy bedding Nancy after what he did that night! When it comes to his daughter, Mick's not messing about. Zack needs to end things with her, or Mick will batter him."

When Mick turns up to read Zack the riot act, Sharon is stunned. She soon discovers exactly what the problem is, as her shamed brother admits to his part in Nancy's accident. Under pressure and out of options, Zack heads over to see Nancy and tells her that they can't see each other after all. But from Nancy's perspective, his decision comes out of nowhere, and she can't

understand what's gone wrong, or why Zack doesn't want to be with her any more. In a heartbroken state, she leans on the only man who has never let her down – Mick.

"It's not five minutes since she got divorced, so Nancy is feeling pretty terrible about

herself," shares our spy. "Mick feels like a right snake, being the person to comfort her when he was the one who forced Zack to

end things! He hates seeing Nancy so upset, and knowing he can't make it better."

Following the break-up, Nancy tells her parents that she's going travelling again. Linda is incensed, and when she discovers Zack's ditched

***"Nancy is feeling pretty terrible about herself..."***

Mick can't even reveal the truth of the situation to his wife





Zack reluctantly tells Nancy that their romance is over



Frankie feels terrible about what she did, but is unable to say anything

her daughter, she goes over to the gym and fires him. Both Mick and Sharon – who are aware of what’s really going on – are forced to play dumb, so Linda doesn’t clock that they already knew. For Zack, it’s yet another blow, as he takes the full force of Linda’s rage, and gets no support from his big sister.

So far, Mick has been able to keep the truth hidden about what really happened on the night Nancy was hit, but things are getting more and more complicated. How will his wife and daughter react if they discover that he’s been covering the truth for the sake of guilty Frankie?

**Kate White**

**EASTENDERS | BBC1 TUESDAY**

# Ruby’s unlikely support!

## JEAN STEPS UP IN MARTIN’S ABSENCE...

**R**uby faces another difficult trip to the hospital alone this week – until an unlikely wing-woman swoops in to support her!

When Jean discovers that Martin can’t be with his wife because Lily has a dental appointment, she refuses to allow the struggling woman to attend her operation solo. Ruby is incredibly grateful, and after the procedure, big-hearted Jean brings her back home to recuperate.

It does Ruby the world of good to be relaxing with Jean, who showers her with TLC. But what would Stacey make of her mum palling up the woman responsible for sending her to prison?

“It’s interesting, because Ruby and Jean have been thrown together through Stacey’s kids,” our Walford insider reminds us. “Even though Ruby is responsible for Stacey’s plight, Jean’s been able to look past that, offering her compassion and care. It says everything about what an

Martin is unable to accompany Ruby to the hospital



incredible person Jean is – but Stacey wouldn’t be impressed!”

Only Ruby knows that Jean believes she is dying of cancer – a secret they both kept from Stacey. After spending some quality time together, Ruby even admits to Jean that she never had this kind of fun with her own mum. But a phone call soon breaks the spell...

Later in the week, Ruby is shaken to realise that she’s forgotten Martin’s birthday, and she only remembers when Jean reminds her. Once again, Jean has saved the day and Ruby is thankful. But it’s clear that Ruby is struggling to cope – will she open up to Martin about the toll it’s taking on her?

**Kate White**



Ruby is feeling increasingly isolated, but Jean comes to her side





# INSIDE SCOOP

EMMERDALE | ITV MONDAY

## Aaron loses it with Liv!

HAS HER ALCOHOLISM PUT HIS  
RELATIONSHIP IN JEOPARDY?

Aaron accuses Liv  
of ruining his  
relationship  
with Ben

**A**fter months of worry and heartbreak, Aaron's frustrations with his alcoholic sister Liv finally boil over this week – as he explodes when it looks as if her behaviour has ruined things for him and new boyfriend Ben.

Matters come to a head just as Aaron is becoming a source of support for Ben, who is trying to distance himself from his dad Warren. Aaron has urged Ben to ignore Warren and get on with his life. But faced with more manipulative messages, Ben still can't bring himself to delete them. And although he agrees with Aaron, it's clear that he's torn and struggling...

"It's a tough call for Ben to turn his back on his family," explains our Dales spy. "Ben's taking advice from Aaron, but Aaron doesn't know the whole history, or realise how hard Ben is finding the situation..."

With the truth out in the open about who Ben's mysterious messages were from, he apologises to Liv for lying to her about his connection to Warren. After work, Aaron catches up with Ben, who confirms to him that he's going to go over to his dad's house to pick up his belongings. It's at that very moment that Aaron has his brainwave – and asks Ben to move into the Mill!

"Ben very quickly declines Aaron's offer," sighs our sneak.

Ben decides to move out  
of the home he shares  
with his father Warren





An unrepentant Liv makes cruel remarks about Aaron's love life

"Liv's in a bad state once Aaron gets home," confirms our source. "So when he has a go at her, she really bites back! Liv taunts him that the real reason Ben turned him down is because Ben doesn't like

him! Considering Aaron's tragic romantic history, Liv really hits a nerve."

With Aaron set to explode, what will this mean for the troubled siblings' future?

**Alice Penwill**

## BETTER TIMES

Life seems a lot rosier off screen for star Isobel Steele (aka Liv)...

While Liv continues on her downward spiral this week, rumours are rife that things are a lot better for her real-life alter ego Isobel Steele...

The actress has been spotted twice this year on 'staycations' with her co-star Bradley Johnson (Vinny). The twosome were most recently sighted at a campsite in Cornwall, with an onlooker noting that "they seemed to be getting on very well".

While the pair didn't post any pictures of each other on social media, and insiders claim they're "just friends", we think they'd make a lovely couple!



Aaron is turned down after asking Ben to move in with him

"Of course that's a huge blow to Aaron, and his confidence about their new relationship. Aaron really wants to take a step forward by living together, but it's clear that Ben feels differently and doesn't want to – and his reasons why are closer to home than Aaron knows."

Ben confesses that he can't move in with Aaron because Liv is struggling with alcohol.

And after his father's history with alcoholism, Ben knows it's for the best not to get involved in that situation again.

Although Aaron seemingly accepts Ben's decision, he's secretly fuming! So when Aaron returns home, he's even more dismayed to see Liv drinking vodka. And as Aaron's anger rises, he blames her for Ben's choice not to move in...



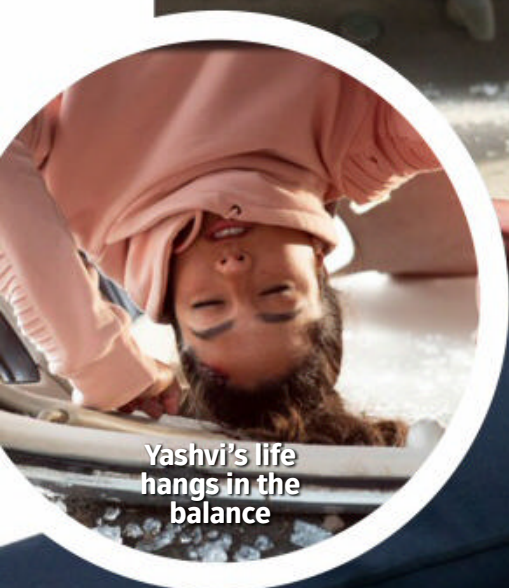
PHOTOS: INSTAGRAM/BRADJAKEJOHNSON, INSTAGRAM/ISOBELSTEELEE



NEIGHBOURS | Channel 5 TUESDAY

# Car crash HORROR!

YASHVI AND LEVI FIGHT  
FOR THEIR LIVES...



Yashvi's life  
hangs in the  
balance

**Y**ashvi, Levi and Sheila end up in a terrible road collision this week – will they all make it out alive?

The smash happens after Levi and Yashvi make a shocking discovery about Mitch and Nelson, before giving chase to the criminals. However, while the trio are in pursuit, Sheila speeds around a corner and has a horrifying accident...

"It's a case of being in the wrong place at the wrong time," reveals Colette Mann, who plays Levi's grandmother. "Sheila is driving in her car when it clips Levi and Yashvi's vehicle as it rounds a bend – then their car flips! It's all extremely dramatic."

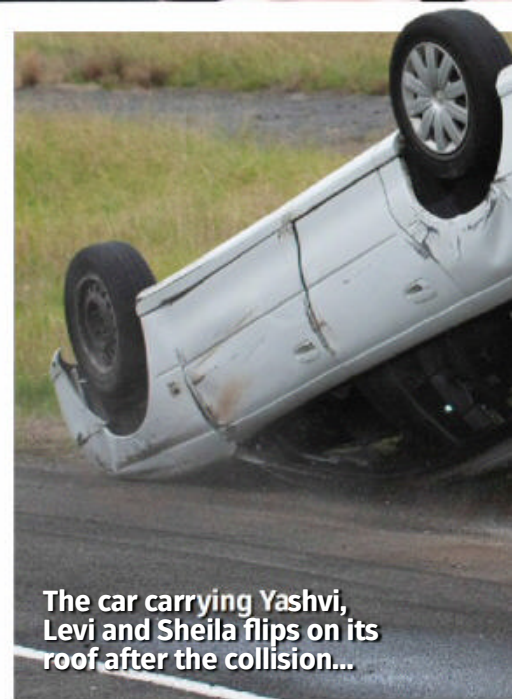
In the wake of the crash, Sheila rushes to help, and Levi soon comes round and scrambles out of the totalled car. When he realises Mitch and Nelson have fled, he is determined to catch them,

and gives chase through the bush, leaving Sheila behind to care for injured Yashvi...

"Sheila's in a total flap really," explains Colette. "She's very concerned about her grandson, and Yashvi too. It was such a massive crash, and she just wants to see they're both okay. Levi is fine, but Yashvi is in a bad way – she's in lots of pain."

Soon, emergency services arrive to rush Yashvi to hospital, as Dipi races down from Sydney to be by Yashvi's side. But will her daughter pull through?

While Yashvi's in hospital, Sheila hears the good news that Mitch and Nelson have been arrested. Yet Sheila decides it's time to come clean about Levi's childhood attack...



The car carrying Yashvi, Levi and Sheila flips on its roof after the collision...

"Sheila feels she needs to explain how things ended up at this point," sighs Colette. "Her boys mean everything to her, and she'd do anything to help. But as we've seen in the past, some things aren't necessarily legal, though it comes from the right place!"

Meanwhile, Yashvi and Levi weren't the only ones wounded, as Colette explains how she ended up with her own injury after the stunt...

"I was very enthusiastic and ready to give my all to the

*Sheila feels she needs to explain how things ended up at this point"*



# You can say that again!

OUR FAVOURITE RECENT SOAP QUOTES...

"It's like I said to Stace on Friday when I visited her in prison: don't complain about working outside, we could all do with a bit more self-sufficiency. If there is one thing corona' has taught us, it's grow your own cabbages."

*We're looking forward to the Jean Slater book of inspirational quotes.*

"The secret to giving evidence is: don't think about the faces in front of you. Just pick one person in the room and act as though you're talking to them the entire time. And, if you reckon you're going to lose it, just think about the judge on the bog."

*And you can probably get Jean's book on a 2-for-1 with 'The Dingle Guide To Life' this Christmas.*

"There was this one time I was feeding Eve in the back room, Paddy took her off to wind her, and the next thing I knew, Bob walked in screaming. I'd nodded off with my boobs out and proud. He hid for the rest of his shift."

*It must have taken a lot of restraint for Bob – traditionally as soon as he sees a lady naked, he marries them.*

"Oh, I had a massive clear-out and Rishi took a carload to one of those charity drop-off places. They are going to have the best-dressed starving homeless orphans in the country, is all I'm saying."

*Why is no one spotting that Meena is a total sociopath? She might as well scream, "I'm crackers" from the roof of David's shop?*

"Since when have you been the type of person to air our business in public?"

"I don't know, since you left me for a member of S Club Juniors."

*We'll never tire of Fiz trolling Tyrone. We'd happily watch it all again in an omnibus at the weekend.*

"She's been circling him for days, testing the fences for weaknesses like a hungry velociraptor."

*Accurate.*

scene, when I totally dismissed the scaffolding right behind me – and bang!" recalls the star, who was left with a black eye. "About 30 people pounced on me to make sure I was all right. I really love the big shoots, though, there's a huge team behind it all – it makes it all quite an event to film."

**Alice Penwill**

...with poor Yashvi being left in grave danger



# Hope's dangerous jealousy!

**SHE'S NOT HAPPY ABOUT  
TY AND ALINA'S BABY...**

**CORONATION STREET | ITV FRIDAY**

**H**ope's real feelings about Tyrone's new baby are laid bare this week – when she rips the head off the unborn tot's teddy bear! Hope's behaviour has caused

problems for her family in the past, but are matters about to get even worse?

The drama begins as Hope plays games with her parents. When Fiz and Tyrone row over how Tyrone treated her new

man, Phill, young Hope sees an opportunity. She slyly tells her parents that she needs help from both of them with her school project – however, as the family sits down to work on it, Hope's real agenda becomes clear...

"She may be young, but Hope is already a master manipulator!" says our Corrie insider. "She innocently sits there drawing a family picture and pops Phill into the line-up, just to mess with Tyrone's head. Ty's hardly the brain of Britain, so he doesn't spot Hope's machinations."

Later, Hope turns the screw again, but this time accusing

Ty of favouritism for a sibling who's not even arrived yet! Her complaint is that Tyrone is spending more money on the baby than he has been on her. Given that Tyrone already feels guilty about moving on so fast, his daughter's words cut deep, and he's also shaken by Phill's popularity with his daughters.

***"Hope may be young, but she's already a master manipulator..."***

Meanwhile, Fiz has been worrying about the new baby and how the girls will react when it arrives. But

while Evelyn reassures Fiz that Hope is coping well, in the back garden, it's a different story. Hope holds a teddy bear bought especially for the baby and coolly rips off the toy's





# Treacherous Laura jailed!

**KELLY'S MUM IS THROWN BEHIND BARS TOO...**

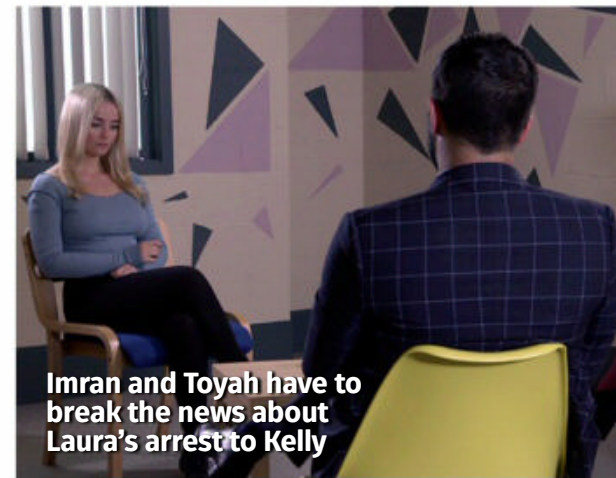
**W**icked Laura's attempts to make cash from her daughter's personal hell backfire this week – when she's arrested!

Imran and Toyah are furious after they hear that Laura has been negotiating with reporter Chris to sell Kelly's story. It emerges that the support Laura's been offering her child is all a ruse to get the lowdown on what's happening, and she intends to make a fortune.

But when Chris tells *Weatherfield Gazette* colleague Daniel that Laura has asked for £30k in exchange for the scoop, he quickly goes to Kelly's horrified foster parents.

"What kind of mother exploits her child in their darkest hour?" asks our *Corrie* source. "It's so disgusting that Imran decides to play dirty to stop Laura. He finds her and promises that if she goes ahead with selling the story, they'll report her to social services. Laura's left in no doubt that he and Toyah are serious."

With battle lines drawn, Imran hopes that he and Toyah have sufficiently scared Laura



Imran and Toyah have to break the news about Laura's arrest to Kelly

into backing down. However, Laura gets her comeuppance once the police arrive at the factory. They arrest her for child cruelty, and drag the cursing mother off to be processed. She's convinced Imran and Toyah shopped her anyway, but it turns out that somebody else made the call.

The next day, the worried pair head to prison to visit Kelly and talk to her about what's happened to Laura. It must be daunting for Kelly to face her court case without either of her parents, but Imran and Toyah reassure her that they'll be with her all the way. How will the foster family navigate the difficult months ahead?

**Kate White**



Hope ensures Phill is included in her family portrait – leaving Ty incensed

head, before shoving it in her backpack. The chilling scene isn't witnessed by the adults in her life – however, viewers are left with no doubt that Hope's

harbouring a grudge. Who will be on the receiving end of her next act of violence, and will anyone realise what's going on?

**Kate White**





Kim's furious, but doesn't want to lose access to young Millie



# Jamie out in the cold!

IS HE SET TO LOSE EVERYTHING?



**J**amie's chickens come home to roost this week, as Diane chucks him out of the B&B in revenge for his treatment of Gabby – and he finds himself with a lot of explaining to do when his ex-wife Andrea demands to know what really went on between him and his mum up at the big house...

While Andrea is aware that Kim and Jamie are no longer talking, and that Jamie has moved out of Home Farm, she has no idea that the reason for that is because Jamie tried to kill his mum! So when she asks him for an explanation, will Jamie come clean – or lie through his teeth?

"This is Jamie Tate we're talking about – what do you think?" ponders our *Emmerdale* insider. "He knows that if Andrea finds out the truth, she'll probably stop him

***"Kim knows she has to play this situation very carefully"***

from seeing their daughter Millie ever again! After all, a would-be killer isn't the best role model for the little girl."

However, what Jamie hasn't banked on is Andrea going running straight to Kim in order to get *her* side of the story!

So as she confronts her former mother-in-law with Jamie's version of events, will Andrea get the exact same story from Kim – or will the lady of the

manor have no qualms about throwing her son under the bus?

"While Kim despises Jamie, she wouldn't want to do anything to jeopardise her own relationship with Millie," points out our sneak. "So Kim knows she has to play this situation very carefully. One wrong move, and she could risk Andrea cutting off her access to her granddaughter completely."

It's clear that Kim isn't going to make her son's life easy, though, and she later manipulates Paddy in order to get her own way over at the vets' practice...

Meanwhile, Diane is still furious about the way Jamie has treated her pregnant granddaughter Gabby, and vows to make the fella pay for his cruel behaviour! So, determined to get her revenge against him, she gleefully throws all of his belongings out of the B&B, where he's been staying since moving out of Home Farm.

So as his life collapses around him, is Jamie set to lose the roof over his head, his job and his daughter all within the same week?

**Sarah Ellis**





Jamie's given his marching orders by Diane



Will Andrea discover the terrible truth behind Jamie and Kim's bust-up?

# Your soap story *Wish list!*

"I hope that **Manpreet** is part of **Meena**'s downfall when the time comes. She forgave her sister – against her better judgement, I think – so seeing her help to finally expose Meena would add another element to the story."

...suggests reader **Sanaya**



"I can't help but feel the Rovers is missing something. I love **Jenny** and **Daisy**, but I think the pub needs a hapless, lazy barrel man like **Fred Gee** or **Jack Duckworth** from the old days. A job for **Kirk** maybe?"

...reckons reader **Veronica**

"I loved seeing **Harry Redkapp** pop up in *EastEnders*. He was a total natural. Wouldn't it be great if all of **Rocky**'s tall stories turned out to be true? We could have a different celebrity turn up to play themselves every week. That would boost the ratings!"

...dreams reader **Simon** from **Lewisham**



"Forget **Melanie** – I think **Toadie**'s perfect match in *Neighbours* is his old pal **Amy**! Now that she's living with him, I hope they'll realise that they're made for each other!"

...dreams reader **Jane** from **Fleet**

Each week, we invite readers to share their dream soap storylines on our **InsideSoap** Facebook page. Check it out and join in the fun at [www.facebook.com/insidesoap](http://www.facebook.com/insidesoap). Or you can email your idea to us at [wishlist@insidesoap.co.uk](mailto:wishlist@insidesoap.co.uk). There's a **£10 prize** for every suggestion we publish in the magazine!

PHOTOS: REX/SHUTTERSTOCK



Police search the waters around the Bay for clues as to how Susie died...

# Who killed Susie?

**COPPER CASH IS DETERMINED TO BRING THE CULPRIT TO JUSTICE...**

**T**here's a devastating new murder mystery kicking off in Summer Bay this week, as the body which recently washed up on the town's shore is revealed to be that of scam artist Susie McAllister!

Shock waves reverberate around town as news spreads that the corpse is Susie's, and that her death was more than just an accident. But given how many enemies Susie made while she was in the Bay, new police officer Cash Newman

has his work cut out trying to figure out who killed her...

"Cash knew all about Summer Bay when he was transferred there!" insists *Home and Away* newcomer Nicholas Cartwright, who plays the cop. "And while no one wants to deal with a murder, when you look at the history of this little town, is it really a surprise?"

"Cash doesn't trust his gut on this one at first, he wants to investigate all leads and follow procedure," continues the actor.

"Although you'd never be wrong placing a cheeky side bet on Irene, when you look at some of her backstory!"

While Irene may have had every reason to want Susie dead – after all, the con artist did use chloroform to knock her out – she isn't the only one with a motive for murder. Both Leah and Justin are prime suspects, given that Susie ran off with their life savings!

"Leah's shocked and devastated when she hears

Locals are shocked to hear of Susie's death – but could one of them be responsible?

***"Susie caused heartache – but Leah wouldn't want anyone hurt..." ADA***





# Cop a load of *this!*

Newcomer Nicholas lifts the lid on his Summer Bay debut...

**Hi, Nicholas! How have your first few months on *Home and Away* been?**

Amazing! It's been a real whirlwind. I signed my contract on a Friday, and by Monday I was standing there with James Stewart [Justin] filming! We're a very close-knit team and everyone looks out for each other, which is a wonderful way to work.

**Tell us a bit about Cash...**

He's a working-class man with a sensitive soul. But there's more to him than just police work; he has a strong moral compass and puts the community before just blindly following the letter of the law.

**What's it been like to play a police officer?**

Playing the cop on a show like this is simply the best! So many of the storylines cross over into illegal territory, so I get to work with all the cast. Pulling on the police outfit makes you feel a certain way, and it's a blast to get to tackle a suspect or solve a murder. Although the crew would love it if I stopped crashing the cop car on set!

**Summer Bay officers have a habit of meeting a grisly end – are you worried for Cash's future?**

I certainly hope Cash has a nice life in the Bay and does his job diligently, but I'm sure the writers will feel differently... we will have to wait and see! Maybe he'll even find love?

**How will you celebrate your first episode airing in the UK?**

I haven't decided – but I hope it involves a bag of chips on the couch and some good humour!



Susie's ex John is later questioned about her death by Cash

about Susie's death," reveals Ada Nicodemou, who plays her. "Even though Susie caused so much heartache for Leah and Justin, she wanted Susie to go to prison and face some sort of justice. Leah still wouldn't want anyone to be hurt like that."

"It's a tragedy when Susie's body washes up, but it's not a priority for Justin," adds Jimmy Stewart, who plays him. "That's where Justin's mind is at the moment – he

needs to get home to take some medication. There is also a feeling of 'serves you right', which is really uncaring for him to think."

But it's not long before Cash knocks at Leah and Justin's door, as well as question John and Irene. So did a local really bump off Susie?

**Sarah Ellis**





## INSIDE SCOOP

# Pipped to the post!

Billy's attempt at job-hunting falls flat...

**EASTENDERS**  
BBC1 THURSDAY

**T**here's bad luck for Billy this week, when he's beaten to a job at Kat's Cabs by newcomer Harvey.

No one knows that broke Billy is sleeping at the car lot, and he's too proud to ask for help – however, when he finds out that there's a job going at Walford's newest taxi firm, he requests an interview.

While pal Mitch reckons that Billy has smashed it, he doesn't realise that experienced cabbie

Harvey has already impressed the boss! Kat feels bad after hiring Harvey on the spot and crushing Billy's hopes. And although Harvey generously offers to split the role, proud Billy rejects his proposal...



The next day, Kat clocks Billy at the car lot and figures out he's been sleeping there. Gathering Phil and Honey, Kat reveals that she's got a plan to help Billy get back on his feet. What is she plotting?



## Signing off?

**CORONATION STREET**  
ITV FRIDAY

**T**he arrival of a new British Sign Language teacher brings hope to the Winter-Browns this week – but when Freda introduces Charlie to the couple, Ches admits he's finding it very hard to learn BSL.

He tells Charlie that he's hoping Aled's cochlear implant might make it easier for him to communicate with his son. However, Gemma doesn't want her hubby to give up on learning to sign, whatever happens.

So, despite encountering difficulties, will Ches agree to make the effort?

## What's Jesse hiding?

**NEIGHBOURS**  
Channel 5 TUESDAY

**R**oxy's left with a huge dilemma this week, after she catches Harlow's new boyfriend Jesse getting cosy with Curtis!

Horried at what she's just witnessed, Roxy breaks the

news to Harlow – but she's shocked when Harlow informs her that her romance with Jesse is fake, designed to get Paul off her back about Brent!

However, Roxy is highly suspicious about what it is that Jesse is getting out of this 'fauxmance', and decides to do some digging...





# Take a break, Mama!

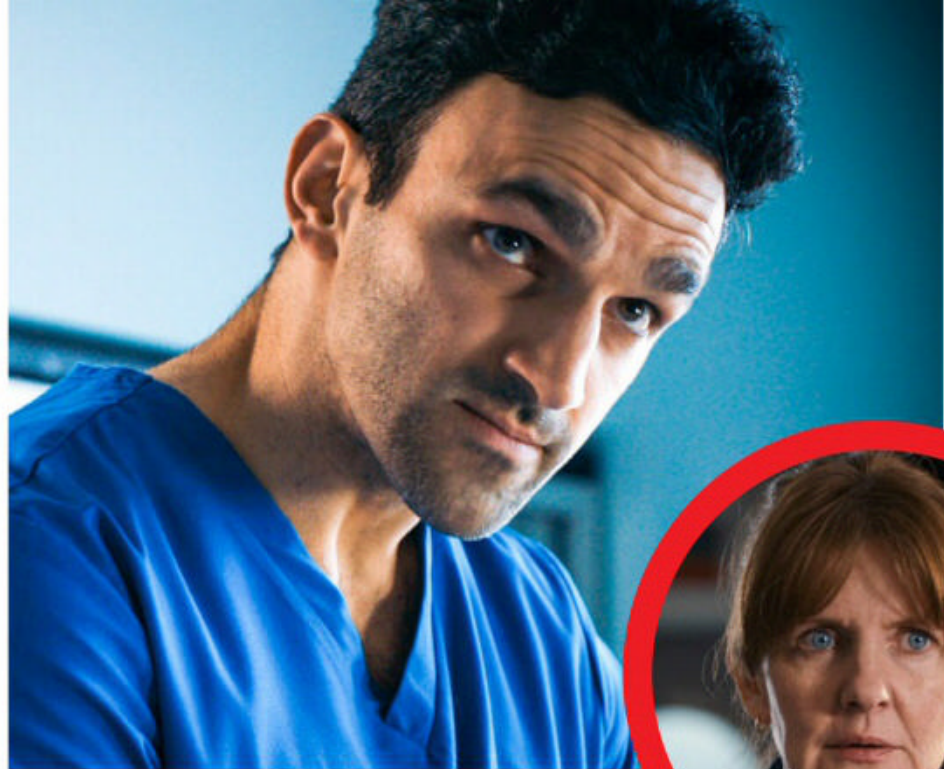
**EMMERDALE**  
ITV WEDNESDAY

**N**ate tries to encourage Tracy to have a break this week, but his idea sparks her anxiety.

He suggests that she could do with a trip to visit sister

Vanessa, hoping that Tracy can let her hair down a bit. However, instead of being excited, the new mother is horrified at the idea of leaving baby Frankie in Nate's care in case something goes wrong.

Will she open up to Nate, or make an excuse to stay home?



## New blood

**HOLBY CITY**  
BBC1 TUESDAY

**T**he ward falls under fresh leadership this week, after the hospital board appoints a new NHS Improvement Director – whose identity prompts some very strong reactions from the team.

Elsewhere, heart specialist Eli Ebrahimi, played by ex-*EastEnders* star Davood Ghadami (aka Kush) takes the lead on Darwin (see p52) – while over on AAU, there's a new no-nonsense nurse, Madge, who is less than impressed with how the ward is managed by Ange...

# Romeo's secret is out

Will Donna-Marie tell everyone what he's been up to?

**HOLLYOAKS**  
Channel 4 WEDNESDAY

**D**onna-Marie is stunned to discover some explosive information this week, but what will she do with the shocking secret?

With Romeo still believing the party Cher is organising is for his birthday, he excitedly starts inviting his family. And when his mother gets wind of what's being planned, she's keen to come along too...

However, Romeo is still not speaking to Donna-Marie, leading Juliet to step in and give her some advice about how to win him over. But while Donna-Marie is trying to sort out a surprise present for her son, she ends up finding out



that the party isn't for him after all! So, will she tell him?

The secrets don't stop there, though, as Goldie blurts out to

Donna-Marie that Romeo slept with Mercedes! Will the desperate mum use this info to her advantage?







## Let love in!

**EMMERDALE**  
ITV FRIDAY

**A**my and Victoria coach Ethan as he prepares to meet a new man this week, but will Cupid's arrow strike for the single solicitor?

Ethan adopted a new approach to dating after

his friends encouraged him to pursue love over lust. But as the girls go on to wind him up ahead of his big night, will Ethan decide that it simply isn't worth the bother? Or do his pals have the right idea when it comes to finding Mr Right?

## Lola vs Sheree!

Both want what's best for troubled Isaac...

**EASTENDERS**  
BBC1 THURSDAY

**L**ola is determined to stay by Isaac's side this week, but Sheree is less than pleased that her son's other half will be sticking around...

When Ben makes a remark about Isaac, Lola becomes

upset. And Sheree then hears just how dedicated Lola is to her son and his recovery. Sheree should be pleased that her son has so much support, but she's disappointed that Lola is sticking her nose in!

Will Sheree soon manage to find a way to get Lola out of the picture?



## Nude awakening!

The launch of the charity calendar is a flop...

**CORONATION STREET**  
ITV WEDNESDAY

**T**he launch of Curtis and Emma's charity calendar doesn't quite go to plan this week – but can they still

make their fundraising venture a success?

After persuading the local men to get their kits off for the saucy endeavour, Emma and Curtis are hoping to raise the extra money required

to take Oliver's fund up to Steve's target of £100,000. However, when the grand launch is ruined by Todd's lies being exposed (see p4 for more on that), the pair fear it's all been for nothing...



Meanwhile, Tim, Dev, Steve and Chesney feel guilty for having missed the launch – but when they head to Victoria Gardens to apologise, they're stunned to hear that the party never took place! So, vowing to do all they can to help sell the calendar, they display posters advertising it in their windows.

Curtis and Emma are touched, but will the fellas' efforts boost the charity money up to Steve's desired total?





# Mia's baby news!

The Parata clan will soon have a new addition...

**HOME AND AWAY**  
Channel 5 **MONDAY**

**M**ia drops the bombshell that she's expecting a baby this week, leaving Ari thrilled! However, will it be a smooth road to parenthood?

After agreeing that he and Mia should try for a baby, Ari is over the moon when she tells him they're going to be parents. But the pair decide to keep their excitement on the down-low until they find out more.

It seems they made the right decision because Mia receives

a call to say that her hospital appointment has been fast-tracked due to them previously losing a child. And their minds aren't put at ease when Mia is told her hormone levels are high, as the results of her ultrasound remain pending...

With stress on her and Ari's shoulders, Mia finally gets a call back. Luckily, all is fine with the baby, and Mia is just further along in the pregnancy than she initially thought.

Ari and Mia are delighted, but how will the rest of the family react to the news?



# A big change...

**HOLLYOAKS**  
Channel 4 **MONDAY**

**S**truggling Brooke begins to question their relationship with Imran this week – and, following a chat with Ripley, their identity as well...

After issues with their romance, Brooke turns

to Ripley for advice – and comes to a realisation. When Brooke uses the term non-binary for the first time, they decide it's time to have a heart-to-heart with Imran. Later on, Brooke fills Ripley in on how it went...

However, will Imran be able to accept Brooke for who they are?

## YOUR REGIONAL AND RADIO SOAPS...

### FAIR CITY

● Will gets a second job at the Pod this week, but the increasing money pressure leads him to go to Ger for a loan! Has Will just made a massive mistake? Meanwhile, Sharon learns about Juliet's history, and warns her off Lee... Plus, Tommy finds out that his son, Zak, is back in town. Will it be a happy reunion?



### THE ARCHERS

● Ian's suspicions reach an all-time high this week, but when he decides to confront the matter, Ian is set to land everyone in even more trouble...

Elsewhere, Roy has romance on his mind, but will his attempts at dating be scuppered? Finally, Lynda makes it her mission to secure a celebrity for the village fete.



**FAIR CITY** RTÉ1, RTÉ Player (Ireland only) Sunday 8pm (NI only: Sky 161, Virgin 875)

**THE ARCHERS** BBC Radio 4, iPlayer Sun-Fri 7pm (omnibus Sun 10am)

**RIVER CITY** is currently on a summer break – it will be back on screen in August.



# WHAT HAPPENS WHEN?

**SAT**  
**24** JULY

## EASTENDERS



**SUN**  
**25** JULY

## CORONATION STREET



## EMMERDALE



**MON**  
**26** JULY

- 💔 Mick demands that Zack ends things with Nancy, but will he?
- Keegan and Bernie make amends, leaving her feeling guilty...
- Ruby has her operation, but tells Martin to prioritise his children.

- Michael and James are pulled over while test-driving a car...
- ...then James is arrested, but trips and injures his foot!
- Toyah and Iman warn Laura against selling Kelly's story.

- April receives a cruel meme of Donna, as she's being trolled!
- Aaron urges Ben to delete the texts from his dad...
- ...later, Aaron takes out his frustrations on delicate Liv.

**TUE**  
**27** JULY

- Ruby and Jean continue to bond until a phone call interrupts them.
- Gray suggests that Chelsea takes Mia and Mack shopping!
- Linda hears what happened with Zack, and fires him from the Vic...



- Rhona starts to suspect that April is hiding something...
- ...and she soon discovers the full extent of April's online abuse!
- Diane wants to punish Jamie, and throws out his belongings.

**WED**  
**28** JULY



- Will reveals all of Todd's previous grievances to appalled Summer...
- ...and an incriminating video is played at the launch.
- Craig has a tough decision to make about James' arrest!

- Liam goes to Charles to organise the perfect funeral for Leanna...
- ...but he gets distracted when Jacob turns up for the meeting.
- Nate suggests that Tracy goes out of town to visit Vanessa!

**THU**  
**29** JULY

- Chelsea spots an earring, and Gray realises that it belonged to Tina!
- Billy and Harvey compete for a job at Kat's new cabbie business...
- Sheree is irritated by Lola's involvement with Isaac.



- Meena panics when she drops Leanna's ring near Jacob...
- Jamie lies to Andrea about what happened with Kim!
- Kim plays Paddy to get her own way - what has she done?

**FRI**  
**30** JULY

- Martin is disappointed that Ruby has clearly forgotten his birthday.
- Kat finds Billy and realises he's been sleeping in the car lot!
- Keegan offers to buy Tiff a new dress for her graduation party...

- Todd is horrified when he finds Summer unconscious.
- James wakes up from his operation, but how is his leg?
- Evelyn is sure Hope is fine, but she's obviously struggling...

- Faith puts her foot in it - but what has she done this time?
- Victoria and Amy wind up Ethan as they coach him for his date...
- ...but will Ethan manage to take on their romance tips?

**SNEAK  
PEEK  
AT  
NEXT  
WEEK**

- Kat forges a plan with Jay to try to get Billy back on his feet.
- Two residents spend the night in a cell after a fight breaks out...
- Bernie feels ill, but will anyone realise she's taking diet pills?

- One resident is in danger when a fire breaks out in their flat!
- Todd needs a place to stay, but will anyone help him out?
- Summer is baffled when Aadi gives her some mixed signals...

- Bernice attempts to make peace with Gabby, but is it too late?
- Nicola and Jimmy do what they think is right for their family.
- Faith gets her medical results - will it be good news?



# YOUR ENTIRE SOAP WEEK AT A GLANCE!

## HOLLYOAKS



- The McQueens are delighted to have Mercedes back with them...
- ...Cher returns to meddling, then Mercedes makes a discovery!
- 💡 Brooke starts to question their relationship with Imran.

- Mercedes is now convinced she wasn't the one who took Eva...
- ...and soon, Peri reveals to her that it was all Cher's doing.
- 💰 Fergus and Warren plot a masterplan to buy Price Slice!

- Mercedes confronts Cher – will her stepdaughter admit the truth?
- 😞 Donna-Marie hears that Romeo slept with Mercedes...
- Warren agrees to do one more job for Fergus – raiding Price Slice!

- 😡 Fergus suggests that he robs the safe with Timmy's help...
- ...Warren is stealing from the shop when a police officer is spotted!
- Felix tries to lift Martine's spirits after she mentions her cancer.

- One life hangs in the balance after the risky Price Slice robbery!
- 📺 Martine is overcome with guilt when Grace gives her a gift.
- Sylver finds the money in his account is missing – who took it?

- Warren steps to new lows when he tries to protect himself...
- Tony admits to Diane that the Hutch has financial issues!
- Sue's funeral approaches, and Luke attempts to contact Ollie.

## NEIGHBOURS



- 👧 Nicolette is found, but she's in danger of losing the baby!
- Roxy is thrown when Lassiters loses the short-film festival.
- Amy organises a blind date for Ned, yet she still fancies him...

- 👮 Levi and Yashvi head to the warehouse to question Mitch.
- Kyle and Toadie agree to set up a neighbourhood watch...
- Roxy discovers Jesse making out with Curtis, and tells Harlow!

- Dipi returns after Yashvi and Levi's life-threatening accident...
- ...Levi continues the hunt for Mitch and Nelson through the bush!
- 😘 Amy confesses her feelings for Ned, but is he interested?

- Ned puts the ball in Amy's court to see if she's up for some fun...
- 👴 Aaron and David take over caring for Nicolette at home.
- Chloe enjoys working with Leo at the vineyard away from Nic!

- 😡 Hendrix warns Leo off Chloe, but is Leo prepared to listen?
- David and Aaron reckon Nic should start her maternity leave early.
- Sheila wants to come clean about Levi's childhood attack...

- Roxy becomes suspicious of Jesse – but what could he be up to?
- Yashvi comes to a realisation after the terrifying accident.
- Nicolette, Aaron and David celebrate at their baby shower!

## HOME AND AWAY



- Dean is frantic that Mac is dead, but she soon returns home...
- ☠️ ...ID is found with the body, and it belongs to Susie McAllister!
- Ari and Mia go home, where Mia reveals she's pregnant.

- Mackenzie kicks Ryder out of Salt, and then calls the police on Dean!
- 😞 John receives yet more devastating news about Susie.
- Cash wants to interview Justin, who decides to hire a lawyer...

- 💬 Ziggy tries to talk Mac out of her self-destructive attitude.
- Justin tries to apologise to Stephen, but just makes it worse...
- Cash wants to interview Irene, and she immediately gets defensive!

- Justin lashes out at Leah, and she fears their relationship is over!
- Ari and Mia agree to keep their baby news on the down-low...
- 😭 ...but an unexpected appointment worries Mia.

- Sienna invites Nikau to her flat to lure him away from Bella.
- Roo is shocked to see Kieran waiting for her outside...
- 🌴 Tori spots Christian on a cosy beach stroll with Rachel!

- The food truck explodes, leaving lives hanging in the balance...
- Roo contemplates whether to let Kieran back into her life!
- Nikau attempts to hide a devastating secret from Bella.

SAT  
**24**  
JULY

SUN  
**25**  
JULY

MON  
**26**  
JULY

TUE  
**27**  
JULY

WED  
**28**  
JULY

THU  
**29**  
JULY

FRI  
**30**  
JULY

**SNEAK  
PEEK  
AT  
NEXT  
WEEK**



# Classic SCOOP

/ The **BIG** stories from a week of timeless drama... /

EPISODES  
FROM  
FEBRUARY  
2000

## Crash and burn!

KATHY'S DRIVEN MANY A MAN  
OVER THE EDGE, BUT THIS TIME  
SHE DOES IT LITERALLY...

This is how it  
was before the  
invention of  
power steering

**CLASSIC EMMERDALE | ITV3 MON-FRI**

**P**oor **Rachel Hughes**... she endured a two-hour hike through mud and drizzle to be pushed to her death by psychotic **Graham Clarke**. But for **Kathy**, who always regarded herself a cut above the rest, there are no such indignities. She's happily driven to a pretty holiday cottage for her final showdown with Graham. And although Rachel faced the nutjob alone, Kathy has a knight in shining armour coming to her rescue, in the form of **Eric Pollard** – with his humble serf



Pollard fails to make a good fist of coming to Kathy's rescue

**Marlon**

bringing up the rear.

Sadly, the undynamic duo are as feckless as you'd expect. So Kathy – a past master at self-preservation – is forced to roll up her dainty sleeves and save herself. But when she sets off in the car, Graham scrambles into the passenger seat, and a fight for the steering wheel leaves the vehicle hanging over a cliff. Marlon and Eric appear just in time, though do little to help – and the vehicle falls and explodes on the rocks below!

Stunned Eric and Marlon fear the worst, but a flash of

a turquoise puffa catches their eye – it's

Kathy, gripping on to shrubbery as if it was her next contract! It'll take something bigger and badder than this charmless villain to shift Kathy from the village. Such as a new producer next year...

### MY TWO WIVES!

Elsewhere, there's domestic unrest at the Dingles' thanks to the return of **Zak's** first wife **Nellie**. Her attempts to make peace with his current wife **Lisa** don't end well – and soon **Paddy** has a new lodger, as Lisa arrives at the door...



# Des res, dead Des!

EPISODES  
FROM  
NOVEMBER  
1998

CLASSIC CORONATION STREET | ITV3 MON-FRI

No 6 Coronation Street will go on to be dubbed the 'house of horror' in future years, but the terrace takes its very first victim this week – as **Des Barnes** finds himself caught up in the war between stepson **Tony** and some nasty drug dealers. An altercation sees Des thrown to the ground, fatally cracking his head on a swish Ikea triangular corner table – there can't be a

more 1998 way to go than that! **Natalie** declares her undying love at his hospital bedside, but even a good dose of the Horrocks isn't enough to save Des. In years to come, the house will claim several more victims, including **Charlie Stubbs** and more recently



**Geoff Metcalfe.**

Down the Street, however, there's another nightmare unfolding as **Alec** sneaks into bed with his lady love **Rita**, only to discover it's **Betty** under the covers. Luckily, the truth is revealed before he tries to sample her hot pot...

## Here's JACKIE!

**D**eirdre's shocked this week, when her prison cellmate **Jackie Dobbs** turns up on her doorstep. But there was drama off screen too, with actress **Margi Clarke** having her contract cut soon after, when personal issues began to get in the way of her work. But not before Jackie introduced us to her son, **Tyrone**, who remains on the cobbles to this day.



CLASSIC EASTENDERS | Drama MON-FRI

# It's Christmas on the Square

EPISODES  
FROM  
DECEMBER  
1997

Ah, a Walford Christmas! And 1997 is proving as miserable as any other year, as we see **Tiffany** and **Grant's** marriage savagely disintegrate. But is it our imagination, or are those lights on that infeasibly large Albert Square

Christmas tree burning brighter than usual this year? Must be the sparks of electricity flying between the ever-glamorous grandma **Kathy Mitchell**, and cockney vicar **Alex Healy** (brother of **Mel**, in case you'd forgotten, which she seemed to on her last return). The pair are thrown together while making Christmas dinner at the local women's refuge. Soon, the warm charitable glow of their good deeds overtakes them, and while they



embrace, nothing or no one else in the world appears to matter. Well, apart from poor **Peggy**, who is set to arrive at any moment with some Christmas treats...

Elsewhere, **Dot** notices there's more between **Nigel** and his new friend **Julie** than he appears to realise. Is another kiss under the mistletoe on the way this Christmas?



Kathy develops a deep connection with her faith

## WHERE TO WATCH...

**CORONATION STREET** ITV3 Double bill at 2.50pm weekdays, repeated the following weekday at 6am. Catch up on the **ITV Hub**.

**EASTENDERS** Drama Double bill at 1pm weekdays. Catch up on the **UKTV Play app**. **EMMERDALE** ITV3 Double bill at 1.45pm weekdays, repeated the following weekday at 6.55am. Catch up on the **ITV Hub**.



# SOAPBOX

RANT! RAVE! WE LOVE TO HEAR **YOUR** OPINIONS!

Win!  
**£10**



## THE ONLY WAY IS UP?

What upsetting scenes to see Isaac reach such lows with his mental health struggle in *EastEnders* – only for him to then be treated like a criminal, and tasered by the police! The scream by Sheree was harrowing, and the whole situation was completely unjust.

📧 | **Rebecca, London**

## TODD EXPOSED?

How long will it be before Todd's evil deeds are discovered in *Coronation Street*? I reckon it could happen very soon, judging by the guilty look on Todd's face every time he talks to Billy and Paul!

📧 | **Colin, London**

Todd's poker face seems to have only got him so far – head over to p4 to find out more...

## REACHING NEW LOWS...

Am I the only one who's really not enjoying the recent plot about Justin's addiction in *Home and Away*? It's just one thing after another for the poor bloke. First, there was his diagnosis,



## Get in contact



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potentially being paralysed, then he was getting ripped off by Susie, and now he has an addiction to painkillers! Also, the story seems to be dragging. Leah and Justin deserve a moment of peace before their world implodes again...

📧 | **Erika, Braintree**

It doesn't look as if things will be on the up for quite a while!



## A NEW LOOK!

I almost didn't recognise Peter Barlow on his return to the cobbles! With his slick hair and healthy complexion, he looks ten years younger. Following his successful liver transplant, I do hope Peter and Carla can enjoy a happy future as newlyweds.

📧 | **Luke, County Durham**

A makeover and a new liver has done wonders for Peter! As for a happy future, we're not so sure...

## LOVE AND LOSS

Poor Liam! It was heartbreaking to watch as he came to terms with the loss of his daughter in *Emmerdale*. After feeling so optimistic about Leanna's travelling and birthday party, tragedy struck. Jonny McPherson performed amazingly as a grieving dad. We all want to give him a hug!

📧 | **Louise, Leicester**

It's really been a tough week for Liam...







Leo is his father's son – he can't help but get involved!

## BACK IN BAD HABITS

It's so great to have Leo Tanaka back on Ramsay Street. But even after a few years away, it seems he still hasn't learned his lesson of not meddling in other people's business. With him getting involved with Chloe, it might spell the end for her and Nicolette.

🗨️ | **Joanna**

Leo really shouldn't have agreed to help Pierce and Paul to keep an eye on Chloe...

## PHIL STEPS UP...

I know that *EastEnders'* Phil Mitchell hasn't been the best father in the world, but Denise has no right to deny their son, Raymond, a chance of a relationship with him. Her conduct in recent episodes has been shocking, and it's more about wanting to hurt Phil than to protect her son. I really hope that Phil is able to make sure he gets access to Raymond – even by using the law, if necessary.

🗨️ | **Luke, Tingley**

Phil's making an effort, but could it be too little, too late for Denise?



Is Phil willing to play ball?

## LIFE UPSIDE DOWN

I really feel for newbie Shaq in *Hollyoaks* – it's obvious he has a huge crush on Sami's girlfriend. Now his mum's arrived and it's clear she has no respect for him either – and there's a big question mark over his paternity too.

🗨️ | **Chloe, Surrey**

It's definitely a very confusing time for the Maaliks!



# The BIG DEBATE!

ILLUSTRATION: ROB DAVIS

## SHE'S JUST A DEVIL WOMAN!

Daisy took her wicked scheming to the next level in *Corrie*, leaving poor Ryan in a tizzy about whether he had cheated or not. But will Daisy's evil deed split up Ryan and Alya for good?

When Daisy first arrived on the Street, she was one of those 'meh!' characters, as far as I was concerned. But she's definitely starting to show the potential to be a grade A soap bitch – and who doesn't love those? Did all of her scheming over Ryan give anyone else early Tracy Barlow vibes? If I was Ryan, I'd be watching my back. Remember what happened to Charlie Stubbs!

🗨️ | **Teresa, Woking**

Daisy is a truly brilliant manipulator, and made sure that Alya heard all the right bits of her conversation with Ryan. While Ryan doesn't know who he's dealing with, I think that Alya knows that Daisy is up to no good...

🗨️ | **Kelly**

Alya really won't be happy to know that Ryan is crashing at the Rovers! If the initial 'kiss' won't end their relationship,

I have a feeling that this might spell the end of it...

🗨️ | **Zoey, Bristol**

Some readers aren't sure why two women are scrapping over Ryan in the first place...

Is it just me or is anybody else really bemused as to why Ryan has two women fighting over him? I mean he's a part-time DJ, if that. And let's face it, he isn't all that great at it. The mind boggles! Please get him booked on a one-way flight to Ibiza ASAP!

🗨️ | **Lorraine**

In my opinion, Alya can do so much better than Ryan. He should get together with Daisy, and be done with it.

🗨️ | **Mona, Bath**

We think that Daisy just likes stirring up trouble!



# Request SPOT

## EAR BLING

*Neighbours'* Melanie wore a gorgorous pair of gold leaf earrings recently. Where can I get some?

📧 | **Rachel, Hartlepool**

Exact matches of earrings can be hard to find, but here are some very similar ones! Take a look at the 'Gold Leaf Earrings' from Joli Joli Jewellery. Or if you want a longer-lasting pair, check out the 'Gold Fern Drop Earrings' by Catherine Zoraida.



Get a pair of earrings like Melanie's and you'll be laughing!

## YOUR TRICKIEST SOAP QUERIES ANSWERED...



Dev has suffered more than one nude awakening

## THE NAKED TRUTH!

In *Corrie*, Dev said he had a naked situation with a woman called Tara. He didn't go into details – so what actually happened?

📧 | **Rikki**

Tara Mandal was Dev's girlfriend back in 2008. But the relationship was doomed from the start, because Dev had a fling with Tara's mum! After they got back on

track, Tara discovered that Dev had an affair with his accountant, Lisa. Tara got her revenge by tricking Dev into doing a naked photo shoot, and she unveiled the nude picture of Dev with 'Liar' written across it to the whole of *Weatherfield*. So it's no surprise he was hesitant this time around!

# SOAPbubble! Win! £20



## WINNER!

This week's prize-winning entry comes from **Abbie**, via email. The cash for your *EastEnders* caption is on its way – congrats!

## WANT TO BAG YOURSELF £20?

Tell us what you think is being said in this *Emmerdale* scene. Post your idea to the Soapbox address, email your entry to [soapbubble@insidesoap.co.uk](mailto:soapbubble@insidesoap.co.uk), or put it on our Facebook page. The prize-winning entry will be announced in two weeks' time!



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THE **BIG**  
*interview*

*“Marlon is guilt-ridden because he promised he’d always look after April...”*

As Marlon and April face a nightmare online, *Emmerdale*’s **Mark Charnock** tells us why their story is so important to tell...

**EMMERDALE** | **ITV MONDAY**

**T**here’s nothing new about bullying, in fact it’s depressingly common for young people across the nation. Too many youngsters endure terrifying and soul-crushing abuse from their peers, often leading to severe mental health problems. However, the crisis has been intensified by the impact of social media, giving bullies the means to attack their victims relentlessly.

*Emmerdale* has touched lightly on the issue before, but this week a big new storyline kicks off as young April becomes the victim of a campaign of abuse that shocks and horrifies dad Marlon. We caught up with Mark Charnock, who plays the devastated dad, to find out more...

“My generation thinks we’re well-informed about modern media, but our kids are so far ahead of us,” muses

Mark, who is a dad in real life. “There are so many avenues for kids to be bullied. We’re a bit sightless about it – unless you go on a course to find out about all these apps that we’ve never heard of. There are many ways for this stuff to leak into young people’s lives – and, as a parent, you can’t plug all the gaps.”

This week, Marlon is aghast when he discovers that April is receiving abuse online, with her bullies using her late mum Donna as the subject of their vicious attacks. It comes to light after Marlon and Rhona grow worried about how withdrawn and unhappy April is, and later overhear Cathy and Heath talking about what’s really going on.

“April has set up an online grief account for people to discuss things they’ve been through after Leanna’s death,” shares Mark. “It’s a beautiful intention that backfires quite terribly. People jump on it and give her loads





of abuse, and it's pretty hideous. Marlon is seeing changes in her behaviour, she's more downcast and reluctant to go to school. When he and Rhona overhear the Hope twins talking about it, that's when, to Marlon's abject horror, they find out what's been going on."

Among the vitriol that April's been enduring is a particularly cruel account named 'Dead Donna'. The perpetrator won't stop tormenting April, and when Marlon finds her at her late mum's grave, she's in a terrible state.

"It's a beautifully written scene," enthuses Mark. "Marlon tries to be as gentle as he can be about how proud he is of April and how he can't believe the abuse she's been getting. He's guilt-ridden, as he promised Donna that he'd protect April, and feels as if he's let her down. They talk about it, and then Marlon suggests that he takes her phone away and deletes all the social media apps. Parents panic, and Marlon thinks he's put a stop to it, but it's probably not the correct course of action."

We've seen some pretty incredible performances from rising star Amelia Flanagan, who plays April, before. But Mark says that in this story, the talented youngster shines even brighter.

"I've run out of superlatives for Amelia," he admits. "During the scene by the grave, she made me cry. At the end of it, I looked at her as she sat there after another brilliant performance and said, 'If you are this good now, how good are you going to be when you're 20?' Amelia's so modest, down-to-earth and normal. Her parents have done such a good job, and I'm lucky to be able to work with her."

**CONTINUED  
OVER ↘**



Grave matter: The Dales is tackling the issue of online abuse





#### FROM PREVIOUS PAGE ▾

It seems Amelia will have plenty of opportunities to showcase her talent, as this story continues to play out.

"These things don't go away overnight, they are insidious and poisonous," warns Mark. "The after-effects can be dreadful."

Of course, there are no easy solutions, but Mark says that he's been learning from the research he's undertaken.

"Marlon's approach is misguided and done out of desperate love for his daughter," shares the star. "I've read research by groups that deal with this kind of thing, and the best way to deal with it is communication. You have to talk to your children, talk to the school



and reach out to professionals who are skilled and trained in this. Each situation is bespoke, and you can't generalise, but a lot of testimonies I've read are from parents who sought help. The important thing is to give kids a safe space where they can express themselves to you."

We'll see the family endure difficult situations as Marlon and Rhona try to protect April and other characters get involved. By exploring these different scenarios, the show hopes to give real-life parents ideas on how to cope.

"You want stories like this to inform, as well as to make people feel something," says Mark. "People need to know they're not on their own, and there's help out there. We have to keep flagging up social media bullying because, as a society, we keep saying, 'We have to stop it,' but it doesn't stop. That's why it's important for shows such as *Emmerdale* to do these stories."

**Kate White**

## Online bullying: the statistics

One in five children in England and Wales have experienced at least one form of online bullying, according to a report from the Office For National Statistics (ONS).

They also found that 52% of the children who experienced these behaviours didn't define them as bullying, and one in four (26%) didn't report what happened to anyone.

Statistician Sophie Sanders from the ONS predicted that the pandemic and isolation from



real-world interactions would intensify online bullying.

"Greater use of smartphones, social media and networking applications means online bullying can follow a child anywhere they go," she says. "And while data was collected before the coronavirus pandemic, children's isolation at home and increased time spent on the internet is likely to have had a substantial impact on the split between real world and cyberbullying."

PHOTOS: GETTY

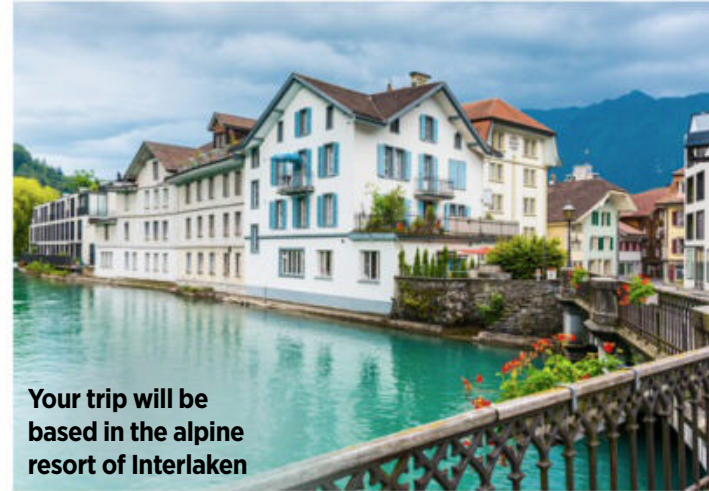


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# “Chelsea thinks she’s invincible!”

**EASTENDERS** | BBC1 THURSDAY

“

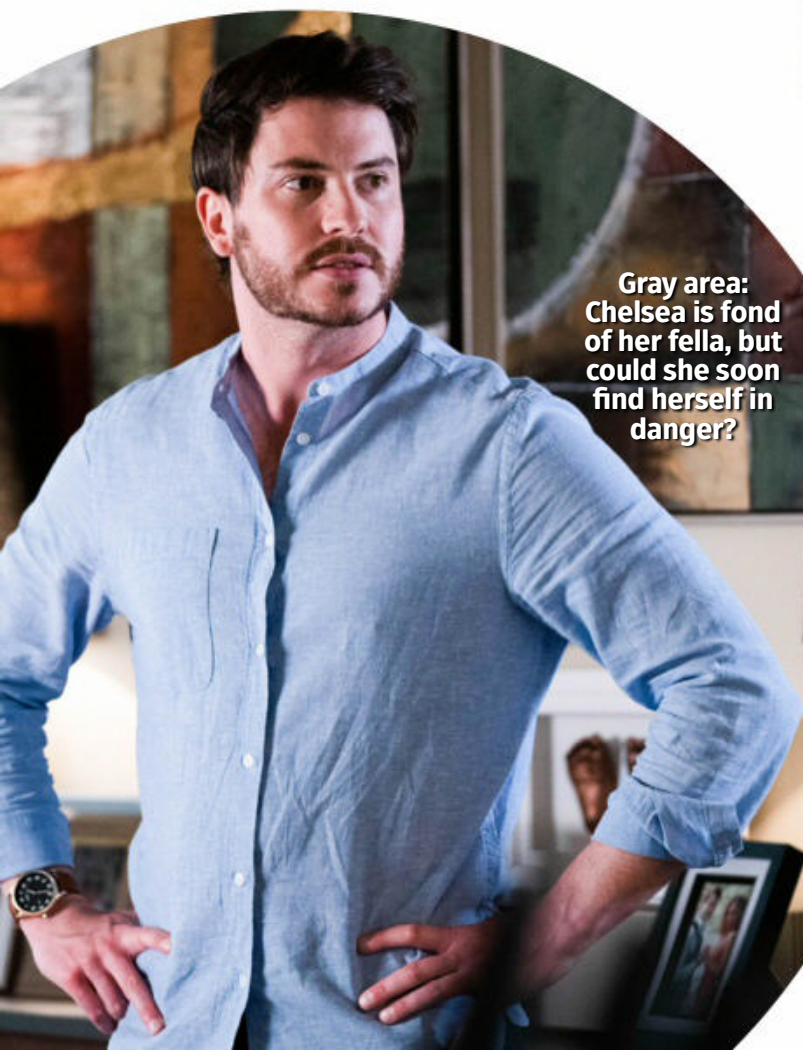
**M**y first thought when I heard that Chelsea was going to date Gray was, ‘Please don’t kill me!’” chuckles *EastEnders* star Zaraah Abrahams

(Chelsea), when we quiz her about being paired up with the local serial killer. “It’s an odd thing because her dad Lucas is a murderer, and now she’s dating one, though obviously she doesn’t realise that. But if and when she does find out, I think that would shake anybody...”

This week, Chelsea comes dangerously close to uncovering her boyfriend’s grisly secret when she finds Tina’s earring in his car! So might she be the one to finally unmask him for the monster he really is? Or will the discovery see Gray turn on her?

**What do you think of Chelsea and Gray as a couple?**

**BUT COULD SHE FALL FOUL OF SERIAL KILLER GRAY? *EASTENDERS* STAR ZARA AH ABRAHAMS IS CERTAINLY PRAYING THAT SHE WON’T...**



Gray area: Chelsea is fond of her fella, but could she soon find herself in danger?

Chelsea and Gray get the thumbs-up from me! I’m excited about this story because I know there will be some kind of journey, although I don’t know yet how it’s going to end. I love playing those romantic scenes. It’s nice to do one-on-one stuff, and I love working with Toby [Alexander Smith, who plays Gray].

**Is Chelsea capable of falling in love with Gray?**

At the moment she’s enjoying being spoiled, and enjoying the fact that she can maybe manipulate this man. She’s not exactly in love with him, though I think she is capable of falling in love. Especially if someone is going to be that consistent man in her life that she’s craved for a

while. Her dad always spoke to her about putting down roots, and Gray looks as though he could help her do that. He’ll provide the lifestyle without the drama that her ex-boyfriend Caleb brought. But it’s not as it seems really, is it?

**She gets a step closer to rumbling him this week when she finds Tina’s earring. What does she make of that?**

She just thinks that Gray’s had other women in the car that he’s been doing the dirty with, previous to her. She doesn’t piece anything together just yet.

**Oh, but it could be the first step in her uncovering Gray’s secret, couldn’t it?**

I would love that, as long as there are no repercussions for her! Chelsea is very nosy, she’s always going to be



# Be more Chelsea!

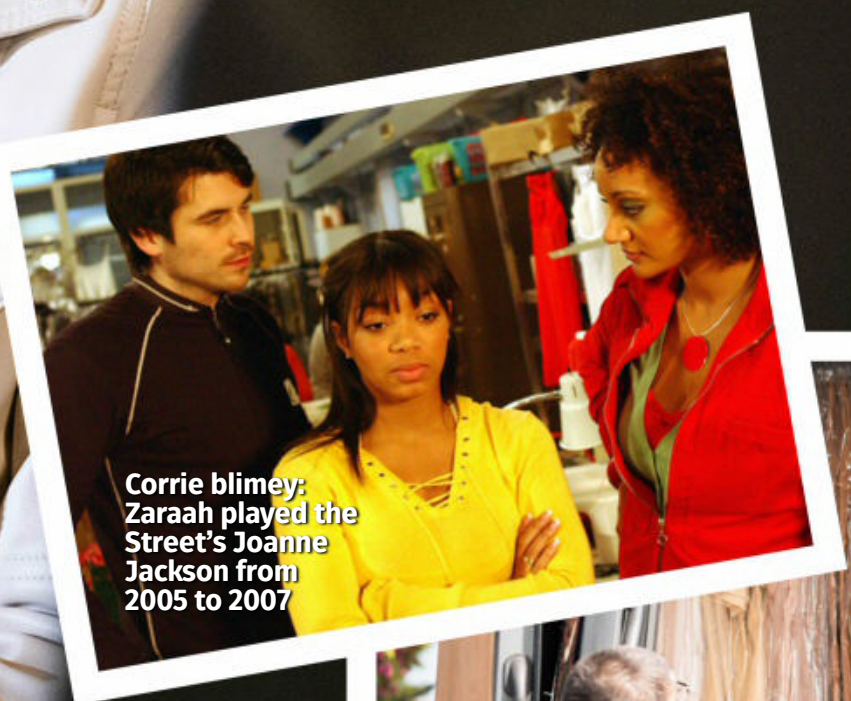
**Zaraah's had an unusual reaction from viewers...**

"The reaction towards Chelsea has been incredible, people love her clothes and her sass," grins Zaraah. "Everyone's really supportive, and they're all rooting for nothing to go wrong between her and Gray – people have messaged me saying, 'No, stay away from him, please don't go there!' They're protective of her, and find her quite funny."

"A lot of people have also said that they wish they could be more like Chelsea, a bit more selfish and able to go for what they really want," adds the star. "It's been a very nice response, and I'm especially grateful that people have warmed to me playing her."



PHOTOS: REX / SHUTTERSTOCK



**Corrie blimey:** Zaraah played the Street's Joanne Jackson from 2005 to 2007



**Chelsea power show:** Denise's strong-willed daughter has made her mark since returning to Walford

investigating because she's quite a selfish person. So I think she will always be up in any of her boyfriends' business. But if she found out about Gray, that would be very explosive!

**Chelsea also takes him to look at some knock-off dresses! Is that a bad idea when he's a lawyer?**

No, Chelsea thinks she's invincible! She thinks that her going out with a lawyer means that nothing can happen to her, so she doesn't worry about that at all. She's a bit blindsided by the money and the high-flying lifestyle.

**How does Chelsea compare with other characters you've played?**

My character in *Waterloo Road* [Michaela White] was a bit feisty and bitchy as well, so they're quite similar. But I'd say that Chelsea gets into more trouble than anyone else I've played! She gets to say things that I would never say in a million years, so my cheeky side has the chance to come out, and I can blame it all on Chelsea! I really love playing her.

**Who in the *EastEnders* cast are you most enjoying working with?**

I love working with Di [Parish] and Tameka [Empson], who play my mum Denise and my auntie Kim. When I see

that I have scenes with them, I'm just like, "YES!" They're so much fun. But I've actually had a few scenes recently with cast members who I've never worked with before, and that's been really nice as well. I love that Chelsea gets to mix with so many different characters on the Square.

**You've done both *Corrie* and *Waterloo Road*, so was it a no-brainer accepting a role on *EastEnders*?**

It's *EastEnders*, one of the most iconic shows in the UK – it really is amazing! It's always going to feel like home to me, being in this sort of show. Then when I got to know more about the character, I was over the moon. It's a blessing, and I feel so incredibly lucky.

**Sarah Ellis**





Royal approval: The Queen met the Corrie cast when she visited the set

**B**ecoming a first-time parent is hard enough at the best of times, let alone when you've agreed to bring up a baby with your ex-partner, who's clearly still in love with you! It's a lesson that Michael learns the hard way this week, after he jumps into bed with his former girlfriend Grace, then has to deal with the fallout the following morning, as he wakes up full of regret...

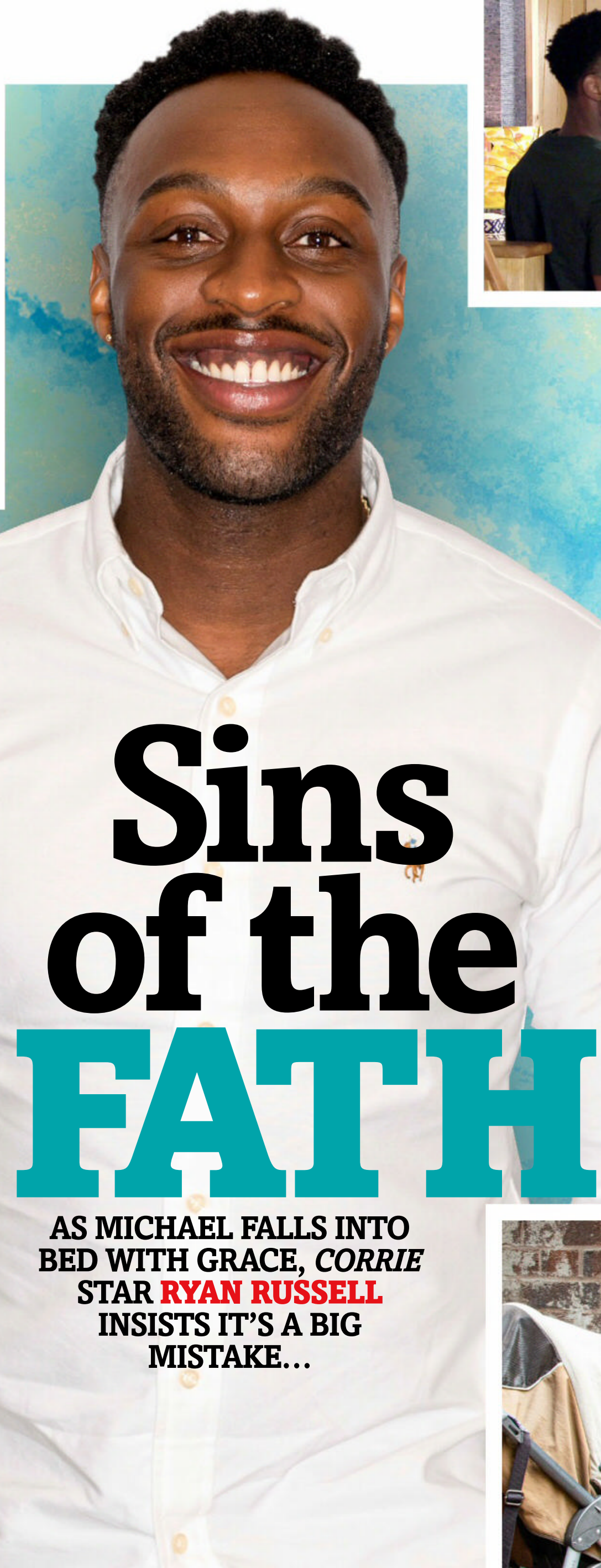
"Michael's completely oblivious to the fact that Grace is still in love with him!" insists Ryan Russell, who plays him. "With everything that's going on this week [see p18], his head is all over the place and he wants some comfort. At that time it seems the right thing to do, but he certainly realises the next day that it does complicate things! I don't think his heart is in it."

While Michael is head over heels in love with his baby daughter Glory, it's no surprise that he can't see himself in a serious relationship with Grace again. She lied to him that Tiana was his daughter and broke his heart, and Ryan insists there's no way back for them as a couple.

"In the back of his head he's worried that she might hurt him again," he reveals. "They have Glory together, and they would both like to build a solid family unit for her, but it's a very tricky situation. It's hard to see it working romantically between them now."



Dilemma: Will Michael let Grace know how he really feels?



# Sins of the FATH

AS MICHAEL FALLS INTO BED WITH GRACE, *CORRIE* STAR **RYAN RUSSELL** INSISTS IT'S A BIG MISTAKE...





The morning after: Grace is all smiles, but Michael regrets sleeping with her

“But Michael’s really enjoying being a dad, it’s given him some focus,” adds Ryan. “He’s become so much more protective of his friends and family, and he feels a pressure to provide, and make a better life for Glory.”

Michael may be smitten with his little girl, but Ryan is yet to meet the tot playing her! The actor reveals that so far, he’s not actually been able to film any scenes with a real baby.

“There’s a lot of working with dolls, and peering into a pram, pretending there’s a baby inside!” laughs Ryan. “Hopefully that will change soon – I remember working with the little girl who played Tiana, and she was super-cute. It’s nice to have a baby on set.”

But there’s just one thing that trumps having a baby around – a visit from the Queen! And Ryan says it was a very special moment in his life when Her Majesty visited the cobbles recently.

“That was surreal!” he exclaims. “We weren’t sure who it was until an hour beforehand, but we all felt so lucky to meet her. It was incredible to see the car pull up and the Queen step out, then watch her walk down the cobbles. I felt very honoured to have that experience.”

**Sarah Ellis**

# ER!



Glory be! Michael dotes on his baby girl, but frets over her mother Grace

PHOTOS: REX/SHUTTERSTOCK ALPHA

**HOLLYOAKS** | Channel 4 **TUESDAY**

# CHER EXPOSED!

**Hollyoaks** star **Bethannie Hare** tells us her alter ego’s secret is finally out...



Secret to Cher: As her awful behaviour comes to light, will Sylver forgive her?

**A**fter slowly manipulating Mercedes into thinking she was losing her mind and had stolen a baby, Cher’s terrible actions are unveiled this week. But will the teen try to talk her way out of it? Or is the game finally up for the newest McQueen? Bethannie Hare – who plays Cher – fills us in...

**Hi, Bethannie! Tell us about the moment Mercedes confronts Cher over her deceit...**

Peri tells Mercedes that Cher was the one who stole baby Eva – and it clicks for Mercedes that it was Cher driving her mad all along. It’s heartbreaking for Cher, as she knows she’s about to lose her whole family. It’s the worst moment of her life.

**Is Cher more worried about what her dad (Sylver) will think of her?**

That’s why she’s so upset. The reason behind all of this was that she wanted her dad back. Cher got carried away with the lies and it all got so much darker than she thought it would.

**Can Cher turn to anyone?**

She thinks she can confide in Romeo, but his head isn’t in the right space – he likes Mercedes anyway! The secret about their fling is sure to come out, and it could send Cher on a downward spiral...

**So it might descend into a dangerous situation for her?**

Definitely! Cher is very impulsive, she’s struggling with her mental health. She’s so lonely and things are all piling up for her...

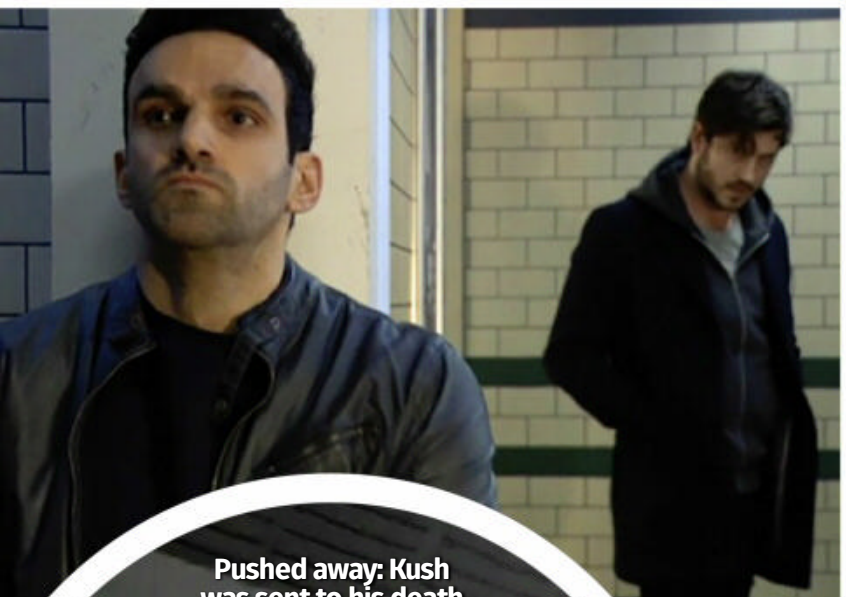
**Have you enjoyed playing out the mean side of Cher?**

It’s so much fun, as I’m so different in real life, obviously! And I’ve learned lots from Jen [Metcalf, aka Mercedes], her character has done a lot of bad in her time. I just watch Jen and how she acts – she’s brilliant.

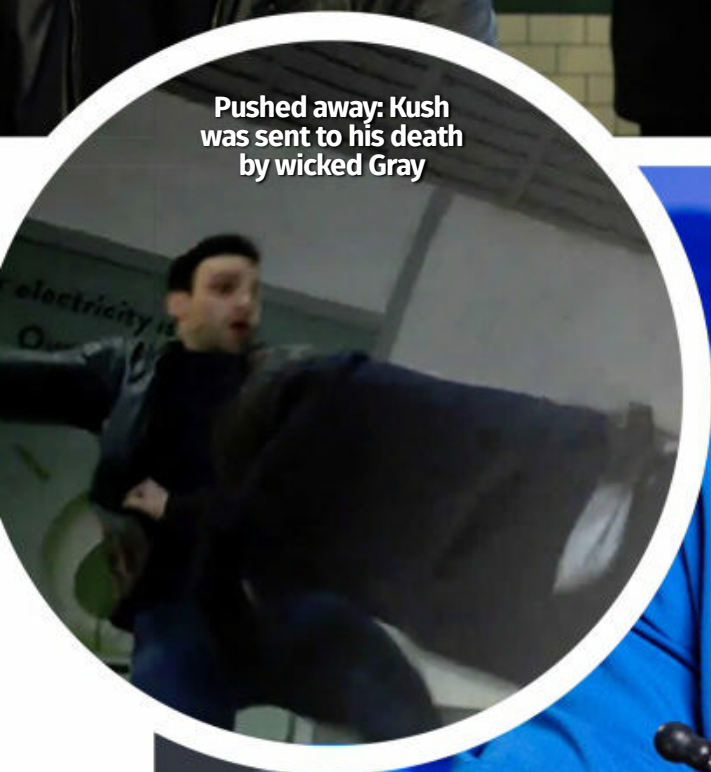
**Alice Penwill**







Pushed away: Kush  
was sent to his death  
by wicked Gray



# New BEGINNINGS!

**DAVOOD GHADAMI** LAYS  
EASTENDERS TO REST AS HE  
JOINS *HOLBY CITY*...



**F**ormer *EastEnders* favourite Kush Kazemi suffered one of the most shocking and brutal exits in the soap's 35-year history back in April, as Walford serial killer Gray pushed him in front of a Tube train!

However, as one door closed for star Davood Ghadami, another opened – literally just across the hall from where *EastEnders* is filmed at Elstree – after BBC bosses invited him to join the cast of *Holby City* to play Eli Ebrahimi.

“There was talk of me moving over to *Holby* as my time on *EastEnders* was ending,” explains Davood, who played Kush for over six years. “I began filming on *Holby* the day before Kush’s death aired on screen, so that certainly helped to soften the blow a little bit!”

Kush’s tragic exit is still a huge talking point for *EastEnders* viewers, and Davood has some thoughts on that – though first we want to know what’s in store on the ward...

### **Congrats on your new role, Davood! What can we expect from Eli?**

Well, he’s an incredibly talented person. Eli’s at the top of his profession as a cardiothoracic surgeon, and is very passionate about his job. His energy is incredible at work, but because Eli is so focused on being the best, he can be a bit awkward. I don’t think he has the social skills for the pub, for example!

### **How will Eli shake up the ward?**

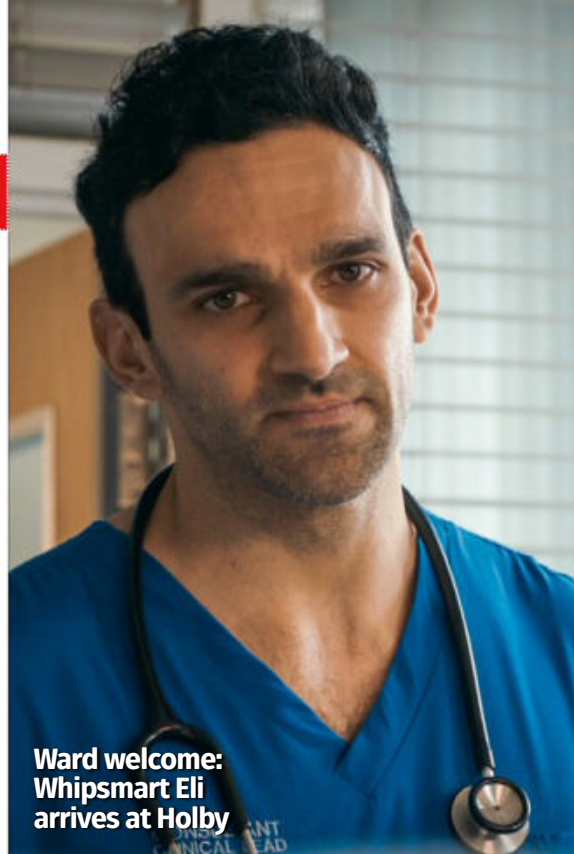
Eli is so high up in his game that he’s creating new systems and new medical ways of working, and he’s pioneering in what he does. There’s a lot at stake for some characters with what Eli is trying to achieve with a new medical trial, and that’s all I can tell you for now...

### **How is it playing a surgeon?**

When you step into that theatre space for the first time, and see what looks like a real heart beating and blood spitting everywhere, it’s a shock! I’m thankful to the medical expert we have on set who showed me how to stitch up my first patient, as without him, I don’t think I’d have survived. Learning the medical lingo was a big concern early on, too, although the cast have all been through it themselves and understand!

### **Will Eli have time for romance?**

He’s married to a very lovely woman, who complements him beautifully,



Ward welcome: Whipsmart Eli arrives at Holby

but they will have struggles in the future. If his domestic life encounters too many challenges, there is always potential for romance on the ward with a show like *Holby City*!

### **Are you braced for being mistaken for a real doctor in public?**

That’s one of my biggest fears, as I don’t know how good I would be in that situation. I’ve heard stories from the cast about experiences that they’ve had if they’ve ever been spotted in a real hospital, and the day before I began filming on *Holby*, I managed to dislocate my shoulder. Under different circumstances I’d have loved to have chatted with a few people, but half my arm was hanging off!

### **Let’s talk Kush. How did you feel about being killed off on *EastEnders*?**

As exits go, it was hopefully very memorable! I know it was different

and unexpected, certainly in the way that it was done, and there was a finality to it. It’s not as if we’re sitting here now wondering if Kush will come back, as that would mean in three different pieces! I’ll miss him – I’m not going to lie – but it’s been nice to put those six-and-a-half years in a box and concentrate on a new character who is very different from him.

### **Have you bumped into your former Walford co-stars in the canteen yet?**

We have the BBC bar at Elstree, so I went and had a bit of lunch with James Bye [who plays Martin] and Louisa Lytton [aka Ruby] just the other day, which was lovely. James has jokingly said that he wants to appear at the back of a *Holby* theatre scene, just so that he can be in the show with me. So, I’m going to have a word with the BBC to see if we can get him in the show before it ends!

**Laura-Jayne Tyler**



Bye for now: Davood can still catch up with his old Walford pals



## **Gray’s ANATOMY!**

**Davood is keeping tabs on Kush’s killer...**

Working just down the corridor from his former *EastEnders* cast mates has an added benefit for star Davood, in that he can keep his ear to the ground for news on how wicked Gray might receive his comeuppance!

“Inevitably a character like Gray has to end, and that’s what the audience wants,” grins the actor. “It’s going to be interesting to see if how Kush really died is ever discovered, and I may even find out ahead of everyone else. I’ll probably get told over lunch at the BBC bar!”





**A**s the village vicar, **Charles** is often expected to have all the answers – but how will **Kevin** fare when responding to your tricky reader questions?

**“Can you tell us what your *Emmerdale* audition was like?”**

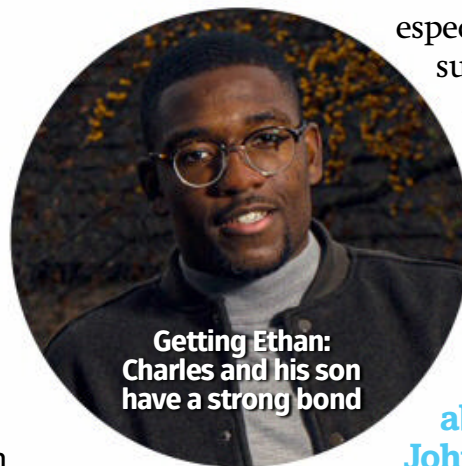
Well, it was very stressful at first. I had to do a self-tape, filming myself from home. Luckily, I have a friend and fellow actor called Paul McQuaid who lives locally, and he was happy to assist. His advice and direction

was very helpful in making character choices, and picking the best clip to send back to the show. I am really grateful to him for that help.

**“What was your *Emmerdale* audition like?”**

**“Charles seems to be a natural as a vicar – how would you fare in the job?”**  
I don’t read as much as I should, so if I was looking through the Bible or delivering a sermon, I’d find it hard to keep my concentration. But I do live a peaceful life nowadays, and I’d say that I’m a good listener.

**“What’s the best thing about filming in the *Yorkshire Dales*?”**  
The countryside is beautiful. When you’re from a city as busy as London, it’s a great getaway to go there,



Getting Ethan: Charles and his son have a strong bond

especially in the spring and summer. The winter is just as nice, although that’s definitely when you need long johns!

**“Ethan and Charles seem very close – but what would you say is the best thing about having Emile John [who plays Ethan] as your screen son?”**

Emile is a very positive dude. He’s funny and superbly talented, and I really enjoy our scenes together. His enthusiasm is quite infectious – because this is Emile’s first job since leaving college, he is very much living every moment. And as an old codger, I’m living through him!

**“What do your wife and children make of Charles?”**

My children just see Daddy. But my daughter is more excited about the fact that I now have a ‘blue tick’ [which indicates a verified account] on Instagram! My wife Nikki likes what I’ve done with the role. Charles is natural, warm and occasionally



Vic on the uptake: Charles has settled in well in the Dales





**Fletch appeal:**  
Holby star  
Alex is one  
of Kevin's  
best pals



**Tate of affairs:**  
Charles and Andrea  
are fond of one  
another



**Walter great role!:** Kevin worked on  
Disney flick *The One And Only Ivan*  
alongside A-lister Bryan Cranston

cheeky – and those characteristics are all a part of me.

**“What’s been the most embarrassing moment that you’ve had on set so far?”**

Well, on my first day on set I kept calling Dominic Brunt – who plays Paddy – ‘Duncan’!

**“If you could cast any actor to appear in *Emmerdale*, who would it be and why?”**

Good question! I’ll be cheeky and select a few. Alex Walkinshaw, who plays Fletch in *Holby*. We went to school and college together, and he’s like family. I’m so proud of what he’s achieved in his career, and it’d be brilliant to work with him. Also, Paul McQuaid, who I mentioned helped me get the role of Charles. I’d love to pay him back. And Scarlett Johansson...because it’s Scarlett Johansson. Sorry, Nikki!

**“What do you think of Charles and Andrea as a couple?”**

Andrea is a beautiful and strong woman. She has been so helpful,

honest, empathetic and upfront with Charles.

He’s smitten, and can’t believe his luck! Anna Nightingale makes the scenes very easy to get through because off screen she has very similar traits.

**“What’s been your most exciting acting job?”**

acting work – I’ve been a barman, a hotel doorman, and a night porter.

**“*Emmerdale* aside, what’s been your best acting job?”**

I was in the 2020 Disney movie *The One And Only Ivan* [which

tells the true story of a captive gorilla]. Working with [*Breaking Bad* star] Bryan Cranston was a brilliant experience.

**“What do you like to get up to in your spare time?”**

I listen to music and read graphic novels. I also go to the gym, and watch a lot of TV – I’ve just finished the final season of [police drama] *Bosch*.



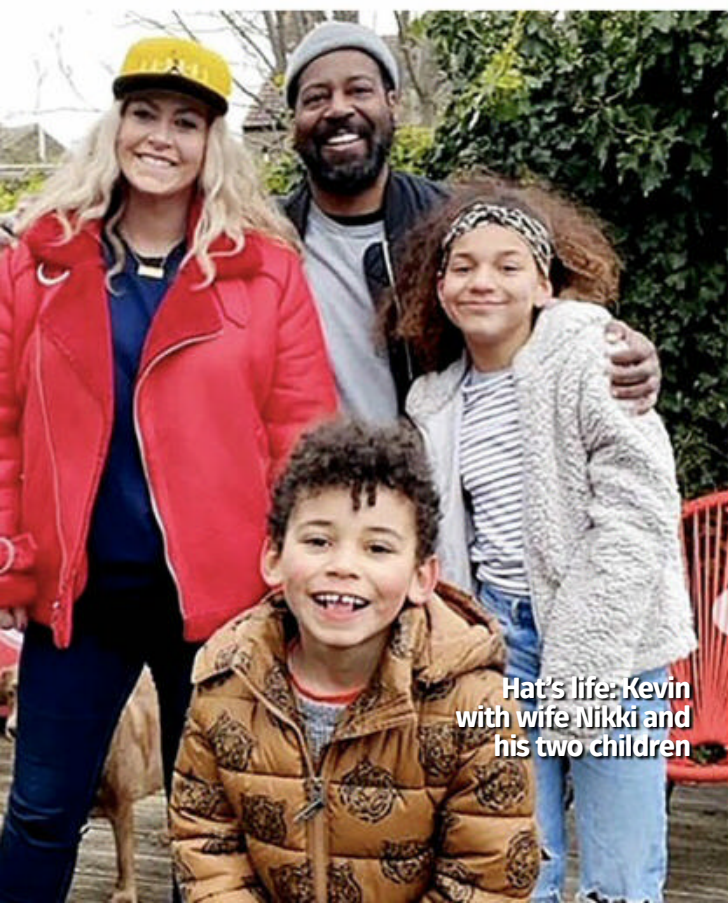
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**“How does your style compare to Charles?”**

...asks reader **Jill Hope**  
from Knutsford

**£20**  
*Question winner!*

The *Emmerdale* wardrobe department has been amazing throughout. They saw how I dress in real life, and actually styled Charles quite similarly to me so I felt comfortable. I would definitely take some of Charles’ clothes home if I had permission!



**Hat’s life:** Kevin  
with wife Nikki and  
his two children



Every week, we put your questions to a star of the soaps. Look out for requests on our Facebook page, or email your questions to [youask@insidesoap.co.uk](mailto:youask@insidesoap.co.uk), putting the actor’s name in the subject line. Our favourite question each week will win a **£20 prize!**



# STAR Watch!

The **LATEST** stories, your **FAVOURITE** stars...

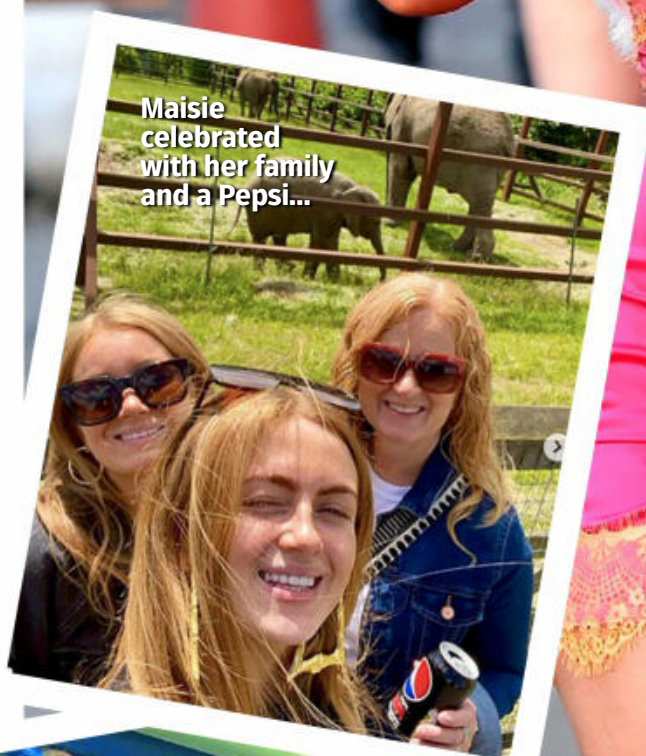
## Birthday bonanza!

### EASTENDERS STAR MAISIE CELEBRATES HER 20<sup>TH</sup> BIRTHDAY...

**N**ow *this* is the way to celebrate your birthday in style! Her special day may have fallen just before all restrictions were lifted, but Walford star **Maisie Smith** – aka Tiffany – didn't let that stop her having the best birthday celebrations ever!

The 20-year-old star donned a stunning hot pink dress and fairy wings for a night out on the town with her pals, declaring herself to be "Tinker Bell's evil twin sister"! The actress had a party bus take her and her entourage to East London, where she was sadly forced to cut the night short, revealing that she was "disgusted" with the way staff at the bar had treated her party.

Luckily for Maisie, the celebrations didn't stop there, as mum **Julia** and sister **Scarlett** joined her for a much more sedate trip to an elephant sanctuary in Kent. Maybe these are the kind of party animals you should stick with in future, Maisie...



Maisie celebrated with her family and a Pepsi...



...but something a little stronger was enjoyed while on her party bus with pals



PHOTOS: BACKGRID, GETTY, INSTAGRAM/ALANHALSALL, INSTAGRAM/DEANGAFNEY, INSTAGRAM/LOUISASTRILYTON, INSTAGRAM/MAISIESMITHOFFICIAL





## BABY NEWS!

**C**ongratulations to former *EastEnders* star **Dean Gaffney** (Robbie Jackson), who's become a grandad at the age of 43!

Dean proudly announced the news on his Instagram account that his daughter **Chloe** had given birth, and shared this adorable snap of him holding his new granddaughter **Mimi**. Dean himself became a dad to Chloe and her twin sister **Charlotte** when he was 19.

Meanwhile, current *Square* star **Louisa Lytton** (Ruby) has been preparing for her own impending arrival by completing a baby first aid course. Louisa and fiancé **Ben Bhavna** are due to welcome their first child together later this summer, and clearly want to be as equipped as possible!



**W**e all know how excited the cast of *Corrie* were to welcome **Queen Elizabeth II** to the Street recently – but it would seem that one member of the cast was more interested in taking a picture with the monarch's motor than in meeting Her Majesty! **Alan Halsall** (Tyrone) posted this snap of him next to the royal Bentley, quipping: "Slightly different from the cars I am used to seeing on the cobbles. Gave it a full service and MOT – one happy customer!" We're sure the Queen was delighted with his work...



**I**t's great to finally see some of our favourite stars out and about, and enjoying some VIP events once again! Former *EastEnders* actor **Ross Kemp** (Grant Mitchell) was delighted to be able to take his sons **Oliver** and **Leo** to a special screening of new movie *Space Jam: A New Legacy* in London. The boys even got to shoot some hoops. What a fun day out!





# STYLE Watch!

## Sam Frost

### HOME AND AWAY'S JASMINE

Whether you're holidaying at home or abroad, take beach glam to the next level like Sam...

**£26**  
**Oliver Bonas**

This sophisticated fedora will keep the heat off your head.



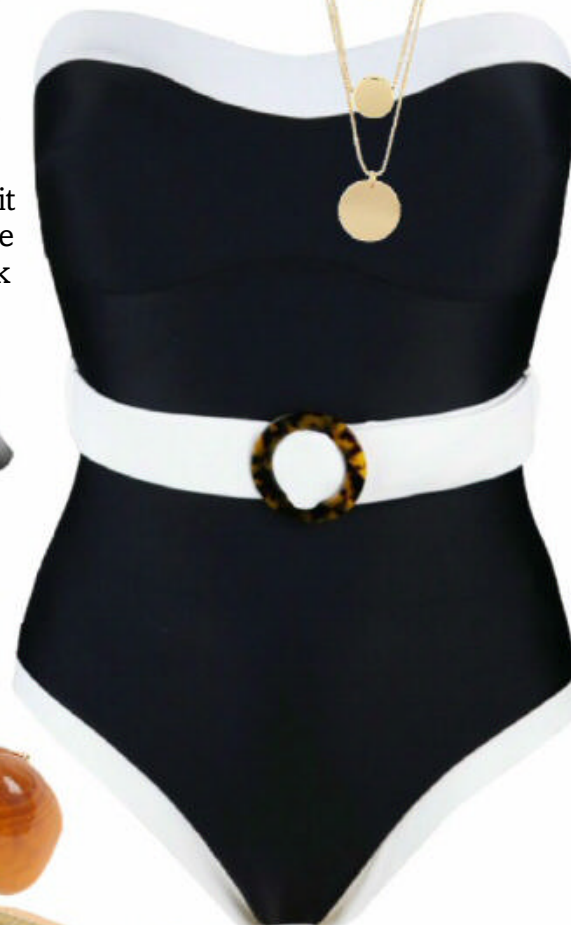
**£8**  
**Accessorize**

Add elegant finishing touches to your look with this delightful disc pendant.



**£49**  
**Pour Moi**

This classic belted swimsuit with removable straps will look chic on the beach.



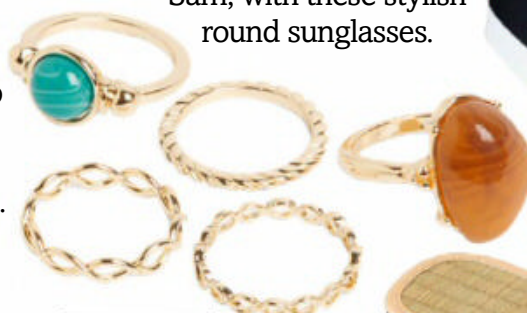
**£9.99**  
**H&M**

Keep sun (and sand!) out of your eyes like Sam, with these stylish round sunglasses.



**£6**  
**Monki**

Add a little pop of colour with these coloured gemstone rings.



**£3.99**  
**Quiz**

Don't forget a scrunchie to keep tresses from getting tangled when having fun in the sun.



**£12.50**  
**Accessorize**



These plaited sandals are perfect for the beach or pool.

## BEAUTY BOX

Celebrate National Marine Week (24 July to 8 August) and the wonders of the ocean with these treats...



**1**

**Bumble and bumble Surf Foam Wash Shampoo**  
Get beach texture (without the beach) with this blend of sea botanical and volume-enhancing shampoo.

**Lush Melusine Bath Bomb**

Bathe like a mermaid with this bath bomb containing bergamot oil and softening sea salt.

**2**



**3**

**TONYMOLY I'm Seaweed Mask Sheet**

Get that ocean-fresh feel with this mask containing seaweed extract that cleanses, detoxes and brightens skin.



**4**

**Molton Brown Coastal Cypress & Sea Fennel Bath & Shower Gel**  
Dive into a world of invigorating scents with this aromatic body wash of Australian sea fennel and salted cypress notes.



**7-DAY**  
DIGITAL &  
ON-DEMAND  
GUIDE

# INSIDE TV

*Edited by  
Allison Jones &  
Tom Spilsbury*

/ Your **brightest** guide to the box... /

*Pick  
OF THE  
WEEK!*

**TAKE OFF WITH BRADLEY & HOLLY** | BBC1 SATURDAY

# HAPPY HOLLY-DAYS!

**HOLLY WILLOUGHBY AND BRADLEY WALSH**  
ARE HOPING TO SEND SOME MORE  
LUCKY WINNERS OFF ON VACATION...

*Rules of  
engagement*

*You spin  
me round*

*Bring us  
sunshine*

*Keep on  
walking*



KING GARY



MICHAEL MCINTYRE'S  
THE WHEEL



MORECAMBE & WISE:  
THE LOST TAPES



CHRIS PACKHAM: THE  
WALK THAT MADE ME



# LET'S FLY AWAY!

**BRADLEY WALSH AND  
HOLLY WILLOUGHBY ARE  
SENDING MORE LUCKY  
WINNERS OFF ON HOLS...**



Flying start: Holly steers the contestants in the right direction for a win

**B**ack at Christmas 2019, Bradley Walsh and Holly Willoughby hosted a one-off edition of this show, and it proved so popular that BBC bosses commissioned a full series. Then, you-know-what happened, and a primetime game show where people win exotic holidays while everyone was stuck at home wouldn't quite have worked. Thankfully, as we hopefully start to finally come out of the dark, *Take Off* has been put back on the green list...

"You can win amazing trips to incredible destinations," explains Holly. "So it will be

great escapism for everyone right now."

"It's about time families had a holiday!" adds Bradley.

However, in order to win the holiday of a lifetime, the players need to get through a number of different rounds...

"I really like Guesstination," shares Holly, when asked about her favourite. "The one with the conveyor belt. It's always a bit tenuous between what comes along, and the country you're trying to guess."

"I love Standby Seats – the end game," chimes Bradley. "You never quite know who you're getting out of the audience. And using the departure and arrivals board is a unique way to play the games. I love all that."

After the first run of *Take Off* initially stalled on the runway, Bradley and Holly are clearly delighted to finally be making this series. So, how have the

pair found working with one another this time round?

"Nightmare!" chuckles Holly. "No, it was lovely. We first worked together on the panel show *Play To The Whistle*. We had a great time on that, so it was really nice to be together again – although Bradley does need reining in slightly!"

"It's always great working with Holly," cheers Bradley. "And I'm not just saying that because she's my mate."

"Would you go so far as to say it's a career high?" wonders Holly.

"I wouldn't go *that* far," laughs Bradley. "But I would say that, certainly as live television goes, Holly is an unsurpassed master at it."

And if our hosts could win a holiday for themselves, where would they like to jet off to?

"The Maldives for me," replies Holly. "To go away to a tropical paradise, warm

seas, away from everything. That would be ideal."

Bradley, however, has a very different response...

"If the weather was lovely all the time, then England, Wales, Ireland and Scotland would be sensational," he explains. "But you just can't rely on the weather, so that's why people go away. For me, I love going to Walt Disney World in Florida. I go there for



**“GOING ON *HOLIDAY* NOW WILL BE  
MORE *EXCITING* THAN EVER” HOLLY**





about two weeks and go mad around the parks every day.”

“Going on holiday now will be more exciting than ever,” adds Holly. “We’re almost there. I think this is the best time for our show to go out.”

“I agree, it couldn’t come at a better time,” nods Bradley. “It’s been tough for everyone, so I hope this show brings people a little bit of joy...”

**Tom Spilsbury**



**Brad behaviour:** Holly does her best to rein in co-host Bradley at times!



**A**s Michael completes his scenic trip across wondrous Wales this week, here, he stops off to share with us the TV shows he loves to ‘cwtch’ up to...

**What have you been most enjoying watching on telly recently?**

I really enjoyed *Mare Of Easttown*, it was just so gripping, and Kate Winslet was sensational in it – as was Ewan McGregor in *Halston*, that’s a brilliant series. I also really love superheroes, so I’ve been working through all the Marvel films again on Disney+.

**What about comedy shows?**



Some you Winslet: *Mare Of Easttown* was a TV highlight

I will always watch anything Victoria Wood has done, because I love the bones of the woman: she is the funniest. I also really enjoy

American comedies – I thought Ted Danson was brilliant in *The Good Place*.

**What were your favourite shows when you were growing up?**

I was completely obsessed with [1960s espionage thriller] *The Champions*, but the first programme I ever saw in colour on television was *Wacky Races*! I also watched all the typical Saturday night TV, like *Morecambe And Wise* and *The Generation Game*.

**Was there also a kids’ cartoon you particularly loved?**

I loved all the Gerry Anderson series. *Joe 90* was the reason I wanted to wear glasses when



As seen on TV: Michael views Victoria Wood as a comedy legend

I was growing up, because that was how he got his special powers!

**What’s your favourite programme to relax and unwind in front of?**

At the moment, I come home from the theatre after performing in *Hairspray*, pour a drink and watch *Love Island*. I’m a long-time fan. It’s really addictive and perfect after a day of being on stage!

**Is there a particular TV personality who’s always inspired you?**

For me, the most inspiring people are those amazing entertainers who work across all genres – primetime telly, theatre, singing, acting: like Bruce Forsyth did, for example. But also, again, I’d say Victoria Wood. At a time when there were no female comedians, she was writing, starring in and producing the funniest comedy that truly stands the test of time.

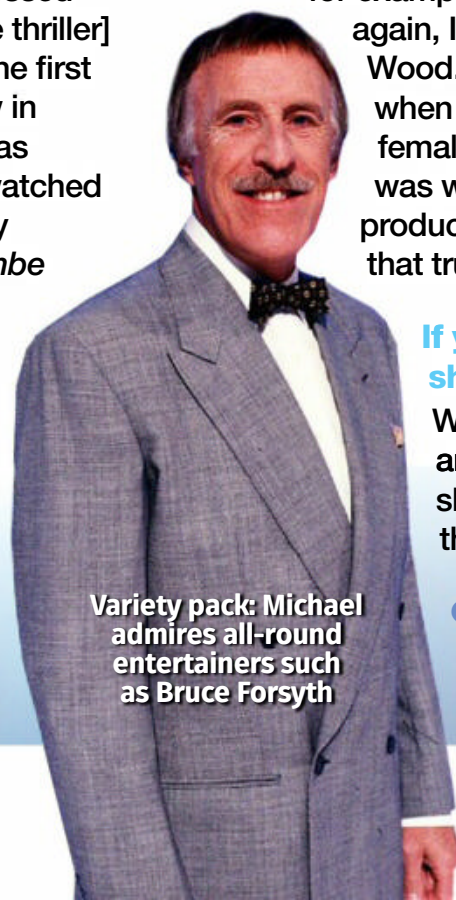


Specs appeal: *Joe 90* was a childhood fave

**If you could be in any other show, what would you pick?**

What I want to be in more than anything is *Doctor Who* – they should do a musical episode, then I can star in that!

● **Michael Ball’s Wonderful Wales is on Channel 5 Friday, and on My5**



Variety pack: Michael admires all-round entertainers such as Bruce Forsyth



**KING GARY | BBC1 FRIDAY**

# WEDDING -DONG!

**TOM DAVIS AND LAURA CHECKLEY GIVE US THE GOSS ON THE KINGS' NEW DOMESTIC DRAMZ...**

**T**here's a *lot* going on at Gary and Terri's gaff, as the comedy returns for a second series this week. There's their wedding to plan, a fledgling business, a nasty new neighbour... and a skip. And it's the latter causing Gal the biggest headache, as he's let his fellow Butterchurn

Crescent residents dump their junk in there, too. Tom Davis and Laura Checkley, who play the hilarious pair, tell Inside TV what's in store...

**Hi, both! Just how much of the events in this series are inspired by your real lives?**

**Tom** My wife is terrified that our neighbours are going to think it's about them! But I did get a skip, and someone put a mirror in the bottom. That is *the* most selfish thing to put in, because someone's going to break that mirror, right? And then *they'll* get that curse of seven years' bad luck!

**Laura** I recently got engaged,

so I'm planning a wedding. It's already a headache, so I can totally relate to that!

**Talking of wedding plans, the final two episodes bring us Gary and Terri's fairy-tale ending: where was it filmed?**

**Tom** It's funny – we were going to film in Portugal, then Covid hit, so we had to tailor it. Then the pandemic got even worse,

and, in the end, we filmed it in Newcastle, so we had to rewrite the scripts. Actually, I think it made everything work that little bit better, having it in England: it's of its time. But the main thing is about that bond between Gary and Terri. **Laura** For me, all the best comedies, like *Only Fools And Horses*, have heart, and you get those lovely moments that



Dirty business: Gary's dad has his own problems with a fouling feline



Champagne super-noser: Gary and Terri garner inspo for their impending nuptials



**MICHAEL McINTYRE'S THE WHEEL | BBC1 SATURDAY**

# SPORTING CHANCE!

**MICHAEL McINTYRE TAKES US FOR ANOTHER SPIN WITH A THREE-PART SUMMER OLYMPICS SPECIAL...**

**A**head of a full series later in the year, this three-part special sees host Michael McIntyre take another turn on the rotating question-selector – this time, with added puzzlers on an Olympics theme, to coincide with the Summer games. Among the seven celebs revolving and solving each week will be one sports-based star...

"We have a sports expert and category on the Wheel each week, such as Claire Balding on the Olympics and Greg Rutherford on London 2012," explains Michael. "Then the rest of the Wheel is filled with an array of celebs, including Anton Du Beke on dancing, Rob Rinder on law and Nigel Havers on theatre."

And Michael reckons he might have a better chance





just get you. I think this series has that in abundance.

**We absolutely love your characters' wardrobes...**

**Tom** All of Gary's clothes are either very tight or non-existent! I love the dressing gown, that's really comfortable. The worst was in the wedding in episode five, in the shooting gear. I had to jump into a pool, but no one told me how heavy tweed gets when it's soaking wet!

**Laura** I think the looks this series have really stepped up. Terri has this business on the go, so I placed this little jacket on my shoulders and instantly I became 'Bizzo Tel'!

**Were there any really funny moments during filming?**

**Tom** One was in a Toby Carvery – it was all real food on the plates. We were warned to go easy, as we'd potentially have to do the scene 30 times. But we didn't listen, and we had turkey, roast potatoes – Laura had about seven sausages...

**Laura** I had 15 chipolatas, actually! And I thought it'd be funny if Terri just put a load of salt on it, over and over again...

**Tom** And within about half an hour, I was like, "Oh, my God, I forgot about the indigestion!"

**Lynn Gibson**

of being right with these newly added topics...

"I think my extraordinary lack of general knowledge has helped with the drama of the show!" chuckles the comedian. "But sport is my best subject, for sure. If I was a contestant, I'd pick anything to do with sport first, then rely entirely on the experts for the remainder!"

And were he ever to compete in the Olympics, Michael knows what his chosen sport would be...

"Dressage," he grins. "Just so I can sit there, on my phone, while the horse does its thing!"

**Lynn Gibson**



## CHRIS PACKHAM MAKES A PERSONAL AND EMOTIONAL JOURNEY THROUGH HIS PAST...

**CHRIS PACKHAM: THE WALK THAT MADE ME | BBC2 WEDS**

**H**aving shared his expertise and enthusiasm for the natural world for many years, Chris Packham is admired and respected – particularly for his great work on the hugely popular series *Springwatch* and *Autumnwatch*.

While his latest programme is just as fascinating and educational as previous projects, it also has a personal message stitched within – as walking the path he trod so often as a child allows Chris reflect on the difficult memories of growing up with undiagnosed Asperger syndrome...

"This is a film about an important walk to me," reveals the naturalist, photographer, conservationist and campaigner, as he introduces the poignant hour-long special. "I'm following in my distant footsteps on a path where I grew up, where I really cut my teeth as a naturalist, and had plenty of time to think about the world."

We accompany Chris on this stunning walk, starting out near Eastleigh and winding along the River Itchen, finishing outside Winchester Cathedral. Filmed in real-time with a hand-held, 360-degree camera, the fascinating trail allows Chris to showcase the wildlife he's enjoyed since childhood on walks with his dad, Colin, and introduce the locals he encounters along the way.

Revelling in the beautiful colours, sights, sounds and smells of the Hampshire

countryside, Chris unveils his memories – and while most are warm and charming, not all are recalled fondly. There are emotional moments as he's honest about his mental health, admitting just how life-changing his love of the natural world has been, hoping that his candour might help others...

"I'm fortunate to have found a way through those troubles," explains Chris, who was awarded a CBE for his services to nature conservation in 2019. "Now, hopefully, I'm able to articulate some hope for those who find themselves in a similar place. If you know someone who's in trouble, help them to sort it out. Suggest a bit of 'natural health' – a walk on a sunny spring day..."

**Allison Jones**



Tinged in the willows: Chris takes a nostalgic walk through the woodland of his hometown



# INSIDE TV SATURDAY 24 July

## BBC1

**6.00 AM Olympic Breakfast Day One – 3:** Dan Walker and Sam Quek present further coverage of day one from Tokyo, including the first-ever mixed team archery event at Yumenoshima Park Archery Field from 8.45. (S) **9.00 Olympics 2020 Day One – 4:** Hazel Irvine and Gabby Logan present continued coverage from Tokyo, where the men's cycling road race concludes at Fuji International Speedway. (S) **1.40 PM BBC News/Weather** (S) **1.55 Olympics 2020 Day One – 5:** Hazel Irvine and Gabby Logan present further coverage from Tokyo, where medals are decided in fencing, judo and Taekwondo. (S) **3.00 Olympics 2020 Day One – 6:** Jason Mohammad recaps on all the best of the action from the opening day of the Olympics, including a round-up of the hockey and football. (S) **5.40 BBC News** The latest headlines. (S) **5.50 Regional News/Weather** (S)



10.30pm Lady Bird

**6.00 Take Off With Bradley & Holly** New series. Bradley Walsh and Holly Willoughby host the show which offers members of the audience the chance to win a holiday. (S) **See p60**

**7.00 Olympics 2020: Today At The Games Day One:** Clare Balding, Alex Scott and guests look back over the opening day of the Olympics, with reports and reaction on all the big stories. (S)

**8.30 Michael McIntyre's The Wheel** New series. The famous faces helping the participants this time around are Clare Balding, Anton Du Beke, Edith Bowman, Rob Rinder, Lady Leshurr, Dr Xand Van Tulleken and Alex Beresford. (S) **See p62**

**9.35 Casualty** Special episode of the drama that presents its story in a style that plays with time. The programme follows Jacob through the course of a day, during which he constantly tries to find the right way to handle his relationship with Tina. (S)

**10.15 BBC News/Weather** (S) **10.30 Lady Bird** An artistic teenager has a difficult time growing up in California. Comedy drama, with Saoirse Ronan. (Cert 15, 94 mins. 2017) (S) ★★★★★

**12.00 AM Olympics 2020 Day Two – 1:** JJ Chalmers presents coverage of the opening action from day two in Tokyo, including four swimming finals at 2.30, 2.54, 3.12 and 3.42. (S) **4.00-6.00 Olympics 2020 Day Two – 4am:** Dan Walker and Sam Quek present further coverage of day two from Tokyo, where Jade Jones is expected to be involved in the Taekwondo quarter-finals. (S)

## BBC2

**6.35 AM Wild & Weird The Wedding Show** (R/S) **6.50 The Engineers Cycling Den** (R/S) **7.20 Marrying Mum And Dad Day Of The Dead** (R/S) **7.50 Blue Peter KSI Earns His BP Badge!** (R/S) **8.20 What's Cooking Omari? Omari's Cosy Macaroni.** (R/S) **8.30 Deadly Dinosaurs With Steve Backshall Secret Skills** (R/S) **9.00 Orbit: Earth's Extraordinary Journey** (R/S) **10.00 Saturday Kitchen Live 24/072021.** (S) **11.30 A Cook Abroad: Tony Singh's India** (R/S) **12.30 PM Life In The Air Crowded Skies** (R/S) **1.30 The Best Dishes Ever Winter Warmers** (R/S) **1.40 Olympics 2020 Day One BBC2:** Hazel Irvine and Gabby Logan present further coverage from Tokyo. (S) **1.55 The Hundred Trent Rockets v Southern Brave: Men's:** Trent Rockets v Southern Brave (start time 2.30pm). (S) **5.30 Richard Osman's House Of Games** (R/S)



7pm RHS Flower Show Tatton...

**6.00 Japan With Sue Perkins** Part one of two. Sue embarks upon a trip around Japan, exploring a nation caught between the demands of the future and a traditional past. (R/S)

**7.00 RHS Flower Show Tatton Park** Carol Klein discovers the 'plants with passion' on display in the floral marquee, while Frances Tophill takes a look around a rewilding garden, where nature becomes lead designer. (S)

**8.00 Dad's Army The Lion Has Phones:** Mainwaring gives the platoon a lecture. (R/S) **8.30 Olympics 2020: Extra Day One:** More action from day one, including the men's cycling road race and the latest group fixtures in the women's football. (S)

**9.30 Pavarotti In Hyde Park** Italian tenor Luciano Pavarotti's 1991 free concert to celebrate 30 years in opera, when he performed arias by Verdi, Puccini, Bizet and Wagner for a crowd estimated at 125,000, who turned out despite an incessant downpour. He was accompanied by the 82-member Philharmonia Orchestra and the 120-voice Philharmonia Chorus. (S)

**11.05 FILM Stronger** A man's life changes radically after he's seriously injured in the 2013 Boston Marathon Bombings. Drama based on a true story, starring Jake Gyllenhaal. (Cert 15, 116 mins. 2017) (S) ★★★★★ **12.55 AM FILM Marguerite** Period drama, starring Catherine Frot and André Marcon. (Cert 15, 129 mins. 2015) ★★★★★ **3.05-6.35 BBC News** (S)

## ITV

**6.00 AM CITV 8.25 ITV News** (S) **8.30 Martin & Roman's Weekend Best!** (S) **9.25 James Martin's Saturday Morning** (R/S) **11.35 Cooking With The Stars** (R/S) **12.40 PM James Martin's Islands To Highlands Dorset:** James is joined by fellow chef Paul Ainsworth to explore Dorset. (S) **1.10 ITV News/Weather** (S) **1.25 ITV Racing: Live From Ascot** Coverage of the 3.35 King George VI and Queen Elizabeth Qipco Stakes from Ascot, which follows races at 1.50, 2.25 and 3.00. Plus, races from 2.05, 2.40 and 3.15 at York. (S) **4.00 You've Been Framed!** Comical clips. (R/S) **4.30 Tipping Point: Lucky Stars** With Sam Thompson, Suzi Ruffell and Stephen Mangan. (R/S) **5.30 The Chase Celebrity Special** With Susan Calman, Dermot Murnaghan, Perri Shakes-Drayton and Omid Djalili. (R/S)



8pm The Void

**6.30 ITV News/Weather** (S) **6.45 Regional News/Weather** (S)

**DON'T Miss!** **7.00 Rolling In It** Stephen Mulhern hosts the show in which contestants play a giant arcade machine, with James Martin, Hayley Tamaddon and Omid Djalili helping out tonight. (S)

**8.00 The Void** Ashley Banjo and Fleur East host the game show, with a boxer, a butcher, a part-time model and a scuba diver taking on a wide range of physical challenges for a chance to win £25,000 – while navigating the terrifying prospect of falling into a huge tank of water. (S)

**9.00 Who Wants To Be A Millionaire?** Jeremy Clarkson gives six new contestants the chance to take their place in the hot seat. (S)

**10.00 Quiz** Fact-based drama about Charles Ingram and the *Who Wants To Be A Millionaire?* cheating scandal. Stars Matthew Macfadyen and Michael Sheen. (R/S) **10.55 ITV News/Weather** (S)

**11.15 FILM The Fast And The Furious** An undercover cop infiltrates the world of illegal street-racing in search of a hijacking ring, but starts to question his loyalties. Thriller, starring Vin Diesel and Paul Walker. (Cert 15, 106 mins. 2001) (S) ★★★★★ **1.10 AM Shop: Ideal World 3.00 FYI Extra 3.15 Britain's Brightest Family – Final** (R/S) **3.40-6.00 Nightscreen**

## Channel 4

**6.20 AM Everybody Loves Raymond** (R/S) **7.55 The Simpsons** (R/S) **9.25 The Simpsons** (R/S) **9.55 The Simpsons** (R/S) **10.25 Four In A Bed Bae Abermaw Hotel** (R/S) **10.55 Four In A Bed Rigsby's Guest House** (R/S) **11.25 Four In A Bed The Somerset Arms** (R/S) **11.55 Four In A Bed Cross Keys Hotel** (R/S) **12.25 PM Four In A Bed** (R/S) **12.55 Football: The FA Disability Cup Highlights** (S) **2.00 Live Formula E London EPrix Build-Up 2021 London EPrix Race One Build-Up:** The build-up to the opening race. (S) **2.30 Live Formula E London EPrix 2021 London EPrix Race One:** Coverage of the 12th race of the season. (S) **4.00 Live Formula E London EPrix Reaction 2021 London EPrix Race One Reaction:** Reaction to the opening race. (S) **4.30 A Place In The Sun 2020: Tenerife** (R/S) **5.30 George Clarke's Remarkable Renovations** (R/S)



9pm The Hitman's Bodyguard

**6.30 Channel 4 News** (S)

**7.00 Coastal Railways With Julie Walters** The actress travels from Cardigan Bay to Liverpool, visiting the heritage railway that inspired Thomas The Tank Engine, as well as the fastest zip wire in Europe. Last in the series. (R/S)

**8.00 A Lake District Farm Shop** The service station's product buyers hunt for new and exciting ideas to fill the shelves. Award-winning cheesemakers hope their new goats' cheese will tempt customers. And the station's farm prepares for sheep-mating season. (S)

**9.00 The Hitman's Bodyguard** A disgraced bodyguard is hired to protect a hitman about to testify against the tyrannical president of Belarus at the International Criminal Court in exchange for the release of his wife from prison. Comedy action thriller, starring Ryan Reynolds, Samuel L Jackson and Gary Oldman. (Cert 15, 118 mins. 2017) (S) ★★

**11.25 International Rugby Union Lions v South Africa** (S) **12.30 AM The Lateish Show With Mo Gilligan** (R/S) **1.25 Ramsay's Kitchen Nightmares USA Zocalo** (R/S) **2.15 Couples Come Dine With Me** (R/S) **3.10 Hollyoaks Omnibus** Wedding bells are chiming in the village. (R/S) **5.10 Food Unwrapped** (R/S) **5.35-6.00 Coach Trip: Road To Tenerife** (R/S)



## Channel 5

**6.00 AM Milkshake! 9.55 SpongeBob SquarePants Unreal Estate (R/S) 10.10 SpongeBob SquarePants Mustard O' Mine (R/S) 10.25 Entertainment News On 5 (S) 10.35 Friends The One With The Baby Shower (R/S) 11.05 Friends The One With The Cooking Class (R/S) 11.35 Friends The One Where Rachel Is Late (R/S) 12.05 PM Friends The One Where Rachel Has A Baby – Part One (R/S) 12.35 Friends The One Where Rachel Has A Baby – Part Two (R/S) 1.05 Friends The One Where No One Proposes (R/S) 1.35 Friends The One Where Emma Cries (R/S) 2.05 Friends The One With The Paediatrician (R/S) 2.35 Dream Kitchens & Bathrooms With Mark Millar (R/S) 3.35 Dream Kitchens & Bathrooms With Mark Millar (R/S) 4.35 The Nile With Bettany Hughes** An epic journey through the history of Ancient Egypt. (R/S)



**4.35pm The Nile With Bettany...**

**6.25 5 News Weekend (S) 6.30 Our Yorkshire Farm: Five Years With The Owen Family** Special episode exploring how the Owen children have grown over the past five years, and how their unusual childhood on the family's hill farm has shaped them. Previously unseen footage from past episodes shows Sid and Reuben bonding over a shared love of all things mechanical, and Clemmie growing from a toddler to a farmer. (R/S)

**8.00 The Middletons: Marrying Into The Monarchy** Exploring what really happened when Kate Middleton's family met the royals, looking at how they coped with the rules, the potential gaffes and navigating within the monarchy. (R/S)

**DON'T Miss!**

### 9.30 Meghan At 40: The Climb To Power

A profile of the Duchess of Sussex as she reaches her 40th birthday, considering how she has fought the odds stacked against her. (S)

**10.50 When Magic Goes Wrong** A compilation of illusions that went spectacularly badly. Plus, mishaps featuring famous magicians including Dynamo and Paul Daniels. (R/S)

**12.50 AM Entertainment News On 5 (S) 1.00 The 21.co.uk Live Casino Show (S) 3.00 Entertainment News On 5 (S) 3.10 Casualty 24/7: Every Second Counts (R/S) 4.00 The Yorkshire Vet (R/S) 4.45 Wildlife SOS (R/S) 5.10 House Doctor (R/S) 5.35 Peppa Pig (R/S) 5.40 Milkshake! Monkey's Amazing Adventures (R/S) 5.50-6.00 Milkshake!**



**DON'T Miss!**

**ROLLING IN IT | ITV 7PM**

## Star roll

Tonight, it's the turn of former *Corrie* and *Emmerdale* star Hayley Tamaddon, telly chef James Martin and comedian Omid Djalili to assist a trio of contestants as they roll their supersized coins in (hopefully) the right direction to win an

equally supersized cash prize. Of course, they'll all do their best – even though, as the game show's ever-enthusiastic host Stephen Mulhern admits, there's unfortunately always *someone* who ends up going home empty-handed. Still,

he has a plan to cheer those poor peeps right up...

"Next time, we'll have to get some goodie bags!" he cheers. "*Blankety Blank* used to at least give out a chequebook and pen – but we've not even been able to hug anyone this series!"

**DON'T Miss!**

## Happy birthday?

**MEGHAN AT 40: THE CLIMB TO POWER | Channel 5 9.30PM**



### Regional variations

**BBC2 WALES** as Main BBC2 except: **6.00pm** Pizza Boys **6.30-7.00** Tudur's TV Flashback **8.00-8.30** Iolo's Pembrokeshire **STV** as Main ITV except: **1.25-4.00pm** STV Racing: Live From Ascot **1.10-3.00am** Nightscreen

With the Duchess of Sussex due to celebrate her big 4-0 next month, we'd imagine this supposed 'milestone' occasion might prove somewhat less momentous for Meghan than more recent life events. Since marrying Prince Harry in 2018, the former actress has been caught in a storm of unwanted attention and controversy, eventually pushing the couple to ditch their royal privileges and escape the media glare by decamping to California. As Meghan starts a new chapter, this film looks back at the way in which she's battled through her life so far – and considers whether, as she heads towards her middle years, a 'quiet life' might prove an impossibility...





TREASURES OF ANCIENT GREECE | BBC4 7PM

Alastair Sooke looks at the effect of Greek masterpieces on our culture in the last of this series. Examples include the Aphrodite Of Knidos – the first naked woman in western art; the Horses Of

Saint Mark, which became a pawn in an imperial game, and the Discobolus (aka the discus thrower), which was personally purchased and used as a symbol of Aryan supremacy by Adolf Hitler.

LOVE ISLAND: UNSEEN BITS | ITV2 9PM

Another sesh of the goings-on in the Villa from the past week. Iain Stirling voices exclusive footage of the Islanders, which has already brought us such gems as Faye Winter being unable to recite the alphabet beyond the letter P. Yeah, *that*.



I AM HEATH LEDGER | Sky Documentaries 9PM



This 2017 film celebrates the life and work of Australian actor Heath Ledger, who died in January 2008, aged just 28. The intimate documentary sees those who knew him, such as actor Naomi Watts and director Ang Lee, pay their respects.

Sky Witness

6.00 AM UK Border Force  
8.00 Border Patrol  
9.00 The Real A&E 10.00 Paramedics Australia  
11.00 999 Frontline  
12.00 PM Air Ambulance  
ER 1.00 Stop, Search, Seize 2.00 Nothing To Declare 2.30 Nothing To Declare 3.00 Nothing To Declare 3.30 Nothing To Declare 4.00 Nothing To Declare 4.30 Nothing To Declare 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare A Chinese national is quizzed on his birthplace.  
6.30 Nothing To Declare

7 pm

7.00 Blue Bloods  
Collateral Damage: Frank puts Jamie under house arrest.

8 pm

8.00 Blue Bloods  
Mother's Day: Frank tries to stop a biological-weapon attack.

9 pm

9.00 The Rookie  
Triple Duty: Nolan and Bradford hope they can stop a drug war.

10 pm

10.00 Law & Order: Special Victims Unit  
The Only Way Out Is Through: Benson helps two sisters get closure.

11 pm

11.00 Law & Order: Special Victims Unit  
Choreographed: A woman's death baffles the detectives.  
12.00 AM Law & Order: Special Victims Unit  
1.00 Law & Order: Special Victims Unit 2.00 Blue Bloods 3.00 Blue Bloods 4.00 Nothing To Declare 4.30 Nothing To Declare 5.00 Nothing To Declare 5.30-6.00 Nothing To Declare

Sky Atlantic

6.00 AM Richard E Grant's Hotel Secrets  
Power & Money. 6.55 Richard E Grant's Hotel Secrets Living & Dying. 7.50 Richard E Grant's Hotel Secrets Scandal. 8.45 Richard E Grant's Hotel Secrets VIP. 9.45 Dexter Hello, Dexter Morgan. 10.55 Dexter The Getaway. 12.00 PM Dexter My Bad. 1.05 Dexter Hello, Bandit. 2.10 Dexter Practically Perfect. 3.15 The Sopranos Live Free Or Die. 4.20 The Sopranos Luxury Lounge. 5.30 The Sopranos Johnny Cakes. 6.40 The Sopranos

7.50 The Sopranos  
Moe N' Joe: Johnny Sack's trial begins.

9.00 Game Of Thrones  
Beyond The Wall: Jon Snow and his team go beyond the wall to capture a white walker.

10.15 Game Of Thrones  
The Dragon And The Wolf: Tyrion tries to save Westeros from itself.

11.45 Der Pass When another body is found, detectives Stocker and Winter draw parallels to the first case.

12.50 AM Der Pass 1.55 Der Pass 3.05 Der Pass 4.10 Fish Town 5.05-6.00 Fish Town

Sky One

6.00 AM Monkey Business 6.30 Monkey Business 7.00 Monkey Business 7.30 Monkey Business 8.00 Modern Family 8.30 Modern Family 9.00 Modern Family 9.30 Modern Family 10.00 Supergirl 11.00 The Flash 12.00 PM The Simpsons 12.30 The Simpsons 1.00 The Simpsons 1.30 The Simpsons 2.00 The Women's Hundred Live Northern Superchargers v Welsh Fire (start time 2.30pm). 5.30 The Hundred Live

9.00 Beverly Hills Cop  
A Detroit cop goes to Los Angeles to track down the killers of his friend, who are working for an untouchable drug kingpin. Comedy thriller, with Eddie Murphy and Judge Reinhold. (Cert 15, 99 mins. 1984) ★★★★★

11.00 S.W.A.T. Crusade: Extremists carry out co-ordinated attacks against local businesses.

12.00 AM Breeders 12.30 The Force: Manchester 1.30 Road Wars 2.30 Brit Cops: Frontline Crime UK 3.30 Road Wars 4.00 Highway Patrol 4.30 Highway Patrol 5.00-6.00 Send In The Dogs

W

6.10 AM Disaster DIY  
6.35 The Bill 7.35 The Bill  
8.35 The Bill 9.35 The Bill  
10.35 The Bill 11.35 Tipping Point 12.35 PM Tipping Point 1.35 Tipping Point 2.35 Tipping Point 3.35 Tipping Point 4.40 Billionaire Boy 6.00 Outnumbered 6.40 Outnumbered 7.20 Outnumbered 8.00 Gavin & Stacey 8.40 Gavin & Stacey 10.00 Louis Theroux: America's Medicated Kids 11.00 Louis Theroux: Life And Death In LA Edge Of Life. 12.00 AM One Born: What Happened Next? 1.00 Renovate My Home: Leave It To Bryan 1.25 Renovate My Home: Leave It To Bryan 1.50 Renovate My Home: Leave It To Bryan 2.15 Renovate My Home: Leave It To Bryan 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping  
7.10 Murdoch Mysteries  
8.00 Murdoch Mysteries  
9.00 Murdoch Mysteries  
10.00 Hudson & Rex  
11.00 Hudson & Rex  
12.00 PM Father Brown 1.00 Father Brown 2.00 Miss Marple Murder At The Vicarage. 4.00 The Coroner 5.00 The Coroner 6.00 Inspector Allyn Mysteries Death At The Bar. 8.10 Father Brown The Blue Cross. 9.10 Father Brown The Ghost In The Machine. The priest investigates the disappearance of a parishioner. 10.10 The Coroner The Captain's Pipe. 11.10 The Coroner Life. 12.10 AM Murdoch Mysteries 1.10 Tommy 3.00 Rush 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping  
7.20 Hold The Sunset  
7.55 Miranda 8.35 Jam & Jerusalem 10.50 Only Fools And Horses 11.55 Only Fools And Horses 1.00 PM Only Fools And Horses 2.10 Only Fools And Horses 3.20 Only Fools And Horses 4.40 Only Fools And Horses 5.55 Only Fools And Horses 7.05 Only Fools And Horses 8.15 Only Fools And Horses 9.25 Mrs Brown's Boys 10.05 Mrs Brown's Boys 10.45 Mrs Brown's Boys 11.25 Roger & Val Have Just Got In 12.05 AM Roger & Val Have Just Got In 12.45 Roger & Val Have Just Got In 1.25 Men Behaving Badly 2.00 Men Behaving Badly 2.35 Men Behaving Badly 3.20 Roger & Val Have Just Got In 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping  
8.00 Friends 8.35 Friends  
9.00 Friends 9.30 Friends  
10.00 Friends 10.30 Friends  
11.00 Friends 11.30 Friends  
12.00 PM Friends  
12.30 Friends 1.00 Friends  
1.30 Friends 2.00 Friends  
2.30 Friends 3.05 Friends  
3.35 FILM Bedazzled (Cert 12, 89 mins. 2000) ★★★ 5.40 FILM Twister (Cert PG, 108 mins. 1996) ★★★ 8.00 FILM What Women Want (Cert 12, 127 mins. 2000) ★★★★★ 10.15 Jason Manford Live 11.55 Jason Manford: First World Problems 12.55 AM South Park 1.55 South Park 2.25 South Park 2.55 South Park 3.20 South Park 3.45 South Park 4.10 Everybody Loves Raymond 4.35 Everybody Loves Raymond 5.00-6.00 Teleshopping

Sky Docs

6.00 AM Discovering: Richard Attenborough 7.00 Discovering: John Hurt 8.00 The Directors 9.00 The Directors 10.00 FILM The Kid Stays In The Picture (Cert 15, 93 mins. 2002) ★★★★★ 11.50 My Icon 12.00 PM Exterminate All The Brutes 1.10 Exterminate All The Brutes 2.20 My Icon (Pt1) 2.40 King In The Wilderness 4.50 FILM You Cannot Kill David Arquette (Cert 15, 91 mins. 2020) ★★★ 6.40 Mr Dynamite: The Rise Of James Brown 9.00 DON'T MISS! I Am Heath Ledger 10.50 The Crime Of The Century 1.00 AM FILM Breslin And Hamill: Deadline Artists (Cert 12, 108 mins. 2018) ★★★ 3.00 The Guest Wing 4.00 The Guest Wing 5.00-6.00 The Guest Wing

Sky Comedy

6.00 AM Teleshopping  
8.00 Everybody Hates Chris  
9.00 House Of Lies 9.35 House Of Lies 11.30 Sex And The City 12.10 PM Sex And The City 12.50 Sex And The City 1.30 Sex And The City 2.10 Sex And The City 2.45 Sex And The City 3.20 Sex And The City 4.00 Will & Grace 4.30 Will & Grace 5.00 Will & Grace 5.30 Will & Grace 6.00 Will & Grace 6.30 Will & Grace 7.00 Will & Grace 7.30 Will & Grace 8.00 Will & Grace 8.30 Will & Grace 9.00 Wellington Paranormal 9.30 Wellington Paranormal 10.00 Betty 10.35 Whitney Cummings: I'm Your Girlfriend 11.50 Girls 12.30 AM Girls 1.05 Girls 1.40 Girls 2.15 Girls 2.50 Ballers 3.25 Ballers 4.00 Everybody Hates Chris 5.00-6.00 Teleshopping



Drama

FREEVIEW 20

6.00 AM Teleshopping  
7.00 Lovejoy 11.50  
Sharpe 1.50 PM As Time Goes By 2.30 As Time Goes By *Reunion Special: Part One.* 3.10 As Time Goes By *Reunion Special: Part Two.* 3.50 As Time Goes By *Reunion Special: Part Three.* 4.30 As Time Goes By *Reunion Special: Part Four.* 5.10 **FILM** *Sense And Sensibility* Two sisters, one driven by passion, the other by common sense, fall for two different men. Drama, with Emma Thompson. (Cert U, 131 mins. 1995) ★★★★★



Judge Reinhold stars with Eddie Murphy in comedy thriller *Beverly Hills Cop* 9pm Sky One

BBC Scotland

FREEVIEW 108 (SCOTLAND)

BBC4

FREEVIEW 9

7.00 PM The Seven  
7.15 The Edit  
Entertainment news.  
7.30 Mountain Rescue – Our Lives

**DON'T Miss!** 7.00 PM Treasures Of Ancient Greece  
*The Long Shadow.*

8.00 Hetty Wainthropp Investigates *Fingers:* Hetty looks into a suspected kidnapping.

8.00 Born To Be Wild  
*Foxes:* Following life at the SSPCA's wildlife rescue centre.

8.00 Coast Great Guides: Scotland's Western Isles Neil Oliver and Tessa Dunlop explore Scotland's Western Isles.

9.00 Rebus *Knots And Crosses:* A spate of gangland killings threatens Rebus's career.

9.00 Dooman  
Documentary about pigeon flying in Scotland.

9.00 Beck *The Lost Son:* A body is linked to a missing persons case that Beck investigated. Last in the series.

**DON'T Miss!** 9.00 Love Island: Unseen Bits  
A round-up of the week's events.

9.00 Celebrity Gogglebox  
A rolling cast of famous faces appraises *Friends: The Reunion* and *The Masked Dancer.*

10.30 Wallander  
*A Lesson In Love:* The detective is distracted from a case by an old flame.

10.00 Chewin' The Fat  
Comedy with Ford Kiernan and Greg Hemphill.  
10.30 TRNSMT Edith Bowman presents.

10.30 Killing For Love – Storyville  
Documentary about a student who confessed to killing his girlfriend's parents.

10.05 Family Guy  
*Three Acts Of God:* Peter and his cronies decide to confront God.  
10.35 Family Guy

10.00 Gogglebox  
Shows including *Celebrity Mastermind* and *Liar* are appraised.

10.00 24 Hours In A&E  
An eight-year-old boy falls 8ft onto concrete.

11.30-12.00 Bridge & Allen Together Again

11.00 Family Guy  
*Boopa-dee Bappa-dee:* The Griffins visit Italy.  
11.30 American Dad!

11.05 Gogglebox  
Opinions on *Earth's Magical Kingdom* and *Ant And Dec's Saturday Night Takeaway.*

11.05 8 Out Of 10 Cats Does Countdown  
With Richard Ayoade, Katherine Ryan and David O'Doherty.

12.30 AM Silent Witness 2.50 As Time Goes By 4.00-6.00 Teleshopping

12.25 AM Crime And Punishment: A Timewatch Guide 1.25 Coast Great Guides: Scotland's Western Isles 2.25-3.25 Treasures Of Ancient Greece

12.00 AM American Dad! 12.30 Iain Stirling's CelebAbility 1.15 Apocalypse Wow 2.15 Don't Hate The Playaz 2.55 FYI Extra 3.10 Nightscreen 3.30-6.00 Teleshopping

12.05 AM Gogglebox 1.10 Rick And Morty 1.40 Rick And Morty 2.10 Rick And Morty 2.35 Rick And Morty 3.00 Celebrity Gogglebox 3.55 Black-ish 4.20 Black-ish 4.45 Black-ish 5.10-6.00 Black-ish

12.05 AM Father Ted 12.40 Father Ted 1.15 24 Hours In A&E 2.15 24 Hours In A&E 3.20-3.45 Father Ted

Dave

FREEVIEW 19

6.00 AM Teleshopping  
7.10 Aussie Pickers 8.00 American Pickers 9.00 Rick Stein's Road To Mexico 10.00 American Pickers 11.00 Rick Stein's Secret France 12.00 PM Top Gear 1.00 Red Bull Soapbox Race 2.00 Top Gear 4.00 Border Force: America's Gatekeepers 5.00 Border Force: America's Gatekeepers 6.00 Would I Lie To You? 6.40 Would I Lie To You? 8.00 Not Going Out Conference. 8.40 Not Going Out Rachel. 9.20 Not Going Out Play. 10.00 Mock The Week 10.40 Mock The Week 11.20 QI 12.00 AM Live At The Apollo 1.00 Have I Got A Bit More News For You 2.00 Mock The Week 2.45 Insert Name Here 3.15 QI 4.00-6.00 Teleshopping

5USA

FREEVIEW 21

6.00 AM TJC  
9.00 Murder, She Wrote  
10.00 Murder, She Wrote  
11.00 Murder, She Wrote  
12.00 PM Murder, She Wrote  
1.00 Murder, She Wrote  
2.00 Murder, She Wrote  
3.00 Murder, She Wrote  
4.00 Murder, She Wrote  
5.00 Murder, She Wrote  
6.00 Murder, She Wrote  
7.00 Murder, She Wrote  
8.00 Murder, She Wrote 9.00 Murder, She Wrote 10.00 Law & Order: Special Victims Unit 11.00 Law & Order: Special Victims Unit Runaway. 11.55 Law & Order: Special Victims Unit Baby Killer. 12.55 AM Law & Order: Special Victims Unit 1.50 Law & Order 2.50 Law & Order 3.35 Criminals: Caught On Camera 4.00-6.00 Teleshopping

5STAR

FREEVIEW 31

6.00 AM Teleshopping 7.00 Thane Offers – Teleshopping 8.00 Entertainment News On 5 8.10 Police Interceptors 10.00 Funniest Ever Crazy Cats 11.00 Funniest Ever Toddler Tantrums 12.05 PM **FILM** Paul Blart: Mall Cop 2 (Cert PG, 92 mins. 2015) ★★ 2.00 **FILM** The Time Machine (Cert PG, 92 mins. 2002) ★★ 3.55 **FILM** Jupiter Ascending (Cert 12, 122 mins. 2015) ★★ 6.25 **FILM** Outbreak (Cert 15, 122 mins. 1995) ★★★★★ 9.00 **FILM** Air Force One (Cert 15, 125 mins. 1997) ★★★★★ 11.15 **FILM** Battle: Los Angeles (Cert 12, 116 mins. 2011) ★★ 1.55 AM 101 Near Misses 2.55 Tattoo Disasters: What Were You Inking? 3.50-4.00 Entertainment News on 5

ITV3

FREEVIEW 10

6.00 AM Outside Edge 6.30 Outside Edge 7.00 Coronation Street Omnibus 24/07/2021 – Omnibus. 10.00 **FILM** That Riviera Touch Comedy, starring Morecambe and Wise. (Cert PG, 93 mins. 1966) ★★ 12.00 PM **FILM** George And Mildred: The Movie TV comedy spin-off, starring Yootha Joyce. (Cert PG, 93 mins. 1980) ★★ 1.45 Wycliffe Total Loss. 3.00 Midsomer Murders Crime And Punishment. 5.00 Midsomer Murders Things That Go Bump In The Night. 7.00 Midsomer Murders Last Man Out. 9.00 Midsomer Murders Death Of A Hollow Man. 11.00 Maigret In Montmartre 1.00 AM The Durrells 2.00 Bless This House 2.30-6.00 Teleshopping

ITV4

FREEVIEW 25

6.00 AM River Monsters 6.25 Tenable 7.15 The Adventures Of Sherlock Holmes 8.15 The Adventures Of Sherlock Holmes 9.30 ITV Racing: The Opening Show 10.30 The Big Match Revisited 11.35 ITV Sport Stories 12.10 PM Hot Shots 12.15 Cadfael 1.55 **FILM** The Horse Soldiers (Cert U, 114 mins. 1959) ★★ 4.30 **FILM** Jeremiah Johnson Show (Cert PG, 111 mins. 1972) ★★ 6.40 **FILM** Escape To Victory (Cert PG, 112 mins. 1981) ★★ 9.00 **FILM** Step Brothers (Cert 15, 97 mins. 2008) ★★ 11.05 **FILM** Crank Thriller, starring Jason Statham. (Cert 18, 84 mins. 2006) ★★ 12.50 AM Lethal Weapon 1.45 Take The Tower 2.45 Nightscreen 3.00-6.00 Teleshopping

ITVBe

FREEVIEW 27

7.00 AM Dallas Cowboys Cheerleaders 7.55 Dallas Cowboys Cheerleaders 8.50 Be Beautiful 9.00 LittleBe 12.00 PM Buying And Selling Mike And Steve. 1.00 The Real Housewives Of Atlanta A Greek Tragedy In 6 Acts. 2.00 The Real Housewives Of Orange County The Great OC Escape. 3.00 The Only Way Is Essex 4.00 The Only Way Is Essex 5.00 The Only Way Is Essex 6.00 The Only Way Is Essex 7.00 Dinner Date Craig. 8.00 Celebrity Dinner Date Chris Taylor. 9.00 Botched The Serial Filler. 10.00 Ibiza Weekender 11.00 Ibiza Weekender 12.00 AM The Real Housewives Of Atlanta 12.55 ITVBe Nightscreen 1.00-7.00 Teleshopping



## BBC1

**6.00 AM Olympic Breakfast Day Two – 2:** Dan Walker and Sam Quek present further coverage of day two from Tokyo, where Jade Jones is expected to be involved in the Taekwondo semi-finals at Makuhari Messe Hall. (S) **9.00 Olympics 2020 Day Two – 3:** Hazel Irvine and Gabby Logan present further coverage of day two from Tokyo, including the conclusion of the women's cycling road race at Fuji International Speedway. (S) **12.00 PM BBC News/Weather** (S) **12.15 Olympics 2020 Day Two – 5:** Gabby Logan and Hazel Irvine introduce the Taekwondo finals at Makuhari Messe Hall, with two-time defending champion Jade Jones hoping to be involved in the women's -57kg class. (S) **3.00 Olympics 2020 Day Two – 6:** Jason Mohammad presents the best of the action from day two in Tokyo, including the debut of the men's street skateboarding. (S)



6.30pm Countryfile

**6.00 BBC News** (S)  
**6.20 Regional News/Weather** (S)  
**6.30 Countryfile Community Farm, Herefordshire** (S)

**7.30 Olympics 2020: Today At The Games Day Two:** Clare Balding and Alex Scott look back over the main events of day two, in which Jade Jones and Bradley Sinden were hoping to make Taekwondo history for Team GB at Makuhari Messe Hall. British cyclist Lizzie Deignan was competing in the women's road race, while Adam Peaty and Katie Ledecky were among those in action in the swimming pool at Tokyo Aquatics Centre. Peaty was the hot favourite to retain his title in the 100m breaststroke, while Ledecky was aiming to add to her tally of five Olympics golds. (S)



**9.00 Baptiste** Julien and Zsafia track down the tattooed man, but he gives little away under questioning. Things escalate when the police receive a hostage video. (S)

**10.00 BBC News** (S)  
**10.20 Regional News/Weather** (S)  
**10.30 Olympics 2020 Day Three – 1:** JJ Chalmers introduces coverage of day three in Tokyo. (S)

**4.00 AM Olympics 2020 Day Three – 4am:** Dan Walker and Sam Quek present further coverage of day three, with the preliminary rounds of the men's flyweight and middleweight boxing taking place at Kokugikan Arena. (S)

## BBC2

**6.35 AM Britain In Bloom Southport** (R/S) **7.05 Gardeners' World** (R/S) **8.05 Countryfile Flamborough Head** (R/S) **9.00 Beechgrove** (R/S) **9.30 Sunday Morning Live** (S) **10.30 Saturday Kitchen Best Bites** (S) **12.00 PM Olympics 2020 Day Two – 4:** Hazel Irvine and Gabby Logan present further coverage from Tokyo. (S) **12.15 A Cook Abroad: Rachel Khoo's Malaysia** The chef goes on a culinary tour of the Southeast Asian country. (R/S) **1.15 Songs Of Praise Generations Of Faith:** The Catholic history of Boscombe House in Shropshire. (S) **1.50 Lifeline Target Ovarian Cancer:** Claudia Winkleman presents an appeal on behalf of Target Ovarian Cancer. (S) **2.00 The Hundred London Spirit v Oval Invincibles:** London Spirit v Oval Invincibles (start time 2.30pm). (S) **5.30 Flog It!** Experts value items brought in by the public. (R/S)



10.30pm Mayans M.C

**6.00 The Yorkshire Dales Wharfedale:** Paul Rose explores Wharfedale. Last in the series. (R/S) **6.30 Richard Osman's House Of Games** (R/S)

**7.00 Tropic Of Cancer With Simon Reeve Western Sahara To Libya:** Simon travels through Western Sahara, Mauritania, Algeria and Libya, trying kite surfing, meeting campaigners for indigenous people's rights, and visiting a huge minefield. (R/S)

**8.00 Inside Monaco: Playground Of The Rich** Documentary giving an insight into the principality on the French Riviera, with access to the royal palace, as well as the super-rich and those who serve them. (R/S)

**9.00 Olympics 2020: Extra Day Two:** Jeanette Kwakye introduces extended highlights from day two in Tokyo, which included skateboarding – making its debut at these Games – and men's football. (S)

**10.30 Mayans M.C You Can't Pray A Lie:** Angel is denied vengeance after a shock shooting, while a drug-fuelled gathering is not the escape Coco expected. An embittered Bishop lashes out. (S)

**11.25 Mayans M.C What Comes Of Handlin' Snakeskin** (S) **12.10 AM Mayans M.C A Mixed-up And Splendid Rescue** (S) **1.05 FILM Norfolk** Drama, starring Denis Menochet. (Cert 15, 83 mins. 2015) (S) ★★ **2.25 Sign Zone: Gold Rush: Our Race To Olympic Glory** (R/S) **3.25 Sign Zone: Holby City** (R/S) **4.10-6.45 BBC News** (S)

## ITV

**6.00 AM CITV 8.25 ITV News** (S) **8.30 Martin & Roman's Weekend Best!** (S) **9.25 Love Your Garden** (R/S) **10.20 Martin Clunes: My Travels And Other Animals A Lion Called Mugi** (R/S) **10.50 The Masked Singer US** Celebrities battle it out in the singing contest. (R/S) **11.50 Rolling In It** With James Martin, Hayley Tamaddon and Omid Djalili. (R/S) **12.50 PM The Void** A boxer, a butcher, a part-time model and a scuba diver take part. (R/S) **1.50 ITV News/Weather** (S) **2.00 FILM Happy Feet Two** Animated musical comedy sequel, with the voice of Elijah Wood. (Cert U, 100 mins. 2011) (S) ★★ **3.55 Tipping Point: Lucky Stars** With Robert Rinder, Josie Gibson and Greg Rutherford. (R/S) **4.55 The Chase Celebrity Special** With Jeff Banks, Michelle Ackerley, Andy Crane and Brian Conley. (R/S) **5.55 ITV News/Weather** (S)



6.20pm Harry Potter...

**6.10 Regional News/Weather** (S)  
**6.20 Harry Potter And The Prisoner Of Azkaban** The teenage wizard is alarmed to learn a dangerous fugitive sorcerer is searching for him. Meanwhile, a new teacher at Hogwarts helps the bespectacled youngster to protect himself from the school's soul-sucking security guards. The third in the fantasy adventure series, starring Daniel Radcliffe, Emma Watson, Rupert Grint, Gary Oldman, David Thewlis, Michael Gambon, Robbie Coltrane and Alan Rickman. (Cert PG, 136 mins. 2004) (S) ★★★★★



**9.00 Professor T A Fish Called Walter:** A librarian dies after being poisoned at a drinks reception at the museum, and Jasper is called upon to help narrow down the list of suspects. (S)

**10.00 ITV News/Weather** (S)  
**10.20 Les Dawson: The Lost Tapes** Documentary unearthing unique and previously unseen footage of the funnyman. (R/S)

**11.15 Long Lost Family** Davina McCall and Nicky Campbell present the stories of two women trying to find birth parents after half a century apart. (R/S) **12.10 AM Craig And Bruno's Great British Road Trips Yorkshire Dales** (R/S) **12.35 Shop: Ideal World** **3.00 FYI Extra** **3.15 Motorsport UK** (R/S) **4.05 Nightscreen** **5.05-6.00 Tipping Point** (R/S)

## Channel 4

**6.00 AM Everybody Loves Raymond Getting Even** (R/S) **6.25 Everybody Loves Raymond The Visit** (R/S) **6.50 Everybody Loves Raymond Halloween Candy** (R/S) **7.10 Everybody Loves Raymond Moving Out** (R/S) **7.35 The Simpsons My Sister, My Sitter** (R/S) **8.00 The Simpsons Bart Gets Hit By A Car** (R/S) **8.30 International Rugby Union Lions v South Africa** (R/S) **9.30 Sunday Brunch** (S) **12.30 PM The Simpsons One Fish, Two Fish, Blowfish, Blue Fish** (R/S) **1.00 The Simpsons The Way We Was** (R/S) **1.30 Live Formula E London EPrix Build-Up 2021 London EPrix Race Two Build-Up** (S) **1.40 Live Formula E London EPrix 2021 London EPrix: Race Two** (S) **3.00 Live Formula E London EPrix Reaction 2021 London EPrix Race Two Reaction** (S) **3.30 A Place In The Sun** (R/S) **4.30 Grand Designs** (R/S) **5.30 Coast Vs Country** (R/S)



9pm The Handmaid's Tale

**6.30 Channel 4 News** (S)

**7.00 Escape To The Chateau The Party Of A Lifetime:** Dick and Angel are warming up for one of the year's biggest events – Angel's parents' 50th wedding anniversary, which involves inviting more than 100 people to a huge party. (R/S)

**8.00 A Very British Country House Compilation – Part Two:** Part two of two. Lydia has to organise a Jane Austen-themed wedding, and the most lavish wedding of the year for a Japanese supermodel and her British fiancé. (S)

**9.00 The Handmaid's Tale Vows:** After a shocking reunion with a dear friend, June contemplates the possibility of freedom, and confronts the unfulfilled promises she has made to herself and to Luke. (S)

**10.00 Celebrity Gogglebox** A rolling cast of famous faces offers sharp, insightful, funny and sometimes emotional critiques of popular and topical TV shows. (R/S)

**11.00 First Dates** (R/S) **12.00 AM FILM This Is England** (Cert 18, 102 mins. 2006) (S) ★★★★★ **2.00 Ramsay's Kitchen Nightmares USA** (R/S) **2.50 Couples Come Dine With Me** (R/S) **3.45 Amazing Spaces: Floating Homes** (R/S) **4.40 Location, Location, Location** (R/S) **5.35-6.00 Coach Trip – The Finale: Road To Tenerife** (R/S)



## Channel 5

**6.00 AM** Milkshake! **10.00** **SpongeBob SquarePants** *Code Yellow* (R/S) **10.15** **SpongeBob SquarePants** *Shopping List* (R/S) **10.25** **Entertainment News On 5** (S) **10.35** **Friends** *The One With The Sharks* (R/S) **11.05** **Friends** *The One With Phoebe's Birthday Dinner* (R/S) **11.35** **Friends** *The One With The Male Nanny* (R/S) **12.05 PM** **Friends** *The One With Ross's Inappropriate Song* (R/S) **12.35** **Friends** *The One With Rachel's Other Sister* (R/S) **1.05** **Friends** *The One With Rachel's Phone Number* (R/S) **1.35** **Friends** *The One With Christmas In Tulsa* (R/S) **2.05** **Friends** *The One Where Rachel Goes Back To Work* (R/S) **2.35** **George Clarke's Build A New Life In The Country** *St Ives* (R/S) **3.35** **George Clarke's Build A New Life In The Country** (R/S) **4.35** **Balmoral: The Queen's Royal Retreat** (R/S)



9pm Cold Pursuit

**6.25** **5 News Weekend** (S) **6.30** **Secrets Of The Mega Cruise Ship** *Cruise Ship*: Documentary following life aboard the MSC Seaside, one of the biggest cruise ships in the world, uncovering the work of an army of people who keep the huge vessel afloat. With 2,100 guest rooms and 800 staff cabins, the Seaside is an astonishing feat of engineering and a glamorous holiday destination all rolled into one. (R/S)

### 8.00 All Creatures Great And Small *You've Got To Dream*:

A difficult calving gives young vet James Herriot a chance to prove his worth. Drama set in the Yorkshire Dales, starring Nicholas Ralph, Samuel West and Diana Rigg. (R/S)

**9.00** **Cold Pursuit** An unassuming but hard-working snowplough driver abandons his quiet mountain life after his son is murdered by a powerful drug lord. Grieving, yet furious, he draws on his hunting skills to become an adept killer seeking out revenge against those responsible. His actions soon spark a turf war between a manically unpredictable gangster known as Viking and a rival gang boss. Action drama, starring Liam Neeson. (Cert 15, 119 mins. 2019) (S) ★★

**11.10** **FILM** *The Commuter* (Cert 15, 105 mins. 2018) (S) ★★★★★ **1.10** **The 21.co.uk Live Casino Show** **3.10** **999: Motorway Emergency** (R) **4.00** **Bargain Loving Brits By The Sea** (R) **4.45** **Wildlife SOS** (R) **5.10** **House Doctor** (R) **5.40** **Peppa Pig** (R) **5.45** **Milkshake! Monkey's Amazing Adventures** (R) **5.50-6.00** **Milkshake! Monkey's Amazing Adventures** (R/S)



**DON'T Miss!**

**PROFESSOR T** | ITV 9PM

## Hunting for clues

Here at Inside TV, we have high hopes that this series is going to be a huge smash. Ben Miller is perfectly cast as Professor Jasper Tempest, the boffin who lectures at the Cambridge Institute of Criminology, teaching his students to think

imaginatively (and pedantically) about the science of crime.

He's a modern-day Sherlock – but, just like Mr Holmes, the Professor isn't exactly the easiest person to get on with!

In tonight's second episode, Professor T is called in to help

the police after a librarian is poisoned at a drinks reception. It's hoped that the Prof's mighty brain can narrow down the list of potential murder suspects. However, it's clear not everyone on the squad is happy with his involvement...

**DON'T Miss!**

## Unlocking the truth

**BAPTISTE** | BBC1 9PM



We start tonight's episode with a flashback, as we witness the crucial moment that changed everything for Julien and Celia, prompting the detective to throw himself into his work and distance himself from his wife. Why is he still haunted by a child's blue elephant toy? All will be revealed... Back in the present day, the action picks up where it left off last week, with Julien keen to leave the search for Emma's sons in his past. However, Emma is quick to remind him that he owes her. Elsewhere, Zsafia tracks down Andras, the tattooed man seen by Julien at the train station. But as Andras refuses to talk in his interview, are the detectives no better off?

### Regional variations

**BBC2 N IRELAND** as Main BBC2 except: **10.30pm** Hame **11.00** Mayans M.C **11.55** Mayans M.C **12.40-1.05am** BBC News **BBC2 WALES** as Main BBC2 except: **5.50pm** Richard Osman's House Of Games **6.20** Sam And Shauna's Big Cook Out **6.50** Tudor's TV Flashback **7.20** Llangollen 2021 **8.00-9.00** The Story Of Welsh Art **STV** as Main ITV except: **12.35-3.00am** Nightscreen





## BOTCHED | ITVBe 9PM

In a new episode of the US reality series, Texan country girl Haley – who wants to look like Dolly Parton (spoiler alert: she *doesn't*) – asks doctors Paul Nassif and Terry

Dubrow to alter the shape of her, frankly, gigantic breasts. Also, Louise from Belfast undergoes corrective surgery on her nose, which is now collapsing due to umpteen failed rhinoplasties. Just make sure you've finished your tea before watching.

## MACGYVER | Sky One 8PM

Question: How can Mac prevent the transmission of intel from the Department of Defense falling into Codex's hands? Answer: By cobbling together some random bits and bobs so he can scale a vertical cliff. Obvious really.



## AN AUDIENCE WITH VICTORIA WOOD | ITV3 9PM



Victoria Wood performs her iconic monologues and piano ditties in front of a celebrity audience – including Julie Walters, Judi Dench and Dawn French – in this 1988 comedy classic. Altogether now: "Freda and Barry sat one night..."

## Sky Witness

6.00 AM Nothing To Declare 9.00 Border Patrol 10.00 The Real A&E 11.00 Stop, Search, Seize 1.00 PM UK Border Force 2.00 Nothing To Declare 2.30 Nothing To Declare A student is found to have undeclared cash. 3.00 Nothing To Declare A suspected drug smuggler undergoes an ultrasound. 3.30 Nothing To Declare 4.00 Nothing To Declare 4.30 Nothing To Declare 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare

7 pm

7.00 The Good Doctor Venga: Part one of two. The team travels to Guatemala on a medical mission.

8 pm

8.00 New Amsterdam The New Normal: Staff have to act quickly in order to save the victims of a plane crash.

9 pm

9.00 9-1-1 Jinx: A never-ending stream of bizarre calls keeps the team busy.

10 pm

10.00 9-1-1: Lone Star Everyone And Their Brother: Grace receives a call from a conjoined twin whose brother is dying.

11 pm

11.00 Law & Order: Special Victims Unit Outsider: A Brooklyn detective joins an investigation.

12.00 AM Chicago Fire 1.00 Chicago Med 2.00 Chicago PD 3.00 Nothing To Declare 3.30 Nothing To Declare 4.00 Nothing To Declare 4.30 Nothing To Declare 5.00 Nothing To Declare 5.30-6.00 Nothing To Declare

## Sky Atlantic

6.00 AM Richard E Grant's Hotel Secrets The Extra Factor. 6.55 Richard E Grant's Hotel Secrets Ireland. 7.50 Richard E Grant's Hotel Secrets French Riviera. 8.45 Richard E Grant's Hotel Secrets Miami. 9.45 Dexter Beauty And The Beast. 10.55 Dexter First Blood. 12.00 PM Dexter Everything Is Illuminated. 1.05 Dexter Circle Us. 2.10 Dexter Take It!. 3.15 The Sopranos Cold Stones. 4.20 The Sopranos Kaisha. 5.30 The Sopranos 6.40 The Sopranos Stage 5.

7.50 The Sopranos Remember When: Tony leaves town in a bid to avoid the FBI.

9.00 In Treatment Eladio – Week One. 9.35 In Treatment Colin – Week One: A man has a court-mandated session.

10.10 Six Feet Under Eat A Peach: Julio lands in trouble at school.

11.20 Six Feet Under The Rainbow Of Her Reasons: Nate gets nostalgic about his lost first love.

12.30 AM Der Pass 1.35 Der Pass 2.40 Der Pass 4.00 Urban Secrets 5.00-6.00 Urban Secrets

## Sky One

6.00 AM Hour Of Power 7.00 The Mighty Ones 7.25 Madagascar: A Little Wild 7.50 All Hail King Julien 8.15 Dawn Of The Croods 8.40 Trolls: Trollstopia 9.05 Modern Family 11.00 The Simpsons 11.30 The Simpsons 12.00 PM MacGyver 1.00 NCIS: Los Angeles 3.00 NCIS: Los Angeles 4.00 The Simpsons 4.30 The Simpsons 5.00 The Simpsons 5.30 The Simpsons 6.00 The Simpsons 6.30 The Simpsons

7.00 The Simpsons 7.30 The Simpsons Homer's Barbershop Quartet: Homer recalls his musical heyday.

8.00 MacGyver Rails + Pitons + Pulley + Pipe + Salt: Codex is given intel.

9.00 S.W.A.T. Next Of Kin: A mission has tragic consequences.

10.00 Rob & Romesh Vs Team GB: Part 2 Rob and Romesh try clay pigeon shooting, gymnastics and athletics.

11.00 An Idiot Abroad 3 Karl Pilkington goes touring again – this time accompanied by Warwick Davis.

12.00 AM Prodigal Son 1.00 NCIS: Los Angeles 2.00 The Force: North East 3.00 Cop Squad 4.00 Air Ambulance ER 5.00-6.00 Air Ambulance ER

## W

6.10 AM Tipping Point 11.00 Doctor Who 12.00 PM Doctor Who 1.00 Doctor Who 2.00 Doctor Who 3.00 Doctor Who 4.00 Doctor Who The God Complex. 5.00 Outnumbered The Tennis Match. 5.40 Outnumbered The Pigeon. 6.20 Outnumbered The Restaurant. 7.00 Gavin & Stacey 7.40 Gavin & Stacey 8.20 Gavin & Stacey 9.00 Louis Theroux: America's Medicated Kids 10.00 Louis Theroux: Life And Death In LA Edge Of Life. 11.00 Inside The Ambulance 12.00 AM One Born: What Happened Next? 1.00 Renovate My Home: Leave It To Bryan 1.25 Renovate My Home: Leave It To Bryan 1.50 Renovate My Home: Leave It To Bryan 2.15 Disaster DIY 3.00-6.10 Teleshopping

## Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 8.00 Murdoch Mysteries 9.00 Murdoch Mysteries 10.00 WPC 56 11.00 Father Brown 12.00 PM Father Brown The Ghost In The Machine. 1.00 Miss Marple Murder At The Vicarage. 3.00 The Coroner The Captain's Pipe. 4.00 The Coroner Life. 5.00 Deception Pilot. 5.55 Death In Paradise A Dash Of Sunshine. 7.00 Hudson & Rex Over Ice. 8.00 Hudson & Rex Blind Justice. 9.00 Death In Paradise Frappe Death Day. 10.00 Limetown Acceptable Loss. 10.30 Limetown Scarecrow. 11.05 Death In Paradise A Dash Of Sunshine. 12.10 AM Murdoch Mysteries 1.10 Tommy 2.05 Tommy 3.05 Rush 4.00-6.00 Teleshopping

## GOLD

6.00 AM Teleshopping 7.40 Miranda 8.10 The Interviews 9.15 Jam & Jerusalem 9.55 Jam & Jerusalem 10.35 Jam & Jerusalem 11.15 Only Fools And Horses 12.20 PM Only Fools And Horses 2.05 Only Fools And Horses 3.15 Only Fools And Horses 4.35 Only Fools And Horses 5.50 Only Fools And Horses 7.10 Only Fools And Horses 9.00 Mrs Brown's Boys Agnes persuades the health visitor Grandad needs respite care. 9.40 Mrs Brown's Boys 10.20 Mrs Brown's Boys 11.00 Roger & Val Have Just Got In 11.40 All Round To Mrs Brown's 1.00 AM Men Behaving Badly 1.40 Men Behaving Badly 2.15 Men Behaving Badly 2.45 Men Behaving Badly 3.15 Bull 4.00-6.00 Teleshopping

## Com. Central

6.00 AM Teleshopping 8.00 Friends 12.00 PM Friends 12.30 Friends 1.00 Friends 1.30 Friends 2.00 Friends 2.30 Friends 3.00 Friends 3.25 Friends 3.55 Friends 4.25 Friends 4.50 Friends 5.20 Friends 5.50 Friends 6.20 Friends 6.50 Friends 7.25 FILM National Security Action comedy, starring Martin Lawrence. (Cert 12, 85 mins. 2003) ★★ 9.00 FILM The Longest Yard Comedy, starring Adam Sandler. (Cert 12, 109 mins. 2005) ★★★ 11.15 FILM Grudge Match Boxing comedy. (Cert 12, 113 mins. 2013) ★★ 1.30 AM South Park 2.00 South Park 2.30 South Park 3.00 South Park 3.25 South Park 4.15 Everybody Loves Raymond 5.00-6.00 Teleshopping

## Sky Docs

6.00 AM Discovering: Marlene Dietrich 7.00 Discovering: Grace Kelly 8.00 The Directors 9.00 The Directors 10.00 FILM David Lynch: The Art Life (Cert 15, 98 mins. 2016) ★★★★★ 11.50 My Icon: Kadeena Cox 12.00 PM Exterminate All The Brutes 1.10 Exterminate All The Brutes 2.20 PL Legends: Thierry Henry 3.00 FILM The Go-Go's (Cert 15, 98 mins. 2020) ★★★★★ 5.00 I Am Heath Ledger 6.50 FILM Tina Celebration of Tina Turner's life and career. (Cert 15, 118 mins. 2021) ★★★★★ 9.00 Bright Lights: Starring Carrie Fisher And Debbie Reynolds 10.50 The Crime Of The Century 1.05 AM FILM The Fight (Cert 12, 96 mins. 2020) ★★★★★ 3.00 The Guest Wing 5.00-6.00 The Guest Wing

## Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 10.20 House Of Lies 11.30 Sex And The City 4.00 PM The Fresh Prince Of Bel-Air 4.30 The Fresh Prince Of Bel-Air 5.00 The Fresh Prince Of Bel-Air 5.30 The Fresh Prince Of Bel-Air 6.00 The Fresh Prince Of Bel-Air 6.30 The Fresh Prince Of Bel-Air 7.00 The Fresh Prince Of Bel-Air 7.30 The Fresh Prince Of Bel-Air 8.00 The Fresh Prince Of Bel-Air 8.30 The Fresh Prince Of Bel-Air 9.00 Whitmer Thomas: The Golden One 10.15 Flight Of The Conchords 10.45 Wellington Paranormal 11.45 Veep 12.20 AM Veep 12.55 Girls 1.30 Girls 2.05 Tig Notaro: Drawn 3.10 Ballers 3.45 Everybody Hates Chris 5.00-6.00 Teleshopping



Drama

FREEVIEW 20

6.00 AM Teleshopping  
7.05 **The Bill** *Leap Of Faith – Part Two*. 7.55 **The Bill** *Decision Time*. 8.55 **The Bill** *On The Money*. 9.55 **The Bill** *Deal Me Out*. 10.55 **Les Miserables** 12.15 PM **Tess Of The D’Urbervilles** 1.25 **Tess Of The D’Urbervilles** 2.35 **Tess Of The D’Urbervilles** 3.45 **Tess Of The D’Urbervilles** 5.00 **Catherine Cookson’s The Cinder Path** Feature-length drama set in the early part of the 20th century, about a university graduate’s return to his strict father’s farm.



Hondo and the team struggle after a mission ends with a tragic outcome in *S.W.A.T.* 9pm Sky One

BBC Scotland

FREEVIEW 108 (SCOTLAND)

BBC4

FREEVIEW 9

7.00 PM **The Seven**  
7.15 **Rewind 2000s**  
7.30 **The Town That Thread Built** The social history of Paisley.

7.00 PM **Stunning Soloists At The BBC** Compilations of performances from the BBC archives.

8.30 **Grand Tours Of Scotland's Lochs** Paul Murton explores the nation’s lochs.

8.00 **The Golden Age Of Steam Railways** *Branching Out*: Further efforts to rescue Britain’s standard gauge railways.


9.35 **Zen** *Ratking*: The detective searches for a kidnapped industrialist.

9.00 **This Is Our Story: Inside Hearts** Behind the scenes at the football club during the 2019/20 season.

9.00 **World War Two: Behind Closed Doors** How the USSR swiftly became the enemy. Last in the series.

10.00 **Still Game** Sitcom, starring Ford Kiernan and Greg Hemphill.  
10.30 **Two Doors Down** Arabella Weir stars.

10.00 **World War Speed: The Drugs That Won WWII**  
10.55 **Size Matters** *Big Trouble*: Part one of two.

 11.35 **Sense And Sensibility** Jane Austen drama. (Cert U, 131 mins. 1995) ★★★★★

11.00-12.00 **Seven Days** News, sport and entertainment stories.

11.55 **Big Sky, Big Dreams, Big Art: Made In The USA** *From Wild West To Abstract Expressionism*.

2.35 AM **Les Miserables**  
4.00-6.00 Teleshopping

12.55 AM **Stunning Soloists At The BBC** 1.55 **World War Two: Behind Closed Doors** 2.55-3.55 **The Golden Age Of Steam Railways**

ITV2

FREEVIEW 6

6.00 AM FYI Extra 6.15 **You’ve Been Framed!** Gold 6.45 **The Ellen DeGeneres Show** 8.30 **Dress To Impress** 11.35 **Take Me Out** 12.50 PM **Catchphrase** 1.35 **You’ve Been Framed!** Forever 2.35 **FILM** *What A Girl Wants* (Cert PG, 101 mins. 2003) ★★ 4.45 **FILM** *Hotel Transylvania 3: A Monster Vacation* (Cert U, 97 mins. 2018) ★★★ 6.40 **FILM** *Marley & Me* Comedy drama, starring Owen Wilson. (Cert PG, 115 mins. 2008) ★★★


E4

FREEVIEW 13

6.00 AM **Hollyoaks Omnibus** 8.25 **Come Dine With Me** 11.00 **Ramsay’s Kitchen Nightmares USA** 11.55 **Ramsay’s Kitchen Nightmares USA** 12.55 PM **FILM** *Lemony Snicket’s A Series Of Unfortunate Events* Comedy adventure. (Cert PG, 104 mins. 2004) ★★★ 3.00 **The Big Bang Theory** 3.30 **The Big Bang Theory** 4.00 **The Big Bang Theory** 4.30 **The Big Bang Theory** 4.55 **FILM** *Home Alone* Family comedy. (Cert PG, 99 mins. 1990) ★★★

7.00 **Wipeout USA** People compete over an obstacle course.

8.00 **The Great Celebrity Bake Off For Stand Up To Cancer** Lee Mack, Melanie Sykes and Joe Lycett take part.

 9.00 **Daddy’s Home 2** Having settled their differences, Brad and Dusty must now deal with their intrusive fathers during the holidays. Comedy, starring Will Ferrell, Mark Wahlberg and John Lithgow. (Cert 12, 100 mins. 2017) ★★

11.00 **Gogglebox** The households’ opinions on TV from May 2017.

12.00 AM **Batwoman** 1.00 **The Big Bang Theory** 1.30 **The Big Bang Theory** 2.00 **Wipeout USA** 2.55 **Black-ish** 3.20-6.00 **Hollyoaks Omnibus**

More4

FREEVIEW 18

8.55 AM **Food Unwrapped** 9.30 **George Clarke’s Amazing Spaces** 10.30 **Ugly House To Lovely House With George Clarke** 11.35 **George Clarke’s Old House, New Home** 12.35 PM **Four In A Bed** 1.10 **Four In A Bed** 1.40 **Four In A Bed** 2.10 **Four In A Bed** 2.40 **Four In A Bed** 3.15 **Escape To The Chateau: DIY** 4.15 **Escape To The Chateau: DIY** 5.20 **Four In A Bed** 5.50 **Four In A Bed** 6.25 **Four In A Bed** 6.55 **Four In A Bed** *Crown And Kitchen*.

7.25 **Four In A Bed** The B&B owners meet for the last time to find out what they’ve been paid.

8.00 **George Clarke’s Old House, New Home** *Cotswolds And Kent*: A 16th-century Cotswold cottage.

9.00 **Great British Home Restoration** New series. Turning unusual and historic buildings into dream homes.

10.00 **24 Hours In A&E** A 21-year-old woman’s kidneys are suspected to be failing.

11.05 **Emergency Helicopter Medics: Coast And River Emergencies**

12.10 AM **8 Out Of 10 Cats Does Countdown** 1.15 **Great British Home Restoration** 2.20 **24 Hours In A&E** 3.25-3.50 **Father Ted**

Dave

FREEVIEW 19

6.00 AM Teleshopping 7.10 **Last Stop Garage** 7.35 **Detroit Steel** 8.30 **Red Bull Soapbox Race** 9.30 **Top Gear: From A-Z** 12.00 PM **World’s Most Dangerous Roads** 1.00 **Top Gear** 3.00 **Would I Lie To You?** 5.00 **World’s Most Dangerous Roads** 6.00 **Top Gear** 7.00 **Border Force: America’s Gatekeepers** 8.00 **Whose Line Is It Anyway?** USA 8.30 **Whose Line Is It Anyway?** USA 9.00 **Have I Got A Bit More News For You** 10.00 **Live At The Apollo** 11.00 **Mock The Week** 11.40 **Dave Gorman: Terms And Conditions Apply** 12.40 AM **Have I Got A Bit More News For You** 1.40 **Whose Line Is It Anyway?** USA 2.40 **Insert Name Here** 3.10 **Insert Name Here** 4.00-6.00 Teleshopping

5USA

FREEVIEW 21

6.00 AM **TJC** 9.15 **Criminals** 9.50 **FILM** *Columbo: Double Exposure* (Cert PG, 70 mins. 1973) ★★ 11.20 **FILM** *Columbo Undercover* (Cert PG, 89 mins. 1994) ★★★ 1.15 PM **FILM** *Columbo And The Murder Of A Rock Star* (Cert PG, 92 mins. 1991) ★★★ 3.10 **FILM** *Columbo Goes To College* (Cert PG, 89 mins. 1991) ★★★ 5.05 **FILM** *Columbo: Any Old Port In A Storm* (Cert PG, 73 mins. 1973) ★★★ 7.05 **FILM** *Columbo: Ashes To Ashes* (Cert PG, 86 mins. 1998) ★★★ 9.00 **FILM** *Columbo: Murder – A Self Portrait* (Cert PG, 88 mins. 1989) ★★★ 10.55 **Law & Order: Special Victims Unit** 2.45 AM **Law & Order** 3.35 **Criminals** 4.00-6.00 Teleshopping

5STAR

FREEVIEW 31

6.00 AM Teleshopping 7.00 **Thane Offers – Teleshopping** 8.00 **Entertainment News** On 5 8.05 **Rich Kids Go Skint** 11.55 **Dogs Behaving (Very) Badly** 2.55 PM **Bargain-Loving Brits In The Sun** 3.55 **Bargain-Loving Brits In The Sun** 4.55 **Bargain-Loving Brits In The Sun** 5.55 **Cats And Dogs At War** *Bailey And Meg*. 6.55 **FILM** *The Dukes Of Hazzard* (Cert 12, 102 mins. 2005) ★★ 9.00 **FILM** *The Wedding Singer* (Cert 12, 93 mins. 1998) ★★★ 10.55 **FILM** *Mystic Pizza*. (Cert 15, 103 mins. 1988) ★★★ 1.05 AM **Countdown** To Murder 2.05 **Dirty John** 3.05 **The Sex Business: Pleasure On Demand** 3.55 **Entertainment News** On 5 4.00-6.00 Teleshopping

ITV3

FREEVIEW 10

6.00 AM **Bless This House** *Entente Not So Cordiale*. 6.30 **Bless This House** 7.00 **Emmerdale Omnibus** 9.50 **FILM** *The Magnificent Two Comedy*, with Morecambe and Wise. (Cert U, 91 mins. 1967) ★★ 11.50 **Midsomer Murders** *Red In Tooth And Claw*. 1.55 PM **Midsomer Murders** *Death By Persuasion*. 3.55 **Midsomer Murders** *The Curse Of The Ninth*. 5.55 **Lewis** *The Great And The Good*. 8.00 **The Comedy Years** 1998. 9.00 **DON’T MISS!** *An Audience With Victoria Wood* 10.05 **Midsomer Murders** *Written In Blood*. 12.10 AM **Coronation Street Omnibus** 3.00 **Emmerdale Omnibus** 5.20 **Bless This House** 5.50-6.00 **Nightscreen**

ITV4

FREEVIEW 25

6.00 AM **The Derby Through The Years** 6.15 **Auto Mundial** 6.40 **Extreme E: Electric Odyssey** 7.10 **Motorsport UK** 8.10 **WRC Highlights** 9.10 **Monster Carp** 10.10 **Robson And Jim’s Icelandic Fly-Fishing Adventure** 11.15 **River Monsters** 11.45 **Cadfael** 1.25 PM **FILM** *Jeremiah Johnson* (Cert PG, 111 mins. 1972) ★★★ 3.45 **ITV Racing Live: Sky Bet Sunday Series** 7.00 **Great World Cup Goals** 7.10 **FILM** *Police Academy 2: Their First Assignment* (Cert 15, 83 mins. 1985) ★★ 9.00 **FILM** *Robin Hood* (Cert 12, 140 mins. 2010) ★★★ 11.45 **FILM** *The Revenant* Western, with Leonardo DiCaprio. (Cert 15, 153 mins. 2015) ★★★★★ 2.50 AM **Nightscreen** 3.00-6.00 Teleshopping

ITVBe

FREEVIEW 27

7.00 AM **Dallas Cowboys Cheerleaders** 7.55 **Dallas Cowboys Cheerleaders** 8.50 **Be Beautiful** 9.00 **LittleBe** 12.00 PM **Best Cake Wins** 12.30 **The Real Housewives Of Dallas** 1.25 **The Real Housewives Of Dallas** 2.20 **The Real Housewives Of Dallas** 3.10 **The Real Housewives Of Dallas** 4.05 **The Real Housewives Of Dallas** 5.00 **Chrisley Knows Best** 5.30 **Chrisley Knows Best** 6.00 **Dinner Date** 7.00 **Dinner Date** 8.00 **Celebrity Dinner Date** 9.00 **DON’T MISS!** *Botched* 10.00 **The Real Housewives Of Atlanta** *Ruined Peaches*. 10.55 **Atlanta Plastic** 11.50 **Married To Medicine: Houston** 12.50 AM **ITVBe Nightscreen** 1.00-7.00 Teleshopping



# INSIDE TV MONDAY 26 July

## BBC1

**6.00 AM Olympic Breakfast Day Three** – 2: Dan Walker and Sam Quek present further coverage of day three, with Tom Daley and Matty Lee going for glory in the men's 10m synchro diving final at Tokyo Aquatics Centre from 7.00. (S) **9.00 Olympics 2020 Day Three** – 3: Hazel Irvine and Gabby Logan present coverage of day three of the Games, with Max Whitlock and the Team GB men's artistic gymnastics squad featuring in the team final from 11.00. (S) **12.00 PM BBC News/Weather** (S) **12.30 Regional News** (S) **12.45 Olympics 2020 Day Three** – 5: Hazel Irvine and Gabby Logan introduce further day-three coverage, with artistic gymnastics, Taekwondo, fencing, table tennis and hockey scheduled to take place today. (S) **3.00 Olympics 2020 Day Three** – 6: Jason Mohammad presents highlights of the events that have been happening overnight in Japan. (S)



7.30pm Olympics 2020...

**6.00 BBC News/Weather** (S)  
**6.30 Regional News** (S)

**7.00 The One Show** Presented by Alex Jones and Jermaine Jenas. (S)  
**7.30 Olympics 2020: Today At The Games Day Three**: Clare Balding and Alex Scott review a busy day three in Tokyo, where swimmer Adam Peaty was hoping to retain his men's 100m breaststroke title – one of 21 golds up for grabs today. American swimmer Katie Ledecky had the first of a potential five golds in her sights, while Jonny Brownlee and Alex Yee were bidding for a third consecutive British gold in the men's triathlon. (S)

**SOAP 9.05 EastEnders** Mick discovers that Nancy and Zack are still seeing each other, and Ruby leans on Jean for support instead of Martin. (S)  
**9.30 Would I Lie To You?** With Stephen Hendry. (R/S)

**10.00 BBC News** (S)  
**10.25 Regional News/Weather** (S)  
**10.35 Olympics 2020 Day Four** – 1: Coverage of day four in Tokyo, with the women's triathlon getting under way. (S)

**4.00 AM Olympics 2020 Day Four** – 4am: Dan Walker and Sam Quek introduce further coverage from day four, including matches in the men's and women's table tennis singles at Tokyo Metropolitan Gymnasium. (S)

## BBC2

**6.45 AM Pointless** (R/S) **7.30 Sign Zone: The Repair Shop** (R/S) **8.30 The Week In Parliament** (S) **9.00 BBC News At 9** (S) **10.00 BBC News** (S) **12.00 PM Olympics 2020 Day Three** – 4: The gymnastics men's team final continues at Ariake Gymnastics Centre. (S) **12.45 Bargain Hunt Gloucester 7**: From Gloucester Antiques Centre. (R/S) **1.30 Money For Nothing** Sarah Moore rescues a granite worktop from Altrincham Recycling Centre. (R/S) **2.15 The Farmers' Country Showdown Mid Devon – Goats** (R/S) **2.45 Escape To The Country Derbyshire**: A couple look for a home in Derbyshire. (R/S) **3.30 Celebrity Antiques Road Trip Ruth Madoc And Su Pollard**: Actors Ruth Madoc and Su Pollard take part. (R/S) **4.30 Flog It!** Natasha Raskin Sharp and Raj Bisram value items at Culzean Castle. (R/S) **5.15 Pointless Quiz**, hosted by Alexander Armstrong. (R/S)



8.30pm University Challenge

**6.00 Richard Osman's House Of Games** With Amanda Abbington, Michael Buerk, Shappi Khorsandi and Elis James. (R/S)  
**6.30 Animal Park** (S)

**7.00 Gold Town** The pandemic hits the UK, and all mining stops as the nation goes into lockdown. While local businesses take a terrible hit, the price of gold increases. Last in the series. (S)

**8.00 Only Connect** Three space enthusiasts take on a trio of music lovers. (S)  
**8.30 University Challenge** London Business School takes on Hertford College, Oxford. (S)

**9.00 Olympics 2020: Extra Day Three**: Jeanette Kwakye presents extended highlights from day three of the Olympic Games, which included the men's triathlon and men's artistic gymnastics team final. (S)

**10.00 The Big Asian Stand-Up** Part two of two. Asian comedic talent from the UK and beyond. (R/S)  
**10.30 Newsnight** (S)

**11.15 Secrets Of The Museum** Return of the documentary going behind closed doors at the Victoria and Albert Museum in London. Geoff and Jo work to repair an eye-popping red lurex suit. (R/S) **12.15 AM Sign Zone: Countryfile Flamborough Head** (R/S) **1.10 Sign Zone: Frontline Fightback** (R/S) **2.00-6.35 BBC News** (S)

## ITV

**6.00 AM Good Morning Britain** (S) **9.00 Lorraine** (S) **10.00 This Morning** (S) **12.30 PM Loose Women** (S) **1.30 Lunchtime News/Weather** (S) **1.55 Regional News/Weather** (S) **2.00 Dickinson's Real Deal Buxton**: David Dickinson and his dealers are in Buxton, Derbyshire, where a collection of cartoon maps brought to Henry Nicholls' table surprises everybody at the auction. (R/S) **3.00 Tenable** (R/S) **3.59 ITV London Weather** (S) **4.00 Tipping Point** Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R/S) **5.00 The Chase** Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on ruthless quiz genius the Chaser and secure a large cash prize. (R/S)



9pm Long Lost Family

**6.00 Regional News/Weather** (S)  
**6.30 Evening News/Weather** (S)

**SOAP 7.00 Emmerdale** April is distraught, Ben apologises to Liv, and Aaron's anger rises. (S)  
**SOAP 7.30 Coronation Street** James and Michael's day of fun ends in arrest, and Tyrone's jealousy of Fiz's new man annoys Alina. (S)

**8.00 James Martin's Islands To Highlands Oxford**: James is joined by Monica Galetti for a culinary journey around Oxford. (S)  
**SOAP 8.30 Coronation Street** Toyah and Imran threaten to report Laura, and Billy and Todd have a surprise for Summer. (S)

**9.00 Long Lost Family** A woman brought up by white adoptive parents searches for her birth family, with the investigation leading across the globe, while another tries to fulfil her mother's dying wish. (S)

**10.00 ITV News/Weather** (S)  
**10.30 Regional News/Weather** (S)  
**10.45 Robson And Jim's Icelandic Fly-Fishing Adventure** Jim Murray explains how fishing was his light in the darkest of times. (R/S)

**11.45 Monster Carp** Les Graviers, Dijon: The concluding leg of their tour of France sees the boys head to Dijon, to a lake named Les Graviers – previously home to a world-record carp. (S) **12.35 AM All Elite Wrestling: Dynamite** (S) **1.25 Shop: Ideal World** **3.00 FYI Extra** **3.15 Lingo** (R/S) **4.05 Nightscreen** **5.05-6.00 Tipping Point** (R/S)

## Channel 4

**6.00 AM Countdown** (R/S) **6.40 Mike & Molly** (R/S) **7.05 Mike & Molly** (R/S) **7.25 Everybody Loves Raymond** (R/S) **7.50 Everybody Loves Raymond** (R/S) **8.15 Everybody Loves Raymond No Fat** (R/S) **8.40 Frasier Taking Liberties** (R/S) **9.10 Frasier Legal Tender Love And Care** (R/S) **9.40 The Big Bang Theory The Solder Excursion Diversion** (R/S) **10.10 The Big Bang Theory The Big Bear Precipitation** (R/S) **10.35 The Big Bang Theory The Viewing Party Combustion** (R/S) **11.05 The Simpsons In Marge We Trust** (R/S) **11.35 The Simpsons Homer's Enemy** (R/S) **12.05 PM Channel 4 News/Weather Summary** (S) **12.10 Posh Pawnbrokers** (R/S) **1.10 A New Life In The Sun** (R/S) **2.10 Countdown** (S) **3.00 DON'T MISS! Find It, Fix It, Flog It** (S) **4.00 A Place In The Sun 2020: Dénia, Costa Blanca** (R/S) **5.00 Couples Come Dine With Me** (R/S)



4pm A Place In The Sun

**6.00 The Simpsons** (R/S)  
**SOAP 6.30 Hollyoaks** The McQueens are delighted to have Mercedes back home. (R/S)

**7.00 Channel 4 News** (S)  
**7.55 The Political Slot: The Labour Party** A look at the Labour Party's view on working people living in poverty. (S)

**DON'T MISS! 8.00 How To Save A Grand In 24 Hours** Anna Richardson and her team of experts come to the aid of a family of three in Blackburn, who have amassed credit-card debts of £9,000 since the pandemic began. (S)

**9.00 Taken: Hunting The Sex Traffickers** The police visit brothels to meet the women who are being exploited, but not one of them is willing to give evidence, leaving only one option – catch the perpetrators in the act. (S)

**10.00 24 Hours In Police Custody: Murder In The Woods** Part two of two. The police learn who was behind the murder, but have no witnesses. (R/S)

**11.05 999: On The Front Line** (R/S) **12.05 AM Ramsay's Kitchen Nightmares USA** (R/S) **1.00 Couples Come Dine With Me** (R) **1.50 Bake Off: The Professionals** (R/S) **2.45 Food Unwrapped** (R/S) **3.15 Extraordinary Escapes With Sandi Toksvig** (R/S) **4.10 George Clarke's Amazing Spaces** (R/S) **5.05-6.00 Location, Location, Location** (R/S)



## Channel 5

**6.00 AM Milkshake!** **9.15 Jeremy Vine** (S) **11.15 Room To Improve** (S) **11.50 Room To Improve** A makeover for a three-bedroom house. (S) **12.20 PM 5 News At Lunchtime** (S) **12.25 Ben Fogle: New Lives In The Wild Panama:** The explorer travels to Panama to meet a coffee-producing US couple. (R/S) **1.15 Home And Away** Officials retrieve a deceased woman from the water. (R/S) **1.45 Neighbours** Nicolette is lost and hurt in the vineyard. (S) **2.15 FILM Pretty Little Killer** A self-help writer and her family become the target of a troubled girl. Thriller, starring Heather Morris and Nicky Whelan. (Cert PG, 87 mins. 2018) (S) ★★ **4.00 Bargain-Loving Brits In The Sun** Katie-Louise organises a charity auction to be played out live on the radio. (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



9pm Call The Bailiffs...

**SOAP** **6.00 Home And Away** Officials retrieve a deceased woman from the water, and find ID on her. (R/S) **6.30 5 News Tonight** (S)

**7.00 999: Motorway Emergency** Patrollers Alex and Steve are called in when a horsebox catches fire, while Marissa and her team at the control centre spot a young man on CCTV threatening to jump off a bridge. (R/S)

**8.00 Traffic Cops** An insight into the life of officers patrolling the roads, using modern technology and old-fashioned methods to bring criminals to justice. (S)

**9.00 Call The Bailiffs: Time To Pay Up** Documentary following the work of enforcement agents as they execute High Court writs on behalf of people desperate to recover money they are owed. (S)

**10.00 Casualty 24/7: Every Second Counts** Staffing problems hit the department, and paramedics are concerned about a family that were involved in a road-traffic accident. (R/S)

**11.05 Ambulance: Code Red Uncut** (R/S) **12.05 AM Adults Only: Paid To Be Naked** (R) **1.00 The 21.co.uk Live Casino Show** **3.00 Entertainment News On 5** **3.10 The Dog Rescuers With Alan Davies** (R) **4.00 My Mum's Hotter Than Me!** (R) **4.45 Wildlife SOS** (R) **5.10 House Doctor** (R) **5.35 Thomas & Friends** (R) **5.45-6.00 Paw Patrol** (R)



**FIND IT, FIX IT, FLOG IT** | Channel 4 **3PM**

## Trash or treasure?

While we'd imagine that, on the back of more than a year of lockdowns and tiers and self-isolation, *everyone* has taken full advantage of more time at home to finally clear out all their unwanted clutter, Henry Cole and Simon O'Brien

return with the series in which long-buried items are turned into treasure to make a profit. Which is potentially good news for those who've (ahem) not quite finished their sorting...

This afternoon's opener takes the canny pair off to

Dumfries & Galloway, where they meet up with Pat, who has a garage full to the brim of bits and bobs collected from many years of travelling. But could any of the myriad intercontinental memorabilia be ripe for a lucrative makeover?

## Slashing the cash

**HOW TO SAVE A GRAND IN 24 HOURS** | Channel 4 **8PM**



### Regional variations

**BBC1 WALES** as Main BBC1 except: **9.30-10.00pm** Iolo's Pembrokeshire **BBC2 N IRELAND** as Main BBC2 except: **10.00-10.30pm** The Irish Houses – Scéal Phobal Bhóthar Seoighe **11.15** Mayans M.C **12.10-12.15am** Wild On Water – Bird Island **BBC2 WALES** as Main BBC2 except: **11.15pm** Mayhill Riot **11.45-12.15** Coast **STV** as Main ITV except: **1.25-3.00am** Nightscreen **UTV** as Main ITV except: **8.00-8.30pm** Mahon's Way **WALES** as Main ITV except: **8.00-8.30pm** Beyond The Line: North Wales's Traffic Cops

Should it transpire your old tat isn't quite so money-spinning after all, never fear, as Anna Richardson and her crack team of money-saving marvels make a timely return with *their* new series this evening. Not only does the crew have oodles of fab ideas for saving your pennies – they'll help with that much-needed sort-out, too. The Barton-Wilkinsons from Blackburn need to cut down their £1,300-a-month food bill (gulp), so chef Gary delivers a slow cooker crash course, while queen of clean Peachy tackles their kitchen – for which DIY doyenne Eve sorts storage solutions on a shoestring...





## BIG ZUU'S BIG EATS | Dave 10PM

Big Zuu returns to his west London roots with comedian Mel Giedroyc tonight. Having presented *Light Lunch* back in the day, Mel loves a picnic, so Zuu puts his spin on the al fresco classic – complete

with falafel and Lebanese pizza. And in a nod to Mel's Eastern European roots, Zuu serves up a traditional Polish sponge. Baking a cake for the ex-*GBBO* host is a gamble – one Zuu pulls off with aplomb.

## IN TREATMENT | Sky One 9PM

In tonight's double-bill, we meet another of Dr Brooke's patients: 18-year-old Laila. She's been dragged to therapy by her concerned grandma over her 'life choices' – and Brooke has her work cut out getting any answers from her.



## BAD GIRLS | Drama 11.40PM

The iconic British drama, first broadcast in 1999, airs on Drama for the first time with its opening episode for the insomniacs among us. See where it all began for the inmates and officers of tough women's prison Larkhall...

## Sky Witness

6.00 AM Nothing To Declare 8.00 Border Patrol 9.00 The Real A&E 10.00 Sun, Sea And A&E 11.00 Law & Order 12.00 PM CSI: Crime Scene Investigation *Deep Fried And Minty Fresh*. 1.00 Blue Bloods *To Protect And Serve*. 2.00 Blue Bloods *The Truth About Lying*. 3.00 The Real A&E 3.30 The Real A&E A demolition worker suffers facial injuries. 4.00 Stop, Search, Seize 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare

7.00 Nothing To Declare 7.30 Nothing To Declare

8.00 Blue Bloods *The Uniform*: An NYPD officer is suspected of a shooting at a diner.

9.00 9-1-1 *There Goes The Neighbourhood*: Hen's mother arrives with an announcement to make.

10.00 9-1-1: Lone Star *Displaced*: A funeral takes an unexpected turn when another body turns up.

11.00 Law & Order: Special Victims Unit *Informed*: Benson tries to help a woman who was beaten and raped.

12.00 AM Law & Order: Special Victims Unit 1.00 The Good Doctor 2.00 The InBetween 3.00 Road Wars 4.00 Road Wars 5.00-6.00 Brit Cops: Rapid Response

## Sky Atlantic

6.00 AM Fish Town 7.00 Elementary 8.00 Elementary *For All You Know*. 9.00 Six Feet Under *The Opening*. 10.05 Six Feet Under *Everyone Leaves*. 11.10 Boardwalk Empire *Battle Of The Century*. 12.15 PM Boardwalk Empire *Georgia Peaches*. 1.20 Elementary *T-Bone And The Iceman*. 2.15 Elementary *The View From Olympus*. 3.10 Dexter *Teenage Wasteland*. 4.15 Dexter *In The Beginning*. 5.20 The Sopranos *Chasing It*. 6.25 The Sopranos *Walk Like A Man*.

7.30 Game Of Thrones *Beyond The Wall*: Jon Snow and his team go beyond the wall to capture a white walker.

9.00 In Treatment *Laila – Week 1*. 9.35 In Treatment

10.10 Deadwood *The Catbird Seat*: Trixie resolves to take matters into her own hands.

11.15 Deadwood *Tell Him Something Pretty*: Election day arrives.

12.20 AM Oz 1.30 True Blood 2.40 Californication 3.20 Californication 4.00 Richard E Grant's Hotel Secrets 5.00-6.00 Richard E Grant's Hotel Secrets

## Sky One

6.00 AM Futurama 6.30 Futurama 7.00 Dogs With Extraordinary Jobs 8.00 Monkey Business 9.00 Motorway Patrol 10.00 Stop, Search, Seize 11.00 NCIS: Los Angeles 12.00 PM NCIS: Los Angeles 1.00 Hawaii Five-0 2.00 Hawaii Five-0 3.00 Magnum P.I. *Sudden Death*. 4.00 Modern Family 4.30 Modern Family 5.00 The Simpsons *Papa's Got A Brand New Badge*. 5.30 Futurama *I Second That Emotion*. 6.00 Futurama *Brannigan, Begin Again*. 6.30 The Simpsons *Cape Feare*.

7.00 The Simpsons *Homer Goes To College*. 7.30 The Simpsons *Rosebud*: Mr Burns fights over his beloved teddy.

8.00 Rob & Romesh Vs Team GB: Part 2 Rob and Romesh try clay pigeon shooting, gymnastics and athletics.

9.00 Beverly Hills Cop II *Wisecracking* Detroit detective Axel Foley returns to Los Angeles to investigate the shooting of an old friend. Comedy thriller sequel, starring Eddie Murphy and Judge Reinhold. (Cert 15, 96 mins. 1987) ★★

11.00 Manifest *Deadhead*: Ben asks the help of an old rival for an important task.

12.00 AM Breeders 12.30 The Force: North East 1.30 Road Wars 2.30 Road Wars 3.00 Hawaii Five-0 4.00 Stop, Search, Seize 5.00-6.00 Magnum P.I.

## W

6.10 AM My Dream Home 8.00 Tipping Point 10.00 The Bill 11.00 Inside The Ambulance: Coast And Country 12.00 PM Inside The Ambulance: Coast And Country 1.00 Tipping Point 2.00 Tipping Point 3.00 Property Brothers: Forever Homes *New Lives, New Home*. 4.00 My Dream Home 5.00 My Dream Home 6.00 Property Brothers: Forever Homes 7.00 Plate Of Origin *Elimination Challenge*. 8.30 Inside The Ambulance 9.30 999 Rescue Squad 10.30 Inside The Operating Theatre 11.30 One Born Every Minute 12.30 AM Inside The Ambulance 1.00 Renovate My Home: Leave It To Bryan 1.50 Renovate My Home: Leave It To Bryan 3.00-6.10 Teleshopping

## Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 9.00 Rizzoli & Isles 10.00 Unforgettable 11.00 Hudson & Rex 12.00 PM Shakespeare & Hathaway – Private Investigators 1.00 Death In Paradise 2.00 Murdoch Mysteries 4.00 The Good Wife *Bang*. 5.00 Rizzoli & Isles *We Don't Need Another Hero*. 6.00 Unforgettable *Spirited Away*. 7.00 Hudson & Rex *Bad Water Rising*. 8.00 Death In Paradise *Frappe Death Day*. 9.00 The Mallorca Files *Sour Grapes*. 10.00 Evil Fathers. 11.00 The Good Wife *Fleas*. 12.00 AM Unforgettable 12.55 Shakespeare & Hathaway – Private Investigators 1.55 We Hunt Together 3.00 Rush 4.00-6.00 Teleshopping

## GOLD

6.00 AM Teleshopping 7.40 French Fields 8.40 Are You Being Served? 9.20 Still Open All Hours 10.00 Last Of The Summer Wine 11.20 The Green Green Grass 12.00 PM Blackadder Goes Forth 12.40 Still Open All Hours 1.20 Are You Being Served? 2.00 Only Fools And Horses 3.20 The Green Green Grass 4.00 Blackadder Goes Forth 4.40 Last Of The Summer Wine 6.00 Still Open All Hours 6.40 Are You Being Served? 7.20 The Green Green Grass 8.00 Dad's Army 9.20 Murder On The Blackpool Express 11.20 All Round To Mrs Brown's 12.40 AM Peep Show 1.15 Men Behaving Badly 1.55 All Round To Mrs Brown's 2.55 Bob Monkhouse: Million Joke Man 4.00-6.00 Teleshopping

## Com. Central

6.00 AM Teleshopping 8.00 Impractical Jokers 8.35 Impractical Jokers: Dinner Party 9.00 Impractical Jokers: Dinner Party 9.30 Impractical Jokers: Dinner Party 10.00 Everybody Loves Raymond 10.30 Everybody Loves Raymond 11.00 Everybody Loves Raymond 11.30 Everybody Loves Raymond 12.00 PM My Wife And Kids 12.30 My Wife And Kids 1.00 Friends 8.00 Criminally Funny 9.00 FILM Austin Powers: The Spy Who S\*\*\*\*\*d Me (Cert 12, 91 mins. 1999) ★★★★★ 10.55 FILM Kick-Ass 2 (Cert 15, 103 mins. 2013) ★★★ 12.55 AM Criminally Funny 1.55 South Park 2.25 South Park 2.55 South Park 3.45 South Park 4.10 The Middle 5.00-6.00 Teleshopping

## Sky Docs

6.00 AM FILM Project Nim (Cert 12, 99 mins. 2011) ★★★★★ 8.00 All Or Nothing: Cardinals 9.00 Discovering: Lauren Bacall 10.00 The Directors 11.00 The 2000s 12.00 PM Rolling Stone: Stories From The Edge 7.50 Hillary 2.00 The Reagan Show 3.30 PL Legends 4.00 Discovering 5.00 The Directors 6.00 The 2000s 7.00 Rolling Stone: Stories From The Edge 7.50 Hillary 9.00 FILM Going Clear: Scientology And The Prison Of Belief (Cert 15, 119 mins. 2015) ★★★ 11.20 FILM On The Record (Cert 15, 97 mins. 2020) ★★★★★ 1.20 AM FILM The Longest War (Cert 15, 81 mins. 2020) ★★★★★ 2.50 Saudi Women's Driving School 4.00-5.00 Discovering

## Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 8.25 Everybody Hates Chris 9.00 The Mindy Project 9.30 The Mindy Project 10.00 Will & Grace 10.30 Will & Grace 11.00 Parks And Recreation 11.30 Girls 12.05 PM Girls 12.40 Sex And The City 2.25 Sex And The City 3.00 The Fresh Prince Of Bel-Air 4.00 Will & Grace 5.00 Sex And The City 6.15 Curb Your Enthusiasm 7.30 Parks And Recreation 8.00 The Fresh Prince Of Bel-Air 8.30 The Fresh Prince Of Bel-Air 9.00 Tig Notaro: Drawn 10.00 Last Week Tonight With John Oliver 12.15 AM Sex And The City 12.50 Sex And The City 2.00 Everybody Hates Chris 3.00 Will & Grace 4.00 The Mindy Project 5.00-6.00 Teleshopping



Drama

FREEVIEW 20

6.00 AM Teleshopping  
7.30 Where The Heart Is  
*No Regrets.* 8.25 *The Bill*  
9.30 *Classic Holby City*  
10.55 *Classic Casualty*  
*A House Divided.* 12.00 PM  
*The Bill Back To School.*  
1.00 *Classic EastEnders*  
1.40 *Classic EastEnders*  
2.15 *A Place To Call*  
*Home Home To Roost.* 3.15  
*Bergerac The Moonlight*  
*Girls.* 4.20 *Dangerfield*  
*Silence Has Got Rhythm Too.*  
5.20 *Birds Of A Feather*  
*Commitments.* 6.00 *Hi-de-Hi!*  
*On With The Motley.*  
6.40 *To The Manor Born*



Romesh Ranganathan gets flexing in *Rob & Romesh Vs Team GB: Part 2* 8pm Sky One

BBC Scotland

FREEVIEW 108 (SCOTLAND)

BBC4


FREEVIEW 9

7.20 *Last Of The Summer Wine* *Happy Birthday Robin Hood:* Billy celebrates his ancestor, Robin Hood.

8.00 *The Coroner*  
*The Captain's Pipe:* Mick is suspected of murdering a rival landlord.

9.00 *Luther* Part one of two. The DCI returns to duty to investigate a killer's crimes.

10.20 *New Tricks*  
*Old School Ties:* The remains of a body are discovered near a public boarding school.

 11.40 *Bad Girls* *Them And Us:* A prisoner is found unconscious in bed.

12.50 AM *Taggart* 4.00-6.00 Teleshopping

7.00 PM *Beechgrove*  
Kirsty Wilson creates a piece of living wall art.  
7.30 *The Great Food Guys* With Moyo Akande.

8.00 *Born To Be Wild*  
Following life at the SSPCA's wildlife rescue centre.

9.00 *The Nine*  
The latest Scottish, UK and international news.

10.00 *Scot Squad*  
Miekelson reassesses the force's training policy.  
10.30 *The Bhangra Boss – The Story Of DJ Vips*

11.00 *Dregs*  
11.15 *Scotland Made Me*  
11.30-12.00 *The Disasters That Shocked Scotland*

7.00 PM *The Joy Of Painting* *Autumn Days.* 7.30 *Coastal Path*  
Paul Rose visits the coastline of south Devon.

8.00 *Beirut: An Art Lovers' Guide* Janina Ramirez and Alastair Sooke explore the capital of Lebanon.

9.00 *Arena – Kusama: Infinity* A profile of Japanese contemporary artist Yayoi Kusama.

10.10 *Abstract Artists In Their Own Words*  
How British artists have explored the idea of abstraction.

11.10 *Size Matters* *That Shrinking Feeling:* Hannah Fry imagines a world in which things are smaller.

12.10 AM *Big Sky, Big Dreams, Big Art: Made In The USA* 1.10 *World War Speed: The Drugs That Won WWII* 2.05 *Coastal Path* 2.35-3.35 *Beirut: An Art Lovers' Guide*

ITV2

FREEVIEW 6

6.00 AM *Totally Bonkers Guinness World Records*  
6.30 *You've Been Framed! Gold* 7.00 *The Ellen DeGeneres Show* 8.00 *Emmerdale* 8.30 *Coronation Street* 9.30 *Ellen's Game Of Games* 10.30 *Dress To Impress* 11.30 *The Cabins* 12.30 PM *Emmerdale* 1.00 *Coronation Street* 2.00 *Supermarket Sweep* 3.00 *Dress To Impress* 4.00 *The Cabins* 5.00 *You've Been Framed! Gold* 6.00 *Celebrity Catchphrase*

7.00 *Superstore* *Toxic Workplace:* Kelly requests to be transferred.  
7.30 *Superstore* *Costume Competition.*

8.00 *Bob's Burgers*  
*Sheesh! Cab Bob:* Bob takes a second job.  
8.30 *Bob's Burgers*  
*Bed & Breakfast.*

9.00 *Love Island*  
The relationship-based reality show continues.

10.05 *The Emily Attack Show* Emily shares her musings on family life.  
10.50 *Family Guy*  
*Herpe The Love Sore.*

11.20 *Family Guy*  
*Into Harmony's Way.* 11.45 *American Dad!*  
*Daesong Heavy Industries II: Return To Innocence.*

12.15 AM *American Dad!* 12.40 *Crossing Swords* 1.10 *Crossing Swords* 1.40 *Bob's Burgers* 2.05 *Bob's Burgers* 2.30 *Superstore* 2.55 *Superstore* 3.20 *Nightscreen* 3.30-6.00 Teleshopping

E4

FREEVIEW 13

6.00 AM *Hollyoaks* 6.30 *Hollyoaks* 7.00 *Ramsay's Kitchen Nightmares USA* 8.00 *How I Met Your Mother* 9.00 *Melissa & Joey* 9.30 *Melissa & Joey* 10.00 *Baby Daddy* 10.30 *Baby Daddy* 11.00 *The Goldbergs* 12.00 PM *Brooklyn Nine-Nine* 1.00 *The Big Bang Theory* 3.00 *The Goldbergs* 3.30 *The Goldbergs* 4.00 *Black-ish* 4.30 *Black-ish* 5.00 *Brooklyn Nine-Nine* 5.30 *Brooklyn Nine-Nine* 6.00 *The Big Bang Theory* 6.30 *The Big Bang Theory*

7.00 *Hollyoaks* Sylvie gets some bad news from the fertility clinic.  
7.30 *Come Dine With Me* *Birmingham 1/5.*

8.00 *Below Deck: Mediterranean* *Monte Carlo:* The crew enjoys a day off at an exclusive resort in Monte Carlo.

9.00 *Celebrity Gogglebox* Appraisals of *Britain's Got Talent* and *Alan Carr's Epic Gameshow.*

10.00 *Rick And Morty*  
*Rick & Morty's Thanksplotation Spectacular.* 10.30 *Harley Quinn*

11.00 *Birdgirl* *Baltimo:* Last in the series.  
11.30 *Duncanville* *Sister, Wife:* Jack and Annie visit a 1980s-themed club.

12.00 AM *Naked Attraction* 1.05 *Gogglebox* 2.10 *Rick And Morty* 2.35 *Rick And Morty* 3.00 *Rick And Morty* 3.25 *Harley Quinn* 3.50 *How I Met Your Mother* 4.15 *How I Met Your Mother* 4.40-6.00 *Ramsay's Kitchen Nightmares USA*

More4

FREEVIEW 18

8.55 AM *Kirstie's Vintage Gems* *Love Nest.* 9.15 *Heir Hunters* *Williams/Wild.* 10.05 *Find It, Fix It, Flog It* 11.05 *Find It, Fix It, Flog It* 12.10 PM *Car S.O.S* *Triumph GT6.* 1.10 *Emergency Helicopter Medics* 2.15 *Four In A Bed* *Newton House.* 2.50 *Four In A Bed* 3.20 *Four In A Bed* *The White House.* 3.50 *Four In A Bed* 4.20 *Four In A Bed* 4.55 *Grand Designs New Zealand* 5.55 *The Supervet* 6.55 *Escape To The Chateau: Make Do And Mend*

7.55 *Grand Designs*  
*Skye, 2012:* A modern home for two artists on the Isle of Skye.

9.00 *Full Bloom* *The Bellflower Tower:* The contestants must create arrangements from grocery-store flowers.

10.00 *Billion Pound Cruise*  
The Symphony of the Seas sails into port, where 6,680 guests get off and on the ship.

11.00 *8 Out Of 10 Cats Does Countdown* Sean Lock and Kevin Bridges vs Jon Richardson and Victoria Coren Mitchell.

12.05 AM *24 Hours In A&E* 1.05 *Full Bloom* 2.00 *Billion Pound Cruise* 3.10-3.35 *Food Unwrapped*

Dave

FREEVIEW 19

6.00 AM Teleshopping 7.10 *Detroit Steel* 8.00 *American Pickers* 9.00 *Celebrity Storage Hunters* 10.00 *American Pickers* 12.00 PM *Border Force: America's Gatekeepers* 1.00 *Top Gear* 3.00 *Rick Stein's Road To Mexico* 4.00 *Top Gear* 5.00 *Top Gear* 6.00 *Eddie Eats America* 6.30 *Eddie Eats America* 7.00 *Richard Osman's House Of Games* 7.40 *Would I Lie To You?* 8.20 *QI History.* 9.00 *Travel Man* 10.00 **DON'T MISS!** *Big Zuu's Big Eats* 10.40 *Famalam* 11.10 *Taskmaster Meat.* 12.15 AM *Mock The Week* 12.55 *Would I Lie To You?* 1.35 *QI* 2.25 *Big Zuu's Big Eats* 3.00 *Insert Name Here* 3.30 *Insert Name Here* 4.00-6.00 Teleshopping

5USA

FREEVIEW 21

6.00 AM *TJC* 9.00 *Murder, She Wrote* 10.00 *NCIS* 11.00 *NCIS* 12.00 PM *Law & Order* *Fed.* 12.55 *Entertainment News On 5* 1.00 *Law & Order* 2.00 *Law & Order* 3.00 *Law & Order* *Four Cops Shot.* 4.00 *Law & Order* *Return.* 5.00 *Law & Order* *Amends.* 6.00 *NCIS* *Two-Faced.* 6.55 *Entertainment News On 5* 7.00 *NCIS* *Dead Reflection.* 8.00 *NCIS* *Baltimore.* 9.00 *NCIS* *Going Mobile.* 10.00 *Law & Order: Special Victims Unit* *Parasites.* 10.55 *Law & Order: Special Victims Unit* 11.55 *Law & Order: Special Victims Unit* *Pixies.* 12.55 AM *Law & Order: Special Victims Unit* 1.55 *Law & Order* 2.50 *Law & Order* 3.35 *Criminals: Caught On Camera* 4.00-6.00 Teleshopping

5STAR

FREEVIEW 31

6.00 AM Teleshopping 7.00 *Thane Offers – Teleshopping* 8.00 *Entertainment News On 5* 8.10 *Rich Kids, Skint* *Holiday* 9.00 *Bargain-Loving Brits In The Sun* 10.00 *Filthy Britain SOS* 11.00 *Casualty* 24/7: *Every Second Counts* 12.00 PM *Traffic Cops* 2.00 *Police Interceptors* 5.00 *Dogs Behaving (Very) Badly* 6.00 *Neighbours* 6.30 *Home And Away* 7.00 *Dream Kitchens & Bathrooms* 8.00 *Me & My 10 Kids: Mega Families* 9.00 *The Nightmare Neighbour* *Next Door* 10.00 *Fergie & Andrew: The Duke & Duchess Of Disaster* 11.35 *Britain's Poshest Brothel* 12.35 AM *My Lover My Killer* 1.40 *Secrets Of The Mega Landfill* 3.10 *Neighbours* 3.35 *Home And Away* 4.00-6.00 Teleshopping

ITV3

FREEVIEW 10

6.00 AM *Classic Coronation Street* 6.30 *Classic Coronation Street* 7.00 *Classic Emmerdale* 7.30 *Classic Emmerdale* 8.05 *Heartbeat* 9.10 *Bless This House* 9.45 *On The Buses* *Brew It Yourself.* 10.20 *Inspector Morse* *Fat Chance.* 12.40 PM *Heartbeat* *For Better Or Worse.* 1.45 *Classic Emmerdale* 2.15 *Classic Emmerdale* 2.50 *Classic Coronation Street* 3.20 *Classic Coronation Street* 3.55 *Wycliffe* *Old Habits.* 5.00 *Midsomer Murders* *Dead In The Water.* 7.00 *Downton Abbey* 8.00 *Lewis* *Allegory Of Love.* 10.00 *Unforgotten* 11.05 *Wycliffe* *Old Habits.* 12.10 AM *Inspector Morse* 2.20 *Nightscreen* 2.30-6.00 Teleshopping

ITV4

FREEVIEW 25

6.00 AM *River Monsters* 6.25 *The Adventures Of Sherlock Holmes* 7.20 *The Avengers* 8.15 *The Sweeney* 9.20 *Minder* 10.30 *The Saint* 11.35 *Cadfael* 1.20 PM *The Adventures Of Sherlock Holmes* 2.30 *The Avengers* *Murdersville.* 3.35 *The Sweeney* *Night Out.* 4.45 *Minder* *No Way To Treat A Daley.* 5.55 *The Big Match Revisited* 7.00 *Who Wants To Be A Millionaire?* 8.00 *The Car Years 1948.* 8.30 *The Car Years 2000.* 9.00 **FILM** *The Bourne Legacy* Includes FYI Daily. *(Cert 12, 129 mins. 2012)* ★★ ★ 11.40 **FILM** *Crank* Action thriller. *(Cert 18, 84 mins. 2006)* ★★ ★ 1.30 AM *Motorsport UK* 2.30 *The Car Chasers* 3.00-6.00 Teleshopping

ITVBe

FREEVIEW 27

7.00 AM *Sam And Billie: The Mummy Diaries* 8.00 *Buying And Selling* 9.00 *LittleBe* 12.00 PM *Best Cake Wins* 12.30 *The Real Housewives Of Atlanta* 1.30 *Sam And Billie: The Mummy Diaries* 2.30 *The Only Way Is Essex* 3.10 *Little Women: LA* 4.05 *The Real Housewives Of Orange County* 5.00 *The Real Housewives Of Dallas* 6.00 *Buying And Selling* 7.00 *Buying And Selling* 8.00 *Dinner Date* *Josh.* 9.00 *Botched* *House Of Horrors.* 10.00 *The Real Housewives Of Orange County* *The Great OC Escape.* 10.55 *Don't Be Tardy* *The Biermann Carnival.* 11.25 *Don't Be Tardy* *That's Not Healthy.* 11.55 *The Only Way Is Essex* 12.45 AM FYI Extra 1.00-7.00 Teleshopping



## BBC1

**6.00 AM Olympic Breakfast Day Four – 2:** Dan Walker and Sam Quek introduce further coverage from day four, where British divers Eden Cheng and Lois Toulson are looking to make history at Tokyo Aquatics Centre. (S)  
**9.00 Olympics 2020 Day Four – 3:** Coverage of day four of the Games in Tokyo, featuring finals in the team dressage at Equestrian Park and the women's artistic gymnastics team event at Ariake Gymnastics Centre. (S) **12.00 PM BBC News** (S)  
**12.30 Regional News** (S) **12.45 Olympics 2020 Day Four – 5:** Hazel Irvine and Gabby Logan present further coverage of day four in Tokyo, with Bianca Walkden hoping to be involved in the +67kg gold medal Taekwondo bout at Makuhari Messe Hall. (S) **3.00 Olympics 2020 Day Four – 6:** Jason Mohammad looks back at day four in Tokyo, including the women's triathlon, where Great Britain had high hopes of a medal. (S)



10.35pm Flat Out Fabulous

**6.00 BBC News/Weather** (S)  
**6.30 Regional News** (S)

**7.00 The One Show** Presented by Alex Jones and Jermaine Jenas. (S)  
**7.30 Olympics 2020: Today At The Games Day Four:** Clare Balding and Alex Scott present highlights and talking points from day four of the Olympic Games in Tokyo, where there were 22 gold medals to be won, with Great Britain hoping to grab at least one. Triple world Taekwondo champion Bianca Walkden was looking to land her first Olympic title, along with team-mate Mahama Cho, while American gymnast Simone Biles had a fifth in her sights, and the Team GB dressage riders were also aiming for the podium. (S)

**SOAP 9.00 EastEnders** Ruby and Jean enjoy a fun afternoon, Chelsea tries to prove Karen wrong, and Linda stands by Nancy as Frankie's guilt worsens. (S)  
**9.20 Holby City** Dom throws himself into treating Carole. (S)

**10.00 BBC News** (S)  
**10.25 Regional News/Weather** (S)  
**10.35 Flat Out Fabulous** Newcastle/50s Retro Pet Palace: Turning a Newcastle home into a 1950s space for entertaining. (S)

**11.05 Flat Out Fabulous Cambridgeshire Boho Maximalist:** Giving a lacklustre living room a revamp in Cambridge. (S)  
**11.35 Have I Got News For You** (R/S)  
**12.05 AM Olympics 2020 Day Five – 1:** Coverage of day five of the Games in Tokyo. (S) **4.00-6.00 Olympics 2020 Day Five – 4am:** Featuring canoe slalom. (S)

## BBC2

**6.35 AM Beechgrove** (R/S) **7.05 Pointless Quiz**, hosted by Alexander Armstrong. (R/S) **7.50 Sign Zone: Great British Railway Journeys Deal To Margate** (R/S) **8.20 Sign Zone: The Yorkshire Dales Wensleydale** (R/S) **9.00 BBC News At 9** (S) **10.00 BBC News** (S)  
**12.00 PM Olympics 2020 Day Four – 4:** Hazel Irvine and Gabby Logan introduce the latest action from Tokyo. (S) **12.45 Bargain Hunt Harrogate 22:** From Harrogate, North Yorkshire. (R/S) **1.30 Money For Nothing** (R/S) **2.15 The Farmers' Country Showdown Ryedale – Sheep** (R/S) **2.45 Escape To The Country West Dorset** (R/S)  
**3.30 Celebrity Antiques Road Trip Antonio Carluccio And Gennaro Contaldo:** Antonio Carluccio and Gennaro Contaldo search for bargains in East Anglia. (R/S)  
**4.30 Flog It!** (R/S) **5.15 Pointless Quiz**, hosted by Alexander Armstrong. (R/S)



8pm Secrets Of The Museum

**6.00 Richard Osman's House Of Games** Shappi Khorsandi, Michael Buerk, Amanda Abbington and Elis James compete. (R/S)  
**6.30 Animal Park** (S)

**7.00 Great Australian Railway Journeys Port Augusta To Darwin: The Ghan:** Michael Portillo explores Australia by train, beginning by riding the Ghan Railway from Port Augusta in the south to Darwin on the north coast. (R/S)

**8.00 Secrets Of The Museum Epic Iran:** The V&A's Museum of Childhood in east London prepares to undergo a major refurbishment, meaning that the museum's entire collection of 30,000 toys and games must be packed away. (S)

**9.00 Olympics 2020: Extra Day Four:** Jeanette Kwakye presents an in-depth look at day four's action from Tokyo, which featured Simone Biles going for gold in the women's artistic gymnastics, plus the women's triathlon. (S)

**10.00 Cunk On Britain** Mark Lawson joins Philomena to discuss the first half of the 20th century. (R/S)  
**10.30 Newsnight** (S)

**11.15 My Congo: Natural World** Wildlife photographer Vianet D'jengué travels to The Republic of Congo to document the animals that inhabit the country. (R/S) **12.15 AM Sign Zone: Our NHS: A Hidden History** (R/S) **1.15 Sign Zone: Murder, Mystery And My Family McLachlan** (R/S) **2.00 Sign Zone: Frontline Fightback** (R/S) **2.50-6.45 BBC News** (S)

## ITV

**6.00 AM Good Morning Britain** (S)  
**9.00 Lorraine** (S) **10.00 This Morning** Celebrity chat and lifestyle features. (S)  
**12.30 PM Loose Women** More celebrity interviews and topical debate from a female perspective. (S) **1.00 Lunchtime News/Weather** (S) **1.20 Regional News/Weather** (S) **1.30 ITV Racing Live: Glorious Goodwood 2021 Day One:** Coverage of day one of the festival, including the 3.35 Goodwood Cup, two handicaps at the beginning and end of the coverage, and races at 2.25 and 3.00. (S) **4.30 Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard. (R/S) **5.00 The Chase** Bradley Walsh presents as Nikki, Tomos, Donna and Fitz answer general knowledge questions and work as a team to take on quiz genius the Chaser and secure a cash prize. (R/S)



9pm Cooking With The Stars

**6.00 Regional News/Weather** (S)  
**6.30 Evening News/Weather** (S)

**SOAP 7.00 Emmerdale Diane** wants revenge, Marlon learns the truth, and Liam refuses to engage with Leyla and Jacob. (S)  
**7.30 Wild China With Ray Mears China's Pandas:** Ray explores the Sichuan Province in China. (S)

**8.00 Love Your Garden Hull:** Alan Titchmarsh and his team turn a suburban plot in Hull into a wildlife retreat. Plus, tips on creating a pond that's attractive to animals and safe for children. (R/S)

**9.00 Cooking With The Stars** The remaining celebrities take on Indian cuisine as they battle to stay in the competition. Hosted by Emma Willis and Tom Allen. (S)

**10.00 ITV News/Weather** (S)  
**10.30 Regional News/Weather** (S)  
**10.45 On Assignment** Romilly Weeks travels to Malta to investigate the country's water scarcity crisis.

**11.15 Heathrow: Britain's Busiest Airport** Virgin's clubhouse manager Holly showers passengers with VIP treatment. (R/S) **11.45 The Motorbike Show** Henry Cole rides the roads of North Devon. (R/S) **12.35 AM Ideal World** **3.00 FYI Extra** **3.15 Winning Combination** (R/S) **4.05 Nightscreen** **5.05-6.00 Tipping Point**

## Channel 4

**6.00 AM Countdown** (R/S) **6.40 Mike & Molly Goin' Fishin'** (R/S)  
**7.05 Mike & Molly Dennis's Birthday** (R/S)  
**7.25 Everybody Loves Raymond The Apartment** (R/S) **7.50 Everybody Loves Raymond Ping-Pong** (R/S) **8.15 Everybody Loves Raymond Pants On Fire** (R/S) **8.45 Frasier The New Friend** (R/S) **9.15 Frasier Mary Christmas** (R/S)  
**9.45 The Big Bang Theory The Fermentation Bifurcation** (R/S) **10.10 The Big Bang Theory The Line Substitution Solution** (R/S) **10.35 The Big Bang Theory** (R/S) **11.05 The Simpsons** (R/S)  
**11.35 The Simpsons** (R/S) **12.05 PM Channel 4 News/Weather Summary** (S)  
**12.10 Posh Pawnbrokers** (R/S)  
**1.10 A New Life In The Sun** (R/S) **2.10 Countdown** (S) **3.00 Find It, Fix It, Flog It** (S) **4.00 A Place In The Sun** (R/S) **5.00 Couples Come Dine With Me** (R/S)



10pm India's Rape Scandal

**6.00 The Simpsons** (R/S)  
**SOAP 6.30 Hollyoaks** Sylver gets some bad news from the fertility clinic. (R/S)

**7.00 Channel 4 News** (S)  
**7.55 The Political Slot: The Conservative Party** The Government's plan to distribute economic opportunities more fairly. (S)

**DON'T Miss! 8.00 Bake Off: The Professionals – The Final** The final sees the remaining three teams produce hats made entirely of chocolate, 24 filled chocolates and 24 confections, and a banquet to feed 60 people. (S)

**9.00 24 Hours In A&E** Leo is rushed in after crashing his car and flipping it on its roof, young Kieran has hurt his wrist tumbling off his skateboard, and 91-year-old Lillian has fallen over at home. (S)

**10.00 India's Rape Scandal** Allegations of a cover-up to silence rape victims in India. (S)  
**10.55 Taken: Hunting The Sex Traffickers** The police start investigating brothels. (R/S)

**11.55 Ramsay's Kitchen Nightmares USA Flamangos** (R/S) **12.50 AM Couples Come Dine With Me** (R/S) **1.45 Undercover Boss USA** (R/S) **2.35 This Way Up** (R/S) **3.05 Can I Improve My Memory?** (R/S) **4.00 Celebrity Coach Trip St Tropez, France** (R/S) **4.55 Location, Location, Location** (R/S) **5.55-6.00 Kirstie's Vintage Gems** (R/S)



## Channel 5

**6.00 AM Milkshake! 9.15 Jeremy Vine** The broadcaster discusses the issues of the day. (S) **11.15 Room To Improve** Redesigning a home in Clontarf. (S) **11.50 Room To Improve** (S) **12.20 PM 5 News At Lunchtime** (S) **12.25 Ben Fogle: New Lives In The Wild Sweden:** Ben travels to the coastal forests of southern Sweden. (R/S) **1.15 Home And Away** In the aftermath of the body being identified, the town is left reeling. (R/S) **1.45 Neighbours** Yashvi and Levi are thrown when Mitch approaches them to make a deal. (S) **2.15 FILM Tempting Fate** Romantic drama, starring Alyssa Milano. (Cert PG, 87 mins. 2019) (S) ★★ **4.00 Bargain-Loving Brits In The Sun** Cabaret star Mark films a video to play as part of his show. (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



**9pm Our Family Farm Rescue...**

**SOAP 6.00 Home And Away** In the aftermath of the body being identified, the town is left reeling. (R/S) **6.30 5 News Tonight** (S)

**7.00 The Dog Rescuers With Alan Davies** In Bedford, Inspector Justin Stubbs is called to the case of a mysterious accident when puppy Kia the Shar Pei falls from the fourth floor of a building. (S)

**DON'T Miss! 8.00 A Country Life For Half The Price With Kate Humble** New series. Kate Humble follows people who have started new lives in the country. (S)

**9.00 Our Family Farm Rescue With Adam Henson** Adam Henson pays a visit to James and Karen at Potterland Farm, who have decided to create a bespoke smokery on their land. (S)

**10.00 Murder In A Small Town** Documentary examining the case against Luke Mitchell, who was accused of brutally murdering 14-year-old schoolgirl Jodi Jones in 2003. (S)

**11.30 Police: Hour Of Duty** (R) **12.30 AM Criminals: Caught On Camera** (R) **1.00 The 21.co.uk Live Casino Show** **3.00 Entertainment News On 5** **3.10 Ben Fogle: New Lives In The Wild** (R) **4.00 My Mum's Hotter Than Me!** (R) **4.45 Wildlife SOS** (R) **5.10 House Doctor** (R) **5.35 Thomas & Friends** (R) **5.45-6.00 Paw Patrol** (R/S)



**DON'T Miss!**

**A COUNTRY LIFE FOR HALF THE PRICE WITH KATE HUMBLE | Channel 5 8PM**

## Room to move

With the housing market seeing properties rocket to record prices in Britain's biggest cities, there's never been a better time to trade in your city home for a life in the country. As Kate Humble begins her second series of

this aspirational property show, she meets Welsh couple Dawn and Richard, their daughter Karli, her husband Matt and their three daughters.

Three generations of the same family have sold up in Cardiff so they can all move

into a beautiful longhouse in rural Ceredigion. Not only have they saved £160,000 on the price of their previous homes, they also have plenty more space – perfect for the young girls to play in. But there's also plenty of hard work ahead...

**DON'T Miss!**

## Top hat!

**BAKE OFF: THE PROFESSIONALS - THE FINAL | Channel 4 8PM**



It's time for the grand final, and with three teams still in the mix for the big prize, judges Benoit Blin and Cherish Finden have set them two tricky challenges. First, the contenders must make a chocolate hat. Yes, you read that right! Naturally, tasting delicious is only one of the hat's requirements. It must also look totally amazing, and (perhaps even more crucially) it absolutely must *not* melt all over their creators' heads when they're paraded up and down the catwalk. The teams also have just four hours to make 24 filled chocolates and 24 confections, before moving on to create a banquet fit for an awards ceremony. So who will be crowned the ultimate *Bake Off* winner, and who'll be left eating their chocolate hat?

## Regional variations

**BBC1 N IRELAND** as Main BBC1 except: **10.35-11.05pm** Barra's Return Of The Wild **11.35-12.05** Flat Out Fabulous **BBC2 WALES** as Main BBC2 except: **10.00-10.30pm** The Wedding Guru **11.15** Llangollen 2021 **11.55-12.15** Coast **STV** as Main ITV except: **1.30-4.30pm** STV Racing Live: Glorious Goodwood **8.00-9.00** Daily Record's Pride Of Scotland Awards **12.35-3.00am** Nightscreen





ALAN DAVIES: AS YET UNTITLED | Dave 10PM

Alan Davies returns with a sixth series of his totally unscripted and unrehearsed show. Filmed in front of a live audience at London’s Roundhouse, all Alan has to hand is a couple of facts about each of his four guests: after that, the chat could go *anywhere*. And Alan is clearly thrilled at the prospect...

“It’s very exciting, because just being out of the house is exciting!” he chuckles. “And we have an amazing venue, so all of our guests seem to be delighted to be in the company of someone

other than their families. Everyone is very upbeat!”

As ever, there’s a mix of up-and-coming and familiar comedians across the series – swapping stories tonight are Darren Harriott, Dara Ó Briain, Sarah Keyworth and Angela Scanlon. But is there anyone else Alan would love to do it?

“I have many comic heroes – Chris Rock, Steve Martin, Tina Fey – but they’re all in the US,” he shares. “To be honest, we’ve had most of the people I’d like! The nice thing about this show is that people *want* to come on...”

ROBSON AND JIM’S ICELANDIC FLY-FISHING... | ITV4 8PM



Robson Green and James Murray (of *McDonald & Dodds*, among others) tour Iceland on the greatest fishing trip of their lives, as they try to catch some serious fry. The actor besties also talk about what fishing means to them en route.

Sky Witness Sky Atlantic Sky One

6.00 AM Nothing To Declare 8.00 Border Patrol 9.00 The Real A&E 10.00 Sun, Sea And A&E 11.00 Law & Order 12.00 PM CSI: Crime Scene Investigation *Miscarriage Of Justice*. 1.00 Blue Bloods *Lost And Found*. 2.00 Blue Bloods *Growing Boys*. 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare Customs officers in Australia.

6.00 AM Fish Town 7.00 Elementary *T-Bone And The Iceman*. 8.00 Elementary *The View From Olympus*. 9.00 Six Feet Under *Death Works Overtime*. 10.05 Six Feet Under *Twilight*. 11.10 Boardwalk Empire *Under God’s Power She Flourishes*. 12.15 PM Boardwalk Empire *To The Lost*. 1.20 Elementary *One Watson, One Holmes*. 2.15 Elementary *A Stitch In Time*. 3.10 Dexter *Hop A Freighter*. 4.15 Dexter *The Big One*. 5.20 The Sopranos *Kennedy And Heidi*. 6.25 The Sopranos

6.00 AM Futurama 6.30 Futurama 7.00 Dogs With Extraordinary Jobs 8.00 Monkey Business 8.30 Monkey Business 9.00 Motorway Patrol 9.30 Motorway Patrol 10.00 Stop, Search, Seize 11.00 NCIS: Los Angeles 12.00 PM NCIS: Los Angeles *Empty Quiver*. 1.00 Hawaii Five-0 2.00 Hawaii Five-0 3.00 Magnum P.I. 4.00 Modern Family *Alone Time*. 4.30 Modern Family 5.00 The Simpsons 5.30 Futurama 6.00 Futurama 6.30 The Simpsons *Marge On The Lam*.

7 pm	7.00 Nothing To Declare 7.30 Nothing To Declare	7.30 Game Of Thrones <i>The Dragon And The Wolf</i> : Tyrion tries to save Westeros from itself.	7.00 The Simpsons <i>Bart’s Inner Child</i> : Homer and Marge seek a better life. 7.30 The Simpsons
8 pm	8.00 Blue Bloods <i>The Job</i> : Danny puts his family in danger.		8.00 Supergirl <i>Prom Night!</i> : Nia and Brainy try to save Kara from the Phantom Zone.
9 pm	9.00 The Good Doctor <i>Vamos</i> : Part two of two. Shaun must perform a risky surgery in Guatemala.	9.00 Save Me Too A high-profile sex-trafficking trial brings fresh hope in Nelly’s quest to find Jody.	9.00 An Idiot Abroad 3 Karl and Warwick land roles in a Bollywood movie.
10 pm	10.00 The InBetween <i>While The Song Remains The Same</i> : Cassie helps out an idol from her childhood.	10.05 Six Feet Under <i>The Silence</i> : Nate and Brenda are faced with a dilemma.	10.00 A League Of Their Own <i>Best Of</i> : Highlights from the latest series.
11 pm	11.00 Law & Order: Special Victims Unit <i>Recall</i> : A high-profile lawyer is charged with rape.	11.15 Six Feet Under <i>Singing For Our Lives</i> : The future of Fisher & Diaz becomes uncertain.	11.00 Prodigal Son <i>Face Value</i> : A famous plastic surgeon is found murdered.
	12.00 AM Law & Order: Special Victims Unit 1.00 New Amsterdam 2.00 Grey’s Anatomy 3.00 Road Wars 4.00 Road Wars 5.00-6.00 Brit Cops: Rapid Response	12.25 AM True Blood 1.35 True Blood 2.45 Californication 3.25 Californication 4.00 Richard E Grant’s Hotel Secrets 5.00-6.00 Richard E Grant’s Hotel Secrets	12.00 AM MacGyver 1.00 Road Wars 2.00 DC’s Legends Of Tomorrow 3.00 NCIS: Los Angeles 4.00 Stop, Search, Seize 5.00-6.00 Magnum P.I.

<b>W</b> 6.10 AM My Dream Home 8.00 Tipping Point 9.00 Tipping Point 10.00 The Bill 11.00 Inside The Ambulance: Coast And Country 12.00 PM Inside The Ambulance: Coast And Country 1.00 Tipping Point 2.00 Tipping Point 3.00 Property Brothers: Forever Homes <i>Everyone’s Welcome</i> . 4.00 My Dream Home 5.00 My Dream Home 6.00 Property Brothers: Forever Homes 7.00 Plate Of Origin <i>Quarter-finals: Round 1</i> . 8.30 Inside The Ambulance 9.30 999 Rescue Squad 10.30 Inside The Operating Theatre 11.30 One Born Every Minute 12.30 AM Inside The Ambulance 1.00 Renovate My Home: Leave It To Bryan 1.35 Disaster DIY 2.00 Disaster DIY 2.25 Disaster DIY 3.00-6.10 Teleshopping	<b>Alibi</b> 6.00 AM Teleshopping 7.15 Murdoch Mysteries 9.00 Rizzoli & Isles 10.00 Unforgettable 11.00 Hudson & Rex 12.00 PM Shakespeare & Hathaway – Private Investigators 1.00 Death In Paradise 2.00 Murdoch Mysteries 3.00 Murdoch Mysteries 4.00 The Good Wife <i>Fleas</i> . 5.00 Rizzoli & Isles 6.00 Unforgettable 7.00 Hudson & Rex <i>A Cult Education</i> . 8.00 Death In Paradise <i>A Stormy Occurrence</i> . 9.00 Limetown <i>Apples And Oranges</i> . 9.30 Limetown <i>Answers</i> . 10.10 Why Women Kill 11.15 The Good Wife 12.15 AM Unforgettable 1.10 Shakespeare & Hathaway – Private Investigators 2.10 We Hunt Together 3.10 Rush 4.00-6.00 Teleshopping	<b>GOLD</b> 6.00 AM Teleshopping 7.10 French Fields 8.40 Are You Being Served? 9.20 Still Open All Hours 10.00 Last Of The Summer Wine 11.20 The Green Green Grass 12.00 PM Blackadder II 12.40 Still Open All Hours 1.20 Are You Being Served? 2.00 Dad’s Army 3.20 The Green Green Grass 4.00 Blackadder II 4.40 Last Of The Summer Wine 6.00 Still Open All Hours 6.40 Are You Being Served? 7.20 The Green Green Grass 8.00 Dad’s Army 8.40 Dad’s Army 9.20 Dial M For Middlesbrough 11.20 All Round To Mrs Brown’s 12.40 AM Peep Show 1.15 Men Behaving Badly 1.55 All Round To Mrs Brown’s 3.10 Richard E Grant On Ealing Comedies 4.00-6.00 Teleshopping	<b>Com. Central</b> 6.00 AM Teleshopping 8.00 Impractical Jokers: Dinner Party 8.35 Impractical Jokers: Dinner Party 9.00 Impractical Jokers: Dinner Party 9.30 Impractical Jokers: Dinner Party 10.00 Everybody Loves Raymond 10.30 Everybody Loves Raymond 11.00 Everybody Loves Raymond 11.30 Everybody Loves Raymond 12.00 PM My Wife And Kids 12.30 My Wife And Kids 1.00 Friends 7.00 Friends 7.30 Friends 8.00 Criminally Funny 9.00 Live At The Apollo 10.00 Jason Manford Live 11.40 Criminally Funny 12.40 AM Baywatch 1.40 South Park 2.10 South Park 2.40 South Park 3.05 South Park 3.30 South Park 3.55 South Park 4.20 The Middle 4.40 The Middle 5.00-6.00 Teleshopping	<b>Sky Docs</b> 6.00 AM The Reagan Show 7.30 PL Legends 8.00 All Or Nothing 9.00 Discovering 10.00 The Directors 11.00 The 2000s 12.00 PM First Ladies 12.50 Hillary 2.00 FILM The Kid Stays In The Picture (Cert 15, 93 mins. 2002) ★★★★★ 3.50 My Icon 4.00 Discovering 5.00 The Directors 6.00 The 2000s 7.00 First Ladies 7.50 Hillary 9.00 FILM Inmate 1: The Rise Of Danny Trejo (Cert 15, 108 mins. 2019) ★★★ 11.10 FILM Ali & Cavett: The Tale Of The Tapes (Cert 15, 95 mins. 2018) ★★★ 1.10 AM FILM The Soul Of America (Cert PG, 80 mins. 2020) ★★★ 2.40 FILM Pretending I’m A Superman: The Tony Hawk Video Game Story (Cert 12, 73 mins. 2020) ★★★ 4.00-5.00 Discovering	<b>Sky Comedy</b> 6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 The Mindy Project 10.00 Will & Grace 11.00 Parks And Recreation 11.30 Girls 12.05 PM Girls 12.40 Sex And The City 1.50 Curb Your Enthusiasm 3.00 The Fresh Prince Of Bel-Air 4.00 Will & Grace 5.00 Sex And The City 6.15 Curb Your Enthusiasm 7.30 Parks And Recreation 8.00 The Fresh Prince Of Bel-Air 8.30 The Fresh Prince Of Bel-Air 9.00 Betty 9.35 Work In Progress 10.15 Ballers 10.50 The Tonight Show Starring Jimmy Fallon 11.50 Sex And The City 12.25 AM Sex And The City 1.00 Curb Your Enthusiasm 2.10 Everybody Hates Chris 3.00 Will & Grace 3.30 Will & Grace 4.00 The Mindy Project 5.00-6.00 Teleshopping
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Drama

FREEVIEW 20

6.00 AM Teleshopping  
7.30 Where The Heart Is  
8.25 The Bill 9.30 Classic  
Holby City 10.55 Classic  
Casualty 12.00 PM  
The Bill 1.00 Classic  
EastEnders 1.40 Classic  
EastEnders 2.15 A Place  
To Call Home Happy Days  
Are Here Again. 3.15  
Bergerac Ninety Per Cent  
Proof. 4.20 Dangerfield  
Paths. 5.20 Birds Of A  
Feather Wipe That Smile Off  
Your Tape. 6.00 Hi-de-Hi!  
Hey Diddle Diddle, Who's On  
The Fiddle?. 6.40 To The  
Manor Born Horses v Cars.



Brainy (Jesse Rath) tries to save Kara from the Phantom Zone in *Supergirl* 8pm Sky One

BBC Scotland

FREEVIEW 108 (SCOTLAND)

BBC4

FREEVIEW 9

7.20 Last Of The  
Summer Wine Who's  
That With Barry And  
Glenda?: Barry is caught  
acting suspiciously.

7.00 PM Paramedics  
On Scene Stevie and his  
Special Operations team  
attend a car crash.  
7.30 Island Medics

7.00 PM The Joy Of  
Painting Mountain  
Challenge.  
7.30 Coastal Path  
Last in the series.

8.00 The Last  
Detective Tricia:  
A stalker harasses Davies.

8.00 Inside The Zoo  
At Edinburgh Zoo, the  
vets deal with a zebra  
with arthritis.

8.00 Yes Minister The  
Bed Of Nails: Jim has to  
develop a government  
transport policy.  
8.30 The Good Life


9.35 New Tricks Queen  
And Country: Sandra  
reopens an investigation  
into the apparent suicide  
of a Foreign Office diplomat.

9.00 The Nine  
The latest Scottish, UK  
and international news.

9.00 Hemingway How  
Hemingway tried to start a  
new life with Mary Welsh.  
9.50 Hemingway  
Last in the series.

10.55 Bad Girls Drug  
Wars: Two new inmates  
arrive on G-Wing.

10.00 Harry Birrell  
Presents Films Of  
Scotland The film-making  
journey of Harry Birrell.  
10.30 Rock And Roma

 10.40 A Farewell  
To Arms Drama,  
starring Gary  
Cooper. (Cert PG, 78  
mins. 1932, B/W) ★★

11.00-12.00 This Is Our  
Story: Inside Hearts The  
club's woes on the pitch  
continue into 2020.

11.55 Motherland  
The Birthday Party:  
Comedy, starring Anna  
Maxwell Martin.

12.25 AM Motherland 12.55  
Motherland 1.25 Motherland  
1.50 Motherland 2.20  
Motherland 2.50-3.40  
Hemingway

12.05 AM Taggart 2.50 The  
Bill 4.00-6.00 Teleshopping

Dave

FREEVIEW 19

6.00 AM Teleshopping 7.10  
Last Stop Garage 7.35 Last  
Stop Garage 8.00 American  
Pickers 9.00 Celebrity  
Storage Hunters 10.00  
American Pickers 12.00 PM  
Border Force: America's  
Gatekeepers 1.00 Top Gear  
3.00 Rick Stein's India 4.00  
Top Gear 5.00 Top Gear 6.00  
Eddie Eats Christmas 6.30  
Eddie Eats Christmas 7.00  
Richard Osman's House Of  
Games 7.40 Would I Lie To  
You? 8.20 QI I-Spy. 9.00  
Travel Man 10.00 **DON'T  
MISS!** Alan Davies: As Yet  
Untitled 11.00 Taskmaster  
12.00 AM Mock The Week  
12.40 Would I Lie To You?  
1.20 QI 2.00 Alan Davies: As  
Yet Untitled 3.00 Insert Name  
Here 3.30 Insert Name Here  
4.00-6.00 Teleshopping

5USA

FREEVIEW 21

6.00 AM TJC 9.00 Murder,  
She Wrote 10.00 NCIS 11.00  
NCIS 12.00 PM Law & Order  
12.55 Entertainment News  
On 5 1.00 Law & Order 2.00  
Law & Order 3.00 Law &  
Order 4.00 Law & Order *Thin  
Ice*. 5.00 Law & Order *Hubris*.  
6.00 NCIS *Swan Song*. 6.55  
Entertainment News On 5  
7.00 NCIS *Pyramid*. 8.00  
NCIS *Rogue*. 9.00 Law &  
Order: Criminal Intent *Inert  
Dwarf*. 10.00 Law & Order:  
Special Victims Unit *Scourge*.  
10.55 Law & Order: Special  
Victims Unit *Repression*.  
11.55 Law & Order: Special  
Victims Unit *Abuse*. 12.50 AM  
Law & Order: Special Victims  
Unit 1.50 Law & Order  
2.45 Law & Order 3.35  
Criminals: Caught On Camera  
4.00-6.00 Teleshopping

5STAR

FREEVIEW 31

6.00 AM Teleshopping 7.00  
Thane Offers – Teleshopping  
8.00 Entertainment News  
On 5 8.10 Rich Kids, Skint  
Holiday 9.00 Bargain-Loving  
Brits In The Sun 10.00 Filthy  
Britain SOS 11.00 Casualty  
24/7: Every Second Counts  
12.00 PM Traffic Cops  
1.00 Traffic Cops 2.00 Police  
Interceptors 5.00 Dogs  
Behaving (Very) Badly 6.00  
**Neighbours** 6.30 **Home And  
Away** 7.00 Mobs & Yobs:  
Caught On Camera 8.00  
Million Pound Garage  
Conversions 9.00 **FILM**  
Homefront (Cert 15, 98 mins.  
2013) ★★ 11.05 Shoplifters:  
At War With The Law  
12.05 AM Kinky On Camera:  
Adults Only! 1.05 Good  
Girls' Guide To Kinky Sex  
2.05-3.10 Wentworth Prison

ITV2

FREEVIEW 6

6.00 AM Ellen's Game  
Of Games 6.55 Totally  
Bonkers Guinness World  
Records 7.25 You've  
Been Framed! Gold  
8.00 **Emmerdale** 8.30  
**Coronation Street** 9.30  
Ellen's Game Of Games  
10.30 Dress To Impress  
11.30 The Cabins  
12.30 PM **Emmerdale**  
1.00 **Coronation Street**  
2.00 Supermarket Sweep  
3.00 Dress To Impress  
4.00 The Cabins  
5.00 You've Been  
Framed! Gold 6.00  
Celebrity Catchphrase

7.00 Superstore Delivery  
Day: Amy and Dina both  
prepare to give birth.  
7.30 Superstore  
Maternity Leave.

8.00 Bob's Burgers  
Art Crawl: Linda's sister  
displays her paintings in  
the restaurant.  
8.30 Bob's Burgers

9.00 Love Island The  
latest events from the Villa.

10.05 Shopping With  
Keith Lemon Joel  
Dommett & Richard  
Blackwood.  
10.35 Family Guy

11.05 Family Guy  
Peter Problems.  
11.35 American Dad!  
Roger breaks his ankle.

12.00 AM American Dad!  
12.30 Iain Stirling's  
CelebAbility 1.20 Bob's  
Burgers 1.45 Bob's Burgers  
2.10 Superstore 2.35  
Superstore 3.00 FYI Extra  
3.15 Nightscreen 3.30-6.00  
Teleshopping

ITV3

FREEVIEW 10

6.00 AM Classic Coronation  
Street 6.30 Classic  
Coronation Street  
7.00 Classic Emmerdale  
7.30 Classic Emmerdale  
8.05 Heartbeat *For Better Or  
Worse*. 9.15 Bless This House  
9.50 On The Buses 10.20  
Inspector Morse 12.40 PM  
Heartbeat *Past Crimes*.  
1.45 Classic Emmerdale  
2.15 Classic Emmerdale 2.50  
Classic Coronation Street  
3.20 Classic Coronation  
Street 3.55 Wycliffe  
*Strangers*. 5.00 Midsomer  
Murders *Orchis Fatalis*.  
7.00 Downton Abbey 8.00  
Midsomer Murders *Bantling  
Boy*. 10.05 Unforgotten  
11.05 Wycliffe *Strangers*.  
12.10 AM Inspector Morse  
2.20 Nightscreen  
2.30-6.00 Teleshopping

E4

FREEVIEW 13

6.00 AM **Hollyoaks** 6.30  
**Hollyoaks** 7.00 Ramsay's  
Kitchen Nightmares USA  
8.00 How I Met Your  
Mother 9.00 Melissa &  
Joey 10.00 Baby Daddy  
11.00 The Goldbergs  
12.00 PM Brooklyn  
Nine-Nine Drama series.  
12.30 Brooklyn Nine-Nine  
1.00 The Big Bang Theory  
3.00 The Goldbergs  
3.30 The Goldbergs 4.00  
Black-ish 4.30 Black-ish  
5.00 Brooklyn Nine-Nine  
5.30 Brooklyn Nine-Nine  
6.00 The Big Bang Theory  
6.30 The Big Bang Theory

7.00 **Hollyoaks** Mercedes  
confronts Cher after  
months of manipulation.  
7.30 **Come Dine With  
Me Birmingham** 2/5.

8.00 Below Deck:  
Mediterranean Don't  
Cry For Me, Sirocco.

 9.00 Hitman:  
Agent 47 Action  
thriller, starring  
Rupert Friend. (Cert 15,  
92 mins. 2015) ★★

10.55 Naked Attraction  
Charles & Lee: Two  
students take the plunge.

12.00 AM Gogglebox  
1.05 First Dates 2.10 Rick  
And Morty 2.35 Rick And  
Morty 3.00 Gogglebox  
3.55 How I Met Your Mother  
4.20 How I Met Your Mother  
4.45-6.00 Ramsay's Kitchen  
Nightmares USA

ITV4

FREEVIEW 25

6.00 AM River Monsters  
6.25 The Adventures Of  
Sherlock Holmes 7.20 The  
Avengers 8.15 The Sweeney  
9.20 Minder 10.30 The Saint  
11.35 Cadfael 1.20 PM  
The Adventures Of Sherlock  
Holmes 2.30 The Avengers  
3.40 The Sweeney *The  
Placer*. 4.45 Minder *Uneasy  
Rider*. 5.55 The Big Match  
Revisited 7.00 Who Wants  
To Be A Millionaire? 8.00  
**DON'T MISS!** Robson And  
Jim's Icelandic Fly-Fishing  
Adventure 9.00 Monster  
Carp 10.00 **FILM** The  
A-Team (Cert 12, 117 mins.  
2010) ★★ 12.25 AM Car  
Crash Global: Caught On  
Camera 1.25 Take The Tower  
2.25 River Monsters  
2.55 Nightscreen  
3.00-6.00 Teleshopping

More4

FREEVIEW 18

8.55 AM Kirstie's Vintage  
Gems *Doormat And  
Coasters*. 9.15 Heir  
Hunters 10.05 Find It, Fix  
It, Flog It 11.05 Find It,  
Fix It, Flog It 12.10 PM  
Car S.O.S *Toyota FJ40 Land  
Cruiser*. 1.10 Emergency  
Helicopter Medics 2.15  
Four In A Bed *No 33*. 2.50  
Four In A Bed 3.20 Four  
In A Bed 3.50 Four In A  
Bed 4.20 Four In A Bed  
4.55 Grand Designs  
New Zealand 5.55 The  
Supervet 6.55 Escape  
To The Chateau: Make  
Do And Mend

7.55 Grand Designs  
Camden, 2012:  
Converting a dilapidated  
joinery workshop in north  
London.

9.00 My Floating Home  
A couple building  
a bespoke floating  
home in Bedfordshire.

10.00 8 Out Of 10 Cats  
Does Countdown With  
Harriet Kemsley, Joe  
Lycett and Mat Ewins.

11.05 24 Hours In A&E  
A chef is treated after  
accidentally stabbing  
himself while chopping  
tomatoes.

12.05 AM My Floating Home  
1.10 8 Out Of 10 Cats Does  
Countdown 2.15 24 Hours In  
A&E 3.20-3.45 Food  
Unwrapped

ITVBe

FREEVIEW 27

7.00 AM Sam And Billie: The  
Mummy Diaries 8.00 Buying  
And Selling 9.00 LittleBe  
12.00 PM Best Cake Wins  
12.30 The Real Housewives  
Of Atlanta 1.30 Sam And  
Billie: The Mummy Diaries  
2.30 The Only Way Is Essex  
3.10 Little Women: LA 4.05  
The Real Housewives Of  
Orange County 5.00 The Real  
Housewives Of Dallas  
*Reunion Part 2*. 6.00 Buying  
And Selling 7.00 Buying And  
Selling *Mike And Nicole*. 8.00  
Dinner Date *Kirby*. 9.00 The  
Real Housewives Of Orange  
County 10.00 The Real  
Housewives Of Atlanta *Ruined  
Peaches*. 10.55 Marriage  
Boot Camp: Reality Stars  
11.55 The Only Way Is Essex  
12.55 AM ITVBe Nightscreen  
1.00-7.00 Teleshopping



## BBC1

**6.00 AM Olympic Breakfast Day Five – 2:** Further coverage of day five in Tokyo, with Great Britain's Jack Laugher defending his 3m synchro diving title with partner Dan Goodfellow at Tokyo Aquatics Centre from 7.00. (S) **9.00 Olympics 2020 Day Five – 3:** Hazel Irvine presents coverage of day five from Tokyo, including Charlotte Dujardin's bid for a third consecutive gold medal in the individual dressage at Equestrian Park from 9.30. (S) **12.00 PM BBC News/Weather (S)** **12.30 Regional News (S)** **12.45 Olympics 2020 Day Five – 5:** Hazel Irvine introduces the conclusion of the individual dressage at Equestrian Park. (S) **3.00 Olympics 2020 Day Five – 6:** Jason Mohammad looks back on the best of the action from day five in Tokyo, where Great Britain's equestrian star Charlotte Dujardin went for glory again. (S)



7pm The One Show

**6.00 BBC News/Weather (S)**  
**6.30 Regional News (S)**

**7.00 The One Show** With Alex Jones and Jermaine Jenas. (S)  
**7.30 Olympics 2020: Today At The Games Day Five:** Clare Balding and Alex Scott present highlights of day five's action from Tokyo 2020, in which Britain's Charlotte Dujardin went in search of another equestrian gold medal. Dujardin had a hat-trick on her mind in the individual dressage at Equestrian Park, while Britain's men's four rowing team attempted to continue a run stretching back to Sydney 2000 by winning a sixth consecutive gold medal at Sea Forest Waterway. (S)



**9.00 Fake Or Fortune?** Fiona Bruce and Philip Mould examine a sculpture found in the long grass of a Norfolk home that bears striking similarities to the work of Henry Moore. (S)

**10.00 BBC News (S)**  
**10.25 Regional News/Weather (S)**  
**10.35 Radio 1 Live Lounge Special** The best performances from the Radio 1 feature. (S)

**11.05 Michael McIntyre's The Wheel** The comedian hosts the return of the game show. (R/S) **12.10 AM Olympics 2020 Day Six – 1:** JJ Chalmers presents coverage of day six in Tokyo. (S) **4.00-6.00 Olympics 2020 Day Six – 4am:** Featuring basketball at Saitama Super Arena. (S)

## BBC2

**6.45 AM Pointless (R/S)** **7.30 Sign Zone: Great British Railway Journeys Herne Bay To Leeds Castle, Kent (R/S)** **8.00 Sign Zone: Beechgrove (R/S)** **8.30 The Super League Show** With Tanya Arnold. (R/S) **9.00 BBC News At 9 (S)** **10.00 BBC News (S)** **12.00 PM Olympics 2020 Day Five – 4:** Hazel Irvine presents continued live coverage of day five. (S) **12.45 Bargain Hunt York/Elsecar 4:** Two teams seek items in Elsecar, South Yorkshire. (R/S) **1.30 Money For Nothing (R/S)** **2.15 The Farmers' Country Showdown Bath – Cheese & Sausages (R/S)** **2.45 Escape To The Country Cheshire (R/S)** **3.30 Celebrity Antiques Road Trip Aldo Zilli And Ching-He Huang:** Aldo Zilli and Ching-He Huang search for bargains in south-east England. (R/S) **4.30 Flog It! (R/S)** **5.15 Pointless Quiz,** hosted by Alexander Armstrong. (R/S)



11.15pm Chappaquiddick

**6.00 Richard Osman's House Of Games** With Shappi Khorsandi, Michael Buerk, Amanda Abbington and Elis James. (R/S)  
**6.30 Animal Park (S)**

**7.00 Great Australian Railway Journeys Sydney To Broken Hill:** Michael Portillo explores New South Wales, exploring along the way the origins of Sydney as a penal colony, as well as volunteering as a lifeguard and riding the steepest railway in the world. (R/S)

**8.00 Chris Packham: The Walk That Made Me** The naturalist explores his past as he walks a familiar path in the Hampshire countryside, and reflects on his struggles with his mental health. (S) **See p63**

**9.00 Olympics 2020: Extra Day Five:** Jeanette Kwakye and Nihal Arthanayake cast their eyes over the best of the action from a hectic day five in Tokyo. (S)

**10.00 Mortimer & Whitehouse: Gone Fishing** Paul Whitehouse and Bob Mortimer are joined by Feargal Sharkey on the River Lea. (R/S)  
**10.30 Newsnight (S)**

**11.15 FILM Chappaquiddick** Thriller, starring Jason Clarke. (Cert 12, 106 mins. 2017) (S) ★★★★★ **12.55 AM Sign Zone: Forensics: The Real CSI Indecent Exposure (R/S)** **1.55 Sign Zone: Asia: Our Wild Adventures Asia (R/S)** **2.55 Sign Zone: Murder, Mystery And My Family Allen (R/S)** **3.45-6.30 BBC News (S)**

## ITV

**6.00 AM Good Morning Britain (S)** **9.00 Lorraine (S)** **10.00 This Morning** Celebrity chat and lifestyle features. (S) **12.30 PM Loose Women** Another helping of topical studio discussion from a female perspective, featuring celebrity interviews. (S) **1.00 Lunchtime News/Weather (S)** **1.20 Regional News/Weather (S)** **1.30 ITV Racing Live: Glorious Goodwood 2021 Day Two:** Ed Chamberlin and Francesca Cumani present day two of the festival, including the 3.35 Sussex Stakes and races at 2.25 and 3.00. (S) **4.30 Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard. (R/S) **5.00 The Chase** Bradley Walsh presents as contestants David, India, Ged and Sam answer general knowledge questions and take on ruthless quiz genius the Chaser and secure a cash prize. (R/S)



8pm Craig And Bruno's Great...

**6.00 Regional News/Weather (S)**  
**6.30 Evening News/Weather (S)**

**SOAP 7.00 Emmerdale** Jacob confronts Liam, Nate makes a suggestion, and Jamie manipulates Andrea. (S)  
**SOAP 7.30 Coronation Street** Will reveals Todd's scheming to Summer and Paul. (S)

**8.00 Craig And Bruno's Great British Road Trips Wales:** Craig and Bruno continue their road trip in North Wales. (S)  
**SOAP 8.30 Coronation Street** Todd's world comes crashing down for all to see, and Craig is faced with a dilemma. (S)



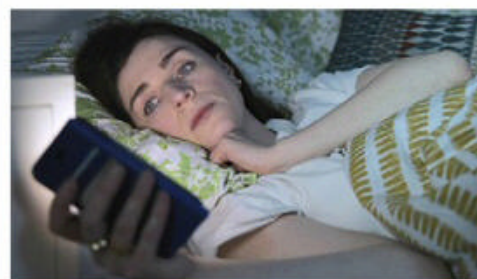
**9.00 Morecambe & Wise: The Lost Tapes** A series of sketches taken from a Morecambe & Wise film reel that contained footage which hadn't been seen for 50 years. (S)

**10.00 ITV News/Weather (S)**  
**10.30 Regional News/Weather (S)**  
**10.45 Diana's Decades The 1990s:** The Princess of Wales' impact on the 1990s. Last in the series. (R/S)

**11.45 Heathrow: Britain's Busiest Airport** Border officers Kat and Tracy help a student from India, who has arrived with no fixed abode. Meanwhile, out on the airfield during the morning rush hour, Airside Ian is on the runway. (R/S) **12.10 AM Shop: Ideal World** **3.00 FYI Extra** **3.15 Nightscreen** **5.05-6.00 Tipping Point (R/S)**

## Channel 4

**6.00 AM Countdown (R/S)** **6.40 Mike & Molly (R/S)** **7.05 Mike & Molly (R/S)** **7.25 Everybody Loves Raymond (R/S)** **7.50 Everybody Loves Raymond (R/S)** **8.15 Everybody Loves Raymond (R/S)** **8.45 Frasier Frasier's Edge (R/S)** **9.15 Frasier Cranes Unplugged (R/S)** **9.45 The Big Bang Theory The Conjugal Conjecture (R/S)** **10.10 The Big Bang Theory The Military Miniaturisation (R/S)** **10.35 The Big Bang Theory The Dependence Transcendence (R/S)** **11.05 The Simpsons Mr Lisa Goes To Washington (R/S)** **11.35 The Simpsons When Flanders Failed (R/S)** **12.05 PM Channel 4 News/Weather Summary (S)** **12.10 Posh Pawnbrokers (R/S)** **1.10 A New Life In The Sun (R/S)** **2.10 Countdown (S)** **3.00 Find It, Fix It, Flog It (S)** **4.00 A Place In The Sun 2020: Costa Calida, Spain (R/S)** **5.00 Couples Come Dine With Me (R/S)**



10pm This Way Up

**6.00 The Simpsons** Mr Burns seeks revenge on Jay G. (R/S)  
**SOAP 6.30 Hollyoaks** Mercedes confronts Cher after months of manipulation. (R/S)

**7.00 Channel 4 News (S)**  
**7.55 The Political Slot: The Green Party** The party's vision to build a greener future. (S)

**8.00 Kirstie And Phil's Love It Or List It: Brilliant Builds** Kirstie Allsopp and Phil Spencer look back at homes in Stoke and Newcastle that were all about being clever with cash and smart about storage. (S)

**9.00 George Clarke's Remarkable Renovations** George meets a Staffordshire couple who have bought a 19th-century coach house, living cooped up in a caravan on-site with their children while they oversee the renovation. (S)

**10.00 This Way Up** Aine spices things up in the bedroom. (S)  
**10.30 Celebrity Gogglebox** A rolling cast of famous faces appraises the week's television. (R/S)

**11.35 Naked Attraction (R/S)** **12.35 AM Ramsay's Kitchen Nightmares USA Bazzini (R/S)** **1.25 Couples Come Dine With Me (R/S)** **2.20 FILM Devil's Due** Horror, starring Allison Miller. (Cert 15, 87 mins. 2014) (S) ★★ **3.50 Celebrity Coach Trip (R/S)** **4.45 Location, Location, Location (R/S)** **5.40-6.00 Kirstie's Fill Your House For Free (R/S)**



## Channel 5

**6.00 AM Milkshake!** **9.15 Jeremy Vine**  
The broadcaster discusses the issues of the day. (S) **11.15 Room To Improve**  
Dermot Bannon helps knock two houses into one. (S) **11.50 Room To Improve** (S) **12.20 PM 5 News At Lunchtime** (S) **12.25 Ben Fogle: New Lives In The Wild Ethiopia:** Ben meets a Glaswegian woman who relocated to the mountains of Ethiopia. (R/S) **1.15 Home And Away**  
Cash is forced to drag Dean out of Salt. (S) **1.45 Neighbours** In the wake of a frightening accident, Yashvi is rushed to hospital. (S) **2.15 FILM Psycho In Law**  
Premiere. Thriller, starring Katie Leclerc and Catherine Dyer. (Cert PG, 90 mins. 2017) (S) ★★ **4.00 Bargain-Loving Brits In The Sun**  
Female impersonator James and his partner David rent a working farm. (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



9pm Casualty 24/7...

**SOAP** **6.00 Home And Away**  
Cash is forced to drag Dean out of Salt. Stephen is next to be interviewed by the police. (R/S) **6.30 5 News Tonight** (S)

**7.00 Traffic Cops** An insight into the working life of officers patrolling the roads, using technology and old-fashioned methods to bring criminals to justice. (R/S)

**8.00 Ambulance: Code Red**  
Critical care paramedic Fay is despatched to the scene of a serious motorbike crash, and ambulance control receives an emergency call reporting a man collapsed in a churchyard. (R/S)

**9.00 Casualty 24/7: Every Second Counts** Registrar doctor Chris Carson takes an emergency call when paramedics bring in an 85-year-old woman who is struggling to breathe. Last in the series. (S)

**10.00 A&E After Dark**  
A patient ignores hospital policy and refuses to leave A&E after his treatment, and staff and security end up in the firing line when he aggressively lashes out. (R/S)

**11.05 999: Critical Condition** (R) **12.05 AM 999: Criminals Caught On Camera** (R) **1.00 The 21.co.uk Live Casino Show** **3.00 Entertainment News On 5** (R) **3.10 Ben Fogle: New Lives In The Wild** (R) **4.00 My Mum's Hotter Than Me!** (R) **4.45 Wildlife SOS** (R) **5.10 House Doctor** (R) **5.35 Thomas & Friends** (R) **5.45-6.00 Paw Patrol** (R)



**DON'T Miss!**

**MORECAMBE & WISE: THE LOST TAPES** | ITV 9PM

## Sneak Previn

Eric Morecambe and Ernie Wise fronted 175 TV shows over their incredible career – but one hasn't been seen in more than five decades. Just last year, Eric's son Gary made a major discovery while looking for paperwork in the loft: an old

film can with the label torn off. The film turned out to be from October 1970, Morecambe and Wise's first show made for BBC1. Although never repeated, it was this episode that paved the way for the duo's ascent to comedy-legend status.

Now we get to enjoy again the brilliance of the duo's partnership, as we watch with Eric's family, former guest stars and famous fans, including Jonathan Ross, Ben Miller and Eddie Izzard. If you're a fan, too, this is an absolute *treat*.

**DON'T Miss!**

## Moore or less

**FAKE OR FORTUNE?** | BBC1 9PM



Fiona Bruce and Philip Mould are back for another series of their art-world investigations. Tonight, they head to Norfolk to check out a piece that could be the work of celebrated 20th-century sculptor Henry Moore – an item that retired dairy farmer Neil Betts and his wife Barbara have used variously as a doorstop and a water feature (well, Neil draped a housepipe over it). Fiona and Philip help the couple to compile a dossier of evidence, and if it isn't the real deal, it may still be worth a few thousand quid. However, if it is a unique piece by Moore, it could make the Betts millionaires...

### Regional variations

**BBC1 WALES** as Main BBC1 except: **11.05pm** Hayley Goes **11.35-12.10** Would I Lie To You? **STV** as Main ITV except: **1.30-4.30pm** STV Racing Live: Glorious Goodwood **12.10-3.00am** Nightscreen **WALES** as Main ITV except: **10.45pm** James Martin's Islands To Highlands **11.15-11.45** Martin Clunes: My Travels And Other Animals





## PRODIGAL SON | Sky One 9PM

Alan Cumming guest-stars in tonight's instalment as world-famous Europol profiler Simon Hoxley. He rocks up in New York claiming that Major Crimes' current case is connected to the discovery

of Endicott's body overseas – and Malcom worries that his and sister Ainsley's secret is about to be revealed... Meanwhile, Martin gets to know Dr Capshaw (Catherine Zeta-Jones) a little better.

## MISSIONS | BBC4 10PM

New series of the sci-fi drama circling around a billionaire's venture to put the first human beings on Mars – fortuitously timed scheduling given Sir Richard Branson's not long back from the edge of space. Enjoy a triple-bill of episodes.



## NEW AMSTERDAM | Sky Witness 9PM



This episode of the American medical drama sees Dr Max Godwin having to face the heartbreaking consequences of one of his own policies. Elsewhere, Lauren comes to a startling realisation about head of psychiatry, Iggy...

## Sky Witness

6.00 AM Nothing To Declare 8.00 Border Patrol 9.00 The Real A&E 10.00 Sun, Sea And A&E 11.00 Law & Order 12.00 PM CSI: Crime Scene Investigation *Kill Me If You Can.* 1.00 Blue Bloods *Drawing Dead.* 2.00 Blue Bloods *Justice Served.* 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare The work of customs officers in Australia.

7 pm

7.00 Nothing To Declare 7.30 Nothing To Declare

8 pm

8.00 Blue Bloods *Leap Of Faith:* A woman claims God told her who murdered her mother.

9 pm

9.00 New Amsterdam **DON'T Miss!** Bloom has a realisation about Iggy.

10 pm

10.00 Blue Bloods *Pain Killers:* Baez's life hangs in the balance.

11 pm

11.00 Law & Order: Special Victims Unit *Confrontation:* A rapist begins to escalate his crimes.

12.00 AM Law & Order: Special Victims Unit 1.00 The Rookie 2.00 CSI: Crime Scene Investigation 3.00 Law & Order 4.00 Road Wars 5.00-6.00 Brit Cops: Rapid Response

## Sky Atlantic

6.00 AM The British *Treasure Islands.* 7.00 Elementary *One Watson, One Holmes.* 8.00 Elementary *A Stitch In Time.* 9.00 Six Feet Under *I'm Sorry, I'm Lost.* 10.05 Six Feet Under *Falling Into Place.* 11.10 Boardwalk Empire *Resolution.* 12.20 PM Boardwalk Empire *Spaghetti And Coffee.* 1.30 Elementary *The Best Way Out Is Through.* 2.30 Elementary *Absconded.* 3.30 Dexter 4.35 Dexter 5.40 The Sopranos 6.45 The Sopranos *Made In America.*

7.55 1994 Drama, starring Stefano Accorsi. In Italian.

9.00 In Treatment *Laila – Week 1.* 9.35 In Treatment *Brooke – Week 1.*

10.10 Oz *Family Bizness:* Adebisi poisons Schibetta.

11.25 Oz *Strange Bedfellows:* A new inmate makes a startling claim.

12.35 AM True Blood 1.40 True Blood 2.50 Californication 3.25 Californication 4.00 Urban Secrets 5.00-6.00 Urban Secrets

## Sky One

6.00 AM Futurama 6.30 Futurama 7.00 Wild Tales From The Farm 8.00 Monkey Business 8.30 Monkey Business 9.00 Motorway Patrol 9.30 Motorway Patrol 10.00 Stop, Search, Seize 11.00 NCIS: Los Angeles 12.00 PM NCIS: Los Angeles *Enemy Within.* 1.00 Hawaii Five-0 2.00 Hawaii Five-0 3.00 Magnum P.I. 4.00 Modern Family *Lake Life.* 4.30 Modern Family 5.00 The Simpsons *Cape Fear.* 5.30 Futurama 6.00 Futurama *The Lesser Of Two Evils.* 6.30 The Simpsons

7.00 The Simpsons 7.30 The Simpsons *Homer The Vigilante:* A cat burglar puts Springfield in a panic.

8.00 DC's Legends Of Tomorrow *The Satanist's Apprentice:* Astra makes a new friend.

9.00 Prodigal Son **DON'T Miss!** Malcolm fears his and Ainsley's secret is about to be exposed.

10.00 Rob & Romesh Vs Team GB: Part 2 Rob and Romesh try clay pigeon shooting, gymnastics and athletics.

11.00 The Force: North East *The Same Old Faces:* A burglar is arrested twice within a matter of days.

12.00 AM S.W.A.T. 1.00 Breeders 1.30 Road Wars 2.00 Cop Squad 3.00 Hawaii Five-0 4.00 Stop, Search, Seize 5.00-6.00 Magnum P.I.

## W

6.15 AM My Dream Home 7.00 My Dream Home 8.00 Tipping Point 10.00 The Bill 11.00 Inside The Ambulance: Coast And Country 1.00 PM Tipping Point 2.00 Tipping Point 3.00 Property Brothers: Forever Homes 4.00 My Dream Home 5.00 My Dream Home 6.00 Property Brothers: Forever Homes 7.00 Plate Of Origin *Quarter-finals: Round 2.* 8.30 Inside The Ambulance 9.30 999 Rescue Squad 10.30 Inside The Operating Theatre 11.30 One Born Every Minute 12.30 AM Inside The Ambulance 1.00 Renovate My Home: Leave It To Bryan 1.25 Renovate My Home: Leave It To Bryan 1.50 Renovate My Home: Leave It To Bryan 2.25 Disaster DIY 3.00-6.10 Teleshopping

## Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 9.00 Rizzoli & Isles 10.00 Unforgettable 11.00 Hudson & Rex 12.00 PM Shakespeare & Hathaway – Private Investigators 1.00 Death In Paradise 2.00 Murdoch Mysteries 3.00 Murdoch Mysteries 4.00 The Good Wife *Heart.* 5.00 Rizzoli & Isles *Sailor Man.* 6.00 Unforgettable *Brotherhood.* 7.00 Hudson & Rex *The Rex Files.* 8.00 Death In Paradise *A Deadly Party.* 9.00 Whiskey Cavalier *When In Rome.* 10.00 Strike – The Cuckoo's Calling 11.20 The Good Wife *Doubt.* 12.20 AM Unforgettable 1.10 Shakespeare & Hathaway – Private Investigators 2.05 We Hunt Together 3.10 Rush 4.00-6.00 Teleshopping

## GOLD

6.00 AM Teleshopping 7.15 French Fields 8.40 Are You Being Served? 9.20 Still Open All Hours 10.00 Last Of The Summer Wine 11.20 The Green Green Grass 12.00 PM Blackadder II 12.40 Still Open All Hours 1.20 Are You Being Served? 2.00 Dad's Army 3.20 The Green Green Grass 4.00 Blackadder II 4.40 Last Of The Summer Wine 6.00 Still Open All Hours 6.40 Are You Being Served? 7.20 The Green Green Grass 8.00 Dad's Army 8.40 Dad's Army 9.20 Murder, They Hope 10.20 Harry Enfield And Chums 11.00 All Round To Mrs Brown's 12.20 AM Peep Show 12.50 Men Behaving Badly 1.30 All Round To Mrs Brown's 2.50 Harry Enfield And Chums 3.20 Bull 4.00-6.00 Teleshopping

## Com. Central

6.00 AM Teleshopping 8.00 Impractical Jokers: Dinner Party 8.35 Impractical Jokers: Joker's Choice 9.00 Impractical Jokers: Inside Jokes 10.00 Everybody Loves Raymond 10.30 Everybody Loves Raymond 11.00 Everybody Loves Raymond 11.30 Everybody Loves Raymond 12.00 PM My Wife And Kids 1.00 Friends 8.00 Criminally Funny 9.00 Live At The Apollo 10.00 Romesh Ranganathan: Irrational Live 11.20 Chris Ramsey's Stand Up Central 11.50 Chris Ramsey's Stand Up Central 12.20 AM Criminally Funny 1.20 Baywatch 2.20 South Park 2.50 South Park 3.20 South Park 3.45 South Park 4.10 The Middle 4.35 The Middle 5.00-6.00 Teleshopping

## Sky Docs

6.00 AM Drew: The Man Behind The Poster 8.00 All Or Nothing: Cardinals 9.00 Discovering: Ingrid Bergman 10.00 The Directors 11.00 The Movies 12.00 PM First Ladies 12.50 Hillary 2.00 **FILM** Apollo 11 (*Cert U, 93 mins.* 2019) ★★★★★ 3.50 My Icon: Pam Cookey 4.00 Discovering: Ingrid Bergman 5.00 The Directors 6.00 The Movies 7.00 First Ladies *Jackie Kennedy.* 7.50 Hillary *The Hardest Decision.* 9.00 **FILM** You Cannot Kill David Arquette (*Cert 15, 91 mins.* 2020) ★★★ 10.50 **FILM** Fire In Babylon (*Cert 12, 86 mins.* 2010) ★★★★★ 12.40 AM **FILM** The Swamp (*Cert 12, 114 mins.* 2020) ★★★ 2.50 Saudi Women's Driving School 4.00 Discovering 5.00-6.00 All Or Nothing

## Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 The Mindy Project 10.00 Will & Grace 11.00 Parks And Recreation 11.30 Girls 12.05 PM Girls 12.40 Sex And The City 1.15 Sex And The City 1.50 Curb Your Enthusiasm 3.00 The Fresh Prince Of Bel-Air 4.00 Will & Grace 4.30 Will & Grace 5.00 Sex And The City 6.15 Curb Your Enthusiasm 7.30 Parks And Recreation 8.00 The Fresh Prince Of Bel-Air 9.00 Curb Your Enthusiasm 10.15 Ballers 10.50 The Tonight Show Starring Jimmy Fallon 11.50 Sex And The City 12.55 AM Sex And The City 1.00 Curb Your Enthusiasm 2.10 Everybody Hates Chris 3.00 Will & Grace 4.00 The Mindy Project 5.00-6.00 Teleshopping





Danny (Donnie Wahlberg) investigates the death of a rich woman in *Blue Bloods* 8pm Sky Witness

BBC Scotland  
FREEVIEW 108 (SCOTLAND)

BBC4  
FREEVIEW 9

Drama  
FREEVIEW 20

6.00 AM Teleshopping  
7.30 Where The Heart Is  
8.25 The Bill 9.30 Classic  
Holby City *Last Man Standing*. 10.55 Classic  
Casualty *How Soon Is Now?*. 12.00 PM The Bill  
Peer Pressure. 1.00 Classic  
EastEnders 1.40 Classic  
EastEnders 2.15 A Place  
To Call Home *The Trouble With Harry*. 3.15 Bergerac  
*A Hole In The Bucket*. 4.20  
Dangerfield *Angel*. 5.20  
Birds Of A Feather *Caring*.  
6.00 Hi-de-Hi! *Raffles*.  
6.40 To The Manor  
Born *Birds Vs Bees*.

7.20 Last Of The  
Summer Wine  
*An Apple A Day*: Clegg,  
Truly and Alvin upset  
a group of pensioners.

8.00 Inspector Alleyn  
Mysteries *Hand In Glove*:  
A body is discovered  
in a drainage ditch.

10.05 New Tricks *The  
Girl Who Lived*: A retired  
detective helps the team.  
Stars Denis Lawson.

11.25 Bad Girls *Love  
Rival*: Zandra tries to kick  
her heroin addiction.

12.35 AM Taggart 2.55 The  
Bill 4.00-6.00 Teleshopping

7.00 PM Getting  
Hitched Asian Style  
A law student and a lawyer  
prepare to get married.

8.00 The Disasters  
That Shocked Scotland  
8.30 Rewind 1980s  
1985: The music, news  
and TV of 1985.

9.00 The Nine  
The latest Scottish, UK  
and international news.

10.00 Beats  
Comedy drama,  
starring Martin  
Donaghy. (Cert 18, 101  
mins. 2019) ★★★

11.35 Short Stuff  
Comedy sketches,  
including a bouncer  
who can't give up.  
11.55-12.00 Tune

7.00 PM The Joy Of  
Painting  
7.30 Pubs, Ponds And  
Power: The Story Of  
The Village North East.

8.00 Earth From Space  
*A New Perspective*:  
Cameras in space tell  
stories of life from  
a new perspective.

9.00 The Planets *The  
Two Sisters – Earth &  
Mars*: Brian Cox reveals  
the solar system was once  
home to two blue planets.

10.00 Missions  
10.25 Missions  
10.50 Missions

11.15 K-Pop Idols:  
Inside The Hit Factory  
James Ballardie reports on  
the K-Pop phenomenon.

12.15 AM Motherland 12.45  
Motherland 1.15 Motherland  
1.45 Motherland 2.15-3.15  
The Planets

ITV2  
FREEVIEW 6

6.00 AM Ellen's Game  
Of Games 6.55 Totally  
Bonkers Guinness World  
Records 8.00 Emmerdale  
8.30 You've Been  
Framed! Top 100 Senior  
Moments 9.30 Ellen's  
Game Of Games 10.30  
Dress To Impress 11.30  
The Cabins 12.30 PM  
Emmerdale 1.00 You've  
Been Framed! Gold 2.00  
Supermarket Sweep 3.00  
Dress To Impress 4.00  
The Cabins 5.00 You've  
Been Framed! Gold 5.30  
You've Been Framed!  
Gold 6.00 Catchphrase

7.00 Superstore  
*New Initiative*.  
7.30 Superstore  
*Managers' Conference*.

8.00 Bob's Burgers  
*Burger Wars*: Jimmy Pesto  
threatens to take over  
Bob's lease.  
8.30 Bob's Burgers

9.00 Love Island  
The relationship-based  
reality show continues.

10.05 Don't Hate The  
Playaz With Big Narstie,  
Fern Brady, M Huncho  
and Nafe Smallz.  
10.50 Family Guy

11.20 Family Guy *Grimm  
Job*: Three traditional fairy  
tales are retold.  
11.50 American Dad!  
*Mine Struggle*.

12.15 AM American Dad!  
12.45 Bob's Burgers  
1.10 Bob's Burgers 1.40  
Superstore 2.05 Superstore  
2.30 Totally Bonkers  
Guinness World Records  
3.20 Nightscreen 3.30-6.00  
Teleshopping

E4  
FREEVIEW 13

6.00 AM Hollyoaks 6.30  
Hollyoaks 7.00 Ramsay's  
Kitchen Nightmares USA  
8.00 How I Met Your  
Mother 9.00 Melissa &  
Joey 9.30 Melissa & Joey  
10.00 Baby Daddy 10.30  
Baby Daddy 11.00 The  
Goldbergs 12.00 PM  
Brooklyn Nine-Nine  
1.00 The Big Bang Theory  
3.00 The Goldbergs  
3.30 The Goldbergs 4.00  
Black-ish 4.30 Black-ish  
5.00 Brooklyn Nine-Nine  
5.30 Brooklyn Nine-Nine  
6.00 The Big Bang Theory  
6.30 The Big Bang Theory

7.00 Hollyoaks  
7.30 Come Dine With  
Me Birmingham 3/5: Mark  
hosts the third night of the  
culinary competition.

8.00 Below Deck:  
Mediterranean *It's Ben  
A Long Time*: An all-female  
group comes on board  
and flirts with the crew.

9.00 Naked Attraction  
*Hollie-Anna & Jaison*:  
A 25-year-old estate  
agent from Margate  
chooses a date.

10.00 Naked Attraction  
*Best Naughty Bits*:  
*Breaking Nude Ground*:  
A look at ways the show  
has broken new ground.

11.05 8 Out Of 10 Cats  
With Nadine Coyle,  
Spencer Matthews,  
Vogue Williams, Kerry  
Godliman and Phil Wang.

12.05 AM Gogglebox 1.10  
First Dates 2.15 Rick And  
Morty 2.40 Rick And Morty  
3.05 Naked Attraction  
4.00 How I Met Your Mother  
4.25 How I Met Your Mother  
4.50-6.00 Ramsay's Kitchen  
Nightmares USA

More4  
FREEVIEW 18

8.55 AM Kirstie's Vintage  
Gems *Paper Cutting*. 9.15  
Heir Hunters *Berridge/  
Campbell*. 10.05 Find It, Fix  
It, Flog It 11.05 Find It,  
Fix It, Flog It 12.10 PM  
Car S.O.S *Subaru Impreza*.  
1.10 Emergency  
Helicopter Medics 2.15  
Four In A Bed 2.50 Four  
In A Bed 3.20 Four In A  
Bed *The Albert*. 3.50 Four  
In A Bed *The Wellwood*.  
4.20 Four In A Bed 4.55  
Grand Designs Australia  
5.55 The Supervet 6.55  
Escape To The Chateau:  
Make Do And Mend

7.55 Grand Designs  
*Revisit: Isle Of Wight*,  
2012: An update on a  
bungalow transformation  
on the Isle of Wight.

9.00 Emergency  
Helicopter Medics: Late  
Night Emergencies  
Treating a stabbing victim.

10.00 George Clarke's  
Amazing Spaces  
A woman who has turned  
a double-decker bus  
into a mobile home.

11.05 24 Hours In A&E  
A severely underweight  
baby is rushed in.

12.10 AM 8 Out Of 10 Cats  
Does Countdown 1.10  
Emergency Helicopter  
Medics: Late Night  
Emergencies 2.15 24 Hours  
In A&E 3.20-3.45 Food  
Unwrapped

Dave  
FREEVIEW 19

6.00 AM Teleshopping 7.10  
Last Stop Garage 7.35 Last  
Stop Garage 8.00 American  
Pickers 9.00 Storage Hunters  
10.00 American Pickers  
12.00 PM Border Force:  
America's Gatekeepers  
1.00 Top Gear 2.00 Top Gear  
3.00 Rick Stein's India  
4.00 Top Gear 5.00 Top Gear  
6.00 Eddie Eats Christmas  
7.00 Richard Osman's House  
Of Games 7.40 Would I Lie  
To You? 8.20 QI 9.00 Travel  
Man: 48 Hours In St  
Petersburg 9.30 Travel Man:  
48 Hours In Budapest 10.00  
Mel Giedroyc: Unforgivable  
11.00 Taskmaster 12.05 AM  
Mock The Week 12.45 Would  
I Lie To You? 1.25 QI 2.00  
Mel Giedroyc: Unforgivable  
3.00 Insert Name Here  
4.00-6.00 Teleshopping

5USA  
FREEVIEW 21

6.00 AM TJC 9.00 Murder,  
She Wrote 10.00 NCIS  
11.00 NCIS 12.00 PM Law  
& Order *Boy On Fire*. 12.55  
Entertainment News On 5  
1.00 Law & Order *Stiff*. 2.00  
Law & Order *Vaya Con Dios*.  
3.00 Law & Order 4.00 Law  
& Order 5.00 Law & Order  
6.00 NCIS *Rogue*. 6.55  
Entertainment News On 5  
7.00 NCIS *Being Bad*. 8.00  
NCIS *Privileged Information*.  
9.00 NCIS *Love Boat*. 10.00  
Law & Order: Special Victims  
Unit *Wrath*. 10.55 Law &  
Order: Special Victims Unit  
11.55 Law & Order: Special  
Victims Unit 12.55 AM Law &  
Order: Special Victims Unit  
1.50 Law & Order 2.50 Law &  
Order 3.35 Criminals: Caught  
On Camera 4.00-6.00  
Teleshopping

5STAR  
FREEVIEW 31

6.00 AM Teleshopping 7.00  
Thane Offers – Teleshopping  
8.00 Entertainment News  
On 5 8.10 Rich Kids, Skint  
Holiday 9.00 Bargain-Loving  
Brits In The Sun 10.00 Filthy  
Britain SOS 11.00 Casualty  
24/7: Every Second Counts  
12.00 PM Traffic Cops  
1.00 Traffic Cops 2.00 Police  
Interceptors 5.00 Dogs  
Behaving (Very) Badly 6.00  
Neighbours 6.30 Home And  
Away 7.00 Caught On  
Camera: Funniest Moments  
8.00 Dogs Behaving (Very)  
Badly 9.00 FILM Dangerous  
Minds (Cert 15, 94 mins.  
1995) ★★★ 11.05 Skin A&E  
12.05 AM 999: Critical  
Condition 1.05 Babies 24/7:  
Maternity Ward 2.05  
Wentworth Prison  
3.10-3.35 Neighbours

ITV3  
FREEVIEW 10

6.00 AM Classic Coronation  
Street 27/07/2021 – 1. 6.30  
Classic Coronation Street  
27/07/2021 – 2. 7.00 Classic  
Emmerdale 7.30 Classic  
Emmerdale 8.05 Heartbeat  
*Past Crimes*. 9.10 Bless This  
House 9.45 On The Buses  
*Mum's Last Fling*. 10.20  
Inspector Morse 12.40 PM  
Heartbeat 1.45 Classic  
Emmerdale 2.15 Classic  
Emmerdale 2.50 Classic  
Coronation Street 3.20  
Classic Coronation Street  
3.55 On The Buses *Mum's  
Last Fling*. 4.30 Midsomer  
Murders *Faithful Unto Death*.  
6.30 Downton Abbey 8.00  
Agatha Christie's Poirot 10.00  
Unforgotten 11.05 Wycliffe  
12.05 AM Inspector Morse  
2.20 Nightscreen 2.30-6.00  
Teleshopping

ITV4  
FREEVIEW 25

6.00 AM River Monsters 6.25  
The Adventures Of Sherlock  
Holmes 7.25 The Avengers  
8.20 The Sweeney 9.25  
Minder 10.30 The Saint  
11.35 Cadfael 1.20 PM The  
Adventures Of Sherlock  
Holmes 2.25 The Avengers  
3.35 The Sweeney  
4.45 Minder *Looking For  
Mr Goodtime*. 5.55 The Big  
Match Revisited 7.00 Who  
Wants To Be A Millionaire?  
8.00 World Superbike  
Highlights 9.00 The  
Motorbike Show 10.00 FILM  
Death Wish Thriller, starring  
Charles Bronson. (Cert 18,  
93 mins. 1974) ★★★  
12.05 AM Lethal Weapon  
1.00 Take The Tower 2.00  
Football Genius 2.25 Football  
Genius 2.55 Nightscreen  
3.00-6.00 Teleshopping

ITVBe  
FREEVIEW 27

7.00 AM Sam And Billie: The  
Mummy Diaries 8.00 Buying  
And Selling 9.00 LittleBe  
12.00 PM Be Beautiful 12.10  
The Real Housewives Of  
Atlanta 1.10 Sam And Billie:  
The Mummy Diaries 2.10 The  
Only Way Is Essex 3.10 Little  
Women: LA 4.05 The Real  
Housewives Of Orange  
County *Breast Intentions*.  
5.00 The Real Housewives Of  
New York City 6.00 Buying  
And Selling *Beth & Chris*. 7.00  
Buying And Selling *Chandra &  
Tom*. 8.00 Dinner Date *Drue*.  
9.00 Botched *Melting  
Mounds And Unlucky Charms*.  
10.00 Botched *Double  
Trouble*. 10.55 Chrisley  
Knows Best 11.25 Chrisley  
Knows Best 11.55 The Only  
Way Is Essex 12.45 AM FYI  
Extra 1.00-7.00 Teleshopping



# INSIDE TV THURSDAY 29 July

## BBC1

**6.00 AM Olympic Breakfast Day Six – 2:** Dan Walker and Sam Quek present further coverage from day six in Tokyo, including the women's C1 canoe slalom final at Kasai Canoe Slalom Centre from 7.45. (S) **9.00 Olympics 2020 Day Six – 3:** Hazel Irvine presents coverage of day six in Tokyo, including a repeat of the 2016 final as Great Britain meet Netherlands in the pool stage of the women's hockey from 11.00. (S) **12.00 PM BBC News/Weather** (S) **12.30 Regional News** (S) **12.45 Olympics 2020 Day Six – 5:** Continued live coverage of day six in Tokyo, where global gymnastics superstar Simone Biles goes for yet more Games glory in the women's all-around final. (S) **3.00 Olympics 2020 Day Six – 6:** A look back on the best of the action from day six in Tokyo, where a grand total of 17 gold medals were handed out, and Helen Glover was hoping to claim her third. (S)



10.35pm The Rap Game UK

**6.00 BBC News/Weather** (S)  
**6.30 Regional News** (S)

**7.00 The One Show** (S)  
**7.30 Olympics 2020: Today At The Games Day Six:** Clare Balding and Alex Scott present highlights of day six in Tokyo, where Helen Glover attempted to win her third consecutive women's pair rowing title after five years away from the sport. Glover retired after Rio 2016 to start a family, but made her comeback earlier this year by winning European gold with partner Polly Swann in Italy. In the artistic gymnastics, American Simone Biles was the favourite for gold in the women's all-around competition – a title she won at Rio 2016. (S)

**SOAP 9.10 EastEnders** Gray allows himself to be led astray by Chelsea, Nancy feels betrayed, Billy is interested in a new job opportunity, and Sheree is frustrated by Lola's indiscretion. (S)  
**9.30 Mrs Brown's Boys** (R/S)

**10.00 BBC News** (S)  
**10.25 Regional News/Weather** (S)  
**10.35 The Rap Game UK** DJ Target, Krept and Konan reveal that the artists will face each other in a stripped-back epic clash. (S)

**11.35 Lifeline Target Ovarian Cancer:** An appeal on behalf of Target Ovarian Cancer. (R/S) **11.50 Olympics 2020 Day Seven – 1:** Coverage of day seven, with Team GB's rowers looking to defend their men's eight title in the final, which gets under way at 2.25 at Sea Forest Waterway. (S) **4.00-6.00 AM Olympics 2020 Day Seven – 4am:** Further coverage of day seven. (S)

## BBC2

**6.30 AM Pointless** (R/S) **7.15 Murder, Mystery And My Family: Case Closed?** Lowson (R/S) **8.00 Sign Zone: Gardeners' World** (R/S) **9.00 BBC News At 9** (S) **10.00 BBC News** (S) **12.00 PM Olympics 2020 Day Six – 4:** Continued live coverage from Tokyo, where Great Britain's women's hockey team are taking on the Netherlands in a repeat of the memorable Rio 2016 final. (S) **12.45 Bargain Hunt Lincoln 32:** Gary Pe and Jonathan Pratt help two teams to bag a bargain or two to take to auction. (R/S) **1.30 Money For Nothing** (R/S) **2.15 The Farmers' Country Showdown Tending – Cattle** (S) **2.45 Escape To The Country Devon** (R/S) **3.30 Celebrity Antiques Road Trip Ronni Ancona And Jan Ravens** (R/S) **4.30 Flog It! Wolverhampton 2** (R/S) **5.15 Pointless** Presented by Alexander Armstrong, with Richard Osman. (R/S)



9pm QI XS

**6.00 Richard Osman's House Of Games** Quiz show. (R/S)  
**6.30 Animal Park** Ben Fogle observes a Cuban crocodile death roll for the first time. (S)

**7.00 Great Australian Railway Journeys Adelaide To Perth: The Indian Pacific:** Michael Portillo rides the transcontinental Indian Pacific Railway from Adelaide to Perth. (R/S)

**DON'T Miss! 8.00 Yorkshire Firefighters** New series. The work of West Yorkshire's fire crews. In the run-up to bonfire night, crews are called out to a house in Leeds, where a firework has been pushed through a letterbox. (S)

**9.00 QI XS Quite Into The Wild:** Highlights of the panel show. (R/S)  
**9.10 Olympics 2020: Extra Day Six:** Jeanette Kwakye and Nihal Arthanayake introduce the best of the action from day six. (S)

**10.00 Live At The Apollo: The One About Transport:** Routines on the subject of transport. (R/S)  
**10.30 Newsnight** (S)

**11.15 Reclaiming Amy** (R/S) **12.15 AM Sign Zone: Amol Rajan Interviews Sundar Pichai** (R/S) **1.15 Sign Zone: Gold Town** (R/S) **2.15 Sign Zone: Murder, Mystery And My Family Grime.** (R/S) **3.05-6.30 BBC News** (S)

## ITV

**6.00 AM Good Morning Britain** (S) **9.00 Lorraine** Current affairs and fashion news, as well as showbiz stories and celebrity gossip. Presented by Lorraine Kelly. (S) **10.00 This Morning** Magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health and beauty advice and more. Including Local Weather. (S) **12.30 PM Loose Women** (S) **1.00 Lunchtime News/Weather** (S) **1.20 Regional News/Weather** (S) **1.30 ITV Racing Live: Glorious Goodwood 2021 Day Three:** Day three of the festival, including the 3.35 Group 1 Nassau Stakes and races at 2.25 and 3.00. (S) **4.30 Tipping Point: Best Ever Finals** Some of the most dramatic endgames from the arcade-themed quiz show. (R/S) **5.00 The Chase** Bradley Walsh presents as contestants Dominic, Joy, Chloe and Tebby pit their wits against the Chaser. (R/S)



5pm The Chase

**6.00 Regional News/Weather** (S)  
**6.30 Evening News/Weather** (S)

**SOAP 7.00 Emmerdale** Meena panics, Jamie lies to Andrea, and Nate confides in Chas. (S)  
**7.30 Are You Drinking Too Much? Tonight** Examining a rise in problem drinking. (S)

**SOAP 8.00 Emmerdale** Liam breaks down, Kim manipulates Paddy, and Andrea learns more truths. (S)  
**8.30 A Year In The Beacons** Documentary following the course of a year in the national park. (S)

**DON'T Miss! 9.00 No Body Recovered** In January 2020, Mike O'Leary disappeared on his way home from work. Cameras follow detectives as they try to solve the crime. (S)

**10.00 ITV News/Weather** (S)  
**10.30 Regional News/Weather** (S)  
**10.45 Unbelievable Moments Caught On Camera** Alastair Stewart presents extraordinary eyewitness footage. (R/S)

**11.45 Who Wants To Be A Millionaire?** (R/S) **12.35 AM Shop: Ideal World** **3.00 FYI Extra 3.15 Martin & Roman's Weekend Best!** Chat, music and comedy, presented by father-son duo Martin and Roman Kemp. (R/S) **4.05 Nightscreen 5.05-6.00 Tipping Point** (R/S)

## Channel 4

**6.00 AM Countdown** (R/S) **6.40 Mike & Molly** (R/S) **7.05 Mike & Molly** (R/S) **7.25 Everybody Loves Raymond** (R/S) **7.50 Everybody Loves Raymond Move Over** (R/S) **8.15 Everybody Loves Raymond The Getaway** (R/S) **8.45 Frasier Motor Skills** (R/S) **9.15 Frasier The Show Must Go Off** (R/S) **9.45 The Big Bang Theory The Cohabitation Experimentation** (R/S) **10.10 The Big Bang Theory The Hot Tub Contamination** (R/S) **10.35 The Big Bang Theory The Foetal Kick Catalyst** (R/S) **11.05 The Simpsons Bart The Murderer** (R/S) **11.35 The Simpsons Homer Defined** (R/S) **12.05 PM Channel 4 News/Weather Summary** (S) **12.10 Posh Pawnbrokers** (R/S) **1.10 A New Life In The Sun** (R/S) **2.10 Countdown** (S) **3.00 Find It, Fix It, Flog It** (S) **4.00 A Place In The Sun 2020: Alora, Southern Spain** (R/S) **5.00 Couples Come Dine With Me** (R/S)



10pm Gordon Ramsay: Uncharted

**6.00 The Simpsons** (R/S)  
**SOAP 6.30 Hollyoaks** Donna-Marie thinks outside of the box to try to win over her son. (R/S)

**7.00 Channel 4 News** (S)  
**7.55 The Political Slot: Scottish National Party** Kaukab Stewart MSP sets out the Scottish National Party's vision on equality. (S)

**8.00 Can I Improve My Memory?** The four semi-finalists must all overcome their number phobia, and another competitor is knocked out after a taxing rapid-recall numbers round. Sandi Toksvig hosts. (S)

**9.00 Escape To The Chateau: Make Do And Mend** Dick and Angel help Linda and Andrew transform a patch of land into an al fresco bathhouse using a 1960s pink bathroom suite bought for a quid. Last in the series. (S)

**10.00 Gordon Ramsay: Uncharted New Zealand's Rugged South:** The chef's culinary tour takes him to New Zealand. (S)

**11.00 Ramsay's 24 Hours To Hell And Back** (R/S) **11.55 24 Hours In A&E** (R/S) **12.55 AM How To Save A Grand In 24 Hours** (R/S) **1.50 Couples Come Dine With Me** (R/S) **2.45 Undercover Boss USA** (R/S) **3.30 India's Rape Scandal** (R/S) **4.25 Location, Location, Location** (R/S) **5.20 Food Unwrapped 5.50-6.00 Kirstie's Quick & Easy Craft** (S)



## Channel 5

**6.00 AM Milkshake! 9.15 Jeremy Vine (S) 11.15 Room To Improve (R/S) 12.20 PM 5 News At Lunchtime** The latest headlines and analysis. (S) **12.25 Ben Fogle: New Lives In The Wild Panama:** Ben meets an inventor who has built a unique home off the coast of Panama. (R/S) **1.15 Home And Away** Ari and Mia decide to keep their excitement about the baby quiet. (S) **1.45 Neighbours (S) 2.15 FILM My Mother Is A Murderer** A woman suspects that a young girl she meets is actually a child who was kidnapped from her biological parents several years prior. Thriller, starring Heather McComb. (Cert PG, 90 mins. 2020) (S) ★★ **4.00 Bargain-Loving Brits In The Sun** Drag act Wayne and his husband Des host a charity fun day. (R/S) **5.00 5 News At 5 (S) 5.30 Neighbours** Repeated from 1.45pm. (S)



9pm The Hotel Inspector

**SOAP 6.00 Home And Away** Ari and Mia decide to keep their excitement quiet, and Ziggy brings Justin home. (R/S) **6.30 5 News Tonight (S)**

**7.00 Center Parcs: Britain's Poshest Holiday Camp** How the Center Parcs holiday sites became the destination of choice for millions of UK families, featuring interviews with former executives and holidaymakers. (R/S)

**8.00 Hampton Court: Behind Closed Doors** Part two of two. It's time for Hampton Court's world-famous hedge maze to get a trim, carried out by gardener Graham and his team. (S)

**9.00 The Hotel Inspector** Alex Polizzi tries to reverse the fortunes of Warwick Hall in Cumbria, one of her grandest hotels yet, but one suffering from low occupancy and negative feedback. (R/S)

**10.00 Murdered For His Millions** True crime documentary examining the story of British millionaire Andy Bush. (R/S)

**11.05 Hunt For The Canal Murderer: John Sweeney (R/S) 12.05 AM Violent Assault: Caught On Camera (R/S) 1.00 The 21.co.uk Live Casino Show (S) 3.00 Entertainment News On 5 (S) 3.10 Fishing Scotland's Lochs And Rivers (R/S) 4.00 Britain's Biggest Mosque (R/S) 4.45 Wildlife SOS (R/S) 5.10 -5.35 House Doctor (R/S)**



**DON'T Miss!**

**YORKSHIRE FIREFIGHTERS | BBC2 8PM**

## Flame changing

This new four-part series takes audiences onto the frontline, showing us the inspirational work done by a crew of West Yorkshire firefighters. Over the course of the series, we'll get to meet the men and women behind the visors, as they

helped their local community last winter, often putting their own lives on their line.

Tonight's first episode takes us back to Guy Fawkes Night, with the crews of 40 fire stations wondering how lockdown – and the banning

of organised firework displays and bonfires – will affect their usual workload. However, they are soon called into action, as a lit firework is pushed through the letterbox of a house in Leeds, while a terrified mother and her daughter are inside...

**DON'T Miss!**

## Missing without trace

**NO BODY RECOVERED | ITV 9PM**



Father of three Mike O'Leary disappeared in January 2020. He left work as usual, but never arrived home, leading the police to open a murder investigation without ever discovering a body. The only clues were an out-of-character text – simply reading 'I'm sorry' – received by his son; and his abandoned truck, which was found by a river four miles away from his home in Camarthen. This new documentary has exclusive access to the Dyfed-Powys Police's investigation, telling the incredible story of how they managed to bring Mike's killer to justice.

### Regional variations

**STV** as Main ITV except: **1.30-4.30pm** STV Racing Live: Glorious Goodwood **12.35-3.00am** Nightscreen **UTV** as Main ITV except: **8.30-9.00pm** UTV Life **10.45** James Martin's Islands To Highlands **11.15-11.45** A Year In The Beacons **WALES** as Main ITV except: **8.30-9.00pm** Coast & Country **10.45** Face To Face **11.15-11.45** A Year In The Beacons





THE RAP GAME UK | BBC3 7PM

Series three of the RTS Award-winning show continues, as DJ Target, Krept and Konan mentor the rapping talent. This time, the three judges are in Manchester, where artists

from across the UK are competing for the £20,000 prize. Things slow down a little in this second episode, as the challenge for the musicians is to write and perform a sexy love track...

THE ROOKIE | Sky Witness 9PM

In tonight's finale, Nolan is hurt while chasing a shoplifter – but the local DA goes against Nolan's wishes by charging the suspect with assault. Lucy, meanwhile, goes undercover, as Lopez' wedding venue is seized by the FBI...



VANDERPUMP RULES | ITVBe 9PM



In the opener of the eighth season of the American reality series, Jax, Brittany, Schwartz, Katie, Sandoval and Ariana move into their first 'grown-up' houses. Meanwhile, Stassi struggles to mend her broken friendship with Kristen...

Sky Witness

6.00 AM Nothing To Declare 8.00 Border Patrol 9.00 The Real A&E 10.00 Sun, Sea And A&E 11.00 Law & Order Patriot 12.00 PM CSI: Crime Scene Investigation Turn, Turn, Turn. 1.00 Blue Bloods Bad Blood. 2.00 Blue Bloods Mistaken Identity. 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize Reality series. 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare

7 pm

7.00 Nothing To Declare 7.30 Nothing To Declare

8 pm

8.00 Blue Bloods Parenthood: The Reagans debate how far they would go to protect their family.

9 pm

9.00 The Rookie Threshold: Last in the series.

10 pm

10.00 Law & Order: Special Victims Unit Scheherezade: A terminally ill man makes a surprising confession.

11 pm

11.00 Law & Order: Special Victims Unit Underbelly.

12.00 AM Law & Order: Special Victims Unit 1.00 Law & Order: Special Victims Unit 2.00 Blue Bloods 3.00 Law & Order 4.00 Road Wars 5.00-6.00 Brit Cops: Rapid Response

Sky Atlantic

6.00 AM The British People Power. 7.00 Elementary The Best Way Out Is Through. 8.00 Elementary Absconded. 9.00 Six Feet Under In Case Of Rapture. 10.05 Six Feet Under Parallel Play. 11.10 Boardwalk Empire Bone For Tuna. 12.20 PM Boardwalk Empire Blue Bell Boy. 1.30 Elementary A Controlled Descent. 2.30 Elementary An Infinite Capacity For Taking Pains. 3.30 Dexter Smokey And The Bandit. 4.35 Dexter A Horse Of A Different Colour. 5.45 1994 6.50 1994

7.55 1994 Dario Scaglia is now working side-by-side with Antonio di Pietro.

9.00 Little Birds Lucy meets an undercover agent for the CIA.

10.00 Oz Animal Farm: Nappa vows revenge on his godson's rapist.

11.05 Oz Escape From Oz: Hill plots his escape.

12.10 AM True Blood 1.15 True Blood 2.20 Californication 2.55 Californication 3.30 Californication 4.05 Urban Secrets 5.00-6.00 Urban Secrets

Sky One

6.00 AM Futurama 6.30 Futurama 7.00 Wild Tales From The Farm 8.00 Monkey Business 9.00 Motorway Patrol 10.00 Stop, Search, Seize 11.00 NCIS: Los Angeles 12.00 PM NCIS: Los Angeles Rocket Man. 1.00 Hawaii Five-0 2.00 Hawaii Five-0 3.00 Magnum P.I. 4.00 Modern Family 4.30 Modern Family Sex, Lies And Kickball. 5.00 The Simpsons 5.30 Futurama 6.00 Futurama A Bicyclops Built For Two. 6.30 The Simpsons Bart Gets Famous.

7.00 The Simpsons Homer And Apu. 7.30 The Simpsons Lisa v Malibu Stacy: With the voice of Kathleen Turner.

8.00 The Flash Fear Me: A new villain unleashes terror on Central City.

9.00 Rob & Romesh Vs Almost Everything Highlights from all three series. Last in the series.

10.00 Breeders No Power – Part Two: Last in the series. 10.30 An Idiot Abroad 3

11.30 Manifest Deadhead: Ben asks the help of an old rival for an important task.

12.30 AM Road Wars 1.30 Road Wars 2.00 Brit Cops: Frontline Crime UK 3.00 NCIS: Los Angeles 4.00 Stop, Search, Seize 5.00-6.00 Magnum P.I.

W

6.10 AM My Dream Home 8.00 Tipping Point 10.00 The Bill 11.00 Inside The Ambulance: Coast And Country 12.00 PM Inside The Ambulance: Coast And Country 1.00 Tipping Point 2.00 Tipping Point 3.00 Property Brothers: Forever Homes 4.00 My Dream Home 5.00 My Dream Home 6.00 Property Brothers: Forever Homes 7.00 Plate Of Origin Semi-final. 8.30 Inside The Ambulance 9.30 999 Rescue Squad 10.30 Inside The Operating Theatre 11.30 One Born Every Minute 12.30 AM Inside The Ambulance 1.00 Renovate My Home: Leave It To Bryan 1.25 Renovate My Home: Leave It To Bryan 1.50 Renovate My Home: Leave It To Bryan 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 9.00 Rizzoli & Isles 10.00 Unforgettable 11.00 Hudson & Rex 12.00 PM Shakespeare & Hathaway – Private Investigators 1.00 Death In Paradise 2.00 Murdoch Mysteries 3.00 Murdoch Mysteries 4.00 The Good Wife 5.00 Rizzoli & Isles 6.00 Unforgettable 7.00 Hudson & Rex 8.00 Death In Paradise Death Of A Detective. 9.00 Miss Fisher's Murder Mysteries Death Do Us Part. 10.00 Limetown Apples And Oranges. 10.30 Limetown Answers. 11.05 The Good Wife Boom. 12.05 AM Unforgettable 1.00 Shakespeare & Hathaway – Private Investigators 2.00 We Hunt Together 3.00 Rush 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.15 French Fields 8.40 Are You Being Served? 9.20 Still Open All Hours 10.00 Last Of The Summer Wine 11.20 The Green Green Grass 12.00 PM Blackadder II 12.40 Still Open All Hours 1.20 Are You Being Served? 2.00 Dad's Army 3.20 The Green Green Grass 4.00 Blackadder II 4.40 Last Of The Summer Wine 6.00 Still Open All Hours 6.40 Are You Being Served? 7.20 The Green Green Grass 8.00 Dad's Army 8.40 Dad's Army 9.20 Murder, They Hope 10.20 Harry Enfield And Chums 11.00 All Round To Mrs Brown's 12.20 AM Peep Show 12.55 Men Behaving Badly 1.35 Harry Enfield And Chums 2.15 Suits You Sir 3.00 Trust Morecambe & Wise 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping 8.00 Impractical Jokers 9.30 Impractical Jokers: Top 10 10.00 Everybody Loves Raymond 10.30 Everybody Loves Raymond 11.00 Everybody Loves Raymond 11.30 Everybody Loves Raymond 12.00 PM My Wife And Kids 12.30 My Wife And Kids 1.00 Friends 8.00 Criminally Funny 9.00 FILM What Women Want Romantic comedy, starring Mel Gibson and Helen Hunt. (Cert 12, 127 mins. 2000) ★★★★★ 11.20 FILM Bachelorette Comedy, starring Kirsten Dunst. (Cert 15, 86 mins. 2012) ★★★ 1.15 AM Criminally Funny 2.15 South Park 2.45 South Park 3.10 South Park 3.30 South Park 3.55 South Park 4.15 The Middle 5.00-6.00 Teleshopping

Sky Docs

6.00 AM FILM The Fog Of War (Cert PG, 104 mins. 2003) ★★★★★ 8.00 All Or Nothing: Cardinals 9.00 Discovering: Ginger Rogers 10.00 The Directors 11.00 The Movies 12.00 PM First Ladies 12.50 Hillary 2.00 FILM The Fog Of War (Cert PG, 104 mins. 2003) ★★★★★ 4.00 Discovering 5.00 The Directors 6.00 The Movies 7.00 First Ladies 7.50 Hillary 9.00 FILM The Go-Go's (Cert 15, 98 mins. 2020) ★★★ 11.00 FILM On The Record (Cert 15, 97 mins. 2020) ★★★★★ 1.00 AM FILM I Am Evidence (Cert PG, 89 mins. 2017) ★★★★★ 2.40 FILM Pretending I'm A Superman: The Tony Hawk Video Game Story (Cert 12, 73 mins. 2020) ★★★ 4.00 Discovering 5.00-6.00 All Or Nothing: Cardinals

Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 The Mindy Project 10.00 Will & Grace 11.00 Parks And Recreation 11.30 Girls 12.05 PM Girls 12.40 Sex And The City 1.15 Sex And The City 1.50 Curb Your Enthusiasm 3.00 The Fresh Prince Of Bel-Air 3.30 The Fresh Prince Of Bel-Air 4.00 Will & Grace 4.30 Will & Grace 5.00 Sex And The City 6.15 Curb Your Enthusiasm 7.30 Parks And Recreation 8.00 The Fresh Prince Of Bel-Air 8.30 The Fresh Prince Of Bel-Air 10.15 Ballers 10.50 The Tonight Show Starring Jimmy Fallon 11.50 Sex And The City 12.25 AM Sex And The City 2.00 Everybody Hates Chris 3.00 Will & Grace 4.00 The Mindy Project 5.00-6.00 Teleshopping



Drama

FREEVIEW 20

6.00 AM Teleshopping  
7.30 Where The Heart Is 8.25 The Bill  
9.30 Classic Holby City  
10.55 Classic Casualty  
*Inheritance.* 12.00 PM  
The Bill *Growing Pains.*  
1.00 Classic EastEnders  
1.40 Classic EastEnders  
2.15 A Place To Call Home *You're Just In Love.*  
3.15 Bergerac *Holiday Snaps.* 4.20 Dangerfield *Fall From Grace.* 5.20 Birds Of A Feather *Nine And A Half Days.* 6.00 Hi-de-Hi! *It's Murder.* 6.40 To The Manor Born *Cosmetics.*

7.20 Last Of The Summer Wine Barry Becomes A Psychopathic Killer But Only Part-Time.

8.00 Dalziel & Pascoe *Soft Touch:* Feature-length episode. Secrets torment a family.

9.00 The Nine The latest Scottish, UK and international news.

10.00 New Tricks *Body Of Evidence:* The body of a missing computer expert turns up in a morgue under a false name.

11.20 Bad Girls *The Victim:* Zandra makes a daring escape.

12.30 AM Taggart 2.55 Lovejoy 4.00-6.00 Teleshopping

Dave

FREEVIEW 19

6.00 AM Teleshopping  
7.10 Last Stop Garage  
7.35 Last Stop Garage  
8.00 American Pickers  
9.00 Storage Hunters 10.00 American Pickers 12.00 PM  
Border Force: America's Gatekeepers 1.00 Top Gear  
2.00 Top Gear 3.00 Rick Stein's India 4.00 Top Gear  
5.00 Top Gear 6.00 Big Zuu's Big Eats 6.30 Big Zuu's Big Eats 7.00 Richard Osman's House Of Games 7.40 Would I Lie To You? 8.20 QI 9.00  
Travel Man: 10.00 Have I Got A Bit More News For You  
11.00 Taskmaster 12.00 AM  
Mock The Week 12.40 Would I Lie To You? 1.20 QI 2.00  
Have I Got A Bit More News For You 3.00 Insert Name Here 3.30 Insert Name Here  
4.00-6.00 Teleshopping



Barry realises he must face his own worst fear to beat a new threat in *The Flash* 8pm Sky One

BBC Scotland

FREEVIEW 108 (SCOTLAND)

7.00 PM Inside The Zoo At Edinburgh Zoo, the vets deal with a zebra with arthritis.

8.00 Beechgrove  
8.30 The Great Food Guys Nick Nairn and Dougie Vipond welcome Andrew Cotter.

9.00 The Nine The latest Scottish, UK and international news.

10.00 Chewin' The Fat Comedy with Ford Kiernan and Greg Hemphill.  
10.30 Raiders Of The Lost Archive

11.00-12.00 Pump Up The Bhangra: The Sound Of Asian Britain The rise and history of Bhangra music.

5USA

FREEVIEW 21

6.00 AM TJC 9.00 Murder, She Wrote 10.00 NCIS 11.00 NCIS 12.00 PM Law & Order 12.55 Entertainment News On 5 1.00 Law & Order 2.00 Law & Order 3.00 Law & Order 4.00 Law & Order 5.00 Law & Order 6.00 NCIS *Philly.* 6.55 Entertainment News On 5 7.00 NCIS 8.00 NCIS *Home Of The Brave.* 9.00 Law & Order: Special Victims Unit *Dance, Lies, And Videotape.* 10.00 Law & Order: Special Victims Unit *Rooftop.* 10.55 Law & Order: Special Victims Unit *Tangled.* 11.55 Law & Order: Special Victims Unit *Countdown.* 12.50 AM Law & Order: Special Victims Unit 1.50 Law & Order 2.50 Law & Order 3.35 Criminals: Caught On Camera 4.00-6.00 Teleshopping

BBC4

FREEVIEW 9

7.00 PM The Joy Of Painting *Twilight Meadow.* 7.30 Pubs, Ponds And Power: The Story Of The Village *East Mids.*

8.00 Brideshead Revisited A student at Oxford in the 1920s is drawn into the glamorous world of an aristocratic friend and his sister. Drama based on Evelyn Waugh's novel, with Matthew Goode and Ben Whishaw. (Cert 12, 132 mins. 2008) ★★

10.05 Evelyn Waugh: Face To Face  
10.35 I Capture The Castle Romantic drama, starring Romola Garai. (Cert PG, 108 mins. 2003) ★★

12.20 AM Motherland 12.50 Motherland 1.20 Motherland 1.50 Pubs, Ponds And Power: The Story Of The Village 2.25-3.15 Hemingway

5STAR

FREEVIEW 31

6.00 AM Teleshopping 8.10 Rich Kids, Skint Holiday 9.00 Bargain-Loving Brits In The Sun 10.00 Filthy Britain SOS 11.00 Casualty 24/7: Every Second Counts 12.00 PM Traffic Cops 1.00 Traffic Cops: Under Attack 2.00 Police Interceptors 5.00 Dogs Behaving (Very) Badly 6.00 Neighbours 6.30 Home And Away 7.00 Bargain-Loving Brits In The Sun 8.00 Babies 24/7: Maternity Ward 9.00 Skin A&E 10.00 A&E: When Patients Attack 11.05 Plastic Surgery Knifemares 12.05 AM Orgasms On Sale: The Sex Business 1.05 The Nightmare Neighbour Next Door 2.05 My Lover My Killer 3.10 Neighbours 3.35 Home And Away 4.00-6.00 Teleshopping

ITV2

FREEVIEW 6

6.00 AM Ellen's Game Of Games 6.55 Totally Bonkers Guinness World Records 7.25 You've Been Framed! Gold 8.00 Emmerdale 8.30 Coronation Street 9.30 Ellen's Game Of Games 10.30 Dress To Impress 11.30 The Cabins 12.30 PM Emmerdale 1.00 Coronation Street 2.00 Supermarket Sweep 3.00 Dress To Impress 4.00 The Cabins 5.00 You've Been Framed! Top 100 Shockers 6.00 Catchphrase: Catchiest

7.00 Superstore *Shadowing Glenn.* 7.30 Superstore *Cloud 9 Academy:* Amy and Cheyenne go to training.

8.00 Bob's Burgers *Lobsterfest:* Bob briefly becomes a local hero. 8.30 Bob's Burgers *Torpedo.*

9.00 Love Island The latest events from the Villa.

10.05 Iain Stirling's CelebAbility With Joey Essex and Sophie Duker. 10.50 Family Guy *Three Acts Of God.*

11.20 Family Guy *Fresh Heir:* Chris learns he's the heir to Carter's fortune. 11.45 American Dad! *Garfield And Friends.*

12.15 AM American Dad! 12.45 Apocalypse Wow 1.40 Bob's Burgers 2.05 Bob's Burgers 2.30 Superstore 2.55 Superstore 3.20 Nightscreen 3.30-6.00 Teleshopping

ITV3

FREEVIEW 10

6.00 AM Classic Coronation Street 6.30 Classic Coronation Street 7.00 Classic Emmerdale 7.30 Classic Emmerdale 8.05 Heartbeat 9.15 Bless This House 9.50 On The Buses 10.25 Agatha Christie's Poirot *The Mystery Of The Blue Train.* 12.40 PM Heartbeat *Baby Love.* 1.45 Classic Emmerdale 2.15 Classic Emmerdale 2.50 Classic Coronation Street 3.20 Classic Coronation Street 3.55 Midsomer Murders *Death In Disguise.* 6.00 Downton Abbey *The London Season.* 8.00 Vera *Blood Will Tell.* 10.00 Unforgotten 11.00 An Audience With Victoria Wood 12.10 AM Inspector Morse 2.20 Nightscreen 2.30-6.00 Teleshopping

E4

FREEVIEW 13

6.00 AM Hollyoaks 6.30 Hollyoaks 7.00 Ramsay's Kitchen Nightmares USA 8.00 How I Met Your Mother 8.30 How I Met Your Mother 9.00 Melissa & Joey 9.30 Melissa & Joey 10.00 Baby Daddy 10.30 Baby Daddy 11.00 The Goldbergs 11.30 The Goldbergs 12.00 PM Brooklyn Nine-Nine 1.00 The Big Bang Theory 3.00 The Goldbergs 3.30 The Goldbergs 4.00 Black-ish 4.30 Black-ish 5.00 Brooklyn Nine-Nine 6.00 The Big Bang Theory

7.00 Hollyoaks Police try to figure out the culprit behind the robbery. 7.30 Come Dine With Me *Birmingham 4/5.*

8.00 Below Deck: Mediterranean *Nauti Girls Need Love Too:* Ben's first dinner doesn't exactly wow the guests.

9.00 Gogglebox Opinions on shows including *Line Of Duty* and *Snackmasters.*

10.00 Gogglebox Shows under review include *Who Wants To Be A Millionaire?* and *Des.*

11.05 Naked Attraction *Zoe & Derry:* Singletons from London and Wigan choose dates from six naked people.

12.10 AM Gogglebox 1.15 Rick And Morty 1.45 Birdgirl 2.15 First Dates 3.10 Gogglebox 4.05 How I Met Your Mother 4.30 How I Met Your Mother 4.55-6.00 Ramsay's Kitchen Nightmares USA

ITV4

FREEVIEW 25

6.00 AM River Monsters 6.25 The Adventures Of Sherlock Holmes 7.25 The Avengers 8.20 The Sweeney 9.30 Minder 10.35 The Saint 11.40 Cadfael 1.20 PM The Adventures Of Sherlock Holmes 2.30 The Avengers *Game.* 3.40 The Sweeney 4.50 Minder 5.55 The Big Match Revisited 7.00 Who Wants To Be A Millionaire? 8.05 FILM Jaws: The Revenge Includes FYI Daily. (Cert 15, 86 mins. 1987) ★ 10.00 FILM Step Brothers Comedy, starring Will Ferrell and John C Reilly. Includes FYI Daily. (Cert 15, 97 mins. 2008) ★★ 11.55 Minder *Uneasy Rider.* 1.00 AM The Saint 2.05 Football Genius 2.30 Football Genius 3.00-6.00 Teleshopping

More4

FREEVIEW 18

8.55 AM Kirstie's Vintage Gems *A Pottery Twist.* 9.15 Heir Hunters *Forrestel/Van Hoeck.* 10.05 Find It, Fix It, Flog It 11.05 Find It, Fix It, Flog It 12.10 PM Car S.O.S *Messerschmitt KR200.* 1.10 Emergency Helicopter Medics 2.15 Four In A Bed 2.50 Four In A Bed *Eden Lodge.* 3.20 Four In A Bed 3.50 Four In A Bed 4.20 Four In A Bed 4.55 Grand Designs Australia 5.55 The Supervet 6.55 Escape To The Chateau: Make Do And Mend

7.55 Grand Designs *Kensington Revisit, 2012:* A home large enough to contain a sauna, spa and dance floor.

9.00 Titanic: Into The Heart Of The Wreck Capturing the underwater odyssey of the greatest Titanic expeditions.

10.35 World's Greatest Shipwrecks: History Beneath The Waves

11.35 8 Out Of 10 Cats Does Countdown Jon Richardson and Tom Allen take on Sean Lock and Rosie Jones.

12.35 AM Sex Toy Stories 1.40 Titanic: Into The Heart Of The Wreck 3.15-3.40 Food Unwrapped

ITVBe

FREEVIEW 27

7.00 AM Sam And Billie: The Mummy Diaries 8.00 Buying And Selling 9.00 LittleBe 12.00 PM Best Cake Wins 12.30 The Real Housewives Of Atlanta 1.30 Sam And Billie: The Mummy Diaries 2.30 The Only Way Is Essex 3.10 Little Women: LA 4.05 The Real Housewives Of Orange County 5.00 The Real Housewives Of New York City 6.00 Buying And Selling *Olivia & Dan.* 7.00 Buying And Selling 8.00 Dinner Date *Sasha.* 9.00 DON'T MISS! Vanderpump Rules 10.00 Botched *Butchered Breasts And Nasal Nightmares.* 10.55 Totally Unbelievable: Celebrity Weddings *Celebrity Weddings.* 11.55 The Only Way Is Essex 12.45 AM FYI Extra 1.00-7.00 Teleshopping



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## BBC1

**6.00 AM Olympics Breakfast Day Seven** – 2: Dan Walker and Sam Quek present further coverage of day seven, including Bryony Page's bid for trampolining glory at Ariake Gymnastics Centre from 6.50. (S) **9.00 Olympics 2020 Day Seven – 3:** Gabby Logan presents live coverage of day seven from Tokyo, where all eyes will be on the track and field athletes, as the first medals are handed out at the Olympic Stadium. (S) **12.00 PM BBC News/Weather** (S) **12.30 Regional News** (S) **12.45 Olympics 2020 Day Seven – 5:** Gabby Logan presents further coverage of day seven in Tokyo, including the conclusion of the men's 10,000m at the Olympic Stadium. With analysis from Michael Johnson. (S) **3.00 Olympics 2020 Day Seven – 6:** Jason Mohammad looks back on the best of the action from a hectic day seven at the Tokyo Olympic Games. (S)



7.30pm Olympics 2020...

**6.00 BBC News/Weather** (S)  
**6.30 Regional News** (S)

**7.00 The One Show** Presented by Alex Jones and Ronan Keating. (S) **7.30 Olympics 2020: Today At The Games Day Seven:** Clare Balding and Alex Scott look back on the best of the action from day seven in Tokyo, where the athletics got under way and the winner of the men's 10,000m was decided at the Olympic Stadium. Sir Mo Farah was the two-time reigning champion in both the 10,000m and 5,000m, but the 38-year-old star of London and Rio was unable to meet the required qualifying time for Tokyo, so a new champion will have been crowned. (S)

**SOAP 9.05 EastEnders** Martin feels let down by Ruby when she forgets his birthday, and Tiff's insecurities take over. (S) **9.30 King Gary** New series. Gary and Terri start planning their wedding. (S) **See p62**

**10.00 BBC News** (S)  
**10.25 Regional News/Weather** (S)  
**10.35 Not Going Out** Comedy, starring Lee Mack. (R/S)

**11.05 Olympics 2020 Day Eight – 1:** JJ Chalmers presents coverage of day eight in Tokyo, including the new mixed relay triathlon at Odaiba Marine Park, and pole vault qualifying at the Olympic Stadium. (S) **4.00-6.00 AM Olympics 2020 Day Eight – 4am:** Dan Walker and Sam Quek present further coverage of day eight. (S)

## BBC2

**6.30 AM Pointless** Quiz, hosted by Alexander Armstrong. (R/S) **7.15 Bargain Hunt Homes And Interiors Special** (R/S) **8.00 Sign Zone: Rainforests: Our Wild Adventures Rainforests** (R/S) **9.00 BBC News At 9** (S) **10.00 BBC News** (S) **12.00 PM Olympics 2020 Day Seven – 4:** Gabby Logan presents continued athletics coverage of day seven. (S) **12.45 Bargain Hunt Bargain Hunt Sport Special:** A look back at some of the most eclectic sporting items bought by the teams. (R/S) **1.30 Money For Nothing** (R/S) **2.15 The Farmers' Country Showdown Awards – Diversification** (R/S) **2.45 Escape To The Country Gloucestershire** (R/S) **3.30 Celebrity Antiques Road Trip Clare Grogan And Alex Norton:** Clare Grogan and Alex Norton compete. (R/S) **4.30 Flog It! St Albans 11** (R/S) **5.15 Pointless** Quiz, hosted by Alexander Armstrong. (R/S)



6pm Richard Osman's House...

**6.00 Richard Osman's House Of Games** Shappi Khorsandi, Michael Buerk, Amanda Abbington and Elis James compete. (R/S) **6.30 Animal Park** (S)

**7.00 Gardeners' World** Monty Don gets going on a new planting project and gives advice on borders. Also, Sue Kent explores Aberglasney Gardens in Wales, while Nick Bailey investigates a disease affecting trees. (S)

**8.00 BBC Proms: First Night Of The Proms** New series. Conductor Dalia Stasevska and the BBC Symphony Orchestra kick off a six-week season, with Vaughan Williams' *Serenade To Music* and Poulenc's *Organ Concerto*. (S)

**9.05 Olympics 2020: Extra Day Seven:** Jeanette Kwakye and Nihal Arthanayake present the standout action in Tokyo on day seven, which saw Britain's Kye Whyte go for glory in the men's BMX racing final. (S)

**10.00 I'll Get This** With Tom Davis, Julian Clary, Laura Whitmore, Rachel Johnson and Chris Kamara. (R/S) **10.30 Newsnight** (S)

**11.05 FILM Looted** Crime drama, starring Charley Palmer Rothwell. (Cert 15, 89 mins. 2019) (S) ★★ **12.30 AM The Super League Show** (S) **1.15 Mayans M.C You Can't Pray A Lie** (R/S) **2.10 Mayans M.C What Comes Of Handlin' Snakeskin** (R/S) **3.00 Mayans M.C** (R/S) **3.55 Sign Zone: Great British Railway Journeys** (R/S) **4.30-6.35 BBC News** (S)

## ITV

**6.00 AM Good Morning Britain** (S) **9.00 Lorraine** Entertainment and fashion news. (S) **10.00 This Morning** (S) **12.30 PM Loose Women** (S) **1.00 Lunchtime News/Weather** (S) **1.20 Regional News/Weather** (S) **1.30 ITV Racing Live: Glorious Goodwood 2021 Day Four:** Ed Chamberlin and Francesca Cumani present day four of the festival, including the 3.35 King George Stakes and races at 2.25, 3.00 and 4.10. (S) **4.30 Tipping Point: Best Ever Finals** Ben Shephard hosts this compilation of the arcade-themed game show's most dramatic finales, in which the last contestant standing competes for a £10,000 jackpot. (R/S) **5.00 The Chase** Bradley Walsh presents as Jim, Tom, Roma and Hilary answer general knowledge questions and work as a team to take on a ruthless quiz genius and secure a cash prize. (R/S)



11.05pm Die Hard With...

**6.00 Regional News/Weather** (S)  
**6.30 Evening News/Weather** (S)

**SOAP 7.00 Emmerdale** Victoria and Amy help Ethan, and Faith puts her foot in it. (S)

**SOAP 7.30 Coronation Street** Grace is delighted to have rekindled her romance with Michael, and Todd dashes to the aid of unconscious Summer. (S)

**8.30 Endeavour Quartet:** Morse investigates an assassination attempt at an international sporting event, but the case is very quickly closed. While Thursday is determined to walk away, Morse delves deeper, getting drawn into a web of intrigue involving espionage, big business and a dark secret in the heart of the Oxford community. Meanwhile, Thursday faces a moral dilemma as he tries to protect a woman from her violent husband. (R/S)

**10.20 ITV News/Weather** (S)  
**10.50 Regional News/Weather** (S)

**11.05 FILM Die Hard With A Vengeance** Action thriller sequel, with Bruce Willis, Samuel L Jackson and Jeremy Irons. (Cert 15, 122 mins. 1995) (S) ★★ ★★ **1.15 AM Shop: Ideal World 3.00 FYI Extra 3.15 Martin & Roman's Weekend Best!** (R/S) **4.05-6.00 Nightscreen**

## Channel 4

**6.00 AM Countdown** (R/S) **6.40 Mike & Molly** (R/S) **7.05 Mike & Molly** (R/S) **7.25 Everybody Loves Raymond Working Girl** (R/S) **7.50 Everybody Loves Raymond Be Nice** (R/S) **8.15 Everybody Loves Raymond Dancing With Debra** (R/S) **8.45 Frasier Sliding Frasier** (R/S) **9.15 Frasier Hungry Heart** (R/S) **9.45 The Big Bang Theory The Veracity Elasticity** (R/S) **10.10 The Big Bang Theory The Brain Bowl Incubation** (R/S) **10.35 The Big Bang Theory The Geology Elevation** (R/S) **11.05 The Simpsons Like Father, Like Clown** (R/S) **11.35 The Simpsons Lisa's Pony** (R/S) **12.05 PM Channel 4 News/Weather Summary** (S) **12.10 Posh Pawnbrokers** (R/S) **1.10 A New Life In The Sun** (R/S) **2.10 Countdown** (S) **3.00 Find It, Fix It, Flog It** (S) **4.00 A Place In The Sun 2020: Palma, Majorca** (R/S) **5.00 Couples Come Dine With Me** (R/S)



9pm Celebrity Gogglebox 2020

**6.00 The Simpsons** (R/S) **SOAP 6.30 Hollyoaks** Police try to figure out the culprit behind the robbery. (R/S)

**7.00 Channel 4 News** (S)

**8.00 A Very British Hotel** Compilation episode going behind the scenes at London's Mandarin Oriental Hyde Park, one of the world's most exclusive hotels, located in the heart of Knightsbridge. (S)

**9.00 Celebrity Gogglebox 2020** A chance to catch-up with some of the best moments from last year's episodes, featuring critics including Denise Van Outen, Rylan Clark-Neal and Maureen Lipman. (R/S)

**DON'T Miss! 10.00 The Lateish Show With Mo Gilligan** The RTS Award-winning and BAFTA-nominated comedian chews the fat with big-name guests. (S)

**11.05 Sarah Millican: Thoroughly Modern Millican Live** (R/S) **12.10 AM FILM Nutty Professor II: The Klumps** (Cert 12, 102 mins. 2000) (S) ★★ **1.55 Come Dine With Me** (R/S) **3.15 Come Dine With Me** (R/S) **3.40 Come Dine With Me** (R/S) **4.10 Celebrity Coach Trip** (R/S) **5.05-6.00 Location, Location, Location Huddersfield & Calderdale** (R/S)



## Channel 5

**6.00 AM Milkshake!** **9.15 Jeremy Vine** (S) **11.15 Room To Improve** Dermot Bannon redesigns a pub's confusing layout. (R/S) **12.20 PM 5 News At Lunchtime** (S) **12.25 Ben Fogle: New Lives In The Wild Iceland:** Ben meets a former carpenter living on a private island in Iceland. (R/S) **1.15 Home And Away** Bella and Emmett prepare for their exhibition preview. (R/S) **1.45 Neighbours** Chloe ignores her niggle as she begins her relationship with Nicolette. (S) **2.15 FILM A Body To Die For** A plastic surgeon becomes entangled with a patient whose desire for perfection threatens to destroy her family. Thriller, starring Sunny Mabrey. (Cert PG, 90 mins. 2018) (S) ★★ **4.00 Bargain-Loving Brits In The Sun** A Welsh couple search for a bar they can rent. (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



7pm Fishing Scotland's Lochs...

**SOAP** **6.00 Home And Away** Kieran arrives on the doorstep of Summer Bay house. (R/S) **6.30 5 News Tonight** (S)

**7.00 Fishing Scotland's Lochs And Rivers** Celebrities go fishing in Scotland. (S)

**DON'T Miss!** **8.00 Michael Ball's Wonderful Wales** The singer is in North Wales, exploring the Snowdonia mountain range, in a journey that takes in Caernarfon Castle. (S) **See p61**

**9.00 Draining New York: What Lies Beneath?** Sonar technology reveals shipwrecks as never seen before, and a secret beneath Manhattan's skyline is revealed. (S)

**10.00 1988: Britain's Top 30 Hits** A look at the most successful pop tracks of 1988. (S)

**1.00 AM The 21.co.uk Live Casino Show** Interactive gambling. (S) **3.00 Entertainment News On 5** (S) **3.10 Bargain-Loving Brits In The Sun** (R/S) **4.00 The Funny Thing About Love And Sex** (R/S) **4.45 Wildlife SOS** (R/S) **5.10 House Doctor Clacton-on-Sea** (R/S) **5.35-6.00 Paw Patrol Ultimate Rescue: Pups Save A Runaway Stargazer** (R/S)



**DON'T Miss!**

**THE LATEISH SHOW WITH MO GILLIGAN** | Channel 4 **10PM**

## Grime and reason

We're currently being treated to double the Friday night fun with Mo, thanks to his sofa slot on *Celebrity Gogglebox* (with actor and comedian Babatunde Aleshe), immediately prior to this new series of his own

BAFTA-winning entertainment spectacular.

The chat show that began with a smartphone in Mo's bedroom is now suitably supersized in a studio (with house band The Composers), where the comedy star is

joined tonight by guest stars including YouTuber and rapper KSI. There's also the usual sketches, Nursery Grimes and music performances – plus a chance for the public to be the stars of the show, as Mo takes his party onto the UK streets...

**DON'T Miss!**

## One last song

**MICHAEL BALL'S WONDERFUL WALES** | Channel 5 **8PM**



**Regional variations**

What a delight it's been, traversing the Welsh mountains and valleys alongside Michael – a man of musicals who hails from the land of song. Tonight, his joyous journey comes to an end, but before the traditional harmonious treat at the end of the show (this time courtesy of Michael and the famous Fron Male Voice Choir), there's plenty more to see. Michael's in north Wales, land of the Snowdonia mountain range, where he visits Caernarfon Castle and meets rare Welsh mountain ponies. There's also a trip to Llandudno before Michael steers a canal boat across the Llangollen Aqueduct – 126ft in the air....

**BBC2 WALES** as Main BBC2 except: **10.00-10.30pm** Mavericks: Sport's Lost Heroes **STV** as Main ITV except: **1.30-4.30pm** STV Racing Live: Glorious Goodwood **1.15-3.00am** Nightscreen





LAW & ORDER: ORGANISED CRIME | Sky Witness 10PM

The latest *Law & Order* show begins tonight – the seventh entry in the franchise – and this one is a spin-off from *Special Victims Unit*, so make sure you also watch the *SVU* episode that leads directly

into it! Christopher Meloni reprises his role of detective Elliot Stabler, who returns to the NYPD to battle organised crime after a devastating personal loss. Can he ever rebuild his life and career?

BBC PROMS: FIRST NIGHT OF THE PROMS | BBC4 9.05PM

Ah, this is music to our ears! The BBC Symphony Orchestra and guest conductor Dalia Stasevska kick off the Proms tonight with a programme featuring Vaughan Williams, Poulenc and a world premiere by Sir James MacMillan.



PLATE OF ORIGIN | W 7PM



This new international cooking show reaches the end of its two-week daily run tonight, with teams from different nations going head to head. There's \$100,000 up for grabs, but who'll get the prize cheque for their country's cuisine?

Sky Witness

6.00 AM Nothing To Declare 8.00 Border Patrol 9.00 The Real A&E 10.00 Sun, Sea And A&E 11.00 Law & Order 12.00 PM CSI: Crime Scene Investigation No Way Out. 1.00 Blue Bloods Ties That Bind. 2.00 Blue Bloods The Bogeyman. Danny looks for the distributor of a deadly new form of heroin. 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare

7 pm

7.00 Nothing To Declare 7.30 Nothing To Declare

8 pm

8.00 Blue Bloods The Life We Chose: Danny vows to avenge a colleague's death.

9 pm

9.00 Law & Order: Special Victims Unit Return Of The Prodigal Son: Stabler's family is threatened.

10 pm

**DON'T Miss!** 10.00 Law & Order: Organised Crime What Happens In Puglia.

11 pm

11.00 Law & Order: Special Victims Unit Choreographed: A woman's death baffles the detectives.

12.00 AM Law & Order: Special Victims Unit 1.00 9-1-1 2.00 9-1-1: Lone Star 3.00 Road Wars 4.00 Road Wars 5.00-6.00 Brit Cops: Rapid Response

Sky Atlantic

6.00 AM The British Revolution. 7.00 Elementary A Controlled Descent. 8.00 Elementary An Infinite Capacity For Taking Pains. 9.00 Six Feet Under Can I Come Up Now?. 10.05 Six Feet Under That's My Dog. 11.10 Boardwalk Empire You'd Be Surprised. 12.20 PM Boardwalk Empire Ging Gang Goolie. 1.30 Elementary Once You've Ruled Out God. 2.30 Elementary Pushing Buttons. 3.30 Dexter The Angel Of Death. 4.35 Dexter Just Let Go. 5.40 1994 6.45 1994

7.50 1994 Leonardo and Veronica's wedding day arrives, but Pietro complicates things.

9.00 The Pacific Basilone: Sgt Basilone's company defends the Guadalcanal airfield.

10.05 Oz The Truth And Nothing But: Beecher takes revenge.

11.10 Oz Napoleon's Boney Parts: Bellinger loses his appeal.

12.15 AM True Blood 1.20 True Blood 2.25 Californication 3.00 Californication 3.35 Californication 4.10 Urban Secrets 5.05-6.00 Urban Secrets

Sky One

6.00 AM Futurama 6.30 Futurama 7.00 Wild Tales From The Farm 8.00 Monkey Business 9.00 Motorway Patrol 10.00 Stop, Search, Seize 11.00 NCIS: Los Angeles 12.00 PM NCIS: Los Angeles Imposters. 1.00 Hawaii Five-0 2.00 Hawaii Five-0 3.00 Magnum P.I. 4.00 Modern Family It's The Great Pumpkin, Phil Dunphy. 4.30 Modern Family Ten Years Later. 5.00 The Simpsons 5.30 Futurama 6.00 Futurama 6.30 The Simpsons Deep Space Homer.

7.00 The Simpsons Homer Loves Flanders. 7.30 The Simpsons Bart Gets An Elephant.

8.00 Freddie Fries Again East Anglia: Andrew Flintoff and Rob Penn head to Newmarket.

9.00 Manifest Wingman: Michaela receives devastating news.

10.00 Rob & Romesh Vs Almost Everything Highlights from all three series. Last in the series.

11.00 A League Of Their Own Best Of: Highlights from the latest series.

12.00 AM The Force: North East 1.00 Road Wars 2.00 Road Wars 3.00 Brit Cops: Frontline Crime UK 4.00 Stop, Search, Seize 5.00-6.00 Magnum P.I.

W

6.10 AM My Dream Home 8.00 Tipping Point 10.00 The Bill 11.00 Inside The Ambulance: Coast And Country 12.00 PM Inside The Ambulance: Coast And Country 1.00 Tipping Point 3.00 Property Brothers: Forever Homes 4.00 My Dream Home 5.00 My Dream Home 6.00 Property Brothers: Forever Homes 7.00 **DON'T MISS!** Plate Of Origin 8.30 Inside The Ambulance 9.30 999 Rescue 10.30 Inside The Operating Theatre 11.30 One Born Every Minute 12.30 AM Inside The Ambulance 1.00 Renovate My Home: Leave It To Bryan 1.25 Renovate My Home: Leave It To Bryan 1.50 Renovate My Home: Leave It To Bryan 2.15 Renovate My Home: Leave It To Bryan 3.00-6.00 Teleshopping

Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 8.00 Murdoch Mysteries 9.00 Rizzoli & Isles 10.00 Unforgettable 11.00 Hudson & Rex 12.00 PM Shakespeare & Hathaway – Private Investigators 1.00 Death In Paradise 2.00 Murdoch Mysteries 3.00 Murdoch Mysteries 4.00 The Good Wife 5.00 Rizzoli & Isles 6.00 Unforgettable 7.00 Hudson & Rex Over Ice. 8.00 Death In Paradise The Wrong Man. 9.00 Deception Forced Perspective. 10.00 Whiskey Cavalier When In Rome. 11.00 The Good Wife Mock. 12.00 AM Unforgettable 12.55 Shakespeare & Hathaway – Private Investigators 1.55 We Hunt Together 2.55 Rush 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.15 French Fields 8.40 Are You Being Served? 9.20 Still Open All Hours 10.00 Last Of The Summer Wine 11.20 The Green Green Grass 12.00 PM Blackadder II 12.40 Still Open All Hours 1.20 Are You Being Served? 2.00 Dad's Army 3.20 The Green Green Grass 4.00 Blackadder II 4.40 Last Of The Summer Wine 6.00 Still Open All Hours 6.40 Are You Being Served? 7.20 The Green Green Grass 8.00 Dad's Army 8.40 Dad's Army 9.15 Murder, They Hope 10.20 The Office 11.00 The Office 11.40 The Office 12.20 AM Men Behaving Badly 1.00 Suits You Sir: The Inside Leg Of The Fast Show 2.00 The Interviews 2.50 Bull 3.20 French Fields 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping 8.00 Impractical Jokers: Punishment Countdown 8.35 Impractical Jokers 10.00 Everybody Loves Raymond 10.30 Everybody Loves Raymond 11.00 Everybody Loves Raymond 11.30 Everybody Loves Raymond 12.00 PM My Wife And Kids 12.30 My Wife And Kids 1.00 Friends 8.00 Criminally Funny Comedy remake, starring Adam Sandler. (Cert 12, 109 mins. 2005) ★★★ 11.15 FILM Harold & Kumar Get The Munchies Comedy adventure, starring John Cho and Kal Penn. (Cert 15, 88 mins. 2004) ★★★ 1.05 AM Criminally Funny 2.05 South Park 4.15 The Middle 4.35 The Middle 5.00-6.00 Teleshopping

Sky Docs

6.00 AM FILM Breslin And Hamill: Deadline Artists (Cert 12, 108 mins. 2018) ★★★ 8.00 All Or Nothing: Cardinals 9.00 Discovering: Ava Gardner 10.00 The Directors 11.00 The Movies 12.00 PM First Ladies Eleanor Roosevelt. 1.00 Josephine Baker: The Story Of An Awakening 2.00 FILM Breslin And Hamill: Deadline Artists (Cert 12, 108 mins. 2018) ★★★ 4.00 Discovering: Ava Gardner 5.00 The Directors 6.00 The Movies 7.00 First Ladies 8.00 Josephine Baker: The Story Of An Awakening 9.00 I Am Heath Ledger 10.50 Disgraced 12.50 AM Heroin: Cape Cod, USA 2.25 Paycheck To Paycheck: The Life & Times Of Katrina Gilbert 4.00 Discovering 5.00-6.00 All Or Nothing: Cardinals

Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 The Mindy Project 10.00 Will & Grace 11.00 Parks And Recreation 11.30 Girls 12.05 PM Girls 12.40 Sex And The City 1.15 Sex And The City 1.50 Curb Your Enthusiasm 3.00 The Fresh Prince Of Bel-Air 4.00 Will & Grace 5.00 Sex And The City 5.35 Sex And The City 6.15 Curb Your Enthusiasm 7.30 Parks And Recreation 8.00 The Fresh Prince Of Bel-Air 8.30 The Fresh Prince Of Bel-Air 9.00 Veep 9.35 Veep 10.15 Ballers 10.50 The Tonight Show Starring Jimmy Fallon 11.50 Sex And The City 12.25 AM Sex And The City 3.00 Will & Grace 4.00 The Mindy Project 4.30 The Mindy Project 5.00-6.00 Teleshopping





Michaela gets bad news while in pursuit of murderous criminals in *Manifest* 9pm Sky One

BBC Scotland  
FREEVIEW 108 (SCOTLAND)

BBC4  
FREEVIEW 9

Drama  
FREEVIEW 20

6.00 AM Teleshopping  
7.30 Where The Heart Is  
8.25 The Bill 9.30 Classic  
Holby City 10.55 Classic  
Casualty Behind Closed  
Doors. 12.00 PM The Bill  
Class Action. 1.00 Classic  
EastEnders 1.40 Classic  
EastEnders 2.15 A Place  
To Call Home There'll Be  
Some Changes Made. 3.15  
Bergerac Ice Maiden. 4.20  
Dangerfield The Lost Boy.  
5.20 Birds Of A Feather  
Belongings. 6.00 Hi-de-Hi!  
Who Killed Mr Partridge?..  
6.35 To The Manor  
Born Business Troubles.

7.20 Last Of The  
Summer Wine Things To  
Do When Your Wife Runs  
Off With A Turkish Waiter.

8.00 Father Brown  
The Mask Of The Demon:  
The priest investigates the  
murder of a movie director.

9.00 Happy Valley  
Catherine confronts  
a delusional Frances.

10.20 New Tricks Love  
Means Nothing In Tennis:  
The death of a tennis star  
occupies the team.

11.40 Bad Girls Tangled  
Web: Helen investigates  
Rachel's suicide.

12.50 AM Taggart 3.05 Birds  
Of A Feather 4.00-4.00  
Teleshopping

7.00 PM The Seven  
National, UK-wide and  
international news.

8.00 Iain Robertson  
Rambles  
8.30 Grand Tours  
Of Scotland's Lochs  
Shelter From The Storm.

9.00 Greetings From  
Scotland Part two  
of two. Two events that  
transformed Scottish  
tourism in 1995.

10.00 Still Game  
Courtin': Jack falls in  
love. Last in the series.  
10.30 The Karen  
Dunbar Show

11.00-12.00 A View  
From The Terrace – The  
Wee Films Highlights  
from the last two series.

6.00 AM Teleshopping  
9.00 Murder, She Wrote  
10.00 NCIS 11.00 NCIS  
12.00 PM Law & Order 12.55  
Entertainment News On 5  
1.00 Law & Order 2.00 Law &  
Order Stand-Off. 3.00 Law &  
Order 4.00 Law & Order A  
Losing Season. 5.00 Law &  
Order Swept Away. 6.00  
NCIS Enemy Combatant. 6.55  
Entertainment News On 5  
7.00 NCIS Pay To Play. 8.00  
NCIS Willoughby. 9.00 FILM  
Inferno Includes Access. (Cert  
12, 121 mins. 2016) ★★★  
11.25 Law & Order: Special  
Victims Unit Redemption.  
12.25 AM Law & Order:  
Special Victims Unit 1.20 Law  
& Order: Special Victims Unit  
2.15 Law & Order: Special  
Victims Unit 3.10 Law & Order  
4.00-6.00 Teleshopping

Dave  
FREEVIEW 19

6.00 AM Teleshopping 7.10  
Last Stop Garage 7.35 Last  
Stop Garage 8.00 American  
Pickers 9.00 Storage Hunters  
9.30 Storage Hunters 10.00  
American Pickers 11.00  
American Pickers 12.00 PM  
Bangers And Cash 1.00 Top  
Gear 2.00 Top Gear 3.00  
Rick Stein's India 4.00 Top  
Gear 5.00 Top Gear 6.00 Big  
Zuu's Big Eats 6.30 Big Zuu's  
Big Eats 7.00 Richard  
Osman's House Of Games  
7.40 Would I Lie To You?  
8.20 QI 9.00 Travel Man: 48  
Hours In Rome 9.30 Travel  
Man: 48 Hours In Valencia  
10.00 QI XL 11.00  
Taskmaster 12.00 AM Mock  
The Week 12.40 Would I Lie  
To You? 1.20 QI 2.00 QI XL  
3.00 Insert Name Here  
4.00-6.00 Teleshopping

5USA  
FREEVIEW 21

5STAR  
FREEVIEW 31

6.00 AM Teleshopping 8.00  
Entertainment News On 5  
8.10 Rich Kids, Skint Holiday  
9.00 Bargain-Loving Brits In  
The Sun 10.00 Filthy Britain  
SOS 11.00 Casualty 24/7  
12.00 PM Traffic Cops: On  
The Edge 1.00 Traffic Cops:  
Under Attack 2.00 Police  
Interceptors 5.00 Dogs  
Behaving (Very) Badly  
6.00 Neighbours 6.30 Home  
And Away 7.00 Bargain  
Loving Brits In Blackpool  
8.00 The Nightmare  
Neighbour Next Door 9.00  
FILM Hummingbird (Cert 15,  
98 mins. 2013) ★★ 11.05  
FILM Battle: Los Angeles  
(Cert 12, 116 mins. 2011) ★★  
1.30 AM Skin A&E 2.25 Dirty  
John 3.20 Neighbours  
3.45 Entertainment News  
On 5 4.00-4.00 Teleshopping

ITV2  
FREEVIEW 6

6.00 AM Game Of Games  
6.55 Guinness World  
Records 7.25 You've  
Been Framed! Gold  
8.00 Emmerdale 8.30  
Emmerdale 9.00 You've  
Been Framed! Gold 9.30  
Game Of Games 10.30  
Dress To Impress 11.30  
The Cabins 12.30 PM  
Emmerdale 1.00  
Emmerdale 1.30 You've  
Been Framed! Gold 2.00  
Supermarket Sweep 3.00  
Dress To Impress 4.00  
The Cabins 5.00 You've  
Been Framed! Rides  
Again 6.00 Catchphrase

7.00 Superstore  
Steps Challenge.  
7.30 Superstore  
Blizzard: The staff and  
customers are snowed in.

8.00 Bob's Burgers The  
Belchies: Bob and Linda  
rescue the kids from an  
abandoned factory.  
8.30 Bob's Burgers

9.00 Love Island  
The relationship-based  
reality show continues.

10.05 Apocalypse Wow  
Superhuman Bosses  
include a death-defying  
balance expert.

11.05 Family Guy The  
Simpsons Guy – Part One.  
11.35 Family Guy The  
Simpsons Guy – Part Two.

12.05 AM American Dad!  
12.30 American Dad! 1.00  
Bob's Burgers 1.25 Bob's  
Burgers 1.50 Superstore  
2.15 Superstore 2.40 Totally  
Bonkers Guinness World  
Records 3.05 FYI Extra 3.20  
Nightscreen 3.30-3.30  
Teleshopping

ITV3  
FREEVIEW 10

6.00 AM Classic Coronation  
Street 6.30 Classic  
Coronation Street  
7.00 Classic Emmerdale  
7.30 Classic Emmerdale 8.05  
Heartbeat 9.10 Bless This  
House 9.45 On The Buses  
10.20 Inspector Morse Dead  
On Time. 12.40 PM Heartbeat  
1.45 Classic Emmerdale 2.15  
Classic Emmerdale 2.50  
Classic Coronation Street  
3.20 Classic Coronation  
Street 3.55 On The Buses  
Foggy Night. 4.30 Midsomer  
Murders Death's Shadow.  
6.30 Downton Abbey 8.00  
Doc Martin Sons And Lovers.  
9.00 Doc Martin Farewell, My  
Lovely. 10.00 Unforgotten  
11.00 Unforgotten 12.05 AM  
Inspector Morse 2.15  
Nightscreen 2.30-6.00  
Teleshopping

E4  
FREEVIEW 13

6.00 AM Hollyoaks 6.30  
Hollyoaks 7.00 Ramsay's  
Kitchen Nightmares USA  
8.00 How I Met Your  
Mother 8.30 How I Met  
Your Mother 9.00 Melissa  
& Joey 9.30 Melissa &  
Joey 10.00 Baby Daddy  
10.30 Baby Daddy 11.00  
The Goldbergs 11.30  
The Goldbergs 12.00 PM  
Brooklyn Nine-Nine  
1.00 The Big Bang Theory  
3.00 The Goldbergs  
3.30 The Goldbergs 4.00  
Black-ish 4.30 Black-ish  
5.00 Brooklyn Nine-Nine  
6.00 The Big Bang Theory

7.00 Hollyoaks  
7.30 Come Dine With  
Me Birmingham 5/5:  
Aquarium designer Akil  
acts as host.

8.00 Below Deck:  
Mediterranean Holy  
Ship!: Travis' latest  
drunken night has Sandy  
at the end of her rope.

9.00 Daddy's  
Home 2 Comedy,  
starring Will Ferrell  
and Mark Wahlberg. (Cert  
12, 100 mins. 2017) ★★

10.55 Naked Attraction  
Jamie & Jasmin:  
Singletons from Edinburgh  
and Bognor Regis choose  
dates from naked people.

12.00 AM Naked Attraction  
1.10 Gogglebox 2.15 First  
Dates 3.05 Naked Attraction  
4.00 How I Met Your Mother  
4.25 How I Met Your Mother  
4.50-6.00 Ramsay's Kitchen  
Nightmares USA

ITV4  
FREEVIEW 25

6.00 AM River Monsters  
6.25 The Adventures Of  
Sherlock Holmes 7.25 The  
Avengers 8.20 The Sweeney  
9.25 Minder 10.30 The Saint  
11.35 Cadfael 1.15 PM The  
Adventures Of Sherlock  
Holmes The Norwood Builder.  
2.30 The Avengers Super  
Secret Cypher Snatch. 3.40  
The Sweeney Stoppo Driver.  
4.45 Minder Gone With The  
Winchester. 5.55 The Big  
Match Revisited 7.00 Who  
Wants To Be A Millionaire?  
8.00 The Motorbike Show  
9.00 FILM GoldenEye  
Includes FYI Daily. (Cert 12,  
124 mins. 1995) ★★★★★  
11.40 All Elite Wrestling:  
Dynamite 30/07/2021.  
1.45 AM Football Genius  
2.15 Football Genius  
2.40-6.00 Nightscreen

More4  
FREEVIEW 18

8.55 AM Kirstie's Vintage  
Gems Treasure Chests.  
9.15 Heir Hunters  
Spooner/Carteret. 10.05  
Find It, Fix It, Flog It  
11.05 Find It, Fix It, Flog  
It 12.10 PM Car S.O.S  
1.10 Emergency  
Helicopter Medics  
2.15 Four In A Bed 2.50  
Four In A Bed Castle Hill  
Guesthouse. 3.20 Four In  
A Bed Vidella. 3.50 Four  
In A Bed Urban Beach. 4.20  
Four In A Bed 4.55 Grand  
Designs Australia 5.55  
The Supervet 6.55 Escape  
To The Chateau: DIY

7.55 Grand Designs  
Revisit: Braintree, 2012:  
An update on the  
conversion of a huge  
barn in Essex.

9.00 Nordic Murders  
Dreams: Karin and Ellen  
investigate the death  
of a young architect.

11.00 24 Hours In A&E  
A girl is rushed into resus  
after slumping over her  
desk at school.

12.00 AM 24 Hours In A&E  
1.05 8 Out Of 10 Cats Does  
Countdown 2.05 24 Hours In  
A&E 3.10-3.40 Food  
Unwrapped

ITVBe  
FREEVIEW 27

7.00 AM Sam And Billie: The  
Mummy Diaries 8.00 Buying  
And Selling 9.00 LittleBe  
12.00 PM Best Cake Wins  
12.30 The Real Housewives  
Of Atlanta 1.30 Sam And  
Billie: The Mummy Diaries  
2.30 The Only Way Is Essex  
3.10 Little Women: LA  
4.05 The Real Housewives  
Of Orange County 5.00 The  
Real Housewives Of New  
York City 6.00 Buying And  
Selling Dennis And Marie.  
7.00 Buying And Selling Frank  
& Diana. 8.00 Dinner Date  
Ollie. 9.00 Botched Welcome  
To Jurassic Schnoz. 10.00  
Botched Viva Las Vegas  
Boobs. 11.00 Atlanta Plastic  
Garbage Bag Diva. 11.55 The  
Only Way Is Essex 12.45 AM  
FYI Extra 1.00-7.00  
Teleshopping

7  
pm

8  
pm

9  
pm

10  
pm

11  
pm



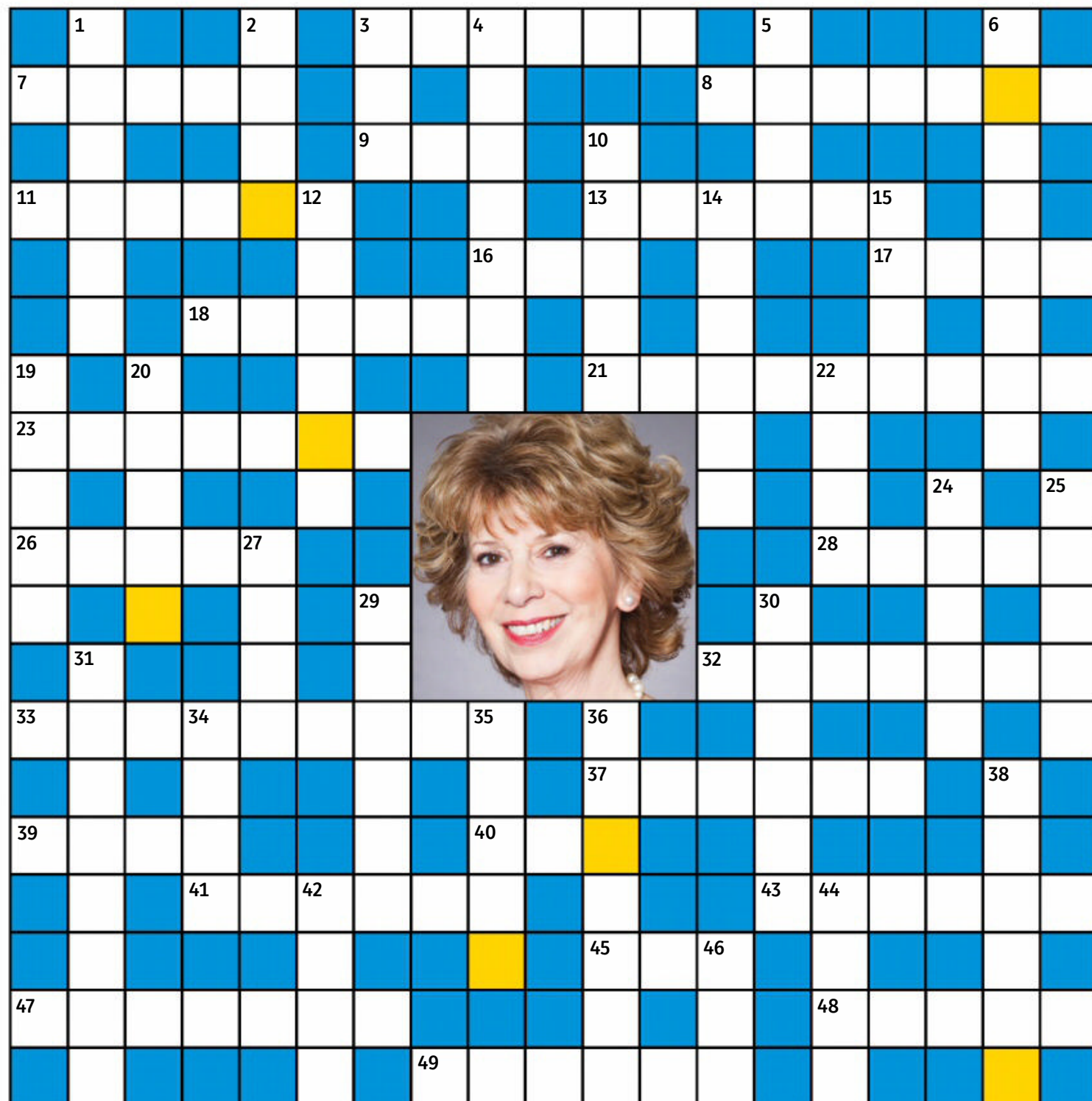
# PRIZE CROSSWORD



For the chance to win £100, complete the crossword puzzle, and the yellow squares – reading from top to bottom – will spell out a word linked to the pictured soap character...

## ACROSS

- 3 & 13A** Ex-*Corrie* star playing Juliet Nightingale's mum Donna-Marie Quinn in *Hollyoaks* (4-2,6)  
**7 & 1D** Frankie Lewis and Zack Hudson hit this Walford woman with a car (5,6)  
**8** Jacob \_\_, Charles Venn's *Casualty* character (7)  
**9** BBC \_\_, channel that gives us *EastEnders* and *Doctors* (3)  
**11** Martin Fowler's second wife and mother of his daughter Hope in *EastEnders* (6)  
**13** See **3A** Across  
**16** What respectful pupils might call **32A**'s son John Paul McQueen in *Hollyoaks* (3)  
**17** Walford \_\_, tube station (4)  
**18** Antipodean, such as *Home and Away* and *Neighbours* (6)  
**21** *Corrie* curry house (5,4)  
**23** Arty exhibition space found in Erinsborough (3,4)  
**26** Spanish flame of Marcus Tandy who appeared in the final shot of *Eldorado* (5)  
**28** \_\_ Richie, former *EastEnders* star who competed on *I'm A Celebrity...* last year (5)  
**32 & 38D** She was in jail for her part in the murder of George Kiss in *Hollyoaks* (5,2,6)  
**33** *Emmerdale* kid whose twin sister is Cathy (5,4)  
**37** Illicit relationship, like Moira Dingle had with her hubby's son Nate Robinson in the Dales (6)  
**39** When not banged up, **32A** is a \_\_ teacher in *Hollyoaks* (4)  
**40 & 20D** Former Walford councillor, and father to Peter and Bobby (3,5)  
**41** Ashley Taylor \_\_, longtime *Hollyoaks* actor who plays Darren Osborne (6)  
**43** \_\_ Lewis Morgan, plays *Doctors*' Jimmy Clay (6)  
**45** Nick Tilsley's kid who was recently kidnapped by Harvey Gaskell in *Corrie* (3)  
**47 & 14D** Actor behind new Weatherfield foster father Imran Habeeb (7,2,4)  
**48** \_\_ Ladderbanks, worked as receptionist for Paddy Kirk, Rhona Gaskirk and Vanessa Woodfield in the Dales (5)  
**49** \_\_ Roberts, **45A**'s great-grandmother in *Corrie* (6)



## DOWN

- 1** See **7A**  
**2** Amy Wyatt's son with Cain Dingle in *Emmerdale* (4)  
**3 & 30D** Son of Paul Robinson who is visiting from New York in *Neighbours* (3,6)  
**4** \_\_ Fox, has set up home with serial murderer Gray Atkins in *EastEnders* (7)  
**5 & 36D** Tragic former Walford bloke who was killed while falsely imprisoned (4,7)  
**6** See **34D**  
**10** \_\_ Chittell, actor who has played Dales resident Eric Pollard since 1986 (5)  
**12 & 31D** She recently split up with fellow Ramsay Street resident Ned Willis (6,8)  
**14** See **47D**  
**15** Studious and clever person, like *Coronation Street* youngster **45A** perhaps (4)  
**19** Fiz \_\_, accompanied her ex Tyrone Dobbs to his ex's funeral in *Coronation Street*, despite his betrayal (5)  
**20** See **40D**  
**22** Male parents, such as *EastEnders*' Mick Carter and the Dales' David Metcalfe (4)  
**24** Aled, Bryn and Llio's fellow quad in *Coronation Street* (5)  
**25** \_\_ Eagleton, vintage gossipmonger last seen in *Emmerdale* in 2015 (5)  
**27** Geordie woman married to David Archer in BBC Radio 4 soap *The Archers* (4)  
**29** Surname of the Dales family which includes teen Gabby (6)  
**30** See **3D**  
**31** See **12D**  
**34 & 6D** Wicked *Coronation Street* chap who proposed to vicar Billy Mayhew (4,8)  
**35** Family whose dealings featured prominently in popular US soap *Dallas* (5)  
**36** See **5D**  
**38** See **32A**  
**42** Emily \_\_, actress who plays Mackenzie Booth in *Home and Away* (4)  
**44** Mum of **12D** who left Erinsborough recently (4)  
**46** Month of the year in which Ben Mitchell married Callum Highway in *EastEnders* (3)



# SUDOKU

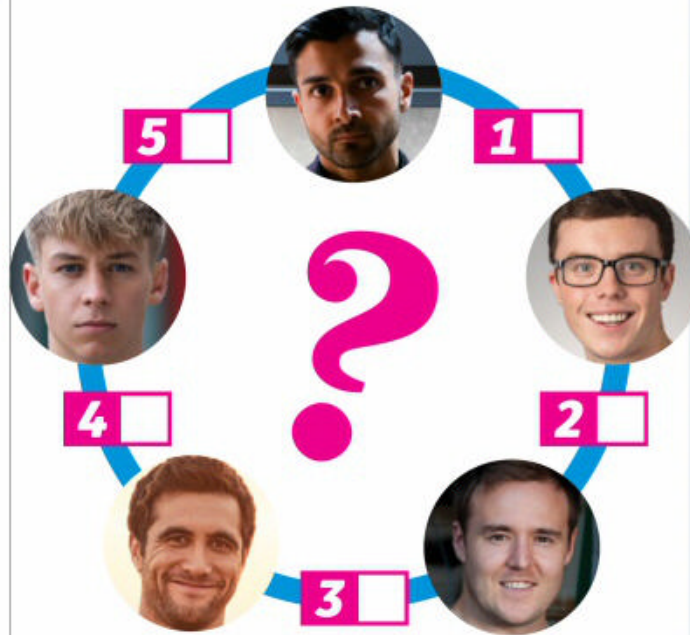
Fill in all the squares in the grid so that every row, column and each of the nine 3x3 boxes contains all the digits from one to nine...

	3						1	
		9		3		7		
6		7				8		3
3			8		9			5
	5		4		1		6	
1			3		5		9	2
8		3			6	9		7
		1			6			
	9		2				3	

*Just for fun!*

# SOAPSTAR LINKS

Can you identify the correct links between these five soap characters?



- A:** Was the victim of a stabbing
- B:** The person who physically abused them died recently
- C:** Had an adverse reaction to taking drugs
- D:** Known by the same abbreviated name
- E:** Works in a garage

## ISSUE 28 SOLUTIONS

### PRIZE CROSSWORD

G	R	L	A	D	Y	D	I	D	M
R	O	M	E	O	E	O	Y	A	S
D	A	R	R	Y	L	T	A	T	K
D	R	E	O	C	T	I	A	L	E
D	T	I	N	K	E	R	E	M	D
J	M	N	S	L	I	S	A	R	I
O	C	O	N	N	O	R	T	O	A
Y	H	A	X	Y	A	A	S	A	M
C	R	A	I	G	E	N	R	E	B
E	N	R	E	S	H	A	H	I	D
M	A	D	D	Y	H	I	L	L	S
D	Y	S	I	P	I	E	R	C	E
H	O	P	E	O	N	E	E	T	A
V	R	O	N	N	I	E	N	I	M
I	E	S	C	A	T	A	R	L	I
M	C	Q	U	E	E	N	E	H	R
H	T	T	H	O	R	N	E	K	A

### PRIZE WORD Glasses

### PRIZE ARROWWORD

		R	A	T	R
	H	A	T	S	A
	I	I	N	K	S
D	A	D	E	N	E
G	R	A	C	E	I
E	I	R	A	N	B
U	S	E	D	R	E
S	T	I	M	E	W
B	A	K	E	P	I
G	S	N	I	D	E
G	E	N	T	T	A

### PRIZE WORD Court

## THIS WEEK'S SOLUTIONS

### SUDOKU

1	3	5	8	4	2	9	6	7
4	8	9	3	6	7	1	2	5
7	2	6	9	1	5	3	4	8
2	6	4	5	9	3	8	7	1
8	9	3	1	7	4	2	5	6
5	7	1	6	2	8	4	9	3
3	4	8	2	5	6	7	1	9
9	5	7	4	3	1	6	8	2
6	1	2	7	8	9	5	3	4

### SOAPLAND SPY

G	R	L	A	D	Y	D	I	D	M
R	O	M	E	O	E	O	Y	A	S
D	A	R	R	Y	L	T	A	T	K
D	R	E	O	C	T	I	A	L	E
D	T	I	N	K	E	R	E	M	D
J	M	N	S	L	I	S	A	R	I
O	C	O	N	N	O	R	T	O	A
Y	H	A	X	Y	A	A	S	A	M
C	R	A	I	G	E	N	R	E	B
E	N	R	E	S	H	A	H	I	D
M	A	D	D	Y	H	I	L	L	S
D	Y	S	I	P	I	E	R	C	E
H	O	P	E	O	N	E	E	T	A
V	R	O	N	N	I	E	N	I	M
I	E	S	C	A	T	A	R	L	I
M	C	Q	U	E	E	N	E	H	R
H	T	T	H	O	R	N	E	K	A

### SOAPSTAR LINKS

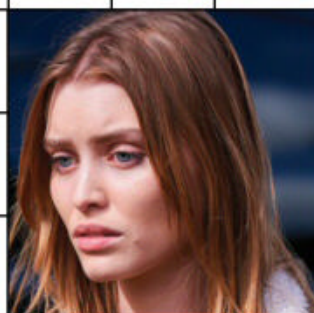
Link 1: **D** Link 2: **B** Link 3: **E**  
Link 4: **A** Link 5: **C**

# PRIZE ARROWWORD

	Trouble	↓	Walford's	↓	Clipped musical	↓	Very thin	↓
	Settee	→	Trueeman, pictured	→	Number	→		
	Too much (2,6)	→	Beverage	→			Rants	
Altering The Bay's --- Anderson, pictured	↓	Norse god of thunder	→			To shed tears	↓	
				Ancient Peruvian Weather map line	→			Metal-bearing rock
Semi-precious mineral	→	English guitarist, --- Clapton	→			Earlier	→	
						Totalled	↓	
				Ice dancer	→			
Citrus fruit	→	Pigeon's call	→			Medicine amount	→	
						Era	↓	
				Rotten	→			
Ova	→	Platform	→					
				Crimson	→			

*Win!*  
**£50**

For your chance to win, solve the puzzle by filling in each answer in the same direction as the arrow. When you've completed the grid, you'll find that the letters in the yellow squares, when rearranged, will spell out a word which is related to Jesse in this week's episodes of *Neighbours*...



## TO ENTER

**SORRY, BUT WE AREN'T CURRENTLY ACCEPTING ENTRIES BY POST. WE HOPE TO BE ACCEPTING POSTAL ENTRIES AGAIN AS SOON AS POSSIBLE, AND EMAIL ENTRIES ARE STILL WELCOME. TO ENTER BY EMAIL:** Write the solutions in an email, along with your name and contact details, put PUZZLES30 in the subject bar, and send it to: competitions@insidesoap.co.uk The closing date for all entries for this issue is 2 August 2021.



# SOAPLAND SPY

Can you find all the iconic soap locations in our mixed-up grid?

*Just for fun!*



I K W H E M E D T C Q L H D A V I D S S H O P G D  
W N H M D X B Y H O X D T H E G R A N G E S C A G  
N Z O S E N Y L O M R A F S R E L T U B X F U M L  
X A L F Y I O F X F Z S E C F X A F C A P W N A H  
F L L R Y B N P O W P R I C E S L I C E Q K N K X  
M A Y I E J U C E X E F Y S D L O R A H G M I I R  
H A O W G N W R R H A Y C X L L Y W J K T V N B V  
R L A O R D I O A P T B B N R J U Y Q C H T G T L  
M S K V X A E D F N G N R P B X E G Y A E L H R S  
D N S A G T M S E C U U I Q L B D B M P K A A A Y  
M W H E Y X E S J H T I D G D J A F D L A S M M N  
S A I K K B L T A E T N G O O U C L Q O B T S E G  
R L G A H G O E R Y Z V E X U D R X W O I H G T K  
A F H T P U H S B S S M S Q K O E R V W N E R U I  
C O W X I P R R U R J T T P W V H H E E B Q A N I  
T R J B E E E W L T E V R R Z Q C K T H Q U N I E  
E D E T V B T V C A K W E E H E T V J T Q E D M E  
E E J O A E A V F E Z D E P E M U Q W F M E E V V  
R A R W K Z W Z R L N A T I S T H H P W D N B L I  
T S S P M Z E S U U T M M W B L E C L Q U V A L H  
S T L V N P H T S E T D A D L V H Q V Q C I Z H E  
X X W V M H T L E E L H R U V I T J T F G C A C H  
L J G B Y D E U H O G A K V A T D S Z H K C A O T  
N P S G I O P E T G O Q E R G B N O A H O R R M H  
R O Y S R O L L S Y O C T X O U E A U C X P X R D

## Bridge Street Market

Butlers Farm

Cunningham's  
Grande Bazaar

David's Shop

Harold's

Hollyoaks High

HOP

## Minute Mart

Price Slice

Ramsay Street

Rovers Return

Roy's Rolls

Ruby's

Salt

Streetcars

## Take A Vow

The Diner

The Dog in the Pond

The Grange

The Hive

The Hutch

The Kabin

The Queen Vic

The Surf Club

The Waterhole

The Woolpack

Underworld

Walford East

**Competition rules of entry:** 1. Competitions are open to all residents of Great Britain and Ireland. Employees of Hearst UK or their families are not eligible to enter. 2. The competitions in this issue open on 20 July 2021 and close on 2 August 2021. 3. The winners will be drawn the day after the closing date. Winners will be chosen at random. A list of winners' names is available on written request at the address below. 4. While every effort is made to ensure prizes are consistent with those offered, we reserve the right to change the prizes in the event of unforeseen circumstances. 5. Multiple entries will be disqualified. 6. Each competition has the prizes on offer clearly listed. 7. The competitions are run by Hearst UK, House of Hearst, 30 Panton Street, London, SW1Y 4AJ



# WHO'S WHO?

## CASUALTY

Faith Cadogan	Kirsty Mitchell
Iain Dean	Michael Stevenson
Charlie Fairhead	Derek Thompson
Ethan Hardy	George Rainsford
David Hide	Jason Durr
Jan Jennings	Di Botcher
Dylan Keogh	William Beck
Fenisha Khatri	Olivia D'Lima
Marty Kirkby	Shaheen Jafargholi
Jade Lovall	Gabriella Leon
Lev Malinovsky	Uriel Emil
Rashid 'Rash' Masum	Neet Mohan
Jacob Masters	Charles Venn
Robyn Miller	Amanda Henderson
Tina Mollett	Adele James

## CORONATION STREET

Aadi Alahan	Adam Hussain
Asha Alahan	Tanisha Gorey
Dev Alahan	Jimmi Harkishin
Izzy Armstrong	Cherylee Houston
Aggie Bailey	Lorna Laidlaw
Edison Bailey	Trevor Michael Georges
James Bailey	Nathan Graham
Michael Bailey	Ryan Russell
Ronnie Bailey	Vinta Morgan
Adam Barlow	Samuel Robertson
Carla Barlow	Alison King
Ken Barlow	William Roache
Peter Barlow	Chris Gascoyne
Sarah Barlow	Tina O'Brien
Simon Barlow	Alex Bain
Leanne Battersby	Jane Danson
Toyah Battersby	Georgia Taylor
Emma Brooker	Alexandra Mardell
Chesney Brown	Sam Aston
Jenny Connor	Sally Ann Matthews
Johnny Connor	Richard Hawley
Maria Connor	Samia Longchambon
Ryan Connor	Ryan Prescott
Roy Cropper	David Neilson
Tyrone Dobbs	Alan Halsall
Paul Foreman	Peter Ash
Abi Franklin	Sally Carman
Eileen Grimshaw	Sue Cleaver
Todd Grimshaw	Gareth Pierce
Imran Habeeb	Charlie De Melo
Nina Lucas	Mollie Gallagher
Cathy Matthews	Melanie Hill
Billy Mayhew	Daniel Brocklebank
Steve McDonald	Simon Gregson
Tracy McDonald	Kate Ford
Sally Metcalfe	Sally Dynevor
Tim Metcalfe	Joe Duttine
Yasmeen Metcalfe	Shelley King
Daisy Midgeley	Charlotte Jordan



Alya Nazir	Sair Khan
Daniel Osbourne	Rob Mallard
Brian Packham	Peter Gunn
David Platt	Jack P Shepherd
Shona Platt	Julia Goulding
Alina Pop	Ruxandra Porojnicu
Evelyn Plummer	Maureen Lipman
Audrey Roberts	Sue Nicholls
Gail Rodwell	Helen Worth
George Shuttleworth	Tony Maudsley
Fiz Shape	Jennie McAlpine
Beth Sutherland	Lisa George
Kirk Sutherland	Andrew Whyment
Rita Tanner	Barbara Knox
Mary Taylor	Patti Clare
Nick Tilsley	Ben Price

Craig Tinker	Colson Smith
Sean Tully	Antony Cotton
Kevin Webster	Michael Le Vell
Faye Windass	Ellie Leach
Gary Windass	Mikey North
Bernie Winter	Jane Hazlegrove
Gemma Winter	Dolly-Rose Campbell

## DOCTORS

Zara Carmichael	Elisabeth Dermot Walsh
Ruhma Carter	Bharti Patel
Jimmi Clay	Adrian Lewis Morgan
Daniel Granger	Matthew Chambers
Al Haskey	Ian Midlane
Karen Hollins	Jan Pearson
Rob Hollins	Chris Walker
Luca McIntyre	Ross McLaren
Valerie Pitman	Sarah Moyle
Emma Reid	Dido Miles
Bear Sylvester	Dex Lee
Sid Vere	Ashley Rice

## EASTENDERS

Iqra Ahmed	Priya Davdra
Ruby Allen	Louisa Lytton
Gray Atkins	Toby-Alexander Smith
Mitch Baker	Roger Griffiths
Isaac Baptiste	Stevie Basaula
Bobby Beale	Clay Milner Russell
Kathy Beale	Gillian Taylforth
Peter Beale	Dayle Hudson
Jack Branning	Scott Maslen
Jay Brown	Jamie Borthwick



Keegan Butcher-Baker	Zack Morris
Tiffany Butcher-Baker	Maisie Smith
Terry 'Rocky' Cant	Brian Conley
Linda Carter	Kellie Bright
Mick Carter	Danny Dyer
Nancy Carter	Maddy Hill
Shirley Carter	Linda Henry
Kirsty 'Dotty' Cotton	Milly Zero
Whitney Dean	Shona McGarty
Martin Fowler	James Bye
Sonia Fowler	Natalie Cassidy
Chelsea Fox	Zaraah Abrahams
Denise Fox	Diane Parish
Callum 'Halfway' Highway	Tony Clay
Rainie Highway	Tanya Franks
Stuart Highway	Ricky Champ
Violet Highway	Gwen Taylor
Zack Hudson	James Farrar
Ash Kaur	Gurlaine Kaur Garcha
Frankie Lewis	Rose Ayling-Ellis
Ben Mitchell	Max Bowden
Billy Mitchell	Perry Fenwick
Honey Mitchell	Emma Barton
Phil Mitchell	Steve McFadden
Kheerat Panesar	Jaz Deol
Suki Panesar	Balvinder Sopal
Vinny Panesar	Shiv Jalota
Lola Pearce	Danielle Harold
Jean Slater	Gillian Wright
Kat Slater	Jessie Wallace
Bernadette Taylor	Clair Norris
Karen Taylor	Lorraine Stanley
Patrick Trueman	Rudolph Walker
Sheree Trueman	Suzette Llewellyn
Sharon Watts	Letitia Dean

## EMMERDALE

Charles Anderson	Kevin Mathurin
Ethan Anderson	Emile John
Matty Barton	Ash Palmisciano

Bernice Blackstock	Samantha Giles
Mackenzie Boyd	Lawrence Robb
Leyla Cavanagh	Roxy Shahidi
Liam Cavanagh	Jonny McPherson
Al Chapman	Michael Wildman
Ellis Chapman	Aaron Anthony
Aaron Dingle	Danny Miller
Belle Dingle	Eden Taylor-Draper
Cain Dingle	Jeff Hordley
Charity Dingle	Emma Atkins
Chas Dingle	Lucy Pargeter
Debbie Dingle	Charley Webb
Faith Dingle	Sally Dexter
Lydia Dingle	Karen Blick
Mandy Dingle	Lisa Riley
Marlon Dingle	Mark Charnock
Moir Dingle	Natalie J Robb
Paddy Dingle	Dominic Brunt
Sam Dingle	James Hooton
Vinny Dingle	Bradley Johnson
Harriet Finch	Katherine Dow Blyton
Liv Flaherty	Isobel Steele
Billy Fletcher	Jay Kontzle
Rhona Goskirk	Zoe Henry
Bob Hope	Tony Audenshaw
Meena Jutla	Paige Sandhu
Jimmy King	Nick Miles
Nicola King	Nicola Wheeler
Priya Kotecha	Fiona Wade
David Metcalfe	Matthew Wolfenden
Tracy Metcalfe	Amy Walsh
Wendy Posner	Susan Cookson



Nate Robinson	Jurell Carter
Jai Sharma	Christopher Bisson
Manpreet Sharma	Rebecca Sarker
Rishi Sharma	Bhasker Patel
Dan Spencer	Liam Fox
Diane Sugden	Elizabeth Estensen
Victoria Sugden	Isabel Hodgins
Andrea Tate	Anna Nightingale
Jamie Tate	Alexander Lincoln
Kim Tate	Claire King
Dawn Taylor	Olivia Bromley
Will Taylor	Dean Andrews
Laurel Thomas	Charlotte Bellamy
Ben Tucker	Simon Lennon
Brenda Walker	Lesley Dunlop
Amy Wyatt	Natalie Ann Jamieson

## HOLBY CITY

Dominic Copeland	David Ames
Adrian 'Fletch' Fletcher	Alex Walkinshaw
Ange Godard	Dawn Steele
Chloe Godard	Amy Lennox
Henrik Hanssen	Guy Henry
Jeong-Soo Han	Chan Woo Lim
Josh Hudson	Trieve Blackwood-Cambridge
Donna Jackson	Jaye Jacobs
Sacha Levy	Bob Barrett
Louis McGerry	Tyler Luke Cunningham
Max McGerry	Jo Martin

## HOLLYOAKS

Grace Black	Tamara Wall
Fergus Collins	Robert Beck
Cindy Cunningham	Stephanie Waring
Tom Cunningham	Ellis Hollins
Yasmine Cunningham	Haiesha Mistry
Martine Deveraux	Kéllé Bryan
Walter Deveraux	Trevor A Toussaint
Joel Dexter	Rory Douglas-Speed
Scott Drinkwell	Ross Adams
Celeste Faroe	Andrea Ali
Toby Faroe	Bobby Gordon
Warren Fox	Jamie Lomas
Brooke Hathaway	Tylan Grant
Brody Hudson	Adam Woodward
Diane Hutchinson	Alex Fletcher
Tony Hutchinson	Nick Pickard

Verity Hutchinson	Eva O'Hara
Damon Kinsella	Jacob Roberts
Ripley Lennox	Ki Griffin
Misbah Maalik	Harvey Virdi
Sami Maalik	Rishi Nair
Cher McQueen	Bethannie Hare
Cleo McQueen	Nadine Mulkerrin
Goldie McQueen	Chelsee Healey
John Paul McQueen	James Sutton
Marlena 'Nana' McQueen	Diane Langton
Mercedes McQueen	Jennifer Metcalfe
Sylvester McQueen	David Tag
Maxine Minniver	Nikki Sanderson
Trish Minniver	Denise Welch
Luke Morgan	Gary Lucy
Oliver Morgan	Gabriel Clark
James Nightingale	Gregory Finnegan
Juliet Nightingale	Niamh Blackshaw
Marnie Nightingale	Lysette Anthony
Romeo Nightingale	Owen Warner



Darren Osborne	Ashley Taylor Dawson
Jack Osborne	James McKenna
Nancy Osborne	Jessica Fox
Becky Quentin	Katie McGlynn
Shaheel 'Shaq' Qureshi	Omar Malik
Summer Ranger	Rhiannon Clements
Mandy Richardson	Sarah Jayne Dunn
Liberty Savage	Jessamy Stoddart
Sally St Claire	Annie Wallace
Sid Sumner	Billy Price
Felix Westwood	Richard Blackwood

## HOME AND AWAY

Chloe Anderson	Sam Barrett
Mia Anderson	Anna Samson
Ziggy Astoni	Sophie Dillman
Marilyn Chambers	Emily Symons
Jasmine Delaney	Sam Frost
Christian Green	Ditch Davey
Ryder Jackson	Lukas Radovich
Justin Morgan	James Stewart
Tori Morgan	Penny McNamee
Bella Nixon	Courtney Miller
John Palmer	Shane Withington
Ari Parata	Rob Kipa-Williams
Nikau Parata	Kawakawa Fox-Reo
Tane Parata	Ethan Browne
Leah Patterson	Ada Nicodemou
Irene Roberts	Lynne McGranger
Alf Stewart	Ray Meagher
Martha Stewart	Belinda Giblin
Roo Stewart	Georgie Parker
Dean Thompson	Patrick O'Connor

## NEIGHBOURS

Aaron Brennan	Matt Wilson
Chloe Brennan	April Rose Pengilly
Kyle Canning	Chris Milligan
Levi Canning	Richie Morris
Sheila Canning	Colette Mann
Clive Gibbons	Geoff Paine
Amy Greenwood	Jacinta Stapleton
Hendrix Greyson	Benny Turland
Mackenzie Hargreaves	Georgie Stone
Jane Harris	Annie Jones
Karl Kennedy	Alan Fletcher
Susan Kennedy	Jackie Woodburne
Melanie Pearson	Lucinda Cowden
Curtis Perkins	Nathan Borg
Jarrold 'Toadie' Rebecchi	Ryan Moloney
Yashvi Rebecchi	Olivia Junkeer
Harlow Robinson	Jemma Donovan
Paul Robinson	Stefan Dennis
Nicolette Stone	Charlotte Chimes
David Tanaka	Takaya Honda
Ned Willis	Ben Hall
Roxy Willis	Zima Anderson
Terese Willis	Rebekah Elmaloglou



# The **HOT** list

GREAT THINGS TO **WATCH, READ AND DO** IN THE WEEK AHEAD...



## CINEMA

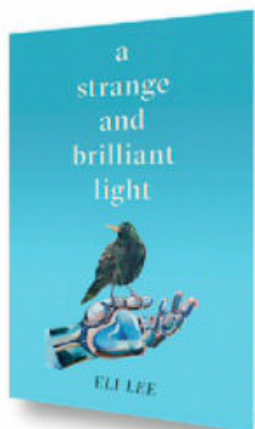
### OFF THE RAILS

A dying wish from their best friend Anna compels Cassie, Kate and Liz to put old feuds aside and take her 17-year-old daughter on an Interrailing journey across Europe that they didn't quite finish during their studies. Now in their fifties, they are older but not necessarily wiser.

The question is: will they reach their destination in time to honour their friend's memory? Starring **Andrea Corr, Kelly Preston, Jenny Seagrove and Sally Phillips.**

## APPLE TV+ SCHMIGADOON!

In this parody of iconic Golden Age musicals, stars **Cecily Strong** and **Keegan-Michael Key** play a couple on a backpacking trip intended to reinvigorate their relationship, who discover a magical town living in a 1940s musical. There, they learn that they can't leave until they find "true love"...



## BOOK

### A STRANGE AND BRILLIANT LIGHT by Eli Lee

Lal, Janetta and Rose are living in a time of flux – and change is coming that will launch humankind into a new era. However, if the trio manage to find a way to combine their burgeoning talents, they might just end up upsetting the course of history...

## STAR CHOICE



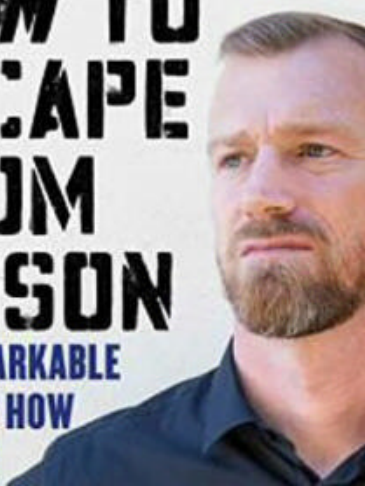
PHOTOS: CHRISTOPHER RAPHAEL

*Home and Away's Kawa Fox-Reo (Nikau)*

"I read a book called *How To Escape From Prison* by Paul Wood. He's a Kiwi author who's a psychologist, and it's kind of an autobiography. He's a guy who grew up in New Zealand and went to prison at an early age. He became a psychologist, and in the book he dissects phases of his life leading up to why he went to prison."

## HOW TO ESCAPE FROM PRISON

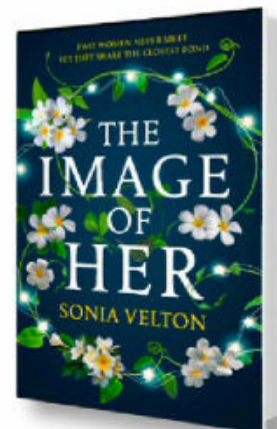
THE REMARKABLE STORY OF HOW ONE MAN



## DIGITAL

### JOY WOMACK: THE WHITE SWAN

Joy Womack is lauded as one of the greatest ballerinas in the world, and now a documentary follows her early family life in Texas. Witness the passion and drive that takes her to the top of her field to become a world-class ballet dancer.



## BOOK

### THE IMAGE OF HER by Sonia Velton

Stella lives with her mother, a smothering narcissist. When her mum succumbs to dementia, the pressures on Stella's world rapidly intensify, culminating in tragedy. As Stella recovers from a near-fatal accident, she feels compelled to share her story...



# Next issue...

**EMMERDALE**

## Faith in the future!

**YOUR  
NEXT ISSUE  
ON SALE  
TUESDAY  
27 JULY**

**CAN YOUNG  
SARAH  
FIND A WAY  
FORWARD  
FOR THE  
OLD-TIMER?**

**P**ollard and Brenda have been Faith's rock during her anxious wait for test results to determine whether her cancer has returned – but it's someone else who helps take her mind off things next week. As Faith tries not to worry about what the future may hold, young Sarah – no stranger to uncertainty when it comes to her own mortality – decides to take control of Faith's situation. But are these two risk-takers a good combination?

**EASTENDERS**

## Split loyalties!

**L**ola is determined to support Isaac through his recovery, but next week things start to take their toll on the single mum. As her friends voice their concern, how will she react?



**HOLBY CITY** Louis' big love dilemma...

**NEIGHBOURS** Baby shower drama!

**HOLLYOAKS** Can Luke track down Ollie?

**CORRIE**

## Summer loving!

**W**e've already seen that Aadi is harbouring a crush on Summer – but next week, things will become a little complicated after someone else comes into play. Will three be a crowd?



**Also...**

## CARNAGE IN THE BAY!

*Home and  
Away* horror!



**PLUS!**

**Star  
chats...**



**Jennie  
McAlpine**  
discusses  
Fiz's fight  
to protect  
her family...



**Lisa  
Riley**  
on if she ever  
sees a future  
for Mandy  
and Jimmy...



**Nathan  
Borg**  
tells all on  
Curtis' secret  
romance with  
Jesse...

All will be **revealed** in the next issue of **InsideSoap**



Edited by Laura-Jayne Tyler

# HITS & MISSES!

WHAT'S HIT **THE BULLSEYE** RECENTLY – AND WHAT'S FALLEN WIDE OF THE MARK?



**Gray** must've thought he'd died and gone to heaven when **Chelsea** was sent home from court with an electronic tag. A woman who can't get away? It pains us to point out that this is his ideal!



Although, the Most Satisfying Moment Of The Week belongs to **Gray's** boss, **Laura**, who revealed that she's had his card marked for months. *EastEnders* should make her a regular character!



You know the village is having some dark days when **Bear Wolf** is wheeled off the substitutes' bench to help brighten things up.



It occurred to us that **Kim** may have employed **Will** to help fake her death as part of an elaborate plan to bag herself a live-in decorator. Good labourers don't come cheap these days!



Imagine **Daisy** trying to wrap **Ryan** round her little finger if **Michelle** was still around. The little madam's feet wouldn't touch the ground!



## BULLSEYE!

We were given fair warning that **Meena** would kill with zero remorse, but her gleeful handling of **Leanna's** death and its aftermath really had to be seen to be believed. **Manpreet's** sister is a million times more engaging as a character since *Emmerdale* bosses dialled her up to The Full Madness. Meanwhile, talented star **Paige Sandhu** is killing it on screen – literally. She has us utterly terrified!



We're sorry to have to point out that **Fiz's** new bloke is just her ex **Kirk** with a beard.



Meanwhile in *Emmerdale*, we must remind ourselves that the policeman investigating **Leanna's** death is not **Doug Potts**.

It's sad to think that **Liam** is now channelling his strange murder-mystery party hobby into solving his daughter's 'whodunnit?'. Soap is a twisted and cruel old world!



The revamped **Underworld** set had felt a bit 'newbuild nursery' until the machinists got going again this week. We've missed the stitching and bitching of the factory floor!

**Will** is officially taller than **Jay** and **Billy** – and we cannot cope.



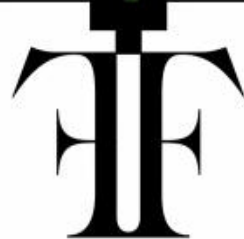
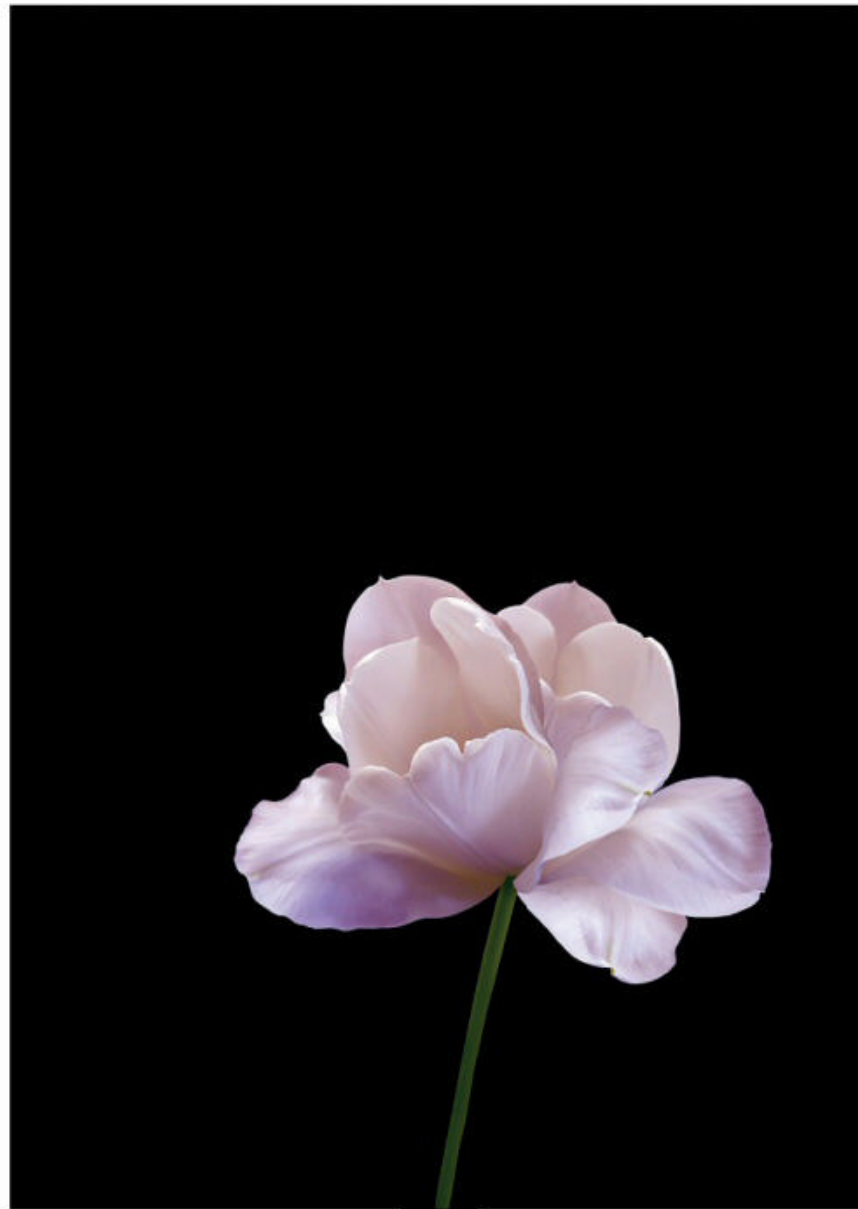
Either *EastEnders* is determined to milk **Zack's** physique to absolute death, or his lack of clothing is the result of BBC budget cuts.



**David** and **Paul** always seem like such random drinking buddies – until you remember they shared a prison cell for several months. It's a solid foundation for many a Street friendship!



He doesn't remember what you wore  
Or where you went  
He doesn't remember the day  
(Or sometimes even the month)  
But he remembers the perfume on his pillow  
That lingered long after your early-morning  
e x i t  
When you thought you'd never see him again  
But you did  
And you do



THE FRAGRANCE FOUNDATION UK

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Fragrance lasts



**When it's  
a pattern,  
it's abuse.**

**Coercive control  
is repeated behaviour  
designed to control,  
manipulate or frighten.  
It's against the law.**

Donate £10 to support women  
experiencing domestic abuse.  
[www.womensaid.org.uk](http://www.womensaid.org.uk)

**women's aid**  
until women & children are safe

**When it's  
a pattern,  
it's abuse.**